

**Mid Lancs Track and Field League
Witton Park, Blackburn, 27th June 2009**

Senior Men 100m Heat 1

| | | | | | |
|---|-------------------|-------------------------|------|------|----|
| 1 | Stephen. Sumner | Hyndburn AC | 501 | 11.2 | 7 |
| 2 | Philip. Ellershaw | Guest | 1586 | 11.3 | |
| 3 | Johnathan. Harker | Preston Harriers | 848 | 11.4 | 5 |
| 4 | Michael. Hough | Chorley AC | 378 | 11.6 | 7 |
| 5 | Arran. Mccarthy | Hyndburn AC | 515 | 11.7 | 4 |
| 6 | Sam. Carter | Hyndburn AC | 476 | 11.8 | nc |
| 7 | Declan. O'Hara | Blackpool Wyre Fylde AC | 197 | 11.9 | 3 |

Senior Men 800m

| | | | | | |
|----|------------------|---------------------|------|---------|---|
| 1 | Marc. Hartley | Burnley AC | 357 | 01:58.2 | 7 |
| 2 | Philip. Waite | Barrow & Furness AC | 36 | 01:58.7 | 5 |
| 3 | Jack. Thompson | Pendle AC | 790 | 01:58.9 | 4 |
| 4 | Danny. Parkinson | Kendal AC | 561 | 02:01.6 | 7 |
| 5 | David. Hook | Barrow & Furness AC | 8 | 02:03.0 | 3 |
| 6 | Kieran. Alderson | Kendal AC | 557 | 02:03.6 | 5 |
| 7 | Charlie. Pass | Wesham Road Runners | 1115 | 02:06.7 | 2 |
| 8 | Ben. Brown | Guest | 1587 | 02:09.6 | |
| 9 | Alex. Rowe | Wesham Road Runners | 1114 | 02:16.8 | 1 |
| 10 | Gary. Pearse | Blackburn H & AC | 1297 | 02:21.0 | 4 |

Senior Men 100m Heat 2

| | | | | | |
|---|-------------------|-------------------------|------|------|---|
| 1 | Dominic. Garrett | Blackpool Wyre Fylde AC | 157 | 12.2 | 2 |
| 2 | Geoff. Douglass | Wigan H & AC | 1325 | 12.3 | 5 |
| 3 | Michael. Mclean | Southport Waterloo AC | 1104 | 12.4 | 4 |
| 4 | Michael. Carr | Blackburn H & AC | 67 | 12.6 | 1 |
| 5 | Michael. Houghton | Horwich RMI H & AC | 1229 | 12.7 | 3 |
| 6 | Andrew. Storey | Horwich RMI H & AC | 1223 | 15.6 | 2 |

Senior Men 1500m

| | | | | | |
|---|-------------------|-----------------------|------|---------|----|
| 1 | Peter. Huck | Barrow & Furness AC | 50 | 04:06.7 | 7 |
| 2 | Charlie. Pass | Wesham Road Runners | 1115 | 04:20.6 | 5 |
| 3 | Alex. Rowe | Wesham Road Runners | 1114 | 04:38.4 | 4 |
| 4 | Steve. Myerscough | Wesham Road Runners | 1116 | 04:51.5 | nc |
| 5 | Thomas. Howarth | Lytham St.Annes RR | 734 | 04:59.1 | 3 |
| 6 | David. Gough | Southport Waterloo AC | 1053 | 04:59.4 | 2 |
| 7 | Graham. Webster | Lytham St.Annes RR | 728 | 05:16.2 | 1 |
| 8 | Peter. Gleaves | Wesham Road Runners | 1117 | 05:37.4 | nc |

Senior Men 200m Heat 1

| | | | | | |
|---|------------------|-------------------------|-----|------|----|
| 1 | Stephen. Sumner | Hyndburn AC | 501 | 23 | 7 |
| 2 | Arran. Mccarthy | Hyndburn AC | 515 | 23.6 | 5 |
| 3 | Jamie. Vickery | Blackburn H & AC | 97 | 23.6 | 4 |
| 4 | Dominic. Garrett | Blackpool Wyre Fylde AC | 157 | 24.9 | 2 |
| 5 | Sam. Carter | Hyndburn AC | 476 | 25 | nc |

