

Mid Lancs Track and Field League

Medal Meeting

29th August 2010

Stanley Park Arena, Blackpool

Senior Men 100m

1	Stephen. Sumner	Hyndburn AC	67	11	G
2	Daniel. Harrup	Kendal AC	154	11.1	S
3	James. Simpson	Barrow & Furness AC	108	11.2	B
4	Daniel. Cowgill	Hyndburn AC	65	11.2	
5	Graham. Parsons	Kendal AC	87	11.3	
6	John. Wright	Chorley AC	51	11.4	
7	Michael. Houghton	Horwich RMI H & AC	212	11.9	
8	Andrew. Storey	Horwich RMI H & AC	81	13.5	

Senior Men Long Jump

1	James. Blackburn	Pendle AC	7	6.05	G
2	Michael. Houghton	Horwich RMI H & AC	212	5.44	S
3	Graham. Parsons	Kendal AC	87	4.81	B
4	Paul. Mcallister	Lytham St.Annes RR	244	4.52	

Senior Men High Jump

1	Callum. Blaikie	Kendal AC	160	1.8	G
2	James. Blackburn	Pendle AC	7	1.7	S
3	Graham. Parsons	Kendal AC	87	1.3	B

Senior Men 200m Heat 1

1	Symon. Woan	Preston Harriers	246	22.2	
2	Stephen. Sumner	Hyndburn AC	67	22.9	G
3	Simon. Wells	Blackpool Wyre Fylde AC	248	22.9	S
4	Daniel. Harrup	Kendal AC	154	23	B
5	Daniel. Cowgill	Hyndburn AC	65	23.5	
6	James. Simpson	Barrow & Furness AC	108	25.5	

Senior Men Triple Jump

1	James. Blackburn	Pendle AC	7	12.16	G
2	Michael. Houghton	Horwich RMI H & AC	212	10.62	S

Senior Men Shot Putt

1	Alan. Plumb	Burnley AC	161	11.46	G
2	Zachary. Child	Pendle AC	39	10.51	S
3	Ryan. Inglis	Pendle AC	132	10.33	B
4	Russell. Race	Hyndburn AC	115	8.7	
5	Paul. Mcallister	Lytham St.Annes RR	244	8.32	
6	Jonathan. Davison	Blackburn H & AC	10	7.66	
7	David. Billington	Blackburn H & AC	109	7.61	
8	Anthony. Dowd	Guest	163	7.59	
9	Peter. Gleaves	Wesham Road Runners	125	6.28	
10	Brad. Wood	Horwich RMI H & AC	245	5.54	

Senior Men 200m Heat 2

1	John. Wright	Chorley AC	51	24.4	
2	John. Linaker	Burnley AC	79	25.1	
3	Leeroy. Golding	Pendle AC	142	25.4	
4	Mark. Willett	Lytham St.Annes RR	128	26.6	

Senior Men 400m

1	Alex. Bale	Blackpool Wyre Fylde AC	251	51.9	G
2	Thomas. Matthews	Kendal AC	174	53.5	S
3	Matthew. Burns	Lancaster Morecambe AC	295	55.6	
4	John. Linaker	Burnley AC	79	57.7	B
5	Mark. Willett	Lytham St.Annes RR	128	62.9	
6	Andrew. Storey	Horwich RMI H & AC	81	67.1	
7	Graham. Webster	Lytham St.Annes RR	129	69.6	

Senior Men Discus Throw

1	Alan. Plumb	Burnley AC	161	30.51	G
2	Ryan. Inglis	Pendle AC	132	28.62	S
3	Adam. Lesbirel	Preston Harriers	101	24.58	B
4	Leeroy. Golding	Pendle AC	142	22.94	
5	Russell. Race	Hyndburn AC	115	22.83	
6	Anthony. Dowd	Guest	163	20.03	
7	Jonathan. Davison	Blackburn H & AC	10	19.97	
8	David. Billington	Blackburn H & AC	109	18.72	
9	Brad. Wood	Horwich RMI H & AC	245	16.61	

Senior Men 800m

1	Jordan. Harris	Lancaster Morecambe AC	213	02:02.3	
2	Mark. Gardner	Lancaster Morecambe AC	296	02:02.5	
3	Danny. Parkinson	Kendal AC	116	02:08.3	G
4	Mark. Willett	Lytham St.Annes RR	128	02:28.2	S
5	Graham. Webster	Lytham St.Annes RR	129	02:31.2	B
6	Peter. Gleaves	Wesham Road Runners	125	02:40.8	

Senior Men Javelin Throw

1	Adam. Lesbirel	Preston Harriers	101	42.07	G
2	Zachary. Child	Pendle AC	39	38.31	S
3	Russell. Race	Hyndburn AC	115	32.23	B
4	Mark. Dacre	Horwich RMI H & AC	18	29.7	
5	Daniel. Cowgill	Hyndburn AC	65	29.13	
6	Jonathan. Davison	Blackburn H & AC	10	28.32	
7	David. Billington	Blackburn H & AC	109	25.32	

Senior Men 1500m

1	Danny. Parkinson	Kendal AC	116	04:19.1	G
2	Dean. Miller	Barrow & Furness AC	169	04:35.3	
3	Gareth. Woodcock	Guest	258	04:45.2	
4	Simon. Stanway	Barrow & Furness AC	127	04:57.0	S
5	Dave. Dunn	Lytham St.Annes RR	130	05:15.2	B
6	Peter. Gleaves	Wesham Road Runners	125	05:37.9	

Senior Men Hammer Throw

1	Alan. Plumb	Burnley AC	161	32.14	G
2	Ryan. Inglis	Pendle AC	132	27.44	S
3	Zachary. Child	Pendle AC	39	26.97	B
4	Anthony. Dowd	Guest	163	23.48	

Senior Men 3000m

1	John. Chaplin	Blackburn H & AC	107	10:16.8	G
2	Graham. Webster	Lytham St.Annes RR	129	10:59.3	S
3	Dave. Dunn	Lytham St.Annes RR	130	11:07.3	B

