

Mid Lancs Track and Field League - Medal Meeting

Robin Park Arena, Wigan,

22 August 2009

Senior Men 100m Heat 1

1 Luke. Evans	Blackburn H & AC	40	11
2 Stephen. Sumner	Hyndburn AC	50	11.5
3 Adam. Forest	Wigan H & AC	236	11.6
4 Frank. Shepherd	Lancaster Morecambe AC	16	11.6
5 Matthew. Storey	Horwich RMI H & AC	116	11.7
6 Jamie. Vickery	Blackburn H & AC	95	11.8
7 Jamie. Simpson	Barrow & Furness AC	53	12.1

Senior Men 1500m

1 Danny. Parkinson	Kendal AC	87	04:20.1
2 Chris. Pedder	Guest	276	04:43.1
3 Thomas. Howarth	Lytham St.Annes RR	128	04:58.8
4 Dave. Dunn	Lytham St.Annes RR	127	05:16.0

Senior Men 100m Heat 2

1 Ryan. Sumner	Preston Harriers	41	11.8
2 Aaron. Flanagan	Wigan H & AC	235	12.2
3 David. Maris	Guest	167	12.3
4 Declan. O'Hara	Blackpool Wyre Fylde AC	1	12.4
5 Michael. Carr	Blackburn H & AC	94	12.8
6 Michael. Houghton	Horwich RMI H & AC	31	13
7 Graeme. Ballard	Chorley AC	168	13.9

Senior Men 3000m

1 Danny. Parkinson	Kendal AC	87	09:03.9
2 Philip. Lee	Kendal AC	79	10:26.9
3 Paul. Hodgson	Lancaster Morecambe AC	289	10:31.3
4 Thomas. Howarth	Lytham St.Annes RR	128	10:42.8
5 Dave. Dunn	Lytham St.Annes RR	127	11:14.4
6 Graham. Webster	Lytham St.Annes RR	129	11:17.5

Senior Men 200m Heat 1

1 Luke. Evans	Blackburn H & AC	40	21.8
2 Stephen. Sumner	Hyndburn AC	50	23
3 Frank. Shepherd	Lancaster Morecambe AC	16	23.5
4 Danny. Browitt	Wigan H & AC	237	23.8
5 Jamie. Simpson	Barrow & Furness AC	53	25.1

Senior Men 4x100m Relay

1 .	Horwich RMI H & AC	242	48.6
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Senior Men 4x400m Relay

1 .	Kendal AC	87	04:19.4
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Senior Men 200m Heat 2

1 Michael. Carr	Blackburn H & AC	94	25.7
2 John. Linaker	Burnley AC	9	25.8
3 Leroy. Golding	Pendle AC	282	25.8
4 Graeme. Ballard	Chorley AC	168	25.9
5 Dale. Grimshaw	Burnley AC	26	26.5

Senior Men Long Jump

1 Ryan. Sumner	Preston Harriers	41	5.82
2 Geoff. Douglas	Wigan H & AC	245	5.51
3 Declan. O'Hara	Blackpool Wyre Fylde AC	1	5.45
4 Jack. Thomas	Horwich RMI H & AC	242	5.34
5 Jon. Rutter	Blackpool Wyre Fylde AC	33	5.03

Senior Men 200m Heat 3

1 Adam. Forest	Wigan H & AC	236	23.3
2 Jack. Thomas	Horwich RMI H & AC	242	23.8
3 Aaron. Flanagan	Wigan H & AC	235	24.3
4 David. Maris	Guest	167	24.6

Senior Men High Jump

1 Cameron. Gore	Wigan H & AC	199	2
2 Jon. Rutter	Blackpool Wyre Fylde AC	33	1.65

Senior Men 400m

1 Stephen. Sumner	Hyndburn AC	50	50.3
2 Thomas. Matthews	Kendal AC	27	54
3 Geoff. Douglas	Wigan H & AC	245	56.5
4 John. Linaker	Burnley AC	9	57.7
5 Michael. Carr	Blackburn H & AC	94	58.8
6 Dale. Grimshaw	Burnley AC	26	60.1

Senior Men Triple Jump

1 Jon. Rutter	Blackpool Wyre Fylde AC	33	12.32
2 Sam. Carter	Hyndburn AC	177	12.03
3 Declan. O'Hara	Blackpool Wyre Fylde AC	1	11.73
4 Matthew. Storey	Horwich RMI H & AC	116	11.31
5 Jamie. Vickery	Blackburn H & AC	95	11.15
6 Michael. Houghton	Horwich RMI H & AC	31	10.57
7 Thomas. Matthews	Kendal AC	27	10.02
8 Andrew. Storey	Horwich RMI H & AC	118	8.7

Senior Men 800m

1 Danny. Parkinson	Kendal AC	87	02:02.9
2 Pat. Miller	Barrow & Furness AC	145	02:18.3
3 Michael. O'Donnell	Preston Harriers	227	02:19.0
4 Dean. Miller	Barrow & Furness AC	143	02:19.2
5 Philip. Lee	Kendal AC	79	02:20.9
6 Thomas. Howarth	Lytham St.Annes RR	128	02:29.4
7 Dave. Dunn	Lytham St.Annes RR	127	02:31.9
8 Graham. Webster	Lytham St.Annes RR	129	02:38.8

Senior Men Shot Putt

1 Simon. Bissell	Bolton Utd Harriers	137	11.73
2 Alan. Plumb	Burnley AC	150	10.21
3 Russell. Race	Hyndburn AC	58	8.64
4 John. Edwards	Burnley AC	139	7.09
5 Ian. Saunders	Horwich RMI H & AC	60	5.98

Senior Men Discus Throw

1 Simon. Bissell	Bolton Utd Harriers	137	42.33
2 Russell. Race	Hyndburn AC	58	28.67
3 Alan. Plumb	Burnley AC	150	28.42
4 John. Edwards	Burnley AC	139	20.98
5 Ian. Saunders	Horwich RMI H & AC	60	15.61

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Senior Men Javelin Throw

1 Matthew. Storey	Horwich RMI H & AC	116	31.97
2 Russell. Race	Hyndburn AC	58	28.76
3 Jack. Thomas	Horwich RMI H & AC	242	3.72