Senior Men 3000m

| | | | | | |
|----|-------------------|---------------------|------|---------|----|
| 1 | Danny. Parkinson | Kendal AC | 561 | 09:12.4 | 7 |
| 2 | Andy. Buttery | Rosendale Harriers | 1322 | 09:24.1 | |
| 3 | Charlie. Pass | Wesham Road Runners | 1115 | 09:27.3 | 7 |
| 4 | Scott. Thwaites | Kendal AC | 574 | 09:35.2 | -7 |
| 5 | Dominic. Walton | Blackburn H & AC | 98 | 09:45.0 | |
| 6 | Alex. Rowe | Wesham Road Runners | 1114 | 09:55.9 | -7 |
| 7 | Steve. Myerscough | Wesham Road Runners | 1116 | 10:14.8 | -7 |
| 8 | Phillip. Lee | Kendal AC | 551 | 10:15.6 | -7 |
| 9 | Luke. Towers | Guest | 1581 | 10:24.2 | |
| 10 | Thomas. Howarth | Lytham St.Annes RR | 734 | 11:02.6 | 5 |
| 11 | Tom. Schumacher | Guest | 1582 | 11:05.0 | |
| 12 | Graham. Webster | Lytham St.Annes RR | 728 | 11:21.8 | -5 |
| 13 | Dave. Dunn | Lytham St.Annes RR | 726 | 11:28.7 | -5 |
| 14 | Sam. Exron | Blackburn H & AC | 1349 | 11:59.1 | |

Senior Men 200m Heat 2

| | | | | | |
|---|------------------|-------------------------|------|------|---|
| 1 | Declan. O'Hara | Blackpool Wyre Fylde AC | 197 | 24.4 | 3 |
| 2 | Thomas. Matthews | Kendal AC | 553 | 24.9 | 2 |
| 3 | Geoff. Douglass | Wigan H & AC | 1325 | 25 | 7 |
| 4 | John. Wright | Chorley AC | 389 | 25.1 | 5 |

Senior Men 200m Heat 3

| | | | | | |
|---|-----------------|-----------------------|------|------|---|
| 1 | Michael. Mclean | Southport Waterloo AC | 1104 | 25.7 | 4 |
| 2 | John. Linaker | Burnley AC | 345 | 26.6 | 3 |
| 3 | Dale. Grimshaw | Burnley AC | 361 | 27.3 | 2 |
| 4 | David. Gough | Southport Waterloo AC | 1053 | 28.1 | 1 |

Senior Men 400m Heat 1

| | | | | | |
|---|-------------------|-------------------------|------|------|---|
| 1 | James. Eccles | Bolton Utd Harriers | 251 | 51.4 | 7 |
| 2 | Alex. Bale | Blackpool Wyre Fylde AC | 1309 | 51.4 | 5 |
| 3 | Daniel. Eckersley | Burnley AC | 342 | 52.1 | 7 |

Senior Men Long Jump

| | | | | | |
|---|-------------------|-------------------------|------|------|----|
| 1 | John. Rutter | Blackpool Wyre Fylde AC | 214 | 5.65 | 7 |
| 2 | Declan. O'Hara | Blackpool Wyre Fylde AC | 197 | 5.2 | 5 |
| 3 | Dominic. Garrett | Blackpool Wyre Fylde AC | 157 | 5.15 | nc |
| 4 | Jordan. Beard | Rosendale Harriers | 1033 | 5 | 7 |
| 5 | Gary. Pearse | Blackburn H & AC | 1297 | 4.68 | 4 |
| 6 | Michael. Houghton | Horwich RMI H & AC | 1229 | 4.62 | 5 |
| 7 | Dale. Grimshaw | Burnley AC | 361 | 4.15 | 4 |
| 8 | Andrew. Storey | Horwich RMI H & AC | 1223 | 3.78 | 3 |
| 9 | David. Moynihan | Hyndburn AC | 1247 | 3.43 | 3 |

Senior Men 400m Heat 2

| | | | | | |
|---|------------------|---------------------|-----|------|---|
| 1 | Cory. Pounder | Hyndburn AC | 494 | 53.3 | 4 |
| 2 | Philip. Waite | Barrow & Furness AC | 36 | 54.1 | 5 |
| 3 | Thomas. Matthews | Kendal AC | 553 | 54.4 | 3 |
| 4 | David. Hook | Barrow & Furness AC | 8 | 56.7 | 4 |
| 5 | Michael. Carr | Blackburn H & AC | 67 | 58.4 | 2 |
| 6 | Scott. Thwaites | Kendal AC | 574 | 62.4 | |

Senior Men 400m Heat 3

| | | | | | |
|---|-----------------|--------------------|------|------|----|
| 1 | Thomas. Howarth | Lytham St.Annes RR | 734 | 61.6 | 3 |
| 2 | Gary. Pearse | Blackburn H & AC | 1297 | 61.9 | 1 |
| 3 | Dave. Dunn | Lytham St.Annes RR | 726 | 66.9 | 2 |
| 4 | Graham. Webster | Lytham St.Annes RR | 728 | 68.1 | nc |

