

Mid Lancs Track and Field League

Stanley Park, Blackpool, 18th April 2009

Senior Men 100m Heat 1

1 Luke. Evans	Blackburn H & AC	71	11.1	7
2 Philip. Ellershaw	Guest	1599	11.4	
3 Ryan. Sumner	Preston Harriers	881	11.4	4.5
4 Jamie. Vickery	Blackburn H & AC	97	11.6	2.5
5 Frank. Shepherd	Lancaster Morecambe AC	638	11.8	7
6 Michael. Hough	Chorley AC	378	12	5
7 Stephen. Sangwa-N	Bolton Utd Harriers	307	12.3	

Senior Men 1500m

1 Karl. Billington	Blackburn H & AC	57	04:15.1	7
2 Danny. Parkinson	Kendal AC	561	04:17.5	5
3 David. Rigby	Preston Harriers	874	04:22.2	4
4 Charlie. Pass	Wesham Road Runners	1115	04:25.3	7
5 Les. Cornwall	Wesham Road Runners	1111	04:33.0	5
6 Alex. Rowe	Wesham Road Runners	1114	04:39.6	nc
7 Karl. Lee	Wesham Road Runners	1113	04:46.9	nc

Senior Men 100m Heat 2

1 Stephen. Sumner	Hyndburn AC	501	11.4	4.5
2 James. Fahey	Blackpool Wyre Fylde AC	153	11.6	2.5
3 Nick. Rawcliffe	Hyndburn AC	496	11.8	1
4 Declan. O'Hara	Blackpool Wyre Fylde AC	197	12.3	
5 Thomas. Matthews	Kendal AC	553	12.4	
6 Michael. Carr	Blackburn H & AC	67	12.6	nc

Senior Men 4x100m Relay

1 .	Hyndburn AC	496	47.5	7
2 .	Kendal AC	553	53.8	5

Senior Men Long Jump

1 Matthew. Hulyer	Guest	1600	6.72	
2 Cameron. Gore	Wigan H & AC	1173	5.9	7
3 Ryan. Sumner	Preston Harriers	881	5.63	7
4 John. Rutter	Blackpool Wyre Fylde AC	214	5.45	5
5 Declan. O'Hara	Blackpool Wyre Fylde AC	197	5.36	4
6 Jamie. Vickery	Blackburn H & AC	97	5.02	3
7 Stephen. Sumner	Hyndburn AC	501	4.98	2
8 Carl. Foster	Horwich RMI H & AC	453	4.07	5

Senior Men 200m Heat 1

1 Luke. Evans	Blackburn H & AC	71	22.3	7
2 Simon. Woan	Preston Harriers	887	22.9	5
3 Jamie. Vickery	Blackburn H & AC	97	23.3	4
4 Ryan. Sumner	Preston Harriers	881	24.1	2
5 Cory. Pounder	Hyndburn AC	494	24.8	
6 Nick. Rawcliffe	Hyndburn AC	496	25.1	

Senior Men High Jump

1 Cameron. Gore	Wigan H & AC	1173	1.97	7
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Senior Men 200m Heat 2

1 James. Fahey	Blackpool Wyre Fylde AC	153	23.4	3
2 Frank. Shepherd	Lancaster Morecambe AC	638	23.8	7
3 Thomas. Matthews	Kendal AC	553	24.7	1
4 Stephen. Sangwa-N	Bolton Utd Harriers	307	25	
5 Danny. Martin	Hyndburn AC	516	25.9	nc
6 Michael. Carr	Blackburn H & AC	67	26.4	nc

Senior Men Triple Jump

1 John. Rutter	Blackpool Wyre Fylde AC	214	12.64	7
2 Declan. O'Hara	Blackpool Wyre Fylde AC	197	11.6	5
3 Stephen. Sumner	Hyndburn AC	501	11.01	4

Senior Men Shot Putt

1 Simon. Bissell	Bolton Utd Harriers	243	10.49	7
2 Alan. Plumb	Burnley AC	349	10.09	7
3 Dave. Myerscough	Blackpool Wyre Fylde AC	1206	10.07	5
4 Bob. Wyper	Blackpool Wyre Fylde AC	238	8.75	4
5 Nathan. Penman	Hyndburn AC	493	8.37	3
6 Matthew. Balkwell	Hyndburn AC	471	8.2	2
7 Russell. Race	Hyndburn AC	495	7.95	nc
8 Leroy. Golding	Pendle AC	768	7.55	5
9 John. Edwards	Burnley AC	343	7.43	4

Senior Men 400m Heat 1

1 Paul. Bradshaw	Blackburn H & AC	63	49.9	7
2 Philip. Hayton	Burnley AC	353	52.4	7
3 Alex. Bale	Blackpool Wyre Fylde AC	121	53.3	5
4 Thomas. Matthews	Kendal AC	553	54.9	2
5 Stephen. Sangwa-N	Bolton Utd Harriers	307	59.9	

Senior Men 400m Heat 2

1 Cory. Pounder	Hyndburn AC	494	53.8	4
2 Dominic. Garrett	Blackpool Wyre Fylde AC	157	54.2	3
3 Scott. Thwaites	Kendal AC	574	58.4	1
4 David. Gough	Southport Waterloo AC	1053	62.1	5

Senior Men 800m

1 David. Rigby	Preston Harriers	874	02:00.3	7
2 Ashley. Kay	Rosendale Harriers	1020	02:00.6	7
3 Karl. Billington	Blackburn H & AC	57	02:01.5	5
4 Danny. Parkinson	Kendal AC	561	02:04.4	4
5 Charlie. Pass	Wesham Road Runners	1115	02:07.7	5
6 Jack. Lonsdale	Blackburn H & AC	79	02:08.3	3
7 Mark. Blackburn	Southport Waterloo AC	1097	02:12.5	4
8 Alex. Rowe	Wesham Road Runners	1114	02:17.1	3
9 David. Gough	Southport Waterloo AC	1053	02:21.5	2

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Senior Men Discus Throw

1 Simon. Bissell	Bolton Utd Harriers	243	39.58	7
2 Dave. Myerscough	Blackpool Wyre Fylde AC	1206	27.11	5
3 Alan. Plumb	Burnley AC	349	26.8	7
4 Matthew. Balkwell	Hyndburn AC	471	26.45	4
5 Bob. Wyper	Blackpool Wyre Fylde AC	238	24.79	3
6 Russell. Race	Hyndburn AC	495	20.9	2
7 Nathan. Penman	Hyndburn AC	493	20.4	nc
8 John. Edwards	Burnley AC	343	19.4	5
9 Philip. Makin	Bolton Utd Harriers	257	19.33	1
10 David. Gough	Southport Waterloo AC	1053	11.17	4

Under 17 Men 100m

1 Graham. Parsons	Kendal AC	565	12.1	7
2 Aaron. Webster	Barrow & Furness AC	26	12.3	7
3 Dan. Harrop	Kendal AC	545	12.3	5
4 Dominic. Broughton	Blackpool Wyre Fylde AC	1205	12.4	4
5 Ben. Knight	Chorley AC	381	12.4	5
6 Adam. Clark	Kendal AC	540	12.9	nc
7 Chris. Snaith	Barrow & Furness AC	19	13.8	4
8 Phillip. Thompson	Barrow & Furness AC	32	15.6	nc

Senior Men Javelin Throw

1 Martin. Wall	Burnley AC	356	39.48	7
2 Philip. Makin	Bolton Utd Harriers	257	30.4	7

Under 17 Men 200m Heat 1

1 Oliver. Aspden	Blackburn H & AC	111	24.5	7
2 Aaron. Webster	Barrow & Furness AC	26	24.6	7
3 Max. Obale	Kendal AC	559	25	5
4 Callum. Blaikie	Kendal AC	535	27.3	1
5 Ryan. Bastaugh	Blackpool Wyre Fylde AC	1204	27.6	nc

Senior Men Hammer Throw

1 Simon. Bissell	Bolton Utd Harriers	243	48.04	7
2 Alan. Plumb	Burnley AC	349	32.42	7
3 John. Edwards	Burnley AC	343	32.02	5
4 Lewis. Taylor	Blackburn H & AC	102	30.72	5
5 Bob. Wyper	Blackpool Wyre Fylde AC	238	28.46	4
6 Mike. Grime	Hyndburn AC	482	23.4	3