Under 17 Men 3000m

1 Callum. Mason	Lancaster Morecambe AC	104	10:00.7
2 Michael. Hoyle	Kendal AC	182	10:31.7

Senior Men Hammer Throw

1 Simon. Bissell	Bolton Utd Harriers	137	48.4
2 Lewis. Taylor	Blackburn H & AC	146	39.96
3 John. Edwards	Burnley AC	139	33.3
4 Alan. Plumb	Burnley AC	150	28.97
5 Christopher. Senior	Blackpool Wyre Fylde AC	37	18.6

Under 17 Men 4x100m Relay

1 .	Preston Harriers	39	47.4
2 .	Kendal AC	195	47.8

Under 17 Men Long Jump

1 Jordan. Kelly	Southport Waterloo AC	228	5.96
2 Ashley. Marshall	Bolton Utd Harriers	122	5.73
3 James. Blackburn	Pendle AC	155	5.51
4 Adam. Bell	Preston Harriers	250	5.28
5 Adam. Snape	Blackpool Wyre Fylde AC	208	5.05
6 Chris. Snaith	Barrow & Furness AC	74	4.89
7 Ore. Ajai	Barrow & Furness AC	187	4.48
8 Max. Obale	Kendal AC	192	4.14

Under 17 Men 100m

1 Tom. Bradbury	Preston Harriers	39	11.6
2 Ashley. Marshall	Bolton Utd Harriers	122	11.7
3 Dan. Harrop	Kendal AC	191	11.7
4 Omar. Frederick	Blackpool Wyre Fylde AC	135	11.8
5 Graham. Parsons	Kendal AC	195	12.1
6 Aaron. Webster	Barrow & Furness AC	229	12.6
7 Jordan. Kelly	Southport Waterloo AC	228	12.7
8 Ore. Ajai	Barrow & Furness AC	187	12.8
9 Chris. Snaith	Barrow & Furness AC	74	13.3

Under 17 Men High Jump

1 Adam. Snape	Blackpool Wyre Fylde AC	208	1.87
2= Omar. Frederick	Blackpool Wyre Fylde AC	135	1.8
2= Callum. Blaikie	Kendal AC	109	1.8
4 Matt. Harper	Preston Harriers	251	1.6
5 George. Davies	Blackpool Wyre Fylde AC	210	1.55

Under 17 Men 200m Heat 1

1 Tom. Bradbury	Preston Harriers	39	23.7
2 Omar. Frederick	Blackpool Wyre Fylde AC	135	24.1
3 James. Blackburn	Pendle AC	155	24.2
4 Adam. Bell	Preston Harriers	250	24.3
5 George. Davies	Blackpool Wyre Fylde AC	210	24.9

Under 17 Men Triple Jump

1 Jordan. Kelly	Southport Waterloo AC	228	13.14
2 Adam. Snape	Blackpool Wyre Fylde AC	208	12.3
3 James. Blackburn	Pendle AC	155	11.96
4 Matt. Harper	Preston Harriers	251	11.82
5 Andrew. Desmond	Guest	247	11.58
6 George. Davies	Blackpool Wyre Fylde AC	210	10.63
7 Scott. Jones	Wigan H & AC	55	10.31
8 Max. Obale	Kendal AC	192	9.57

Under 17 Men 200m Heat 2

1 Ashley. Marshall	Bolton Utd Harriers	122	24.3
2 Callum. Blaikie	Kendal AC	109	25.4
3 James. Brownless	Hyndburn AC	176	26.3
4 Ore. Ajai	Barrow & Furness AC	187	26.3
5 Adam. Clark	Kendal AC	83	27.9

Under 17 Men Shot Putt

1 Darren. Evans	Preston Harriers	44	12.76
2 Zac. Child	Pendle AC	93	10.77
3 Sam. Johnson	Preston Harriers	72	10.36
4 Dan. Harrop	Kendal AC	191	7.89
5 Callum. Blaikie	Kendal AC	109	7.86

Under 17 Men 400m

1 James. Brownless	Hyndburn AC	176	56.2
2 Max. Obale	Kendal AC	192	56.6
3 Patrick. Vicary	Kendal AC	80	57.7

Under 17 Men Discus Throw

1 Darren. Evans	Preston Harriers	44	37.28
2 Sam. Johnson	Preston Harriers	72	33.14
3 Jack. Vickery	Blackburn H & AC	96	24.6
4 Aaron. Webster	Barrow & Furness AC	229	24.56
5 Adam. Clark	Kendal AC	83	17.79
6 John. Blysiuk	Hyndburn AC	264	17.16

Under 17 Men 800m

1 Patrick. Vicary	Kendal AC	80	02:04.1
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Under 17 Men 1500m

1 Luke. Betts	Chorley AC	285	04:30.1
2 Luke. Ingham	Kendal AC	17	04:48.9
3 Adam. Weightman	Blackpool Wyre Fylde AC	84	04:49.2

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Under 17 Men Javelin Throw

1 Zac. Child	Pendle AC	93	35.7
2 Matt. Harper	Preston Harriers	251	34.8
3 James. Brownless	Hyndburn AC	176	33.13
4 Jack. Vickery	Blackburn H & AC	96	24.02
5 John. Blyzniuk	Hyndburn AC	264	21.3

Under 17 Men Hammer Throw

1 Darren. Evans	Preston Harriers	44	37.78
2 Sam. Johnson	Preston Harriers	72	35.43
3 Zac. Child	Pendle AC	93	32.92
4 Jack. Vickery	Blackburn H & AC	96	30.77
5 Joshua. Blyzniuk	Hyndburn AC	105	22.34

Under 15 Boys 100m

1 James. Whitfield	Bolton Utd Harriers	272	12.2
2 Tom. Fuller	Preston Harriers	90	12.4
3 Sam. Pugh	Blackburn H & AC	57	12.4
4 Niall. Mccoy	Preston Harriers	8	12.5
5 Mitchell. Proctor	Preston Harriers	151	13
6 Jonathon. Kirkaloy	Burnley AC	223	13.2
7 Andrew. Desmond	Guest	247	13.3
8 David. Macauley	Blackpool Wyre Fylde AC	134	13.6
9 Luke. Bateson	Blackpool Wyre Fylde AC	91	13.7
10 Jack. Shaw	Horwich RMI H & AC	246	13.9