Senior Men High Jump

| | | | | | |
|---|-----------------|---------------------|-----|------|---|
| 1 | Brian. Hall | Bolton Utd Harriers | 246 | 2.1 | 7 |
| 2 | Cory. Pounder | Hyndburn AC | 494 | 1.7 | 5 |
| 3 | Arran. Mccarthy | Hyndburn AC | 515 | 1.55 | 4 |

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Senior Men Triple Jump

| | | | | |
|--------------------|-------------------------|-----|-------|---|
| 1 John. Rutter | Blackpool Wyre Fylde AC | 214 | 12.15 | 7 |
| 2 Sam. Carter | Hyndburn AC | 476 | 11.51 | 5 |
| 3 Thomas. Matthews | Kendal AC | 553 | 9.8 | 4 |

Under 17 Men 200m Heat 1

| | | | | |
|---------------------|-------------------------|------|------|---|
| 1 Victor. Kasota | Blackburn H & AC | 1293 | 24.1 | 7 |
| 2 James. Bretherton | Preston Harriers | 832 | 24.6 | 5 |
| 3 Omar. Frednick | Blackpool Wyre Fylde AC | 1220 | 24.9 | 4 |
| 4 Ben. Knight | Chorley AC | 381 | 25 | 7 |
| 5 Joe. Whittle | Kendal AC | 564 | 25.5 | 2 |
| 6 Robin. Chan | Wigan H & AC | 1348 | 26 | 5 |

Senior Men Shot Putt

| | | | | |
|--------------------|-------------------------|------|------|----|
| 1 Alan. Plumb | Burnley AC | 349 | 9.95 | 7 |
| 2 Dave. Myerscough | Blackpool Wyre Fylde AC | 1206 | 9.21 | 7 |
| 3 Russell. Race | Hyndburn AC | 495 | 7.87 | 5 |
| 4 Wayne. Edmondson | Hyndburn AC | 480 | 7.81 | 4 |
| 5 Trevor. Williams | Horwich RMI H & AC | 1225 | 7.14 | 5 |
| 6 Dale. Grimshaw | Burnley AC | 361 | 6.78 | 4 |
| 7 Declan. Lyons | Hyndburn AC | 487 | 6.62 | nc |
| 8 Peter. Miles | Southport Waterloo AC | 1071 | 5.99 | 3 |
| 9 Ian. Saunders | Horwich RMI H & AC | 430 | 5.75 | 2 |

Under 17 Men 200m Heat 2

| | | | | |
|--------------------|-------------------------|------|------|---|
| 1 George. Davies | Blackpool Wyre Fylde AC | 143 | 24.9 | 4 |
| 2 Jamie. Thomson | Blackpool Wyre Fylde AC | 227 | 25.5 | 2 |
| 3 James. Brownless | Hyndburn AC | 474 | 25.7 | |
| 4 Ryan. Eastaugh | Blackpool Wyre Fylde AC | 1204 | 27.1 | |
| 5 Chris. Snaith | Barrow & Furness AC | 19 | 27.2 | 4 |
| 6 Robert. Benson | Barrow & Furness AC | 48 | 29.9 | 3 |

Senior Men Discus Throw

| | | | | |
|--------------------|-------------------------|------|-------|----|
| 1 Alan. Plumb | Burnley AC | 349 | 26.46 | 7 |
| 2 Dave. Myerscough | Blackpool Wyre Fylde AC | 1206 | 26.08 | 7 |
| 3 Wayne. Edmondson | Hyndburn AC | 480 | 24.83 | 5 |
| 4 Russell. Race | Hyndburn AC | 495 | 23.18 | 4 |
| 5 Declan. Lyons | Hyndburn AC | 487 | 21.74 | nc |
| 6 Peter. Miles | Southport Waterloo AC | 1071 | 19.72 | 5 |
| 7 Brad. Wood | Horwich RMI H & AC | 1228 | 17.59 | 4 |
| 8 Trevor. Williams | Horwich RMI H & AC | 1225 | 16.73 | 3 |
| 9 Ian. Saunders | Horwich RMI H & AC | 430 | 15.11 | nc |