Under 17 Men 200m Heat 2

1 Dominic. Broughton	Blackpool Wyre Fylde AC	1205	25.1	4
2 James. Brownless	Hyndburn AC	474	26	3
3 Jamie. Thomson	Blackpool Wyre Fylde AC	227	26.2	2
4 Chris. Snaith	Barrow & Furness AC	19	28.1	5

Under 17 Men 400m Heat 1

1 Chris. Matthews	Blackburn H & AC	80	53.3	7
2 Ben. Tocknell	Lancaster Morecambe AC	652	55.2	7
3 Jamie. Thomson	Blackpool Wyre Fylde AC	227	58.5	4
4 Adam. Clark	Kendal AC	540	65.6	1
5 Phillip. Thompson	Barrow & Furness AC	32	71	4

Under 17 Men 400m Heat 2

1 Beau. Smith	Lancaster Morecambe AC	639	55.7	5
2 James. Brownless	Hyndburn AC	474	56.9	5
3 Luke. Ingham	Kendal AC	549	60.1	3
4 Ryan. Bastaugh	Blackpool Wyre Fylde AC	1204	64.8	2

Under 17 Men 800m

1 Chris. Matthews	Blackburn H & AC	80	02:03.6	7
2 Beau. Smith	Lancaster Morecambe AC	639	02:04.9	7
3 Marcus. Quarmby	Blackpool Wyre Fylde AC	208	02:05.9	5
4 William. Worrall	Blackburn H & AC	105	02:06.5	4
5 Patrick. Vicary	Kendal AC	577	02:08.9	3
6 Luke. Ingham	Kendal AC	549	02:11.7	2
7 Alan. Mckeown	Blackburn H & AC	83	02:12.7	nc
8 Callum. Mason	Lancaster Morecambe AC	634	02:13.7	5
9 Luke. Betts	Chorley AC	374	02:14.1	4
10 Zac. Howe	Horwich RMI H & AC	423	02:16.6	3

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Under 17 Men 1500m

1	Jack. Scarr	Blackpool Wyre Fylde AC	216	04:18.2	7
2	Alan. Mckeown	Blackburn H & AC	83	04:25.7	5
3	Patrick. Vicary	Kendal AC	577	04:25.7	4
4	Joe. Gigli	Blackpool Wyre Fylde AC	158	04:27.6	3
5	Ryan. Smith	Blackburn H & AC	112	04:28.4	2
6	Robert. Warner	Blackburn H & AC	99	04:29.2	nc
7	Callum. Mason	Lancaster Morecambe AC	634	04:30.8	7
8	Dominic. Walton	Blackburn H & AC	98	04:36.1	nc
9	Adam. Weightman	Blackpool Wyre Fylde AC	234	05:04.9	nc

Under 17 Men Discus Throw

1	Darren. Evans	Preston Harriers	838	33.71	7
2	Sam. Johnson	Preston Harriers	857	32.96	5
3	Jack. Vickery	Blackburn H & AC	96	25.95	4

Under 17 Men Javelin Throw

1	Tom. Dewhurst	Preston Harriers	913	32.72	7
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Under 17 Men Hammer Throw

1	Darren. Evans	Preston Harriers	838	41.32	7
2	Sam. Johnson	Preston Harriers	857	29.52	5
3	Jack. Vickery	Blackburn H & AC	96	24.36	4

Under 17 Men 4x100m Relay

1	.	Kendal AC	559	47.9	7
2	.	Blackpool Wyre Fylde AC	1204	50.5	5
N 3	.	Kendal AC	560	52.2	

Under 17 Men Long Jump

1	James. Davies	Blackpool Wyre Fylde AC	142	6.24	7
2	Nathan. Coglan	Blackpool Wyre Fylde AC	136	5.29	5
3	Dominic. Broughton	Blackpool Wyre Fylde AC	1205	5.14	nc
4	Adam. Snape	Blackpool Wyre Fylde AC	223	5.08	nc
5	Aaron. Webster	Barrow & Furness AC	26	4.77	7
6	Chris. Snaith	Barrow & Furness AC	19	4.54	5
7	Lewis. Peacock	Horwich RMI H & AC	463	4.5	4
8	Jack. Vickery	Blackburn H & AC	96	4.05	4

Under 17 Men High Jump

1	Callum. Blaikie	Kendal AC	535	1.7	7
2	Oliver. Aspden	Blackburn H & AC	111	1.65	5
3=	Oliver. Blackburn	Kendal AC	533	1.6	3.5
3=	Adam. Snape	Blackpool Wyre Fylde AC	223	1.6	3.5
5	Jamie. Gore	Preston Harriers	843	1.6	2
6	Nathan. Coglan	Blackpool Wyre Fylde AC	136	1.45	1

Under 17 Men Triple Jump

1	Nathan. Coglan	Blackpool Wyre Fylde AC	136	11.48	7
2	Oliver. Blackburn	Kendal AC	533	11.12	5
3	Adam. Snape	Blackpool Wyre Fylde AC	223	10.8	4
4	Max. Obale	Kendal AC	559	10.28	3
5	Scott. Jones	Wigan H & AC	1143	10.27	7
6	Lewis. Peacock	Horwich RMI H & AC	463	9.54	5

Under 17 Men Shot Putt

1	Darren. Evans	Preston Harriers	838	11.97	7
2	Sam. Johnson	Preston Harriers	857	9.14	5
3	Graham. Parsons	Kendal AC	565	8.37	4
4	Jamie. Thomson	Blackpool Wyre Fylde AC	227	8.02	3
5	Patrick. Vicary	Kendal AC	577	7.45	2
6	Phillip. Thompson	Barrow & Furness AC	32	5.7	7

Under 15 Boys 100m Heat 1

1	Jacob. Weir	Preston Harriers	885	12.5	7
2	Mike. Evans	Wigan H & AC	1138	12.7	7
3	Jonathon. Kirkaldy	Burnley AC	344	12.9	5
4	Callum. Ryan	Blackburn H & AC	91	13.2	4
5	Luke. Bateson	Blackpool Wyre Fylde AC	125	13.7	2
6	Jack. Shaw	Horwich RMI H & AC	464	13.8	4
7	Joe. Bywater	Lancaster Morecambe AC	650	14.5	2

Under 15 Boys 100m Heat 2

1	Josh. Ingham	Preston Harriers	852	12.8	5
2	Mitchell. Proctor	Preston Harriers	910	13	nc
3	Curtis. Mitchell	Preston Harriers	868	13.1	nc
4	Aldon. Mottershead	Blackburn H & AC	87	13.6	3
5	Finn. Walker	Blackpool Wyre Fylde AC	230	13.8	1
6	Shaun. Palmer	Horwich RMI H & AC	427	13.9	3
7	Matthew. Gibson	Horwich RMI H & AC	418	14	nc

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Under 15 Boys 200m Heat 1

1	Jacob. Weir	Preston Harriers	885	24.9	7
2	Mike. Evans	Wigan H & AC	1138	25.6	7
3	Josh. Ingham	Preston Harriers	852	25.7	5
4	Jonathon. Kirkaldy	Burnley AC	344	26.3	5
5	Callum. Ryan	Blackburn H & AC	91	26.9	4
6	Jacob. Corry	Blackpool Wyre Fylde AC	1202	27.3	3
7	Patrick. Cullen	Southport Waterloo AC	1092	31	2

Under 15 Boys 200m Heat 2

1	Mitchell. Proctor	Preston Harriers	910	26.8	nc
2	Curtis. Mitchell	Preston Harriers	868	27.7	nc
3	Neng. Wildman	Pendle AC	786	28.3	4
4	Tom. Hartley	Kendal AC	543	28.4	2
5	Luke. Bateson	Blackpool Wyre Fylde AC	125	28.9	1
6	Joe. Bywater	Lancaster Morecambe AC	650	29.1	3