Under 15 Boys 200m Heat 1

1 James. Whitfield	Bolton Utd Harriers	272	24.6
2 Tom. Fuller	Preston Harriers	90	24.7
3 Niall. Mccoy	Preston Harriers	8	25.4
4 Mitchell. Proctor	Preston Harriers	151	25.4
5 Jonathon. Kirkaloy	Burnley AC	223	26.2

Under 15 Boys 200m Heat 2

1 Connor. Smith	Bolton Utd Harriers	287	25.1
2 Sam. Pugh	Blackburn H & AC	57	25.1
3 Ryan. Sciacca	Chorley AC	198	26.4
4 Neng. Wildman	Pendle AC	29	28.2
5 Jack. Shaw	Horwich RMI H & AC	246	28.6
6 Ryan. Bradshaw	Burnley AC	161	28.6
7 Graham. Boreham	Southport Waterloo AC	131	28.8

Under 15 Boys 400m

1 Sam. Lamb	Blackpool Wyre Fylde AC	257	53.8
2 Andrew. Desmond	Guest	247	55.1
3 Oliver. Hopkins	Blackpool Wyre Fylde AC	102	55.8
4 Sam. Pugh	Blackburn H & AC	57	58.4
5 Robbie. Ingham	Kendal AC	186	60
6 Kingsley. Judd	Preston Harriers	46	60.3
7 Ben. Everson	Blackpool Wyre Fylde AC	283	61.4
8 Tom. Hartley	Kendal AC	113	63.4

Under 15 Boys 800m

1 Ryan. Sciacca	Chorley AC	198	02:11.9
2 Robbie. Ingham	Kendal AC	186	02:13.5
3 Kingsley. Judd	Preston Harriers	46	02:16.7
4 Joseph. O'Donnell	Preston Harriers	226	02:18.9
5 Tom. Hartley	Kendal AC	113	02:19.9
6 Neng. Wildman	Pendle AC	29	02:27.6
7 Ryan. Bradshaw	Burnley AC	161	02:29.8
8 Graham. Boreham	Southport Waterloo AC	131	02:32.1
9 Owen. Williams	Southport Waterloo AC	216	02:34.7
10 George. Ingram	Southport Waterloo AC	70	02:46.9

Under 15 Boys 1500m

1 Adam. Sciacca	Chorley AC	197	04:58.0
2 Christopher. Mann	Bolton Utd Harriers	7	05:02.1
3 Gary. Clark	Southport Waterloo AC	132	05:03.4
4 Ross. Campbell	Barrow & Furness AC	185	05:07.1

Under 15 Boys 3000m

1 Ben. Everson	Blackpool Wyre Fylde AC	283	10:04.4
2 Jake. Carradus	Kendal AC	123	12:28.0

Under 15 Boys 4x100m Relay

1 .	Preston Harriers	8	51.3
2 .	Blackpool Wyre Fylde AC	102	52.3
3 .	Kendal AC	186	60

Under 15 Boys Long Jump

1 Luke. Bateson	Blackpool Wyre Fylde AC	91	4.98
2 Oliver. Hopkins	Blackpool Wyre Fylde AC	102	4.92
3 Neng. Wildman	Pendle AC	29	4.45
4 Owen. Williams	Southport Waterloo AC	216	4.03
5 Ryan. Bradshaw	Burnley AC	161	3.55
6 Tom. Hartley	Kendal AC	113	3.47
7 Jake. Carradus	Kendal AC	123	3.46
8 George. Ingram	Southport Waterloo AC	70	3.33

Under 15 Boys High Jump

1 Christopher. Mann	Bolton Utd Harriers	7	1.55
2 Harry. Coppell	Wigan H & AC	65	1.5
3 Robbie. Ingham	Kendal AC	186	1.45
4 Jack. Shaw	Horwich RMI H & AC	246	1.4

Under 15 Boys Shot Putt

1 William. Goodier	Preston Harriers	152	11.07
2 Benjamin. Whipp	Chorley AC	36	10.79
3 Peter. Bridge	Blackpool Wyre Fylde AC	141	10.57
4 Nathan. Holme	Kendal AC	85	10.23
5 Scott. Jones	Wigan H & AC	55	10.01

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Under 15 Boys Discus Throw

1 James. Whitfield	Bolton Utd Harriers	272	30.63
2 Nathan. Holme	Kendal AC	85	30.37
3 Benjamin. Whipp	Chorley AC	36	29.07
4 Scott. Jones	Wigan H & AC	55	28.31
5 William. Goodier	Preston Harriers	152	26.11
6 Sam. Lamb	Blackpool Wyre Fylde AC	257	25.12
7 Peter. Bridge	Blackpool Wyre Fylde AC	141	19.99
8 Kingsley. Judd	Preston Harriers	46	18.36
9 Graham. Boreham	Southport Waterloo AC	131	17.07

Under 13 Boys 800m

1 Sam. Nicholson	Barrow & Furness AC	73	02:15.9
2 Dougie. Ashcroft	Preston Harriers	48	02:23.2
3 Bradley. Yates	Blackpool Wyre Fylde AC	179	02:25.5
4 Michael. Panes	Southport Waterloo AC	115	02:27.7
5 Oliver. Gardner	Kendal AC	196	02:37.3
6 Mark. Sullivan	Kendal AC	124	02:37.7
7 Robert. Bryning	Preston Harriers	30	02:38.5
8 William. Moynihan	Hyndburn AC	71	02:42.7
9 Oliver. Bretherton	Horwich RMI H & AC	189	02:43.8
10 Matthew. Oldcorn	Burnley AC	156	02:54.8

Under 15 Boys Javelin Throw

1 Niall. Mccoy	Preston Harriers	8	45.72
2 Benjamin. Whipp	Chorley AC	36	41.23
3 Mitchell. Proctor	Preston Harriers	151	31.86
4 Sam. Lamb	Blackpool Wyre Fylde AC	257	16.32