Under 17 Men 400m Heat 1

| | | | | |
|---------------------|-------------------------|------|------|---|
| 1 James. Bretherton | Preston Harriers | 832 | 54 | 7 |
| 2 Max. Obale | Kendal AC | 559 | 54.8 | 5 |
| 3 James. Brownless | Hyndburn AC | 474 | 54.8 | 4 |
| 4 Ryan. Eastaugh | Blackpool Wyre Fylde AC | 1204 | 63.1 | 2 |

Under 17 Men 400m Heat 2

| | | | | |
|------------------|---------------------|-----|------|----|
| 1 Joe. Whittle | Kendal AC | 564 | 55.7 | 3 |
| 2 Luke. Ingham | Kendal AC | 549 | 55.9 | nc |
| 3 Robert. Benson | Barrow & Furness AC | 48 | 64.5 | 7 |

Senior Men Hammer Throw

| | | | | |
|-----------------------|-------------------------|-----|-------|---|
| 1 John. Edwards | Burnley AC | 343 | 33.08 | 7 |
| 2 Alan. Plumb | Burnley AC | 349 | 32.69 | 5 |
| 3 Mike. Grime | Hyndburn AC | 482 | 23.33 | 7 |
| 4 Wayne. Edmondson | Hyndburn AC | 480 | 21.91 | 5 |
| 5 Christopher. Senior | Blackpool Wyre Fylde AC | 218 | 18.62 | 4 |

Under 17 Men 800m

| | | | | |
|----------------|-------------------------|------|---------|---|
| 1 Joe. Moores | Rosendale Harriers | 1032 | 02:01.7 | 7 |
| 2 Jack. Scarr | Blackpool Wyre Fylde AC | 216 | 02:03.2 | 7 |
| 3 Luke. Ingham | Kendal AC | 549 | 02:10.4 | 5 |
| 4 Sam. Till | Kendal AC | 576 | 02:17.9 | 4 |

Under 17 Men 1500m

| | | | | |
|--------------------|-------------------------|-----|---------|----|
| 1 Jack. Scarr | Blackpool Wyre Fylde AC | 216 | 04:22.1 | 7 |
| 2 Callum. Mason | Lancaster Morecambe AC | 634 | 04:27.0 | 7 |
| 3 Luke. Betts | Chorley AC | 374 | 04:28.5 | 5 |
| 4 Robert. Warner | Blackburn H & AC | 99 | 04:31.1 | 5 |
| 5 Alan. Mckeown | Blackburn H & AC | 83 | 04:39.2 | 4 |
| 6 Sam. Till | Kendal AC | 576 | 04:45.9 | 3 |
| 7 Kieran. Monaghan | Blackburn H & AC | 84 | 04:51.6 | nc |

Under 17 Men 100m Heat 1

| | | | | |
|-------------------|-------------------------|------|------|---|
| 1 Victor. Kasota | Blackburn H & AC | 1293 | 11.7 | 6 |
| 2 Tom. Bradbury | Preston Harriers | 831 | 11.8 | 4 |
| 3 Ben. Knight | Chorley AC | 381 | 12.1 | 7 |
| 4 Graham. Parsons | Kendal AC | 565 | 12.2 | 1 |
| 5 George. Davies | Blackpool Wyre Fylde AC | 143 | 12.4 | |
| 6 Levi. Wolfenden | Hyndburn AC | 1248 | 12.6 | |

Under 17 Men Long Jump

| | | | | |
|--------------------|---------------------|-----|------|---|
| 1 Ashley. Marshall | Bolton Utd Harriers | 260 | 5.67 | 7 |
| 2 Mathew. Harper | Preston Harriers | 849 | 5.32 | 5 |
| 3 Adam. Bell | Preston Harriers | 825 | 4.92 | 4 |
| 4 Chris. Snaith | Barrow & Furness AC | 19 | 4.92 | 7 |
| 5 Lewis. Peacock | Horwich RMI H & AC | 463 | 4.73 | 5 |
| 6 Dan. Harrop | Kendal AC | 545 | 4.21 | 3 |
| 7 Max. Obale | Kendal AC | 559 | 4.2 | 2 |

Under 17 Men 100m Heat 2

| | | | | |
|--------------------|-------------------------|------|------|----|
| 1 Dan. Harrop | Kendal AC | 545 | 11.7 | 6 |
| 2 Ashley. Marshall | Bolton Utd Harriers | 260 | 11.8 | 4 |
| 3 Omar. Frednick | Blackpool Wyre Fylde AC | 1220 | 11.9 | 2 |
| 4 Jamie. Thomson | Blackpool Wyre Fylde AC | 227 | 12.7 | nc |
| 5 David. James | Preston Harriers | 856 | 13.1 | |
| 6 Chris. Snaith | Barrow & Furness AC | 19 | 13.4 | 5 |