Under 15 Boys 400m Heat 1

1	Connor. Smith	Bolton Utd Harriers	281	57.2	5
2	Josh. Ingham	Preston Harriers	852	57.5	4
3	Callum. Ryan	Blackburn H & AC	91	61.9	2
4	Robbie. Ingham	Kendal AC	550	62.6	1
5	Jacob. Corry	Blackpool Wyre Fylde AC	1202	62.7	
6	George. Ingram	Southport Waterloo AC	1057	67	5

Under 15 Boys 400m Heat 2

1	Jacob. Weir	Preston Harriers	885	55.6	7
2	Cory. Robinson	Kendal AC	567	60.5	3
3	Aldon. Mottershead	Blackburn H & AC	87	63.5	
4	Emmanuel. Obale	Kendal AC	554	65.7	nc
5	Owen. Williams	Southport Waterloo AC	1087	66.5	7

Under 15 Boys 800m

1	Matthew. Ault	Horwich RMI H & AC	450	02:19.8	7
2	Ryan. Sciacca	Chorley AC	386	02:19.8	5
3	Robbie. Ingham	Kendal AC	550	02:21.1	7
4	Kingsley. Judd	Preston Harriers	890	02:26.0	5
5	George. Ingram	Southport Waterloo AC	1057	02:29.9	4
6	Gary. Clark	Southport Waterloo AC	1048	02:35.0	3
7	Neng. Wildman	Pendle AC	786	02:35.2	2
8	Patrick. Cullen	Southport Waterloo AC	1092	02:40.2	nc
9	Liam. Kerigan	Blackpool Wyre Fylde AC	1203	02:40.4	4

Under 15 Boys 1500m

1	Niall. Cullen	Southport Waterloo AC	1090	04:37.4	7
2	Alex. Evans	Blackpool Wyre Fylde AC	150	04:38.9	7
3	Danny. Welsh	Rosendale Harriers	1022	04:58.1	5
4	Tom. Hartley	Kendal AC	543	04:59.2	5
5	Ross. Campbell	Barrow & Furness AC	2	05:12.0	4
6	Jake. Carradus	Kendal AC	539	05:23.0	4
7	Perry. Judd	Preston Harriers	889	05:29.0	3

Under 15 Boys 4x100m Relay

1	.	Preston Harriers	910	51.2	7
2	.	Blackpool Wyre Fylde AC	125	53.3	5
3	.	Kendal AC	543	57.2	4
4	.	Southport Waterloo AC	1057	58.2	7

Under 15 Boys Long Jump

1	Mike. Evans	Wigan H & AC	1138	5.11	7
2	Luke. Bateson	Blackpool Wyre Fylde AC	125	5.08	7
3	Curtis. Mitchell	Preston Harriers	868	4.88	5
4	Luis. Blyth	Blackpool Wyre Fylde AC	130	4.76	4
5	Shaun. Palmer	Horwich RMI H & AC	427	4.63	5
6	Neng. Wildman	Pendle AC	786	4.5	4
7	Finn. Walker	Blackpool Wyre Fylde AC	230	4.32	nc
8	Emmanuel. Obale	Kendal AC	554	4.23	3
9	Patrick. Cullen	Southport Waterloo AC	1092	4.12	3
10	Chris. Mann	Bolton Utd Harriers	259	3.91	2
11	George. Ingram	Southport Waterloo AC	1057	3.87	2
12	Graham. Boreham	Southport Waterloo AC	1045	3.75	nc
13	Joe. Bywater	Lancaster Morecambe AC	650	3.69	1

Under 15 Boys High Jump

1	Matthew. Walker	Blackpool Wyre Fylde AC	231	1.56	7
2	Chris. Mann	Bolton Utd Harriers	259	1.45	5
3	Finn. Walker	Blackpool Wyre Fylde AC	230	1.45	4
4	Matthew. Gibson	Horwich RMI H & AC	418	1.35	7
5	Niall. Cullen	Southport Waterloo AC	1090	1.3	5
6	Gary. Clark	Southport Waterloo AC	1048	1.25	4
7	George. Woodburn-B	Lancaster Morecambe AC	654	1.2	3

Under 15 Boys Shot Putt

1	Robert. Makin	Bolton Utd Harriers	258	10.53	7
2	Scott. Jones	Wigan H & AC	1143	9.77	7
3	Mitchell. Proctor	Preston Harriers	910	8.67	5
4	Cory. Robinson	Kendal AC	567	7.58	4
5	Robbie. Ingham	Kendal AC	550	7.39	3
6	Owen. Williams	Southport Waterloo AC	1087	5.8	5
7	Jack. Mort	Bolton Utd Harriers	266	4.89	2
8	Ross. Campbell	Barrow & Furness AC	2	4.66	4

Under 15 Boys Discus Throw

1	Robert. Makin	Bolton Utd Harriers	258	28.65	7
2	Scott. Jones	Wigan H & AC	1143	25.8	7
3	Graham. Boreham	Southport Waterloo AC	1045	15.14	5
4	George. Woodburn-B	Lancaster Morecambe AC	654	13.38	4
5	Jack. Mort	Bolton Utd Harriers	266	12.57	5
6	Sam. German	Horwich RMI H & AC	459	11.68	3

Under 15 Boys Javelin Throw

1	Robert. Makin	Bolton Utd Harriers	258	43.66	7
2	Jack. Mort	Bolton Utd Harriers	266	13.47	5
3	George. Woodburn-B	Lancaster Morecambe AC	654	12.36	7

Under 15 Boys Hammer Throw

1	Niall. Cullen	Southport Waterloo AC	1090	19.62	7
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Under 13 Boys 100m Heat 1

1	Kieran. Corbett	Preston Harriers	834	13.6	7
2	James. Blow	Blackburn H & AC	61	13.9	5
3	Aaron. Stannard	Bolton Utd Harriers	282	14	4
4	David. Jones	Blackpool Wyre Fylde AC	175	14.8	2
5	Noah. Saunders	Horwich RMI H & AC	431	14.8	5
6	Chris. Fallon	Southport Waterloo AC	1098	15.5	2.5
7	Andrew. Yates	Southport Waterloo AC	1089	18.2	nc

Under 13 Boys 200m Heat 3

1	Tom. Booth	Preston Harriers	829	30.4	2
2	Jack. Hails	Blackpool Wyre Fylde AC	164	30.5	0.5
3	Zac. Martin	Barrow & Furness AC	30	31.7	2
4	Matthew. Dutton	Pendle AC	788	32.8	
5	Nathan. Townsend	Horwich RMI H & AC	465	Disq	
6	Alex. Miller	Bolton Utd Harriers	263	34.4	nc
7	Joshua. Lay	Horwich RMI H & AC	1222	34.6	nc
8	Lewis. Wright	Southport Waterloo AC	1096	37.4	nc

Under 13 Boys 100m Heat 2

1	James. Lovell	Horwich RMI H & AC	445	14.4	7
2	Billy. Mort	Bolton Utd Harriers	265	14.5	3
3	Zac. Dardouri	Blackburn H & AC	110	15	1
4	Dominic. Lavelle	Blackpool Wyre Fylde AC	182	15.1	
5	Matthew. Roberts	Hyndburn AC	1241	16	
6	Greg. Cooke	Southport Waterloo AC	1095	16.8	nc

Under 13 Boys 800m Heat 1

1	Sam. Nicholson	Barrow & Furness AC	14	02:22.2	7
2	Luke. Penswick	Preston Harriers	892	02:32.7	7
3	Jake. Walley	Blackpool Wyre Fylde AC	232	02:34.0	4
4	Greg. Cooke	Southport Waterloo AC	1095	02:38.2	4
5	Robert. Bryning	Preston Harriers	897	02:39.5	nc
6	Adam. Cullen	Southport Waterloo AC	1091	02:39.5	nc
7	Luke. Pepper	Blackpool Wyre Fylde AC	205	02:40.8	nc
8	Zach. Barrow	Kendal AC	537	02:43.0	1
9	Andrew. Yates	Southport Waterloo AC	1089	02:43.2	nc
10	Jake. Broughton	Blackburn H & AC	104	02:44.1	
11	Jack. Hindle	Blackburn H & AC	76	02:47.0	nc
12	William. Moynihan	Hyndburn AC	520	02:49.9	