Under 13 Boys 1500m

1 Patrick. Dever	Preston Harriers	75	05:02.6
2 Andrew. Kershaw	Southport Waterloo AC	24	05:06.5
3 Alex. Cross	Blackpool Wyre Fylde AC	286	05:09.5
4 Matthew. Doey	Kendal AC	62	05:15.8
5 Rory. Judd	Preston Harriers	45	05:18.6
6 Matthew. Dutton	Pendle AC	23	05:24.5
7 Robert. Blow	Blackburn H & AC	100	05:34.9
8 Charlie. Allen	Blackpool Wyre Fylde AC	267	05:42.3

Under 15 Boys Hammer Throw

1 Peter. Bridge	Blackpool Wyre Fylde AC	141	25.91
2 David. Macauley	Blackpool Wyre Fylde AC	134	19.42

Under 13 Boys 4x100m Relay

1 .	Preston Harriers	153	56.1
2 .	Blackpool Wyre Fylde AC	21	57.8
3 .	Kendal AC	124	60.7

Under 13 Boys 100m Heat 1

1 Kieran. Corbett	Preston Harriers	153	13.5
2 Luke. Farnworth	Preston Harriers	59	13.7
3 Charlie. Mclaine	Blackpool Wyre Fylde AC	126	14.1
4 Nathan. Barlow	Horwich RMI H & AC	5	14.1
5 James. Blow	Blackburn H & AC	99	14.4
6 James. Lane	Preston Harriers	181	15.6
7 Charlie. Allen	Blackpool Wyre Fylde AC	267	16.1

Under 13 Boys Long Jump

1 Charlie. Mclaine	Blackpool Wyre Fylde AC	126	4.3
2 Kirk. Trusch	Preston Harriers	234	4.26
3 Luke. Farnworth	Preston Harriers	59	4.21
4 Ashley. Hails	Blackpool Wyre Fylde AC	21	4.17
5 David. Jones	Blackpool Wyre Fylde AC	92	4.04
6 Tom. Booth	Preston Harriers	183	4
7 Jack. Hails	Blackpool Wyre Fylde AC	20	3.98
8 Dominic. Lavelle	Blackpool Wyre Fylde AC	136	3.93
9 Dougie. Ashcroft	Preston Harriers	48	3.92
10 James. Blow	Blackburn H & AC	99	3.78
11 Matthew. Lawson	Southport Waterloo AC	112	3.63
12 Oliver. Bretherton	Horwich RMI H & AC	189	3.61
13 James. Lane	Preston Harriers	181	3.51
14 Michael. Panes	Southport Waterloo AC	115	3.49
15 William. Moynihan	Hyndburn AC	71	3.45
16 Matthew. Dutton	Pendle AC	23	3.22
17 Matthew. Oldcorn	Burnley AC	156	3.1
18 Robert. Blow	Blackburn H & AC	100	3.04

Under 13 Boys 100m Heat 2

1 Ashley. Hails	Blackpool Wyre Fylde AC	21	14.2
2 Kirk. Trusch	Preston Harriers	234	14.6
3 Noah. Saunders	Horwich RMI H & AC	61	14.6
4 Jack. Hails	Blackpool Wyre Fylde AC	20	14.9
5 Isaac. Medhurst	Kendal AC	69	15.1
6 Dominic. Lavelle	Blackpool Wyre Fylde AC	136	15.3
7 Matthew. Dutton	Pendle AC	23	15.9

Under 13 Boys 200m Heat 1

1 Kieran. Corbett	Preston Harriers	153	27.6
2 Nathan. Barlow	Horwich RMI H & AC	5	28.7
3 Dougie. Ashcroft	Preston Harriers	48	29.1
4 James. Blow	Blackburn H & AC	99	29.6
5 Kirk. Trusch	Preston Harriers	234	29.9

Under 13 Boys 200m Heat 2

1 Michael. Panes	Southport Waterloo AC	115	30.5
2 Oliver. Gardner	Kendal AC	196	31.4
3 Mark. Sullivan	Kendal AC	124	32.1
4 Isaac. Medhurst	Kendal AC	69	32.6
5 Matthew. Oldcorn	Burnley AC	156	34.2

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Under 13 Boys High Jump

1 Luke. Farnworth	Preston Harriers	59	1.37
2 Tom. Booth	Preston Harriers	183	1.3
3 Isaac. Medhurst	Kendal AC	69	1.2
4 Dominic. Lavelle	Blackpool Wyre Fylde AC	136	1.2
5 Jack. Hails	Blackpool Wyre Fylde AC	20	1.2
6 Charlie. Allen	Blackpool Wyre Fylde AC	267	1.2
7 Rory. Judd	Preston Harriers	45	1.2
8 Ashley. Hails	Blackpool Wyre Fylde AC	21	1.15
9 William. Moynihan	Hyndburn AC	71	1.1

Senior Women 400m

1 Katie. Eckersley	Bolton Utd Harriers	281	59.2
2 Leanne. Scott	Burnley AC	162	66.2
3 Melanie. Koth	Lytham St.Annes RR	18	72.6
4 Katherine. Winrow	Lancaster Morecambe AC	10	74

Senior Women 800m

1 Katherine. Winrow	Lancaster Morecambe AC	10	02:42.2
2 Melanie. Koth	Lytham St.Annes RR	18	02:46.2

Senior Women 1500m

1 Faye. Holder	Pendle AC	206	06:13.4
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Under 13 Boys Shot Putt

1 Charlie. Mclaine	Blackpool Wyre Fylde AC	126	8.25
2 Jonathon. Murphy	Preston Harriers	261	7.99
3 Liam. Harrison	Southport Waterloo AC	256	7.85
4 David. Jones	Blackpool Wyre Fylde AC	92	6.8
5 James. Lane	Preston Harriers	181	6.54
6 William. Murray	Blackburn H & AC	268	6.18
7 Oliver. Bretherton	Horwich RMI H & AC	189	6.04
8 Nathan. Billington	Blackburn H & AC	142	5.8
9 Matthew. Lawson	Southport Waterloo AC	112	5.68