Under 17 Men High Jump

| | | | | |
|-------------------|------------------|-----|------|---|
| 1 Callum. Blaikie | Kendal AC | 535 | 1.8 | 7 |
| 2 David. James | Preston Harriers | 856 | 1.45 | 5 |
| 3 Joe. Whittle | Kendal AC | 564 | 1.4 | 4 |

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Under 17 Men Triple Jump

| | | | | |
|--------------------|---------------------|-----|-------|---|
| 1 Ashley. Marshall | Bolton Utd Harriers | 260 | 12.39 | 7 |
| 2 Mathew. Harper | Preston Harriers | 849 | 11.32 | 5 |
| 3 Lewis. Peacock | Horwich RMI H & AC | 463 | 9.86 | 7 |

Under 17 Men Shot Putt

| | | | | |
|-------------------|-------------------------|------|-------|---|
| 1 Darren. Evans | Preston Harriers | 838 | 12.3 | 7 |
| 2 Zac. Child | Pendle AC | 765 | 11.37 | 7 |
| 3 Omar. Frednick | Blackpool Wyre Fylde AC | 1220 | 11.06 | 5 |
| 4 Callum. Blaikie | Kendal AC | 535 | 8.05 | 4 |
| 5 Graham. Parsons | Kendal AC | 565 | 8.02 | 3 |
| 6 Lewis. Peacock | Horwich RMI H & AC | 463 | 7.87 | 5 |

Under 17 Men Discus Throw

| | | | | |
|--------------------|---------------------|-----|-------|---|
| 1 Darren. Evans | Preston Harriers | 838 | 35.03 | 7 |
| 2 Aaron. Webster | Barrow & Furness AC | 26 | 28.87 | 7 |
| 3 Tom. Dewhurst | Preston Harriers | 913 | 27.17 | 5 |
| 4 Jack. Vickery | Blackburn H & AC | 96 | 25.83 | 4 |
| 5 Joshua. Blysniuk | Hyndburn AC | 473 | 18.88 | 3 |
| 6 Dan. Harrop | Kendal AC | 545 | 17.92 | 2 |

Under 17 Men Hammer Throw

| | | | | |
|--------------------|-------------------------|-----|-------|---|
| 1 Darren. Evans | Preston Harriers | 838 | 40.85 | 7 |
| 2 Zac. Child | Pendle AC | 765 | 30.07 | 7 |
| 3 Jack. Vickery | Blackburn H & AC | 96 | 26.93 | 5 |
| 4 Jamie. Thomson | Blackpool Wyre Fylde AC | 227 | 22.56 | 4 |
| 5 Joshua. Blysniuk | Hyndburn AC | 473 | 20.63 | 3 |

Under 15 Boys 100m Heat 1

| | | | | |
|--------------------|-------------------------|------|------|----|
| 1 Will. Valentine | Bolton Utd Harriers | 283 | 12 | 7 |
| 2 James. Whitfield | Bolton Utd Harriers | 287 | 12.1 | 5 |
| 3 Tom. Fuller | Preston Harriers | 933 | 12.4 | 4 |
| 4 Niall. Mccoy | Preston Harriers | 864 | 12.5 | 2 |
| 5 Curtis. Mitchell | Preston Harriers | 868 | 12.5 | nc |
| 6 Callum. Ryan | Blackburn H & AC | 91 | 12.6 | 1 |
| 7 Oliver. Hopkins | Blackpool Wyre Fylde AC | 1219 | 12.8 | |
| 8 Ben. Blackburn | Southport Waterloo AC | 1102 | 13.3 | 7 |

Under 15 Boys 100m Heat 2

| | | | | |
|-----------------------|-------------------------|------|------|----|
| 1 Connor. Smith | Bolton Utd Harriers | 281 | 12.4 | nc |
| 2 Sam. Lamb | Blackpool Wyre Fylde AC | 1327 | 12.4 | 4 |
| 3 David. Macauley | Blackpool Wyre Fylde AC | 1211 | 12.8 | |
| 4 Iafon. Paleothodoro | Preston Harriers | 901 | 13.2 | nc |
| 5 Sam. Hayhurst | Barrow & Furness AC | 7 | 13.8 | 5 |
| 6 George. Ingram | Southport Waterloo AC | 1057 | 14.3 | 4 |
| 7 Alex. Twigg | Bolton Utd Harriers | 242 | 14.9 | nc |