Under 13 Boys 100m Heat 3

1	Callum. Davidson	Rossendale Harriers	1017	15.6	1
2	Issac. Medhurst	Kendal AC	541	15.6	
3	Jack. Dawber-Axon	Wigan H & AC	1169	15.9	
4	Adam. Cullen	Southport Waterloo AC	1091	16.5	
5	Joshua. Lay	Horwich RMI H & AC	1222	16.7	nc
6	Finn. Docherty	Blackpool Wyre Fylde AC	146	16.9	nc
7	Lewis. Wright	Southport Waterloo AC	1096	17.9	nc

Under 13 Boys 800m Heat 2

1	Tom. Booth	Preston Harriers	829	02:32.9	5
2	Tom. Lodge	Southport Waterloo AC	1067	02:34.3	5
3	Robert. Wong	Blackburn H & AC	103	02:35.8	3
4	Matthew. Dutton	Pendle AC	788	02:38.4	3
5	Ashley. Hails	Blackpool Wyre Fylde AC	163	02:39.5	2
6	Chris. Fallon	Southport Waterloo AC	1098	02:39.5	nc
7	Charlie. Allen	Blackpool Wyre Fylde AC	117	02:43.6	nc
8	Jack. Hails	Blackpool Wyre Fylde AC	164	02:43.8	nc
9	Joseph. Howe	Horwich RMI H & AC	422	02:44.1	2
10	Josh. Tocknell	Lancaster Morecambe AC	651	02:44.4	1
11	Jamie. Hauserman	Blackburn H & AC	75	02:53.5	nc
12	Alex. Miller	Bolton Utd Harriers	263	02:54.3	

Under 13 Boys 100m Heat 4

1	Benjamin. Roberts	Lancaster Morecambe AC	657	15.2	4
2	Zac. Martin	Barrow & Furness AC	30	15.5	2.5
3	Izaak. Dickenson	Horwich RMI H & AC	458	15.5	nc
4	Jack. Weiss	Blackburn H & AC	100	15.6	nc
5	Charlie. Allen	Blackpool Wyre Fylde AC	117	16.1	nc
6	Nathan. Billington	Blackburn H & AC	58	16.8	nc
7	Kieron. Andrew	Southport Waterloo AC	1099	18.6	nc

Under 13 Boys 200m Heat 1

1	Kieran. Corbett	Preston Harriers	834	29.1	7
2	Aaron. Stannard	Bolton Utd Harriers	282	29.7	5
3	James. Blow	Blackburn H & AC	61	30.1	4
4	Sam. Nicholson	Barrow & Furness AC	14	30.4	7
5	Ashley. Hails	Blackpool Wyre Fylde AC	163	30.6	
6	Noah. Saunders	Horwich RMI H & AC	431	31.6	3
# 7	Chris. Fallon	Southport Waterloo AC	1098	31.8	1
8	Issac. Medhurst	Kendal AC	541	32.3	

Under 13 Boys 1500m

1	Michael. Panes	Southport Waterloo AC	1074	05:04.4	7
2	Patrick. Dever	Preston Harriers	896	05:05.6	7
3	Alex. Cross	Blackpool Wyre Fylde AC	139	05:10.6	5
4	Callum. Davidson	Rossendale Harriers	1017	05:12.5	5
5	Andrew. Kershaw	Southport Waterloo AC	1063	05:14.9	4
6	Matthew. Davie	Kendal AC	548	05:19.4	4
7	Robert. Blow	Blackburn H & AC	62	05:22.1	3
8	Benjamin. Roberts	Lancaster Morecambe AC	657	05:24.9	3
9	Jack. Weiss	Blackburn H & AC	100	05:31.6	2
10	Rory. Judd	Preston Harriers	888	05:34.4	1

Under 13 Boys 200m Heat 2

1	Billy. Mort	Bolton Utd Harriers	265	30.2	3
2	James. Lovell	Horwich RMI H & AC	445	30.5	5
3	Zac. Dardouri	Blackburn H & AC	110	30.5	0.5
4	Tom. Lodge	Southport Waterloo AC	1067	30.9	4
5	Zach. Barrow	Kendal AC	537	32.2	
6	Jack. Dawber-Axon	Wigan H & AC	1169	32.4	
7	Izaak. Dickenson	Horwich RMI H & AC	458	33.9	nc
8	Matthew. Roberts	Hyndburn AC	1241	35.7	

Under 13 Boys 4x100m Relay

1	.	Blackpool Wyre Fylde AC	182	58.3	7
2	.	Blackburn H & AC	61	59.7	5
3	.	Horwich RMI H & AC	431	61.7	7

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Under 13 Boys Long Jump				4 Rachel. Preston	Pendle AC	778	14.1	3	
1 David. Jones	Blackpool Wyre Fylde AC	175	4.1	7	5 Dawn. Gasgarth	Blackpool Wyre Fylde AC	1201	14.2	2
2 Zac. Dardouri	Blackburn H & AC	110	4.02	5	6 Sarah. Goff	Blackpool Wyre Fylde AC	160	14.4	1
3 Ashley. Hails	Blackpool Wyre Fylde AC	163	3.92	4	Senior Women 200m				
4 Jake. Broughton	Blackburn H & AC	104	3.88	3	1 Sharon. Trusch	Preston Harriers	948	26.6	7
5 Jack. Hails	Blackpool Wyre Fylde AC	164	3.88	nc	2 Lara. Turner	Barrow & Furness AC	22	26.7	5
6 Dominic. Lavelle	Blackpool Wyre Fylde AC	182	3.75	nc	3 Christina. Carr	Blackburn H & AC	66	27.3	7
7 William. Moynihan	Hyndburn AC	520	3.47	2	4 Rachel. Preston	Pendle AC	778	28.9	5
8 Luke. Pepper	Blackpool Wyre Fylde AC	205	3.46	nc	5 Katie. Emmett	Hyndburn AC	512	29.3	4
9 Issac. Medhurst	Kendal AC	541	3.46	1	6 Sarah. Goff	Blackpool Wyre Fylde AC	160	29.9	3
10 Robert. Wong	Blackburn H & AC	103	3.34	nc	7 Leanne. Scott	Burnley AC	352	30.4	4
11 Nathan. Townsend	Horwich RMI H & AC	465	3.25	7	8 Lisa. Daley	Blackpool Wyre Fylde AC	141	30.7	2
12 Robert. Blow	Blackburn H & AC	62	3.22	nc	Senior Women 400m				
13 Rory. Judd	Pendle AC	888	3.18		1 Sharon. Trusch	Preston Harriers	948	59.7	7
14 Matthew. Dutton	Pendle AC	788	3.18	5	2 Laura. Gilhespy	Blackpool Wyre Fylde AC	1207	62.9	5
15 Matthew. Davie	Kendal AC	548	3.09		3 Leanne. Scott	Burnley AC	352	69	7
16 James. Lovell	Horwich RMI H & AC	445	3.05	4	Senior Women 800m				
17 Michael. Panes	Southport Waterloo AC	1074	2.98	3	1 Melanie. Taylor	Blackburn H & AC	94	02:41.5	7
18 Adam. Cullen	Southport Waterloo AC	1091	2.72	2	Senior Women 1500m				
19 Andrew. Kershaw	Southport Waterloo AC	1063	2.67	nc	1 Susan. Samme	Lytham St.Annes RR	729	05:07.8	7
Under 13 Boys High Jump				2 Laura. Livesey	Chorley AC	390	05:19.6	5	
1 James. Blow	Blackburn H & AC	61	1.33	7	Senior Women Long Jump				
2 Tom. Booth	Preston Harriers	829	1.25	5	1 Kelly. Hilton	Chorley AC	377	5.17	7
3 Josh. Tocknell	Lancaster Morecambe AC	651	1.25	7	2 Rachel. Preston	Pendle AC	778	4.44	5
4 William. Moynihan	Hyndburn AC	520	1.15	4	3 Hayley. Peacock	Horwich RMI H & AC	1221	2.95	4
5 Finn. Docherty	Blackpool Wyre Fylde AC	146	1.15	3	Senior Women High Jump				
6 Greg. Cooke	Southport Waterloo AC	1095	1.1	5	1 Rachel. Culshaw	Wigan H & AC	1177	1.55	7
Under 13 Boys Shot Putt				2 Katrina. Hall	Preston Harriers	844	1.35	5	
1 Kieran. Corbett	Preston Harriers	834	5.57	7	Senior Women Triple Jump				
2 Matthew. Lawson	Southport Waterloo AC	1093	5.48	7	1 Nia. Rutter	Blackpool Wyre Fylde AC	215	11.73	7
3 Zac. Martin	Barrow & Furness AC	30	4.9	5	2 Nicola. Breaks	Hyndburn AC	529	11.32	5
4 Nathan. Billington	Blackburn H & AC	58	4.72	5	3 Katrina. Hall	Preston Harriers	844	9.46	4
Under 13 Boys Javelin Throw				Senior Women Shot Putt					
1 Josh. Tocknell	Lancaster Morecambe AC	651	21.22	7	1 Rosie. Southworth	Pendle AC	781	8.37	7
2 David. Jones	Blackpool Wyre Fylde AC	175	20.78	7	2 Lynne. Walker	Barrow & Furness AC	25	8.18	7
3 Alex. Miller	Bolton Utd Harriers	263	20.78	5	Senior Women 100m Heat 1				
4 Zach. Barrow	Kendal AC	537	13.89	4	1 Sophie. Hitchon	Blackburn H & AC	106	12.5	7
5 Matthew. Davie	Kendal AC	548	12.1	3	2 Katie. Deutsch	Wigan H & AC	1168	13.1	7
6 Matthew. Lawson	Southport Waterloo AC	1093	7.34	5	3 Kelly. Hilton	Chorley AC	377	13.1	5
7 Joshua. Lay	Horwich RMI H & AC	1222	6.2	4	4 Katie. Emmett	Hyndburn AC	512	14	3
Senior Women 100m Heat 1				Senior Women Discus Throw					
1 Sophie. Hitchon	Blackburn H & AC	106	12.5	7	1 Rosie. Southworth	Pendle AC	781	23.7	7
2 Katie. Deutsch	Wigan H & AC	1168	13.1	7	2 Lynne. Walker	Barrow & Furness AC	25	21.56	7
3 Kelly. Hilton	Chorley AC	377	13.1	5	3 Karen. Vaughan	Burnley AC	351	15.24	5
4 Katie. Emmett	Hyndburn AC	512	14	3	Senior Women Javelin Throw				
5 Nicola. Breaks	Hyndburn AC	529	14.5		1 Rosie. Southworth	Pendle AC	781	31.33	7
Senior Women 100m Heat 2				Senior Women 100m Heat 2					
1 Lara. Turner	Barrow & Furness AC	22	13.3	5	2 Nicola. Breaks	Hyndburn AC	529	23.55	7
2 Sharon. Trusch	Preston Harriers	948	13.3	4	3 Lynne. Walker	Barrow & Furness AC	25	21.95	5
3 Christina. Carr	Blackburn H & AC	66	13.6	4	4 Karen. Vaughan	Burnley AC	351	15.75	5
Senior Women Hammer Throw				Senior Women Hammer Throw					
				1 Karen. Vaughan					
				Burnley AC					
				351					
				19.97					
				7					