Senior Women Long Jump

1 Nia. Rutter	Blackpool Wyre Fylde AC	34	5.1
2 Alison. Storey	Horwich RMI H & AC	172	3.04

Senior Women High Jump

1 Hannah. Dickson	Blackpool Wyre Fylde AC	288	1.65
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Senior Women Triple Jump

1 Kelly. Hilton	Chorley AC	274	12.45
2 Nia. Rutter	Blackpool Wyre Fylde AC	34	11.68

Under 13 Boys Discus Throw

1 Liam. Harrison	Southport Waterloo AC	256	20.35
2 William. Murray	Blackburn H & AC	268	19.03
3 Jonathon. Murphy	Preston Harriers	261	16.2
4 Oliver. Gardner	Kendal AC	196	15.59
5 Alex. Miller	Bolton Utd Harriers	255	14.6
6 Nathan. Billington	Blackburn H & AC	142	12.53
7 Kieran. Corbett	Preston Harriers	153	12.25

Senior Women Shot Putt

1 Nia. Rutter	Blackpool Wyre Fylde AC	34	9.66
2 Rosie. Southworth	Pendle AC	78	8.43
3 Alison. Storey	Horwich RMI H & AC	172	5.69

Senior Women Discus Throw

1 Rosie. Southworth	Pendle AC	78	23.64
2 Alison. Storey	Horwich RMI H & AC	172	15.63
3 Karen. Vaughan	Burnley AC	22	13.67

Under 13 Boys Javelin Throw

1 Alex. Miller	Bolton Utd Harriers	255	26.37
2 Tom. Booth	Preston Harriers	183	23.74
3 William. Murray	Blackburn H & AC	268	23.21
4 David. Jones	Blackpool Wyre Fylde AC	92	22.93
5 Nathan. Billington	Blackburn H & AC	142	11.98
6 Noah. Saunders	Horwich RMI H & AC	61	9.69
7 Mark. Sullivan	Kendal AC	124	9.52

Senior Women Javelin Throw

1 Rosie. Southworth	Pendle AC	78	30.52
2 Karen. Vaughan	Burnley AC	22	18.05
3 Helena. Lawton	Horwich RMI H & AC	258	8.56

Senior Women Hammer Throw

1 Karen. Vaughan	Burnley AC	22	18.27
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Senior Women 100m

1 Hayley. Jones	Wigan H & AC	166	12.4
2 Kelly. Hilton	Chorley AC	274	13.2
3 Katie. Emmett	Hyndburn AC	103	13.6
4 Helena. Lawton	Horwich RMI H & AC	258	15.1

Under 17 Women 100m

1 Beth. McBride	Southport Waterloo AC	188	13
2 Emily. Ritchie	Bolton Utd Harriers	3	13.3
3 Jamie. Foster	Wigan H & AC	244	13.4
4 Jade. Brown	Chorley AC	133	13.9
5 Miriam. Harrold	Bolton Utd Harriers	111	14.3
6 Sarah. Word	Blackpool Wyre Fylde AC	209	14.7

Senior Women 200m

1 Hayley. Jones	Wigan H & AC	166	24.9
2 Katie. Emmett	Hyndburn AC	103	28.3
3 Leanne. Scott	Burnley AC	162	30.3
4 Melanie. Koth	Lytham St.Annes RR	18	32.7
5 Katherine. Winrow	Lancaster Morecambe AC	10	34.3

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Under 17 Women 200m

1	Micaela. Brindle	Wigan H & AC	4	26.4
2	Alicia. Johnston	Blackpool Wyre Fylde AC	12	26.8
3	Beth. McBride	Southport Waterloo AC	188	27.1
4	Emily. Ritchie	Bolton Utd Harriers	3	27.7
5	Miriam. Harrold	Bolton Utd Harriers	111	29.7
6	Chloe. Clarkson	Bolton Utd Harriers	231	30.7
7	Jade. Brown	Chorley AC	133	33.8

Under 17 Women Shot Putt

1	Michaela. Brindle	Wigan H & AC	4	8.98
2	Charlotte. Beech	Pendle AC	200	8.98
3	Ruth. Doran	Southport Waterloo AC	76	8.01
4	Alicia. Johnston	Blackpool Wyre Fylde AC	12	6.63
5	Natasha. Butler	Blackpool Wyre Fylde AC	241	6.5

Under 17 Women 300m

1	Jamie. Foster	Wigan H & AC	244	43.2
2	Zoe. Woodward	Guest	211	43.3
3	Katie. Morris	Southport Waterloo AC	254	44
4	Lydia. Williams	Wigan H & AC	252	46.2
5	Rachel. Leech	Blackburn H & AC	213	47
6	Samantha. Smith	Blackpool Wyre Fylde AC	159	47.4
7	Holly. Broughton	Blackburn H & AC	259	47.7
8	Louise. Harrison	Blackpool Wyre Fylde AC	273	48.3

Under 17 Women Discus Throw

1	Zoe. Woodward	Guest	211	20.65
2	Ruth. Doran	Southport Waterloo AC	76	17.4

Under 17 Women Javelin Throw

1	Alicia. Johnston	Blackpool Wyre Fylde AC	12	20.16
2	Laura. Tunstall	Horwich RMI H & AC	68	19.82

Under 17 Women Hammer Throw

1	Ruth. Doran	Southport Waterloo AC	76	32.47
2	Lucy. Chadwick	Pendle AC	56	30.21

Under 17 Women 800m

1	Bianca. Pedersen	Blackpool Wyre Fylde AC	178	02:19.1
2	Samantha. Smith	Blackpool Wyre Fylde AC	159	02:28.6
3	Rachel. Leech	Blackburn H & AC	213	02:36.8
4	Amy. Philpotts	Horwich RMI H & AC	262	02:39.4

Under 17 Women 1500m

1	Catherine. Hulme	Southport Waterloo AC	275	05:41.5
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Under 17 Women 3000m

1	Bianca. Pedersen	Blackpool Wyre Fylde AC	178	10:45.3
2	Rebekah. Atkinson	Horwich RMI H & AC	67	11:19.0
3	Samantha. Smith	Blackpool Wyre Fylde AC	159	12:06.8

Under 17 Women 4x100m Relay

1	.	Blackpool Wyre Fylde AC	12	55.6
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Under 17 Women Long Jump