Senior Men 4x100m Relay

1	.	Kendal AC	174	47.6	G
2	.	Hyndburn AC	67	50.9	S
3	.	Horwich RMI H & AC	212	54.3	B

Senior Men 4x400m Relay

1	.	Kendal AC	116	04:09.6	G
2	.	Lytham St.Annes RR	128	04:32.7	S

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Under 17 Men 100m

1	Jacob. Weir	Preston Harriers	227	11.4
2	Omar. Frederick	Blackpool Wyre Fylde AC	187	11.4
3	James. Whitfield	Bolton Utd Harriers	206	11.4 G
4	Callum. Blaikie	Kendal AC	160	11.5 S
5	Callum. Ryan	Blackburn H & AC	111	11.6 B
6	Jonathon. Kirkaldy	Burnley AC	300	11.8

Under 17 Men Discus Throw

1	Scott. Jones	Wigan H & AC	46	32.14 G
2	Jack. Vickery	Blackburn H & AC	151	30.35 S
3	Lee. Blundell	Chorley AC	297	29.7
4	Peter. Bridge	Blackpool Wyre Fylde AC	153	21 B

Under 17 Men 200m

1	Jacob. Weir	Preston Harriers	227	23.4
2	Omar. Frederick	Blackpool Wyre Fylde AC	187	23.4
3	Callum. Ryan	Blackburn H & AC	111	24.1 G
4	James. Whitfield	Bolton Utd Harriers	206	24.2 S
5	Jonathon. Kirkaldy	Burnley AC	300	24.9
6	Ryan. Bradshaw	Burnley AC	41	26.4 B
7	Jonathan. Bailey	Hyndburn AC	68	27.3

Under 17 Men Javelin Throw

1	Robert. Makin	Bolton Utd Harriers	97	46.98 G
2	Lee. Blundell	Chorley AC	297	41.5
3	Jonathan. Bailey	Hyndburn AC	68	21.46 S
4	James. Whitfield	Bolton Utd Harriers	206	10.17 B

Under 17 Men Hammer Throw

1	Jack. Vickery	Blackburn H & AC	151	36.41 G
2	Peter. Bridge	Blackpool Wyre Fylde AC	153	35.07 S
3	Robert. Makin	Bolton Utd Harriers	97	31.72 B

Under 17 Men 400m

1	Oliver. Hopkins	Blackpool Wyre Fylde AC	253	52.9 G
2	Ryan. Sciacca	Chorley AC	102	56.3 S
3	Ryan. Bradshaw	Burnley AC	41	64.3 B

Under 15 Boys 100m Heat 1

1	Curtis. Mitchell	Preston Harriers	34	12 G
2	Kieran. Corbett	Preston Harriers	23	12.4 B
3	Greg. Stewart	Barrow & Furness AC	181	12.5
4	Connor. Mccormick	Blackpool Wyre Fylde AC	240	12.6
5	Neng. Wildman	Pendle AC	201	12.8
6	Luke. Farnworth	Preston Harriers	215	12.9
7	Robert. Tingle	Preston Harriers	85	12.9

Under 17 Men 800m

1	Ryan. Sciacca	Chorley AC	102	02:13.5 G
2	Ryan. Bradshaw	Burnley AC	41	02:23.7 S
3	Alden. Mottershead-Sn	Blackburn H & AC	136	02:26.3 B

Under 15 Boys 100m Heat 2

1	Adam. Seddon	Bolton Utd Harriers	226	12.3 S
2	Sam. Cooper	Bolton Utd Harriers	38	12.9
3	Tom. Booth	Preston Harriers	207	13
4	Noah. Saunders	Horwich RMI H & AC	173	13.6
5	Jordan. Mathieson	Barrow & Furness AC	131	13.7
6	Alton. Fowley	Rosendale Harriers	105	13.7
7	Jack. Hails	Blackpool Wyre Fylde AC	21	13.9

Under 17 Men 1500m

1	Zac. Howe	Horwich RMI H & AC	124	04:30.6 G
2	Adam. Sciacca	Chorley AC	103	04:31.1 S

Under 17 Men 3000m

1	Kingsley. Judd	Preston Harriers	70	10:20.0 G
2	James. Whitaker	Lancaster Morecambe AC	141	10:26.4 S

Under 17 Men 4x100m Relay

1	.	Blackburn H & AC	136	55.2
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Under 15 Boys 200m

1	Adam. Seddon	Bolton Utd Harriers	226	25.5 G
2	Greg. Stewart	Barrow & Furness AC	181	25.7 S
3	Connor. Mccormick	Blackpool Wyre Fylde AC	240	25.9 B
4	Neng. Wildman	Pendle AC	201	26.2
5	Zak. Hogg	Southport Waterloo AC	54	27.3
6	Alton. Fowley	Rosendale Harriers	105	28.7

Under 17 Men Long Jump

1	Callum. Blaikie	Kendal AC	160	5.75 G
2	Chris. Snaith	Barrow & Furness AC	62	5.35 S
3	Lewis. Peacock	Horwich RMI H & AC	224	5.3
4	Zac. Howe	Horwich RMI H & AC	124	4.86 B
5	Scott. Jones	Wigan H & AC	46	4.82
6	Alden. Mottershead-Sn	Blackburn H & AC	136	4.5

Under 15 Boys 400m

1	Daniel. Neal	Preston Harriers	254	60.3 G
2	Sam. Cooper	Bolton Utd Harriers	38	64 S
3	Jack. Hails	Blackpool Wyre Fylde AC	21	66.7 B
4	Callum. Davidson	Rosendale Harriers	75	68.7
5	Alton. Fowley	Rosendale Harriers	105	71.9