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Under 17 Women 100m Heat 1

1	Katy. Wyper	Blackpool Wyre Fylde AC	239	13.1	7
2	Lucy. Mansfield	Blackpool Wyre Fylde AC	186	13.2	5
3	Beth. Towers	Blackpool Wyre Fylde AC	229	13.5	nc
4	Laura. Carter	Wigan H & AC	1167	14.1	4
5	Jade. Brown	Chorley AC	375	14.6	7
6	Libbie. Harari	Bolton Utd Harriers	310	17.3	nc

Under 17 Women 100m Heat 2

1	Alicia. Johnston	Blackpool Wyre Fylde AC	173	13.7	nc
2	Chloe. Hine	Kendal AC	544	14.2	3
3	Miriam. Harrold	Bolton Utd Harriers	255	14.2	2
4	Ruth. Holdsworth	Blackpool Wyre Fylde AC	167	14.4	nc
5	Chloe. Clarkson	Bolton Utd Harriers	311	15.3	1
6	Kim. Little	Barrow & Furness AC	33	16	

Under 17 Women 200m Heat 1

1	Lucy. Mansfield	Blackpool Wyre Fylde AC	186	26.1	7
2	Katy. Wyper	Blackpool Wyre Fylde AC	239	26.6	5
3	Sasha. Byron	Preston Harriers	914	27.2	4
4	Miriam. Harrold	Bolton Utd Harriers	255	28.9	3
5	Jade. Brown	Chorley AC	375	34.9	7

Under 17 Women 200m Heat 2

1	Alicia. Johnston	Blackpool Wyre Fylde AC	173	27.4	nc
2	Loryn. Mccrudden	Blackpool Wyre Fylde AC	189	28.8	nc
3	Ruth. Holdsworth	Blackpool Wyre Fylde AC	167	29.1	nc
4	Chloe. Clarkson	Bolton Utd Harriers	311	31.5	2

Under 17 Women 300m

1	Katie. Morris	Southport Waterloo AC	1072	43.8	7
2	Hannah. Sharples	Hyndburn AC	530	44.9	7
3	Lydia. Williams	Wigan H & AC	1171	45	5
4	Megan. Healey	Blackpool Wyre Fylde AC	165	45.5	4
5	Jessica. Crook	Preston Harriers	835	47	3
6	Holly. Broughton	Blackburn H & AC	64	47.4	5
7	Jess. Foster	Wigan H & AC	1170	47.7	2

Under 17 Women 800m

1	Bianca. Pederson	Blackpool Wyre Fylde AC	204	02:24.0	7
2	Katie. Morris	Southport Waterloo AC	1072	02:31.4	7
3	Rebecca. Noblett	Preston Harriers	873	02:35.6	5
4	Holly. Broughton	Blackburn H & AC	64	02:48.1	5
5	Chloe. Clarkson	Bolton Utd Harriers	311	02:59.4	4

Under 17 Women 1500m

1	Charlotte. Atkinson	Blackburn H & AC	55	05:04.9	7
2	Rebecca. Taylor	Blackburn H & AC	108	05:10.3	5
3	Samantha. Smith	Blackpool Wyre Fylde AC	222	05:31.7	7
4	Catherine. Hulme	Southport Waterloo AC	1056	05:36.8	4
5	Laura. Tunstall	Horwich RMI H & AC	438	06:00.4	3

Under 17 Women 4x100m Relay

1	.	Blackpool Wyre Fylde AC	186	51	7
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Under 17 Women Long Jump

1	Katy. Wyper	Blackpool Wyre Fylde AC	239	4.83	7
2	Megan. Sweet	Blackpool Wyre Fylde AC	225	4.59	5
3	Jenny. Tynan	Lancaster Morecambe AC	653	4.26	7
4	Loryn. Mccrudden	Blackpool Wyre Fylde AC	189	4.24	nc
5	Megan. Healey	Blackpool Wyre Fylde AC	165	4.1	nc
6	Natasha. Butler	Blackpool Wyre Fylde AC	132	4.06	nc
7	Miriam. Harrold	Bolton Utd Harriers	255	3.68	4
8	Chloe. Hine	Kendal AC	544	3.52	3

Under 17 Women High Jump

1	Sam. Fraser	Wigan H & AC	1172	1.63	7
2	Natasha. Butler	Blackpool Wyre Fylde AC	132	1.55	5
3	Megan. Sweet	Blackpool Wyre Fylde AC	225	1.5	4
4	Beth. Towers	Blackpool Wyre Fylde AC	229	1.25	nc

Under 17 Women Triple Jump

1	Megan. Sweet	Blackpool Wyre Fylde AC	225	9.86	7
2	Jenny. Tynan	Lancaster Morecambe AC	653	9.47	7
3	Megan. Healey	Blackpool Wyre Fylde AC	165	9.43	5