Under 15 Boys 200m Heat 1

| | | | | |
|--------------------|-------------------------|------|------|---|
| 1 James. Whitfield | Bolton Utd Harriers | 287 | 25 | 7 |
| 2 Niall. Mccoy | Preston Harriers | 864 | 25.4 | 4 |
| 3 Oliver. Hopkins | Blackpool Wyre Fylde AC | 1219 | 26.4 | 1 |
| 4 Ryan. Bradshaw | Burnley AC | 341 | 28.9 | 7 |
| 5 Graham. Boreham | Southport Waterloo AC | 1045 | 29.7 | 5 |

Under 15 Boys 200m Heat 2

| | | | | |
|-------------------|-------------------------|------|------|---|
| 1 Connor. Smith | Bolton Utd Harriers | 281 | 25.1 | 5 |
| 2 Sam. Lamb | Blackpool Wyre Fylde AC | 1327 | 25.4 | 4 |
| 3 Callum. Ryan | Blackburn H & AC | 91 | 26 | 2 |
| 4 Tom. Hartley | Kendal AC | 543 | 29 | |
| 5 Patrick. Cullen | Southport Waterloo AC | 1092 | 30.3 | 4 |

Under 15 Boys 400m

| | | | | |
|------------------------|-------------------------|------|------|----|
| 1 Niall. Cullen | Southport Waterloo AC | 1090 | 57.5 | 7 |
| 2 Aldon. Mottershead-S | Blackburn H & AC | 87 | 58.7 | 7 |
| 3 Robbie. Ingham | Kendal AC | 550 | 59.1 | 5 |
| 4 Ben. Everson | Blackpool Wyre Fylde AC | 1328 | 61.8 | 4 |
| 5 Ben. Blackburn | Southport Waterloo AC | 1102 | 62.9 | 5 |
| 6 Patrick. Cullen | Southport Waterloo AC | 1092 | 66.3 | nc |

Under 15 Boys 800m

| | | | | |
|--------------------|------------------------|------|---------|---|
| 1 Niall. Cullen | Southport Waterloo AC | 1090 | 02:09.8 | 7 |
| 2 Harry. Modley | Lancaster Morecambe AC | 635 | 02:17.9 | 5 |
| 3 Tom. Hartley | Kendal AC | 543 | 02:18.1 | 7 |
| 4 Joe. O'Donnell | Preston Harriers | 900 | 02:18.3 | 5 |
| 5 Michael. Hampson | Preston Harriers | 846 | 02:18.6 | 4 |
| 6 George. Ingram | Southport Waterloo AC | 1057 | 02:20.8 | 4 |
| 7 Jordan. Gander | Kendal AC | 578 | 02:23.6 | 3 |
| 8 Ryan. Bradshaw | Burnley AC | 341 | 02:32.9 | 3 |

Under 15 Boys 1500m

| | | | | |
|-----------------------|-----------------------|------|---------|----|
| 1 Ryan. Sciacca | Chorley AC | 386 | 04:39.2 | 7 |
| 2 Iafon. Paleothodoro | Preston Harriers | 901 | 04:41.5 | 7 |
| 3 Robbie. Ingham | Kendal AC | 550 | 04:45.1 | 5 |
| 4 Gary. Clark | Southport Waterloo AC | 1048 | 04:50.9 | 5 |
| 5 Jack. Isherwood | Preston Harriers | 854 | 04:51.2 | 4 |
| 6 Ross. Campbell | Barrow & Furness AC | 2 | 04:53.0 | 4 |
| 7 Jack. Garmory | Bolton Utd Harriers | 253 | 04:53.8 | 3 |
| 8 Kingsley. Judd | Preston Harriers | 890 | 04:54.8 | nc |
| 9 Liam. Ellis | Southport Waterloo AC | 1052 | 04:57.8 | 3 |
| 10 Daniel. Bebbington | Preston Harriers | 824 | 04:59.0 | nc |
| 11 Hywel. Scourfield | Bolton Utd Harriers | 278 | 05:01.1 | 2 |
| 12 Adam. Sciacca | Chorley AC | 398 | 05:01.9 | 2 |
| 13 Perry. Judd | Preston Harriers | 889 | 05:07.2 | nc |