Under 17 Men Triple Jump

1	Lewis. Peacock	Horwich RMI H & AC	224	11.13
2	Chris. Snaith	Barrow & Furness AC	62	10.3 G

Under 17 Men Shot Putt

1	Omar. Frederick	Blackpool Wyre Fylde AC	187	13.7
2	Peter. Bridge	Blackpool Wyre Fylde AC	153	12.32 G
3	Robert. Makin	Bolton Utd Harriers	97	11.38 S
4	Lee. Blundell	Chorley AC	297	10.6
5	Jack. Vickery	Blackburn H & AC	151	9.59 B
6	Kingsley. Judd	Preston Harriers	70	7.75
7	Callum. Ryan	Blackburn H & AC	111	6.77

Under 15 Boys 800m

1	Jamey. Knox	Kendal AC	155	02:19.3
2	Sandy. Kelly	Preston Harriers	186	02:25.7
3	Zak. Hogg	Southport Waterloo AC	54	02:26.1 G
4	Ashley. Hails	Blackpool Wyre Fylde AC	22	02:32.9 S
5	Callum. Davidson	Rosendale Harriers	75	02:35.0 B

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Under 15 Boys 1500m

1	Darius. Boardman	Pendle AC	55	04:38.0	G
2	Gary. Clark	Southport Waterloo AC	138	04:43.9	S
3	Ross. Campbell	Barrow & Furness AC	12	04:44.7	B
4	Rory. Judd	Preston Harriers	71	04:45.2	
5	Patrick. Dever	Preston Harriers	98	04:55.4	
6	Joseph. Howe	Horwich RMI H & AC	122	05:07.4	

Under 15 Boys Hammer Throw

1	Jake. Grundy	Bolton Utd Harriers	146	30.66	G
2	William. Goodier	Preston Harriers	11	28.13	S
3	Robert. Tingle	Preston Harriers	85	24.28	B
4	Jordan. Mathieson	Barrow & Furness AC	131	20.11	

Under 15 Boys 3000m

1	Robert. Wong	Blackburn H & AC	60	10:23.0	G
2	Jonathan. Foster	Southport Waterloo AC	259	10:57.1	S
3	Jack. Hindle	Blackburn H & AC	64	11:45.4	B
4	Kieran. Barnes	Barrow & Furness AC	180	12:45.5	

Under 13 Boys 100m Heat 1

1	Harris. Weston	Rossendale Harriers	217	13.3	G
2	Connor. Richardson	Rossendale Harriers	78	13.4	S
3	Oliver. Tomlinson	Blackpool Wyre Fylde AC	118	14	B
4	Huw. Barton	Barrow & Furness AC	182	14.1	
5	James. Yearn	Horwich RMI H & AC	145	14.3	
6	James. Edmondson	Preston Harriers	91	14.5	
7	Thomas. Halliwell	Bolton Utd Harriers	42	14.7	
8	Harry. Mercer	Blackpool Wyre Fylde AC	209	14.8	

Under 15 Boys 4x100m Relay

1	.	Preston Harriers	165	53	G
2	.	Blackpool Wyre Fylde AC	22	54.5	S
3	.	Barrow & Furness AC	180	55.3	

Under 13 Boys 100m Heat 2

1	Samuel. Charnley	Blackburn H & AC	232	14.3	
2	Dominic. Lavelle	Blackpool Wyre Fylde AC	5	14.4	
3	Samuel. Matthews	Blackpool Wyre Fylde AC	223	14.5	
4	Kieran. Chell	Blackpool Wyre Fylde AC	222	14.7	
5	Ellis. Fornworth	Preston Harriers	236	14.9	
6	Connor. Barnes	Barrow & Furness AC	179	15.7	
7	Kyle. Ritchie	Barrow & Furness AC	176	15.7	
8	Brooklyn. Cross	Hyndburn AC	298	15.7	

Under 15 Boys Long Jump

1	Curtis. Mitchell		53	34	5.16	G
2	Tom. Booth	Preston Harriers	207	4.74	S	
3	Ashley. Hails	Blackpool Wyre Fylde AC	22	4.3	B	
4	Luke. Farnworth	Preston Harriers	215	4.2		
5	Jack. Hails	Blackpool Wyre Fylde AC	21	4.16		
6	Sam. Cooper	Bolton Utd Harriers	38	3.97		

Under 15 Boys High Jump

1	Curtis. Mitchell	Preston Harriers	34	1.6	G
2	Luke. Farnworth	Preston Harriers	215	1.4	S
3=	Tom. Booth	Preston Harriers	207	1.4	B
3=	Adam. Seddon	Bolton Utd Harriers	226	1.4	B
5	Gary. Clark	Southport Waterloo AC	138	1.3	

Under 13 Boys 200m Heat 1

1	Samuel. Charnley	Blackburn H & AC	232	28.9	G
2	Huw. Barton	Barrow & Furness AC	182	29.3	S
3	Oliver. Tomlinson	Blackpool Wyre Fylde AC	118	30	
4	Thomas. Halliwell	Bolton Utd Harriers	42	30.2	
d 5	Liam. Wilkinson	Blackburn H & AC	188		

Under 15 Boys Shot Putt

1	William. Goodier	Preston Harriers	11	12.38	G
2	Ben. Whipp	Wigan H & AC	47	11.92	S
3	Robert. Tingle	Preston Harriers	85	10.73	B
4	Jake. Grundy	Bolton Utd Harriers	146	9.94	
5	Jack. Mort	Bolton Utd Harriers	83	8.19	
6	Robbie. Morris	Blackpool Wyre Fylde AC	221	8.17	
7	Neng. Wildman	Pendle AC	201	7.55	
8	Ross. Campbell	Barrow & Furness AC	12	5.73	

Under 13 Boys 200m Heat 2

1	James. Yearn	Horwich RMI H & AC	145	29.7	B
2	Christopher. Durney	Preston Harriers	152	30.4	
3	Kieran. Chell	Blackpool Wyre Fylde AC	222	31.1	
4	Connor. Barnes	Barrow & Furness AC	179	33	
5	Luke. Philippides	Blackburn H & AC	106	33.1	