1	Michaela. Brindle	Wigan H & AC	4	5.11
2	Megan. Sweet	Blackpool Wyre Fylde AC	170	4.53
3	Lucy. Whitehead	Southport Waterloo AC	240	4.49
4	Laura. Bannister	Horwich RMI H & AC	265	4.23
5	Chloe. Clarkson	Bolton Utd Harriers	231	4.07
6	Miriam. Harrold	Bolton Utd Harriers	111	3.67

Under 17 Women High Jump

1	Samantha. Fraser	Wigan H & AC	232	1.7
2	Natasha. Butler	Blackpool Wyre Fylde AC	241	1.55
3	Megan. Sweet	Blackpool Wyre Fylde AC	170	1.45
4	Sarah. Ward	Blackpool Wyre Fylde AC	209	1.35

Under 17 Women Triple Jump

1	Megan. Sweet	Blackpool Wyre Fylde AC	170	9.48
2	Laura. Bannister	Horwich RMI H & AC	265	9.25
3	Lucy. Whitehead	Southport Waterloo AC	240	9.23
4	Sarah. Ward	Blackpool Wyre Fylde AC	209	8.63

Under 15 Girls 100m Heat 1

1	Sophie. Riley	Blackpool Wyre Fylde AC	201	13.1
2	Maxine. Meju	Lancaster Morecambe AC	54	13.4
3	Abbie. Unsworth	Preston Harriers	63	13.5
4	Sally. Wareing	Southport Waterloo AC	214	13.6
5	Kassidy. Knight	Blackpool Wyre Fylde AC	225	13.9
6	Hannah. Storey	Horwich RMI H & AC	117	14.1
7	Lorna. Miller	Bolton Utd Harriers	121	14.3

Under 15 Girls 100m Heat 2

1	Bethany. Miller	Horwich RMI H & AC	175	13.5
2	Lauren. Malcharek	Preston Harriers	238	13.8
3	Heather. Ramsey	Kendal AC	101	13.9
4	Taegan. O'Hara	Blackpool Wyre Fylde AC	2	14
5	Lily. Helme	Preston Harriers	249	14.3
6	Alex. Hastie	Blackpool Wyre Fylde AC	277	14.8

Under 15 Girls 100m Heat 3

1	Jennifer. Heyes	Bolton Utd Harriers	205	14.4
2	Kirsty. Fraser	Lytham St. Annes RR	81	14.5
3	Natasha. Johnston	Blackpool Wyre Fylde AC	14	14.9
4	Eva. Siwiak-Jarzek	Preston Harriers	239	15.4
5	Lindsay. O'Brien	Blackpool Wyre Fylde AC	271	16.2
6	Hannah. Lindsay	Burnley AC	173	16.8

Under 15 Girls 200m Heat 1

1	Sophie. Riley	Blackpool Wyre Fylde AC	201	26.8
2	Maxine. Meju	Lancaster Morecambe AC	54	27.6
3	Abbie. Unsworth	Preston Harriers	63	28.4
4	Brittany. Shaw	Blackpool Wyre Fylde AC	140	29.1
5	Lorna. Miller	Bolton Utd Harriers	121	29.5
6	Jacinta. Davison	Blackburn H & AC	49	31.1
7	Emma. Scott	Burnley AC	163	31.6

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Under 15 Girls 200m Heat 2

1	Bethany. Miller	Horwich RMI H & AC	175	28.7
2	Claudia. Fidler	Blackpool Wyre Fylde AC	202	29.2
3	Taegan. O'Hara	Blackpool Wyre Fylde AC	2	29.7
4	Jennifer. Heyes	Bolton Utd Harriers	205	29.9
5	Lily. Helme	Preston Harriers	249	30.7
6	Kirsty. Fraser	Lytham St.Annes RR	81	30.8
7	Rachael. Scott	Preston Harriers	184	31.5
8	Hannah. Lindsay	Burnley AC	173	36.2

Under 15 Girls Long Jump

1	Katy. Alderson	Preston Harriers	98	4.88
2	Lauren. Malcharek	Preston Harriers	238	4.65
3	Gabrielle. Larch	Wigan H & AC	204	4.46
4	Taegan. O'Hara	Blackpool Wyre Fylde AC	2	4.43
5	Sally. Wareing	Southport Waterloo AC	214	4.4
6	Claudia. Fidler	Blackpool Wyre Fylde AC	202	4.37
7	Katie. Farrimond	Wigan H & AC	164	4.37
8	Joelle. Campbell	Kendal AC	193	4.35
9	Jessica. Brookwell	Wigan H & AC	266	4.29
10	Brittany. Shaw	Blackpool Wyre Fylde AC	140	4.18
11	Lily. Helme	Preston Harriers	249	4.13
12	Natasha. Johnston	Blackpool Wyre Fylde AC	14	4.04
13	Eva. Siwiak-Jarzek	Preston Harriers	239	3.77
14	Hannah. Lindsay	Burnley AC	173	3.69
15	Natalie. Thompson	Wigan H & AC	120	3.68
16	Allysia. Hine	Kendal AC	82	3.63
17	Rebecca. Donohue	Guest	224	3.54
18	Olivia. Perez	Guest	299	3.29

Under 15 Girls 300m

1	Ellon. Hart	Southport Waterloo AC	215	44.2
2	Louise. Chan	Wigan H & AC	19	46
3	Heather. Ramsey	Kendal AC	101	47.1
4	Jessica. Brookwell	Wigan H & AC	266	48.4
5	Natalie. Thompson	Wigan H & AC	120	49.2

Under 15 Girls 800m

1	Lauren. Burrell	Blackpool Wyre Fylde AC	222	02:26.4
2	Rachael. Scott	Preston Harriers	184	02:28.3
3	Jessica. Mcdermott	Preston Harriers	52	02:31.5
4	Olivia. Miller	Barrow & Furness AC	144	02:32.6
5	Natalie. Thompson	Wigan H & AC	120	02:33.6
6	Jacinta. Davison	Blackburn H & AC	49	02:39.8
7	Louise. Chan	Wigan H & AC	19	02:42.0
8	Emma. Scott	Burnley AC	163	02:47.2
9	Danielle. Mcgifford	Wigan H & AC	157	02:54.2