Under 17 Women Shot Putt

1	Sam. Fraser	Wigan H & AC	1172	10.93	7
2	Katie. Wood	Blackpool Wyre Fylde AC	235	7.94	5
3	Natasha. Butler	Blackpool Wyre Fylde AC	132	6.98	4

Under 17 Women Discus Throw

1	Kim. Little	Barrow & Furness AC	33	21.45	7
2	Katie. Wood	Blackpool Wyre Fylde AC	235	0	0

Under 17 Women Javelin Throw

1	Kim. Little	Barrow & Furness AC	33	26.88	7
2	Loryn. Mccrudden	Blackpool Wyre Fylde AC	189	23.19	5
3	Alicia. Johnston	Blackpool Wyre Fylde AC	173	20.81	4
4	Beth. Towers	Blackpool Wyre Fylde AC	229	20.36	nc
5	Chloe. Hine	Kendal AC	544	14.87	3

Under 17 Women Hammer Throw

1	Lucy. Chadwick	Pendle AC	764	27.57	7
2	Katie. Wood	Blackpool Wyre Fylde AC	235	15.09	7

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Under 15 Girls 100m Heat 1

1	Sophie. Riley	Blackpool Wyre Fylde AC	210	12.9	7
2	Rachel. Mcmorran	Bolton Utd Harriers	262	13.3	3.5
3	Faye. Horrocks	Wigan H & AC	1166	13.3	1.5
4	Abbie. Unsworth	Preston Harriers	947	13.5	
5	Natalie. Sailor	Blackburn H & AC	109	14.4	4
6	Allysia. Hine	Kendal AC	534	16.3	

Under 15 Girls 200m Heat 3

1	Dani. Mcgifford	Wigan H & AC	1161	28.2	2
2	Jennifer. Heyes	Bolton Utd Harriers	308	29.3	nc
3	Jessica. Brookwell	Wigan H & AC	1130	29.9	nc
4	Natasha. Johnston	Blackpool Wyre Fylde AC	174	30.6	nc
5	Olivia. Wallis	Bolton Utd Harriers	286	30.9	nc
6	Alicia. Roylance	Blackpool Wyre Fylde AC	213	31	nc

Under 15 Girls 100m Heat 2

1	Kassidy. Knight	Blackpool Wyre Fylde AC	181	13	5
2	Dani. Mcgifford	Wigan H & AC	1161	13.3	3.5
3	Lorna. Miller	Bolton Utd Harriers	264	13.3	1.5
4	Hannah. Storey	Horwich RMI H & AC	435	13.6	5
5	Claudia. Fidler	Blackpool Wyre Fylde AC	155	13.6	nc
6	Eva. Siwiak-Jaszek	Preston Harriers	911	15.2	nc

Under 15 Girls 300m Heat 1

1	Sally. Wareing	Southport Waterloo AC	1085	44	7
2	Louise. Chan	Wigan H & AC	1164	45	7
3	Jessica. Hodsman	Kendal AC	546	46.7	5
4	Fiona. Steele	Bolton Utd Harriers	296	47.4	4
5	Rachael. Scott	Preston Harriers	876	48.9	2.5

Under 15 Girls 100m Heat 3

1	Beth. Miller	Horwich RMI H & AC	426	13.4	7
2	Brittany. Shaw	Blackpool Wyre Fylde AC	219	13.5	nc
3	Teagan. O'Hara	Blackpool Wyre Fylde AC	198	13.6	nc
4	Jennifer. Heyes	Bolton Utd Harriers	308	14.3	
5	Lauren. Malcharek	Preston Harriers	862	14.7	nc
6	Summer. Hyatt	Hyndburn AC	477	15	

Under 15 Girls 300m Heat 2

1	Bethany. Wallis	Bolton Utd Harriers	285	48.9	2.5
2	Olivia. Wallis	Bolton Utd Harriers	286	49.2	1
3	Amy. Higham	Wigan H & AC	1165	49.7	
4	Katie. Davies	Bolton Utd Harriers	247	57	nc

Under 15 Girls 100m Heat 4

1	Nicola. Smith	Preston Harriers	879	14.5	
2	Jade. Screen	Kendal AC	569	14.9	
3	Alicia. Roylance	Blackpool Wyre Fylde AC	213	14.9	nc
4	Natalie. Thompson	Wigan H & AC	1157	15.2	
5	Lindsay. O'Brien	Blackpool Wyre Fylde AC	196	15.5	nc
6	Hannah. Lindsay	Burnley AC	354	16.5	3
7	Hannah. Stanway	Barrow & Furness AC	31	18.7	

Under 15 Girls 800m Heat 1

1	Lauren. Burrell	Blackpool Wyre Fylde AC	131	02:28.5	7
2	Rachael. Scott	Preston Harriers	876	02:33.1	5
3	Jessica. Mcdermott	Preston Harriers	865	02:33.2	4
4	Emma. Wiggans	Bolton Utd Harriers	288	02:34.6	3
5	Gabrielle. Large	Wigan H & AC	1145	02:39.1	2
6	Jessica. Hodsman	Kendal AC	546	02:40.1	
7	Brogan. Stewart	Barrow & Furness AC	28	02:41.5	
8	Nina. Stirrup	Blackburn H & AC	93	02:41.7	7
9	Amy. Higham	Wigan H & AC	1165	02:41.8	nc

Under 15 Girls 200m Heat 1

1	Sophie. Riley	Blackpool Wyre Fylde AC	210	26.5	7
2	Faye. Horrocks	Wigan H & AC	1166	27.6	5
3	Rachel. Mcmorran	Bolton Utd Harriers	262	27.7	3.5
4	Sally. Wareing	Southport Waterloo AC	1085	28.1	7
5	Kassidy. Knight	Blackpool Wyre Fylde AC	181	28.3	1
6	Abbie. Unsworth	Preston Harriers	947	28.6	
7	Emma. Scott	Burnley AC	350	31.7	4

Under 15 Girls 800m Heat 2

1	Louise. Chan	Wigan H & AC	1164	02:40.0	1
2	Fiona. Steele	Bolton Utd Harriers	296	02:40.1	
3	Bethany. Wallis	Bolton Utd Harriers	285	02:43.8	
4	Lucy. Minns	Blackpool Wyre Fylde AC	191	02:45.0	
5	Emma. Scott	Burnley AC	350	02:49.3	5
6	Holly. Ballantyne	Blackburn H & AC	56	02:49.9	4
7	Kirsty. Fraser	Lytham St. Annes RR	731	02:51.7	3
8	Katy. Ingram	Preston Harriers	894	02:54.9	nc
9	Rhiann. Beaumont	Chorley AC	372	03:01.7	2
10	Hannah. Stanway	Barrow & Furness AC	31	03:20.3	

Under 15 Girls 200m Heat 2

	1	Brittany. Shaw	Blackpool Wyre Fylde AC	219	27.7	3.5
N	2	Lorna. Miller	Bolton Utd Harriers	264	Disq	
	3	Beth. Miller	Horwich RMI H & AC	426	28.3	5
	4	Emma. Wiggans	Bolton Utd Harriers	288	28.9	
	5	Summer. Hyatt	Hyndburn AC	477	30.6	
	6	Eilidh. Sproull	Kendal AC	572	31.8	
#	7	Lindsay. O'Brien	Blackpool Wyre Fylde AC	196	32.2	nc
	8	Hannah. Lindsay	Burnley AC	354	34.6	3

Under 15 Girls 1500m

1	Charlotte. Evans	Blackpool Wyre Fylde AC	151	04:55.5	7
2	Lauren. Gowland	Blackpool Wyre Fylde AC	161	05:08.2	5
3	Eilidh. Sproull	Kendal AC	572	05:20.4	4
4	Aimee. Gallagher	Preston Harriers	891	05:21.1	3
5	Natalie. Thompson	Wigan H & AC	1157	05:26.3	2
6	Darah. Darbyshire	Blackburn H & AC	69	05:46.0	7
7	Lucy. Croston	Chorley AC	391	06:03.0	5

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Under 15 Girls 4x100m Relay

1 .	Bolton Utd Harriers	262	55.1	7
2 .	Blackpool Wyre Fylde AC	213	55.6	5
3 .	Kendal AC	572	59.3	4
N 4 .	Bolton Utd Harriers	260	59.8	