Under 15 Boys Long Jump

| | | | | |
|------------------------|-------------------------|------|------|----|
| 1 Sam. Lamb | Blackpool Wyre Fylde AC | 1327 | 5.13 | 7 |
| 2 Oliver. Hopkins | Blackpool Wyre Fylde AC | 1219 | 4.94 | 5 |
| 3 Curtis. Mitchell | Preston Harriers | 868 | 4.84 | 4 |
| 4 Aldon. Mottershead-S | Blackburn H & AC | 87 | 4.37 | 3 |
| 5 Sam. Hayhurst | Barrow & Furness AC | 7 | 4.28 | 7 |
| 6 Patrick. Cullen | Southport Waterloo AC | 1092 | 4.09 | 5 |
| 7 David. Macauley | Blackpool Wyre Fylde AC | 1211 | 3.91 | nc |
| 8 George. Ingram | Southport Waterloo AC | 1057 | 3.67 | 4 |
| 9 Graham. Boreham | Southport Waterloo AC | 1045 | 3.6 | nc |
| 10 Tom. Hartley | Kendal AC | 543 | 3.56 | 2 |
| 11 Josh. Bell | Barrow & Furness AC | 39 | 2.52 | 3 |

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Under 15 Boys High Jump

| | | | | |
|--------------------|------------------|------|------|---|
| 1 Harry. Coppell | Wigan H & AC | 1133 | 1.55 | 7 |
| 2 Robbie. Ingham | Kendal AC | 550 | 1.5 | 7 |
| 3 Perry. Judd | Preston Harriers | 889 | 1.4 | 5 |
| 4 Curtis. Mitchell | Preston Harriers | 868 | 1.35 | 4 |

Under 13 Boys 100m Heat 1

| | | | | |
|--------------------|-------------------------|------|------|----|
| 1 Kieran. Corbett | Preston Harriers | 834 | 13.3 | 7 |
| 2 Nathan. Barlow | Horwich RMI H & AC | 1227 | 13.7 | 7 |
| 3 James. Blow | Blackburn H & AC | 61 | 14 | 4 |
| 4 Aaron. Stannard | Bolton Utd Harriers | 282 | 14 | 2 |
| 5 Dougie. Ashcroft | Preston Harriers | 943 | 14.1 | nc |
| 6 Ashley. Hails | Blackpool Wyre Fylde AC | 163 | 14.3 | 1 |
| 7 Oliver. Douerty | Guest | 1588 | 14.9 | |

Under 15 Boys Shot Putt

| | | | | |
|------------------|-------------------------|------|-------|----|
| 1 Will. Goodier | Preston Harriers | 840 | 10.41 | 7 |
| 2 Robert. Makin | Bolton Utd Harriers | 258 | 10.27 | 5 |
| 3 Peter. Bridge | Blackpool Wyre Fylde AC | 1326 | 10.18 | 4 |
| 4 Nathan. Holmes | Kendal AC | 579 | 9.9 | 3 |
| 5 Connor. Smith | Bolton Utd Harriers | 281 | 9 | 2 |
| 6 Jack. Mort | Bolton Utd Harriers | 266 | 6.35 | nc |
| 7 Jordan. Gander | Kendal AC | 578 | 6.29 | 1 |
| 8 Joseph. Pearse | Blackburn H & AC | 88 | 5.78 | |
| 9 Ross. Campbell | Barrow & Furness AC | 2 | 4.79 | 7 |
| 10 Sam. Hayhurst | Barrow & Furness AC | 7 | 3.4 | 5 |

Under 13 Boys 100m Heat 2

| | | | | |
|----------------------|-----------------------|------|------|----|
| 1 Luke. Penswick | Preston Harriers | 892 | 13.8 | nc |
| 2 Connor. Richardson | Rossendale Harriers | 1029 | 14.7 | 4 |
| 3 Zac. Dardouri | Blackburn H & AC | 110 | 14.8 | nc |
| 4 James. Carty | Blackburn H & AC | 1286 | 14.9 | nc |
| 5 Issac. Medhurst | Kendal AC | 541 | 15 | |
| 6 Daniel. Winkle | Southport Waterloo AC | 1100 | 15.3 | 3 |
| 7 Zac. Martin | Barrow & Furness AC | 30 | 15.4 | 2 |

Under 15 Boys Discus Throw

| | | | | |
|------------------------|-------------------------|------|-------|---|
| 1 James. Whitfield | Bolton Utd Harriers | 287 | 31.03 | 7 |
| 2 Nathan. Holmes | Kendal AC | 579 | 26.37 | 5 |
| 3 Will. Goodier | Preston Harriers | 840 | 26.21 | 4 |
| 4 Peter. Bridge | Blackpool Wyre Fylde AC | 1326 | 20.95 | 3 |
| 5 Ben. Whipp | Chorley AC | 388 | 20.91 | 7 |
| 6 Kingsley. Judd | Preston Harriers | 890 | 18.07 | 2 |
| 7 Josh. Bell | Barrow & Furness AC | 39 | 16.99 | 5 |
| 8 Graham. Boreham | Southport Waterloo AC | 1045 | 16.9 | 4 |
| 9 Joseph. Pearse | Blackburn H & AC | 88 | 15.73 | 1 |
| 10 Christopher. Lawson | Southport Waterloo AC | 1065 | 15.23 | 3 |
| 11 Jordan. Gander | Kendal AC | 578 | 14.67 | |
| 12 Jack. Mort | Bolton Utd Harriers | 266 | 14.06 | |