Under 15 Boys Discus Throw

1	Ben. Whipp	Wigan H & AC	47	35.57	G
2	Jake. Grundy	Bolton Utd Harriers	146	32.61	S
3	William. Goodier	Preston Harriers	11	25.95	B
4	Jordan. Mathieson	Barrow & Furness AC	131	18.85	
5	Robbie. Morris	Blackpool Wyre Fylde AC	221	18.06	
6	Jack. Mort	Bolton Utd Harriers	83	16.9	
7	Joseph. Howe	Horwich RMI H & AC	122	13.17	

Under 13 Boys 800m

1	Liam. Wilkinson	Blackburn H & AC	188	02:32.0	G
2	Connor. Richardson	Rossendale Harriers	78	02:32.5	S
3	Harris. Weston	Rossendale Harriers	217	02:35.0	B
4	Samuel. Matthews	Blackpool Wyre Fylde AC	223	02:35.7	
5	Christopher. Durney	Preston Harriers	152	02:36.2	
6	Kyle. Ritchie	Barrow & Furness AC	176	02:52.1	
7	Connor. Borthwick	Wigan H & AC	194	03:01.4	

Under 15 Boys Javelin Throw

1	Ben. Whipp	Wigan H & AC	47	51.61	G
2	Greg. Stewart	Barrow & Furness AC	181	29.06	S
3	Darius. Boardman	Pendle AC	55	28.85	B
4	Robbie. Morris	Blackpool Wyre Fylde AC	221	26.55	
5	Jack. Mort	Bolton Utd Harriers	83	21.91	
6	Kieran. Barnes	Barrow & Furness AC	180	19.42	
7	Noah. Saunders	Horwich RMI H & AC	173	17.66	

Under 13 Boys 1500m

1	Tiarnan. Crocken	Pendle AC	250	05:13.8	G
2	Matthew. Doey	Kendal AC	99	05:17.3	S
3	Robert. Bryning	Preston Harriers	294	05:17.6	

Under 13 Boys 4x100m Relay

1	.	Blackpool Wyre Fylde AC	5	58.6	G
2	.	Blackburn H & AC	106	59.4	S

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Under 13 Boys Long Jump

1 James. Lane	Preston Harriers	159	4.26	G
2 Dominic. Lavelle	Blackpool Wyre Fylde AC	5	3.94	S
3 Oliver. Tomlinson	Blackpool Wyre Fylde AC	118	3.73	B
4 Ellis. Fornworth	Preston Harriers	236	3.53	
5 Oliver. Murray	Blackburn H & AC	88	3.52	
6 Thomas. Halliwell	Bolton Utd Harriers	42	3.49	
7 Harry. Mercer	Blackpool Wyre Fylde AC	209	3.49	
8 James. Edmondson	Preston Harriers	91	3.33	
9 Jamie. Shirtcliffe	Hyndburn AC	36	3.11	

Senior Women 200m

1 Rachel. Pearson	Horwich RMI H & AC	175	28.3	
2 Kathy. Winrow	Kendal AC	52	33.3	G

Senior Women 400m

1 Helena. Leathley	Pendle AC	43	64.2	
2 Kathy. Winrow	Kendal AC	52	74.7	G

Senior Women 800m

1 Joanna. Goorney	Wesham Road Runners	144	02:49.8	G
2 Kathy. Winrow	Kendal AC	52	02:58.4	S

Under 13 Boys High Jump

1 Dominic. Lavelle	Blackpool Wyre Fylde AC	5	1.3	G
2= Daemon. Metcalfe	Pendle AC	242	1.25	S
2= Connor. Borthwick	Wigan H & AC	194	1.25	S
4 Oliver. Murray	Blackburn H & AC	88	1.25	
5 Ellis. Fornworth	Preston Harriers	236	1.1	

Senior Women 1500m

1 Joanna. Goorney	Wesham Road Runners	144	05:38.2	G
2 Shelley. Tattersall	Rosendale Harriers	247	05:43.0	

Senior Women 3000m

1 Jenny. Girdler	Southport Waterloo AC	291	12:08.7	
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Under 13 Boys Shot Putt

1 James. Lane	Preston Harriers	159	9.09	G
2 Nathan. Billington	Blackburn H & AC	110	7.57	S
3 Matthew. Lawson	Southport Waterloo AC	139	7.53	B
4 James. Edmondson	Preston Harriers	91	6.23	
5 James. Yearn	Horwich RMI H & AC	145	6.06	
6 Harry. Mercer	Blackpool Wyre Fylde AC	209	6	
7 Connor. Davison	Blackburn H & AC	8	5.76	
8 Louis. Walker	Blackpool Wyre Fylde AC	229	5.54	
9 Brooklyn. Cross	Hyndburn AC	298	5.42	
10 Jamie. Shirtcliffe	Hyndburn AC	36	5.36	

Senior Women 4x100m Relay

1 .	Horwich RMI H & AC	80	63.9	G
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Senior Women 4x400m Relay

1 .	Blackpool Wyre Fylde AC	199	04:32.9	G
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Senior Women Long Jump

1 Natasha. Butler	Blackpool Wyre Fylde AC	219	4.56	G
2 Kelly. Laughton	Horwich RMI H & AC	26	4.45	S
3 Katie. Holder	Blackpool Wyre Fylde AC	234	4.06	
4 Hayley. Peacock	Horwich RMI H & AC	225	3.96	B
5 Joanna. Goorney	Wesham Road Runners	144	3.83	
6 Alison. Storey	Horwich RMI H & AC	80	3.48	
7 Liz. Boon	Lytham St.Annes RR	57	3.17	

Under 13 Boys Discus Throw

1 James. Lane	Preston Harriers	159	22.64	G
2 William. Murray	Blackburn H & AC	89	22.22	S
3 Nathan. Billington	Blackburn H & AC	110	19.49	B
4 Louis. Walker	Blackpool Wyre Fylde AC	229	15.46	
5 Matthew. Lawson	Southport Waterloo AC	139	14.89	
6 Luke. Philippides	Blackburn H & AC	106	12.31	
7 Kyle. Ritchie	Barrow & Furness AC	176	10.4	
8 Connor. Davison	Blackburn H & AC	8	10.28	
9 Jonah. Saunders	Horwich RMI H & AC	172	9.69	
10 Christopher. Durney	Preston Harriers	152	7.12	