Under 15 Girls High Jump

1	Anna. Knowles	Wigan H & AC	270	1.57
2	Lauren. Malcharek	Preston Harriers	238	1.5
3	Joelle. Campbell	Kendal AC	193	1.45
4	Danielle. Mcgifford	Wigan H & AC	157	1.45
5	Katie. Farrimond	Wigan H & AC	164	1.45
6	Rebecca. Garnett	Kendal AC	89	1.35
7=	Heather. Ramsey	Kendal AC	101	1.35
7=	Alex. Hastie	Blackpool Wyre Fylde AC	277	1.35
7=	Rhian. Beaumont	Chorley AC	148	1.35
10	Abbie. Unsworth	Preston Harriers	63	1.35
11	Natasha. Johnston	Blackpool Wyre Fylde AC	14	1.3
12	Abigail. Bleasdale	Blackburn H & AC	125	1.25
13	Lindsay. O'Brien	Blackpool Wyre Fylde AC	271	1.2

Under 15 Girls 1500m

1	Beth. Tynan	Guest	278	05:02.3
2	Olivia. Perez	Guest	299	05:05.9
3	Jodie. Ferguson	Blackpool Wyre Fylde AC	107	05:14.5
4	Patsy. Irizar	Southport Waterloo AC	269	05:26.3

Under 15 Girls 3000m

1	Megan. Davies	Rosendale Harriers	97	11:03.4
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Under 15 Girls 4x100m Relay

1	.	Blackpool Wyre Fylde AC	201	52.4
2	.	Preston Harriers	63	53.7
3	.	Kendal AC	101	56.7
4	.	Blackpool Wyre Fylde AC	2	58

Under 15 Girls Discus Throw

1	Emily. Lupton	Preston Harriers	230	29
2	Lucy. Chadwick	Pendle AC	56	24.23
3	Rebecca. Garnett	Kendal AC	89	21.01
4	Allysia. Hine	Kendal AC	82	19.1
5	Eva. Siwiak-Jarzek	Preston Harriers	239	15.93
6	Joelle. Campbell	Kendal AC	193	15.92
7	Heidi. Hamshere	Hyndburn AC	66	15.4
8	Rebecca. Donohue	Guest	224	14.04
9	Abigail. Bleasdale	Blackburn H & AC	125	13.04

Under 15 Girls Shot Putt

1	Lucy. Chadwick	Pendle AC	56	11.49
2	Emily. Lupton	Preston Harriers	230	9.42
3	Jessica. Brookwell	Wigan H & AC	266	7.83
4	Rhian. Beaumont	Chorley AC	148	7.76
5	Katy. Alderson	Preston Harriers	98	7.53
6	Rebecca. Garnett	Kendal AC	89	7.17
7	Sally. Wareing	Southport Waterloo AC	214	6.94
8	Lorna. Miller	Bolton Utd Harriers	121	6.88
9	Heidi. Hamshere	Hyndburn AC	66	6.85
10	Allysia. Hine	Kendal AC	82	5.82
11	Danielle. Mcgifford	Wigan H & AC	157	5.76

Under 15 Girls Javelin Throw

1	Rhian. Beaumont	Chorley AC	148	29.3
2	Emily. Lupton	Preston Harriers	230	28.04
3	Lindsay. O'Brien	Blackpool Wyre Fylde AC	271	21.68
4	Kassidy. Knight	Blackpool Wyre Fylde AC	225	19.8
5	Abigail. Bleasdale	Blackburn H & AC	125	17.15

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Under 13 Girls 100m Heat 1

1 Demi-Lee. Scott	Bolton Utd Harriers	138	13.4
2 Lydia. Williams	Preston Harriers	212	14
3 Tawana. Gardner	Blackpool Wyre Fylde AC	11	14.3
4 Rhea. Jackson	Pendle AC	190	14.4
5 Sarah. Chadwick	Preston Harriers	180	14.8
6 Mia. Arguello	Preston Harriers	154	14.8
7 Sophie. Seddon	Barrow & Furness AC	88	15.9

Under 13 Girls 800m

1 Emma. Hargreaves	Preston Harriers	147	02:34.8
2 Sinead. Bent	Bolton Utd Harriers	253	02:35.5
3 Emily. Borthwick	Wigan H & AC	149	02:36.0
4 Isobel. Hughes	Preston Harriers	171	02:36.2
5 Amelia. Betmead	Blackpool Wyre Fylde AC	221	02:39.4
6 Sophie. Seddon	Barrow & Furness AC	88	02:40.4
7 Megan. Solomon	Rosendale Harriers	32	02:43.5
8 Hannah. Delaney	Guest	233	02:46.3
9 Katrina. Steele	Bolton Utd Harriers	106	02:47.8
10 Ella. Roberts	Preston Harriers	169	02:49.8
11 Hannah. Williams	Hyndburn AC	6	02:50.4
12 Maxine. Smith	Preston Harriers	217	02:53.3
13 Lucy. Philpotts	Horwich RMI H & AC	263	02:57.2
14 Alexandra. Walker	Preston Harriers	243	02:58.7
15 Kelly. Smith	Blackpool Wyre Fylde AC	160	03:01.7

Under 13 Girls 100m Heat 2

1 Gabrielle. Whittle	Horwich RMI H & AC	77	13.9
2 Tamika. Carr	Bolton Utd Harriers	248	14.7
3 Sophie. Reaper	Bolton Utd Harriers	47	14.7
4 Jordan. Dixon	Blackpool Wyre Fylde AC	42	15
5 Jess. O'Neill	Blackpool Wyre Fylde AC	207	15.1
6 Hannah. Young	Wigan H & AC	219	16