Under 15 Girls Long Jump

1	Katy. Alderson	Preston Harriers	821	4.67	7
2	Gabrielle. Large	Wigan H & AC	1145	4.63	5
3	Kassidy. Knight	Blackpool Wyre Fylde AC	181	4.54	4
4	Teagan. O'Hara	Blackpool Wyre Fylde AC	198	4.52	3
5	Jessica. Brookwell	Wigan H & AC	1130	4.49	2
6	Rhiann. Beaumont	Chorley AC	372	4.41	7
7	Dani. McGifford	Wigan H & AC	1161	4.37	nc
8	Jessica. Hodsman	Kendal AC	546	4.3	1
9	Jennifer. Heyes	Bolton Utd Harriers	308	4.16	
10	Hannah. Storey	Horwich RMI H & AC	435	4.11	5
11	Sally. Wareing	Southport Waterloo AC	1085	4.09	4
12	Natasha. Johnston	Blackpool Wyre Fylde AC	174	4.08	nc
13	Nicola. Smith	Preston Harriers	879	4.02	
14	Emma. Wiggans	Bolton Utd Harriers	288	3.89	
15	Alicia. Roylance	Blackpool Wyre Fylde AC	213	3.87	nc
16	Jessica. Merritt	Lancaster Morecambe AC	656	3.84	3
17	Lauren. Malcharek	Preston Harriers	862	3.69	nc
18	Natalie. Sailor	Blackburn H & AC	109	3.66	2
19	Lucy. Croston	Chorley AC	391	3.61	1
20	Ami. Aitchison	Southport Waterloo AC	1041	3.57	
21	Eilidh. Sproull	Kendal AC	572	3.5	
22	Darah. Darbyshire	Blackburn H & AC	69	3.48	
23	Hannah. Lindsay	Burnley AC	354	3.39	
24	Hannah. Stanway	Barrow & Furness AC	31	2.89	

Under 15 Girls Discus Throw

1	Chloe. Needham	Blackpool Wyre Fylde AC	195	28.27	7
2	Emily. Lupton	Preston Harriers	861	23.23	5
3	Lucy. Chadwick	Pendle AC	764	22.79	7
4	Abigail. Bleasdale	Blackburn H & AC	59	18.25	5
5	Jade. Screen	Kendal AC	569	15.98	4
6	Allysia. Hine	Kendal AC	534	15.64	3
7	Heidi. Hamshere	Hyndburn AC	485	15.46	2
8	Rebecca. Todd	Blackpool Wyre Fylde AC	228	14.16	1
9	Katie. Davies	Bolton Utd Harriers	247	12.01	
10	Christina. Jones	Blackpool Wyre Fylde AC	177	10.76	nc

Under 15 Girls Javelin Throw

1	Lindsay. O'Brien	Blackpool Wyre Fylde AC	196	23	7
2	Emily. Lupton	Preston Harriers	861	22.41	5
3	Abigail. Bleasdale	Blackburn H & AC	59	19.23	7
4	Chloe. Needham	Blackpool Wyre Fylde AC	195	17.78	4
5	Ami. Aitchison	Southport Waterloo AC	1041	17.37	5
6	Nina. Smart	Kendal AC	570	15.26	3
7	Katie. Davies	Bolton Utd Harriers	247	14.53	2
8	Allysia. Hine	Kendal AC	534	13.16	1
9	Jessica. Merritt	Lancaster Morecambe AC	656	9.59	4
10	Christina. Jones	Blackpool Wyre Fylde AC	177	9.48	nc

Under 15 Girls High Jump

1	Gabrielle. Large	Wigan H & AC	1145	1.4	7
2=	Jessica. Brookwell	Wigan H & AC	1130	1.3	4.5
2=	Fiona. Steele	Bolton Utd Harriers	296	1.3	4.5
4	Nina. Smart	Kendal AC	570	1.25	3
5	Brogan. Stewart	Barrow & Furness AC	28	1.15	2

Under 15 Girls Shot Putt

1	Lucy. Chadwick	Pendle AC	764	10.27	7
2	Emily. Lupton	Preston Harriers	861	8.15	7
3	Chloe. Needham	Blackpool Wyre Fylde AC	195	8.06	5
4	Rebecca. Todd	Blackpool Wyre Fylde AC	228	7.65	4
5	Rhiann. Beaumont	Chorley AC	372	7.39	5
6	Lorna. Miller	Bolton Utd Harriers	264	7.13	3
7	Abigail. Bleasdale	Blackburn H & AC	59	6.64	4
8	Heidi. Hamshere	Hyndburn AC	485	6.3	2
9	Natasha. Johnston	Blackpool Wyre Fylde AC	174	6.29	nc
10	Katy. Alderson	Preston Harriers	821	6.28	1
11	Nina. Smart	Kendal AC	570	6.11	
12	Brogan. Stewart	Barrow & Furness AC	28	5.99	
13	Jade. Screen	Kendal AC	569	5.95	
14	Ami. Aitchison	Southport Waterloo AC	1041	5.9	3
15	Jessica. Merritt	Lancaster Morecambe AC	656	5.75	2
16	Natalie. Thompson	Wigan H & AC	1157	5.3	

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Under 13 Girls 100m Heat 1

1 Tash. Gardner	Blackpool Wyre Fylde AC	156	13.5	7
2 Demi-Lee. Scott	Bolton Utd Harriers	277	13.8	5
3 Gabrielle. Whittle	Horwich RMI H & AC	454	14.2	7
4 Lydia. Williams	Preston Harriers	950	14.3	3.5
5 Amber. Swinnerton	Blackpool Wyre Fylde AC	226	14.7	2
6 Emily. Borthwick	Wigan H & AC	1163	14.8	1
7 Marnie. Shirtcliffe	Hyndburn AC	498	15.3	

Under 13 Girls 800m Heat 1

1 Erin. Donagh	Southport Waterloo AC	1050	02:37.3	7
2 Amy. Moran	Pendle AC	777	02:38.7	5
3 Katrina. Steele	Bolton Utd Harriers	297	02:40.1	7
4 Ella. Roberts	Preston Harriers	893	02:40.9	5
5 Freya. Sadler	Barrow & Furness AC	17	02:42.4	4
6 Bethany. Everson	Blackpool Wyre Fylde AC	152	02:44.4	3
7 Ellie. Roberts	Southport Waterloo AC	1075	02:47.7	4
8 Phoebe. Howe	Horwich RMI H & AC	469	02:54.0	3

Under 13 Girls 100m Heat 2

1 Lizzie. Oliver	Bolton Utd Harriers	309	14.3	3.5
2 Laura. Taylor	Horwich RMI H & AC	452	14.9	4.5
3 Danielle. Thompson	Wigan H & AC	1156	15.3	
4 Molly. Haydock	Hyndburn AC	503	15.5	
5 Jess. O'Neil	Blackpool Wyre Fylde AC	199	15.7	nc
6 Mary. Hodgson	Lancaster Morecambe AC	655	16.7	3
7 Rona. Mccann	Kendal AC	552	16.8	

Under 13 Girls 800m Heat 2

1 Bethany. Blackwell	Chorley Harriers	1192	02:55.3	2
2 Alexandra. Quarmby	Blackpool Wyre Fylde AC	206	02:59.0	2
3 Tasmin. Crook	Barrow & Furness AC	29	03:02.4	1
4 Sophie. Williams	Horwich RMI H & AC	467	03:04.6	1
5 Katie. Buckingham	Blackburn H & AC	65	03:10.4	
6 Becky. Ingram	Preston Harriers	895	03:13.1	
7 Chloe. Law	Rosendale Harriers	1024	03:21.9	
8 Lucy. Hunter	Southport Waterloo AC	1094	03:24.9	nc