Senior Women High Jump

1 Natasha. Butler	Blackpool Wyre Fylde AC	219	1.5	G
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Senior Women Triple Jump

1 Kelly. Laughton	Horwich RMI H & AC	26	8.71	G
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Senior Women Shot Putt

1 Katie. Holder	Blackpool Wyre Fylde AC	234	9.15	
2 Natasha. Butler	Blackpool Wyre Fylde AC	219	7.74	G
3 Liz. Boon	Lytham St.Annes RR	57	6.47	S
4 Alison. Storey	Horwich RMI H & AC	80	5.9	B
5 Hayley. Peacock	Horwich RMI H & AC	225	5.84	
6 Sarah. Cowgill	Hyndburn AC	66	5.6	

Under 13 Boys Javelin Throw

1 William. Murray	Blackburn H & AC	89	33.43	G
2 Jamie. Shirtcliffe	Hyndburn AC	36	26.98	S
3 Brooklyn. Cross	Hyndburn AC	298	25.18	
4 Nathan. Billington	Blackburn H & AC	110	23.87	B
5 Oliver. Murray	Blackburn H & AC	88	23.18	
6 Louis. Walker	Blackpool Wyre Fylde AC	229	20.92	
7 Huw. Barton	Barrow & Furness AC	182	20.81	
8 Connor. Barnes	Barrow & Furness AC	179	20.37	
9 Jonah. Saunders	Horwich RMI H & AC	172	19.55	
10 Connor. Davison	Blackburn H & AC	8	16.26	

Senior Women Discus Throw

1 Sarah. Cowgill	Hyndburn AC	66	18.39	G
2 Karen. Vaughan	Burnley AC	29	14.25	S

Senior Women Javelin Throw

1 Katie. Holder	Blackpool Wyre Fylde AC	234	22.86	
2 Karen. Vaughan	Burnley AC	29	15.6	G
3 Sarah. Cowgill	Hyndburn AC	66	14.98	S

Senior Women 100m

1 Rachel. Pearson	Horwich RMI H & AC	175	13.4	
2 Kelly. Laughton	Horwich RMI H & AC	26	14.6	G
3 Hayley. Peacock	Horwich RMI H & AC	225	15.3	S
4 Liz. Boon	Lytham St.Annes RR	57	15.9	B
5 Alison. Storey	Horwich RMI H & AC	80	16	

Senior Women Hammer Throw

1 Karen. Vaughan	Burnley AC	29	18.76	G
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Mid Lancs Track and Field League

Medal Meeting

29th August 2010

Stanley Park Arena, Blackpool

Under 17 Women 100m Heat 1

1	Sophie. Riley	Blackpool Wyre Fylde AC	200	12.2	G
2	Hannah. Storey	Horwich RMI H & AC	82	12.8	S
3	Louise. Harrison	Blackpool Wyre Fylde AC	199	13.6	B
4	Rebecca. Garnett	Kendal AC	76	13.7	

Under 17 Women Shot Putt

1	Katie. Wood	Blackpool Wyre Fylde AC	150	9.34	G
2	Eve. Parkinson	Hyndburn AC	73	7.62	S
3	Heidi. Hamshere	Hyndburn AC	53	6.6	B

Under 17 Women 100m Heat 2

1	Brittany. Shaw	Blackpool Wyre Fylde AC	204	12.8	
2	Claudia. Fiddler	Blackpool Wyre Fylde AC	238	13.5	
3	Tara. Procter	Hyndburn AC	45	13.9	
4	Natasha. Johnston	Blackpool Wyre Fylde AC	148	14	
5	Allysia. Hine	Kendal AC	121	14.9	

Under 17 Women Discus Throw

1	Katie. Wood	Blackpool Wyre Fylde AC	150	27.15	G
2	Eve. Parkinson	Hyndburn AC	73	22.44	S
3	Tara. Procter	Hyndburn AC	45	19.43	B
4	Heidi. Hamshere	Hyndburn AC	53	13.96	

Under 17 Women 200m

1	Sophie. Riley	Blackpool Wyre Fylde AC	200	25.3	G
2	Alicia. Johnston	Blackpool Wyre Fylde AC	147	25.8	S
3	Brittany. Shaw	Blackpool Wyre Fylde AC	204	27.1	
4	Claudia. Fiddler	Blackpool Wyre Fylde AC	238	28.4	
5	Chloe. Clarkson	Bolton Utd Harriers	192	28.6	B
6	Jacinta. Davison	Blackburn H & AC	9	28.6	
7	Louise. Harrison	Blackpool Wyre Fylde AC	199	28.7	
8	Fiona. Steele	Bolton Utd Harriers	95	29.4	

Under 17 Women Javelin Throw

1	Eve. Parkinson	Hyndburn AC	73	22.01	G
2	Tara. Procter	Hyndburn AC	45	21.46	S
3	Lauren. Burrell	Blackpool Wyre Fylde AC	196	16.94	B
4	Allysia. Hine	Kendal AC	121	13.75	
5	Fiona. Steele	Bolton Utd Harriers	95	12.04	
6	Heidi. Hamshere	Hyndburn AC	53	11.16	
7	Bianca. Pederson	Blackpool Wyre Fylde AC	205	10.59	

Under 17 Women Hammer Throw

1	Chloe. Needham	Blackpool Wyre Fylde AC	158	30.76	G
2	Katie. Wood	Blackpool Wyre Fylde AC	150	30	S

Under 17 Women 300m

1	Alicia. Johnston	Blackpool Wyre Fylde AC	147	42.4	G
2	Lauren. Burrell	Blackpool Wyre Fylde AC	196	45.4	S
3	Samantha. Smith	Blackpool Wyre Fylde AC	190	45.9	B
4	Jacinta. Davison	Blackburn H & AC	9	46.2	
5	Louise. Harrison	Blackpool Wyre Fylde AC	199	46.5	
6	Fiona. Steele	Bolton Utd Harriers	95	47.5	