Under 13 Girls 1500m

1 Chloe. Unsworth	Preston Harriers	64	15.2
2 Katie. Bridge	Horwich RMI H & AC	260	15.8
3 Sophie. Bateson	Blackpool Wyre Fylde AC	297	15.9
4 Lucy. Philpotts	Horwich RMI H & AC	263	15.9
5 Katie. Mcgifford	Wigan H & AC	158	17
6 Grace. Lindsay	Burnley AC	174	20.1
1 Zoe. Tynan	Guest	279	05:05.2
2 Beth. Everson	Blackpool Wyre Fylde AC	284	05:16.4
3 Sophie. Brennan	Guest	280	05:19.0
4 Molly. Betmead	Blackpool Wyre Fylde AC	220	05:22.9
5 Leah. Peploe	Bolton Utd Harriers	15	05:27.9
6 Sinead. Bent	Bolton Utd Harriers	253	05:33.5
7 Danielle. Thompson	Wigan H & AC	119	05:34.2
8 Bethany. Blackwell	Preston Harriers	114	05:42.6
9 Isabel. Perez	Guest	298	05:49.0

Under 13 Girls 200m Heat 1

1 Demi-Lee. Scott	Bolton Utd Harriers	138	29.1
2 Lydia. Williams	Preston Harriers	212	29.6
3 Emma. Hargreaves	Preston Harriers	147	30.1
4 Rhea. Jackson	Pendle AC	190	30.4
5 Sinead. Bent	Bolton Utd Harriers	253	31.1
6 Jordan. Dixon	Blackpool Wyre Fylde AC	42	31.5
7 Jess. O'Neill	Blackpool Wyre Fylde AC	207	31.7
8 Nakitta. Taylor	Kendal AC	194	35.5

Under 13 Girls 4x100m Relay

1 .	Preston Harriers	212	56.4
2 .	Bolton Utd Harriers	138	56.7
3 .	Blackpool Wyre Fylde AC	42	60.7

Under 13 Girls 200m Heat 2

1 Katrina. Steele	Bolton Utd Harriers	106	29.6
2 Tamika. Carr	Bolton Utd Harriers	248	30.6
3 Danielle. Thompson	Wigan H & AC	119	31.3
4 Hannah. Delaney	Guest	233	31.6
5 Sharke. Blaikie	Kendal AC	110	31.9
6 Sophie. Brennan	Guest	280	32.2
7 Bethany. Blackwell	Preston Harriers	114	33.1
8 Grace. Lindsay	Burnley AC	174	44.4

Under 13 Girls Long Jump

1 Rhea. Jackson	Pendle AC	190	4.3
2 Sophie. Reaper	Bolton Utd Harriers	47	4.23
3 Marnie. Shirtcliffe	Hyndburn AC	51	4.15
4 Sarah. Chadwick	Preston Harriers	180	4.11
5 Mia. Arguello	Preston Harriers	154	4.07
6 Katrina. Steele	Bolton Utd Harriers	106	3.93
7 Danielle. Thompson	Wigan H & AC	119	3.78
8 Katrina. Kelly	Blackpool Wyre Fylde AC	218	3.73
9 Chloe. Unsworth	Preston Harriers	64	3.71
10 Hannah. Young	Wigan H & AC	219	3.53
11 Isabel. Perez	Guest	298	3.49
12 Devon. Berry	Chorley AC	203	3.48
13 Maxine. Smith	Preston Harriers	217	3.37
14 Katie. Mcgifford	Wigan H & AC	158	3.32
15 Bethany. Blackwell	Preston Harriers	114	3.05
16 Sophie. Bateson	Blackpool Wyre Fylde AC	297	2.91
17 Grace. Lindsay	Burnley AC	174	2.32

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Under 13 Girls High Jump

1	Rachel. Plant	Blackpool Wyre Fylde AC	300	1.38
2=	Beth. Everson	Blackpool Wyre Fylde AC	284	1.3
2=	Ella. Roberts	Preston Harriers	169	1.3
2=	Gabrielle. Whittle	Horwich RMI H & AC	77	1.3
5	Emily. Borthwick	Wigan H & AC	149	1.3
6=	Alexandra. Walker	Preston Harriers	243	1.25
6=	Sophie. Reaper	Bolton Utd Harriers	47	1.25
8	Jess. O'Neill	Blackpool Wyre Fylde AC	207	1.2
9=	Katrina. Kelly	Blackpool Wyre Fylde AC	218	1.2
9=	Sophie. Seddon	Barrow & Furness AC	88	1.2
11	Ruth. Whipp	Chorley AC	35	1.1

Under 13 Girls Shot Putt

1	Beth. Evans	Preston Harriers	43	7.42
2	Mia. Arguello	Preston Harriers	154	7.32
3	Hannah. Williams	Hyndburn AC	6	6.83
4	Lydia. Williams	Preston Harriers	212	6.8
5	Natassia. Dacre	Horwich RMI H & AC	28	6.57
6	Demi-Lee. Scott	Bolton Utd Harriers	138	6.47
7	Chloe. Unsworth	Preston Harriers	64	5.74
8	Katie. Bridge	Horwich RMI H & AC	260	5.65
9	Ruth. Whipp	Chorley AC	35	5.52
10	Nakitta. Taylor	Kendal AC	194	5.36
11	Maxine. Smith	Preston Harriers	217	5.15
12	Sharice. Blaikie	Kendal AC	110	4.79
13	Emily. Borthwick	Wigan H & AC	149	4.67
14	Kelly. Smith	Blackpool Wyre Fylde AC	160	4.53

Under 13 Girls Discus Throw

1	Beth. Evans	Preston Harriers	43	21.12
2	Sarah. Chadwick	Preston Harriers	180	17.53
3	Natassia. Dacre	Horwich RMI H & AC	28	17
4	Katrina. Kelly	Blackpool Wyre Fylde AC	218	15.29
5	Kelly. Smith	Blackpool Wyre Fylde AC	160	11.78

Under 13 Girls Javelin Throw

1	Marnie. Shirtcliffe	Hyndburn AC	51	23.98
2	Natassia. Dacre	Horwich RMI H & AC	28	23.63
3	Hannah. Williams	Hyndburn AC	6	20.16
4	Ruth. Whipp	Chorley AC	35	17.07
5	Jordan. Dixon	Blackpool Wyre Fylde AC	42	14.48
6	Sharice. Blaikie	Kendal AC	110	10.68
7	Nakitta. Taylor	Kendal AC	194	9.94
8	Katie. Bridge	Horwich RMI H & AC	260	8.66