Under 13 Girls 100m Heat 3

1 Rhea. Jackson	Pendle AC	787	14.9	4.5
2 Sophie. Reaper	Bolton Utd Harriers	275	15.2	
3 Jordan. Dixon	Blackpool Wyre Fylde AC	145	15.3	nc
4 Kate. Bridge	Horwich RMI H & AC	439	15.9	nc
5 Lucy. Keating	Horwich RMI H & AC	419	16.6	nc
6 Katie. Mcgifford	Wigan H & AC	1162	17.2	
7 Lucinda. Mulligan	Hyndburn AC	521	18.1	nc

Under 13 Girls 1500m

1 Molly. Betmead	Blackpool Wyre Fylde AC	128	05:19.2	7
2 Leah. Peplow	Bolton Utd Harriers	272	05:22.8	5
3 Danielle. Thompson	Wigan H & AC	1156	05:41.3	4
4 Mary. Hodgson	Lancaster Morecambe AC	655	05:46.5	7
5 Emma. Hargreaves	Preston Harriers	847	05:47.1	3
6 Alex. Walker	Preston Harriers	883	06:03.1	2
7 Alice. Cribb	Southport Waterloo AC	1049	06:17.2	5

Under 13 Girls 200m Heat 1

1 Tash. Gardner	Blackpool Wyre Fylde AC	156	28.1	7
2 Freya. Sadler	Barrow & Furness AC	17	28.5	5
3 Lizzie. Oliver	Bolton Utd Harriers	309	29.6	2
4 Amber. Swinnerton	Blackpool Wyre Fylde AC	226	31.3	nc
5 Laura. Taylor	Horwich RMI H & AC	452	31.7	4
6 Erin. Donagh	Southport Waterloo AC	1050	32.7	2

Under 13 Girls 4x100m Relay

1 .	Bolton Utd Harriers	275	57.3	7
2	Blackpool Wyre Fylde AC	195	60.5	5
3 .	Horwich RMI H & AC	454	62	7
4 .	Southport Waterloo AC	1050	64.4	5

Under 13 Girls 200m Heat 2

1 Kate. Lawler	Blackpool Wyre Fylde AC	183	29.4	3
2 Emily. Borthwick	Wigan H & AC	1163	29.7	1
3 Gabrielle. Whittle	Horwich RMI H & AC	454	29.7	7
4 Rhea. Jackson	Pendle AC	787	30.6	5
5 Ellie. Roberts	Southport Waterloo AC	1075	32.3	3
6 Tasmin. Crook	Barrow & Furness AC	29	32.9	
7 Mary. Hodgson	Lancaster Morecambe AC	655	36	1

Under 13 Girls Long Jump

1 Tash. Gardner	Blackpool Wyre Fylde AC	156	3.91	7
2 Laura. Taylor	Horwich RMI H & AC	452	3.81	7
3 Marnie. Shirtcliffe	Hyndburn AC	498	3.72	5
4 Rhea. Jackson	Pendle AC	787	3.69	5
5 Katrina. Steele	Bolton Utd Harriers	297	3.62	4
6 Sophie. Reaper	Bolton Utd Harriers	275	3.62	3
7 Danielle. Thompson	Wigan H & AC	1156	3.56	2
8 Katrina. Kelly	Blackpool Wyre Fylde AC	179	3.53	1
9 Lydia. Williams	Preston Harriers	950	3.49	
10 Emily. Borthwick	Wigan H & AC	1163	3.38	
11 Amy. Moran	Pendle AC	777	3.34	4
12 Erin. Donagh	Southport Waterloo AC	1050	3.25	3
13 Jordan. Dixon	Blackpool Wyre Fylde AC	145	3.25	nc
14 Alice. Cribb	Southport Waterloo AC	1049	3.24	2
15 Ellie. Roberts	Southport Waterloo AC	1075	3.14	nc
16 Rona. Mccann	Kendal AC	552	3.14	
17 Katie. Mcgifford	Wigan H & AC	1162	3.07	nc
18 Chloe. Law	Rosendale Harriers	1024	3.03	1
19 Katie. Buckingham	Blackburn H & AC	65	2.97	
20 Kate. Bridge	Horwich RMI H & AC	439	2.87	
21 Lucinda. Mulligan	Hyndburn AC	521	2.83	

Under 13 Girls 200m Heat 3

1 Demi-Lee. Scott	Bolton Utd Harriers	277	29.1	4
2 Katrina. Kelly	Blackpool Wyre Fylde AC	179	31.7	nc
3 Jess. O'Neil	Blackpool Wyre Fylde AC	199	32.4	nc
4 Molly. Haydock	Hyndburn AC	503	32.7	
5 Alice. Cribb	Southport Waterloo AC	1049	35.6	nc
6 Lucy. Keating	Horwich RMI H & AC	419	37.4	nc
7 Lucy. Hunter	Southport Waterloo AC	1094	38.1	nc

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22 Lucy. Keating Horwich RMI H & AC 419 2.74 nc

Under 13 Girls High Jump

1	Alex. Walker	Preston Harriers	883	1.3	7
2	Ella. Roberts	Preston Harriers	893	1.25	5
3=	Amber. Swinnerton	Blackpool Wyre Fylde AC	226	1.15	3.5
3=	Molly. Haydock	Hyndburn AC	503	1.15	3.5
5=	Sophie. Reaper	Bolton Utd Harriers	275	1.05	1.5
5=	Katrina. Steele	Bolton Utd Harriers	297	1.05	1.5
	Gabrielle. Whittle	Horwich RMI H & AC	454	1	7

Under 13 Girls Shot Putt

1	Bethany. Evans	Preston Harriers	837	7.09	7
2	Katrina. Kelly	Blackpool Wyre Fylde AC	179	6.29	5
3	Natassia. Dacre	Horwich RMI H & AC	416	5.96	7
4	Sophie. Williams	Horwich RMI H & AC	467	5.57	5
5	Tasmin. Crook	Barrow & Furness AC	29	5.02	4
6	Bethany. Everson	Blackpool Wyre Fylde AC	152	4.94	3
7	Kate. Bridge	Horwich RMI H & AC	439	4.93	nc
8	Freya. Sadler	Barrow & Furness AC	17	4.77	2
9	Jordan. Dixon	Blackpool Wyre Fylde AC	145	4.75	nc
10	Kelly. Smith	Blackpool Wyre Fylde AC	221	4.28	nc

Under 13 Girls Discus Throw

1	Bethany. Evans	Preston Harriers	837	19.95	7
2	Kelly. Smith	Blackpool Wyre Fylde AC	221	9.4	5

Under 13 Girls Javelin Throw

1	Marnie. Shirtcliffe	Hyndburn AC	498	26.22	7
2	Natassia. Dacre	Horwich RMI H & AC	416	16.67	7
3	Lucinda. Mulligan	Hyndburn AC	521	13.64	5
4	Sophie. Williams	Horwich RMI H & AC	467	12.31	5

Male 3000m

1	Charlie. Pass	Wesham Road Runners	1115	09:33.1	7
2	Jordan. Beard	Rosendale Harriers	1012	09:37.4	
3	Scott. Thwaites	Kendal AC	574	09:40.0	7
4	Kieran. Alderson	Kendal AC	557	09:41.1	-7
5	Alex. Rowe	Wesham Road Runners	1114	09:56.0	-7
6	Les. Cornwall	Wesham Road Runners	1111	10:04.1	-7
7	Michael. Hoyle	Kendal AC	547	10:04.9	-7
8	Danny. Maynard	Blackburn H & AC	81	10:16.9	
9	Paul. Hodgson	Lancaster Morecambe AC	631	10:18.8	
10	Graham. Webster	Lytham St.Annes RR	728	10:52.3	
11	Carlos. Irizar	Southport Waterloo AC	1058	11:04.1	
12	Luke. Hodgson	Lancaster Morecambe AC	630	11:38.1	

Female 3000m

1	Carolyn. Robyns	Blackpool Wyre Fylde AC	1208	10:55.2	
2	Sarah. Hodgson	Lancaster Morecambe AC	632	10:57.5	
3	Rebecca. Taylor	Blackburn H & AC	108	11:29.7	7
4	Megan. Davies	Rosendale Harriers	1025	11:46.8	
5	Jackie. Taylor	Blackburn H & AC	107	12:58.3	-7
6	Alison. Armour	Blackburn H & AC	53	13:38.1	-7