Under 15 Girls 100m Heat 1

1	Demi-Lee. Scott	Bolton Utd Harriers	84	12.9	G
2	Lauren. Westwell	Blackburn H & AC	171	13.2	S
3	Alicia. Roylance	Blackpool Wyre Fylde AC	162	13.4	B
4	Gabrielle. Whittle	Horwich RMI H & AC	61	13.5	
5	Chloe. Fleming	Blackburn H & AC	137	13.5	
6	Taegan. O'Hara	Blackpool Wyre Fylde AC	3	13.5	

Under 17 Women 800m

1	Bianca. Pederson	Blackpool Wyre Fylde AC	205	02:27.8	G
2	Olivia. Miller	Barrow & Furness AC	168	02:30.3	S
3	Lauren. Burrell	Blackpool Wyre Fylde AC	196	02:33.0	B
4	Samantha. Smith	Blackpool Wyre Fylde AC	190	02:38.6	
5	Jacinta. Davison	Blackburn H & AC	9	02:42.6	
6	Emma. Scott	Burnley AC	230	03:07.2	

Under 15 Girls 100m Heat 2

1	Jennifer. Dyson	Blackpool Wyre Fylde AC	211	13.7	
2	Kayleigh. Eccleston	Blackpool Wyre Fylde AC	185	13.9	
3	Olivia. Millington	Preston Harriers	233	14	
4	Sophie. Laycock	Blackpool Wyre Fylde AC	191	14.9	
5	Lucy. Parry	Burnley AC	25	15.3	
6	Chloe. Law	Rosendale Harriers	94	16.2	

Under 17 Women 3000m

1	Samantha. Smith	Blackpool Wyre Fylde AC	190	11:56.1	G
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Under 17 Women 4x100m Relay

nc 1	.	Blackburn H & AC	9	57.4	
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Under 15 Girls 200m Heat 1

1	Freya. Sadler	Barrow & Furness AC	4	27.3	G
2	Demi-Lee. Scott	Bolton Utd Harriers	84	27.6	S
3	Lauren. Westwell	Blackburn H & AC	171	28	B
4	Chloe. Fleming	Blackburn H & AC	137	28.8	
5	Bethany. Wallis	Bolton Utd Harriers	119	29.1	
6	Taegan. O'Hara	Blackpool Wyre Fylde AC	3	29.4	

Under 17 Women Long Jump

1	Chloe. Clarkson	Bolton Utd Harriers	192	4.46	G
2	Rebecca. Garnett	Kendal AC	76	4.42	S
3	Helena. Leathley	Pendle AC	43	4.28	B
4	Allysia. Hine	Kendal AC	121	3.9	

Under 15 Girls 200m Heat 2

1	Jennifer. Dyson	Blackpool Wyre Fylde AC	211	28.3	
2	Olivia. Wallis	Bolton Utd Harriers	120	29	
3	Kayleigh. Eccleston	Blackpool Wyre Fylde AC	185	29.8	
4	Sophie. Myers	Horwich RMI H & AC	252	30.9	
5	Lucy. Parry	Burnley AC	25	31.4	

Under 17 Women High Jump

1	Jodie. Farnworth	Chorley AC	237	1.6	G
2	Helena. Leathley	Pendle AC	43	1.45	S
3	Rebecca. Garnett	Kendal AC	76	1.4	B
4	Alicia. Johnston	Blackpool Wyre Fylde AC	147	1.4	

Under 17 Women Triple Jump

1	Natasha. Johnston	Blackpool Wyre Fylde AC	148	8.88	G
2	Tiffany. Dacre	Horwich RMI H & AC	15	7.62	S

Mid Lancs Track and Field League

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Under 15 Girls 300m

1 Rachael. Scott	Preston Harriers	178	44.1	G
2 Kate. Lawler	Blackpool Wyre Fylde AC	203	45.2	S
3 Katrina. Steele	Bolton Utd Harriers	96	45.5	B
4 Jessica. Brookwell	Wigan H & AC	195	47	
5 Katy. Ingham	Preston Harriers	58	47.4	
6 Olivia. Wallis	Bolton Utd Harriers	120	47.5	
7 Georgie. Hines	Kendal AC	156	48.9	

Under 15 Girls Shot Putt

1 Olivia. Millington	Preston Harriers	233	10.05	
2 Rhiann. Beaumont	Preston Harriers	49	10.02	G
3 Rebecca. Todd	Blackpool Wyre Fylde AC	228	9.23	S
4 Jessica. Brookwell	Wigan H & AC	195	8.42	B
5 Katrina. Kelly	Blackpool Wyre Fylde AC	214	7.93	
6 Marnie. Shirtcliffe	Hyndburn AC	37	7.39	
7 Natassia. Dacre	Horwich RMI H & AC	16	6.54	
8 Alisha. Johnson	Blackpool Wyre Fylde AC	1	5	
9 Hannah. Stanway	Barrow & Furness AC	126	4.06	

Under 15 Girls 800m

1 Rachael. Scott	Preston Harriers	178	02:21.2	G
2 Amy. Moran	Pendle AC	157	02:28.4	S
3 Kirsty. Fraser	Lytham St.Annes RR	33	02:28.9	B
4 Jessica. Brookwell	Wigan H & AC	195	02:29.1	
5 Leah. Williamson	Rossendale Harriers	24	02:31.3	
6 Katrina. Steele	Bolton Utd Harriers	96	02:36.3	
7 Emma. Hargreaves	Preston Harriers	114	02:37.7	
8 Bethany. Wallis	Bolton Utd Harriers	119	02:40.2	
9 Kate. Lawler	Blackpool Wyre Fylde AC	203	02:45.5	
10 Lucy. Parry	Burnley AC	25	02:47.7	
11 Alisha. Johnson	Blackpool Wyre Fylde AC	1	02:49.2	
12 Alice. Cribb	Southport Waterloo AC	19	02:59.2	
13 Chloe. Law	Rossendale Harriers	94	02:59.8	
14 Emily. Snape	Rossendale Harriers	241	03:03.2	

Under 15 Girls Discus Throw

1 Beth. Evans	Preston Harriers	143	26.01	G
2 Katrina. Kelly	Blackpool Wyre Fylde AC	214	21.44	S
3 Alice. Tidswell	Lancaster Morecambe AC	77	16.27	B
4 Natassia. Dacre	Horwich RMI H & AC	16	16.03	
5 Sophie. Seddon	Barrow & Furness AC	69	13.37	
6 Emma. Hargreaves	Preston Harriers	114	12.97	

Under 15 Girls Javelin Throw

1 Rhiann. Beaumont	Preston Harriers	49	34.69	G
2 Natassia. Dacre	Horwich RMI H & AC	16	27.76	S
3 Marnie. Shirtcliffe	Hyndburn AC	37	26.34	B
4 Chloe. Law	Rossendale Harriers	94	15.31	

Under 15 Girls 1500m

1 Molly. Betmead	Blackpool Wyre Fylde AC	133	05:23.1	G
2 Leah. Peploe	Bolton Utd Harriers	74	05:33.3	S
3 Sophie. Seddon	Barrow & Furness AC	69	05:37.0	B
4 Sophie. Myers	Horwich RMI H & AC	252	05:46.1	
5 Hannah. Stanway	Barrow & Furness AC	126	06:20.8	

Under 13 Girls 100m Heat 1

1 Sarah. Chadwick	Preston Harriers	113	13.7	G
2 Sophie. Warden	Preston Harriers	56	13.9	S
3 Jordan. Dixon	Blackpool Wyre Fylde AC	166	14.3	B
4 Gaby. Byrom	Barrow & Furness AC	177	14.6	
5 Natrika. Wildman	Pendle AC	202	14.9	
6 Martha. Gill	Horwich RMI H & AC	35	15.4	

Under 15 Girls 3000m

1 Megan. Davies	Rossendale Harriers	117	10:44.1	G
2 Mary. Hodgson	Lancaster Morecambe AC	14	11:32.0	S
3 Kelly. Smith	Blackpool Wyre Fylde AC	189	12:27.3	B

Under 13 Girls 100m Heat 2

1 Abby. Hemsall	Barrow & Furness AC	50	14.3	B
2 Grace. Shelmerdine	Horwich RMI H & AC	27	14.6	
3 Fiona. Hockey	Blackpool Wyre Fylde AC	140	14.7	
4 Lucy. Keating	Horwich RMI H & AC	198	15.4	
5 Emily. Shelmerdine	Horwich RMI H & AC	28	15.9	
6 Ellie. Gibson	Blackpool Wyre Fylde AC	235	15.9	

Under 15 Girls 4x100m Relay

1 .	Bolton Utd Harriers	120	54.9	G
2 .	Blackpool Wyre Fylde AC	3	55.8	S
3 .	Barrow & Furness AC	4	60.3	B

Under 15 Girls Long Jump

1 Rhiann. Beaumont	Preston Harriers	49	5.1	G
2 Rebecca. Todd	Blackpool Wyre Fylde AC	228	4.56	S
3 Sophie. Reaper	Bolton Utd Harriers	197	4.51	B
4 Taegan. O'Hara	Blackpool Wyre Fylde AC	3	4.43	
5 Chloe. Unsworth	Preston Harriers	44	4.26	
6 Marnie. Shirtcliffe	Hyndburn AC	37	4.25	
7 Katy. Ingham	Preston Harriers	58	4.07	
8 Alice. Tidswell	Lancaster Morecambe AC	77	4.03	
9 Alicia. Roylance	Blackpool Wyre Fylde AC	162	3.9	
10 Gabrielle. Whittle	Horwich RMI H & AC	61	3.74	
11 Alex. Walker	Lancaster Morecambe AC	135	3.68	
12 Alisha. Johnson	Blackpool Wyre Fylde AC	1	3.12	
13 Hannah. Stanway	Barrow & Furness AC	126	3.03	

Under 13 Girls 100m Heat 3

1 Toni. Mccoy-Hopwood	Preston Harriers	165	13.7	
2 Sianed. Markey	Guest	231	14.6	
3 Phoebe. Howe	Horwich RMI H & AC	123	15.1	
4 Bethany. Atkinson	Horwich RMI H & AC	63	15.6	
5 Georgina. Newcombe	Preston Harriers	92	15.9	
6 Ellie. Dacre	Horwich RMI H & AC	17	16.9	

Under 13 Girls 200m Heat 1

1 Jordan. Dixon	Blackpool Wyre Fylde AC	166	28.1	G
2 Jess. O'Neill	Blackpool Wyre Fylde AC	167	28.4	S
3 Sophie. Warden	Preston Harriers	56	28.7	B
4 Abby. Hemsall	Barrow & Furness AC	50	28.9	
5 Bethany. Blackwell	Preston Harriers	239	29.6	
6 Gaby. Byrom	Barrow & Furness AC	177	29.8	
7 Tasmin. Crook	Barrow & Furness AC	100	29.9	
8 Rachel. Lever	Preston Harriers	93	31.2	

Under 15 Girls High Jump

1 Alex. Hastie	Blackpool Wyre Fylde AC	256	1.55	G
2 Katrina. Steele	Bolton Utd Harriers	96	1.4	S
3 Gabrielle. Whittle	Horwich RMI H & AC	61	1.3	B
4 Kate. Lawler	Blackpool Wyre Fylde AC	203	1.25	

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Under 13 Girls 200m Heat 2

1 Toni. Mccoy-Hopwood	Preston Harriers	165	29.1
2 Emma. Taylor	Wigan H & AC	220	29.9
3 Sohhie. Williams	Horwich RMI H & AC	243	30
4 Grace. Shelmerdine	Horwich RMI H & AC	27	30.1
5 Sianed. Markey	Guest	231	31.8
6 Lucy. Keating	Horwich RMI H & AC	198	32.5

Under 13 Girls High Jump

1 Beth. Everson	Blackpool Wyre Fylde AC	208	1.4
2 Emily. Borthwick	Wigan H & AC	193	1.35 G
3 Fiona. Hockey	Blackpool Wyre Fylde AC	140	1.3 S
4 Martha. Gill	Horwich RMI H & AC	35	1.3 B
5 Nadia. Patel	Preston Harriers	104	1.2
6 Ruth. Whipp	Wigan H & AC	48	1.2
7 Lucy. Keating	Horwich RMI H & AC	198	1.15
8 Natrika. Wildman	Pendle AC	202	1.1
9 Jessica. Rogers	Blackpool Wyre Fylde AC	299	1.1

Under 13 Girls 800m

1 Emily. Borthwick	Wigan H & AC	193	02:30.0 G
2 Anna. Rowe	Guest	289	02:32.2
3 Isobel. Hughes	Preston Harriers	210	02:34.8 S
4 Fiona. Hockey	Blackpool Wyre Fylde AC	140	02:37.9 B
5 Beth. Everson	Blackpool Wyre Fylde AC	208	02:38.2
6 Amielia. Betmead	Blackpool Wyre Fylde AC	134	02:38.6
7 Holly. Johnston	Preston Harriers	184	02:43.7
8 Tasmin. Crook	Barrow & Furness AC	100	02:44.1
9 Rachel. Lever	Preston Harriers	93	03:00.6
10 Becky. Ingham	Preston Harriers	59	03:04.3
11 Emily. Rowe	Guest	290	03:05.1

Under 13 Girls Shot Putt

1 Sarah. Chadwick	Preston Harriers	113	9.04 G
2 Emma. Taylor	Wigan H & AC	220	8.04 S
3 Gemma. Kinsley	Wigan H & AC	218	7.48 B
4 Emily. Borthwick	Wigan H & AC	193	7.13
5 Leah. Hillman	Pendle AC	20	7.07
6 Sohhie. Williams	Horwich RMI H & AC	243	7.03
7 Lucinda. Mulligan	Hyndburn AC	6	6.8
8 Sophie. Warden	Preston Harriers	56	6.8
9 Sianed. Markey	Guest	231	5.86
10 Annabelle. Dowd	Guest	164	5.59

Under 13 Girls 1500m

1 Elizabeth. Greenwood	Blackburn H & AC	86	05:03.6 G
2 Bethany. Blackwell	Preston Harriers	239	05:15.9 S
3 Phoebe. Howe	Horwich RMI H & AC	123	05:17.9 B
4 Ruth. Whipp	Wigan H & AC	48	05:45.1
5 Grace. Handley	Preston Harriers	255	05:49.6
6 Bethany. Atkinson	Horwich RMI H & AC	63	05:52.7
7 Jessica. Rogers	Blackpool Wyre Fylde AC	299	06:04.3
8 Olivia. Rowe	Wigan H & AC	112	06:09.5

Under 13 Girls Discus Throw

1 Becky. Ingham	Preston Harriers	59	16.79 G
2 Leah. Hillman	Pendle AC	20	16.61 S
3 Annabelle. Dowd	Guest	164	15.63
4 Nadia. Patel	Preston Harriers	104	15.25 B
5 Gemma. Kinsley	Wigan H & AC	218	14.83
6 Maxine. Smith	Preston Harriers	257	13.18

Under 13 Girls 4x100m Relay

1 .	Blackpool Wyre Fylde AC	167	56.8
2 .	Preston Harriers	178	59.3 G
3 .	Horwich RMI H & AC	27	59.8 S
4 .	Preston Harriers	165	60.1 B

Under 13 Girls Javelin Throw

1 Leah. Hillman	Pendle AC	20	24.67 G
2 Sohhie. Williams	Horwich RMI H & AC	243	24.19 S
3 Lucinda. Mulligan	Hyndburn AC	6	22.84 B
4 Gemma. Kinsley	Wigan H & AC	218	20.11
5 Ruth. Whipp	Wigan H & AC	48	19.85
6 Maxine. Smith	Preston Harriers	257	16.3
7 Ellie. Dacre	Horwich RMI H & AC	17	14.64
8 Georgina. Newcombe	Preston Harriers	92	14.2
9 Emily. Shelmerdine	Horwich RMI H & AC	28	7.53

Under 13 Girls Long Jump

1 Sarah. Chadwick	Preston Harriers	113	4.66 G
2 Jess. O'Neill	Blackpool Wyre Fylde AC	167	4.31 S
3 Anna. Rowe	Guest	289	4.13
4 Jordan. Dixon	Blackpool Wyre Fylde AC	166	4.11 B
5 Gaby. Byrom	Barrow & Furness AC	177	4.06
6 Martha. Gill	Horwich RMI H & AC	35	4.05
7 Nadia. Patel	Preston Harriers	104	4.05
8 Emma. Taylor	Wigan H & AC	220	3.84
9 Grace. Shelmerdine	Horwich RMI H & AC	27	3.84
10 Annabelle. Dowd	Guest	164	3.79
11 Tasmin. Crook	Barrow & Furness AC	100	3.75
12 Abby. Hemsall	Barrow & Furness AC	50	3.57
13 Georgina. Newcombe	Preston Harriers	92	3.57
14 Ellie. Gibson	Blackpool Wyre Fylde AC	235	3.54
15 Natrika. Wildman	Pendle AC	202	3.54
16 Becky. Ingham	Preston Harriers	59	3.45
17 Emily. Shelmerdine	Horwich RMI H & AC	28	3.25
18 Jessica. Rogers	Blackpool Wyre Fylde AC	299	3.18
19 Emily. Rowe	Guest	290	2.95