Under 13 Boys 100m Heat 3

| | | | | |
|--------------------|-------------------------|------|------|----|
| 1 Luke. Farnworth | Preston Harriers | 902 | 13.6 | 5 |
| 2 George. Miller | Bolton Utd Harriers | 256 | 14 | 4 |
| 3 Noah. Saunders | Horwich RMI H & AC | 431 | 14.6 | 5 |
| 4 Dominic. Lavelle | Blackpool Wyre Fylde AC | 182 | 15.1 | |
| 5 Zach. Barrow | Kendal AC | 537 | 15.3 | |
| 6 Jack. Hindle | Blackburn H & AC | 76 | 15.5 | nc |
| 7 Ben. Hedley | Hyndburn AC | 1282 | 16.2 | |
| 8 Jonathan. Beech | Pendle AC | 791 | 16.3 | |

Under 13 Boys 100m Heat 4

| | | | | |
|---------------------|-------------------------|------|------|----|
| 1 Robert. Tingle | Preston Harriers | 921 | 13.9 | nc |
| 2 Sam. Charnley | Blackburn H & AC | 68 | 14.6 | |
| 3 Izaak. Dickenson | Horwich RMI H & AC | 458 | 14.8 | nc |
| 4 Kirk. Trusch | Preston Harriers | 931 | 15 | nc |
| 5 Billy. Mort | Bolton Utd Harriers | 265 | 15.1 | |
| 6 Matthew. Grosvner | Barrow & Furness AC | 47 | 16.1 | 1 |
| 7 Finn. Docherty | Blackpool Wyre Fylde AC | 146 | 16.2 | nc |
| 8 George. Sutton | Southport Waterloo AC | 1103 | 17.9 | |

Under 15 Boys Javelin Throw

| | | | | |
|-------------------|-------------------------|------|-------|----|
| 1 Robert. Makin | Bolton Utd Harriers | 258 | 36.77 | 7 |
| 2 Ben. Whipp | Chorley AC | 388 | 34.19 | 7 |
| 3 Niall. Mccoy | Preston Harriers | 864 | 29.02 | 5 |
| 4 Liam. Ellis | Southport Waterloo AC | 1052 | 21.61 | 5 |
| 5 Josh. Alty | Preston Harriers | 926 | 21.29 | 4 |
| 6 Nathan. Holmes | Kendal AC | 579 | 21.1 | 3 |
| 7 Josh. Bell | Barrow & Furness AC | 39 | 20.12 | 4 |
| 8 Peter. Bridge | Blackpool Wyre Fylde AC | 1326 | 18 | 2 |
| 9 Jack. Mort | Bolton Utd Harriers | 266 | 17.22 | 1 |
| 10 Kingsley. Judd | Preston Harriers | 890 | 16.35 | nc |

Under 13 Boys 200m Heat 1

| | | | | |
|--------------------|-------------------------|------|------|---|
| 1 Kieran. Corbett | Preston Harriers | 834 | 28.1 | 7 |
| 2 Charlie. Mclaine | Blackpool Wyre Fylde AC | 1216 | 28.6 | 4 |
| 3 Aaron. Stannard | Bolton Utd Harriers | 282 | 29 | 2 |
| 4 James. Blow | Blackburn H & AC | 61 | 29.5 | 1 |
| 5 Fergus. Tallon | Chorley AC | 393 | 29.6 | 5 |
| 6 Sam. Nicholson | Barrow & Furness AC | 14 | 29.7 | 4 |

Under 15 Boys Hammer Throw

| | | | | |
|------------------|-----------------------|------|-------|---|
| 1 Robert. Makin | Bolton Utd Harriers | 258 | 26.18 | 7 |
| 2 Niall. Cullen | Southport Waterloo AC | 1090 | 22.24 | 7 |
| 3 Will. Goodier | Preston Harriers | 840 | 20.21 | 5 |
| 4 Joseph. Pearse | Blackburn H & AC | 88 | 14.37 | 4 |

Under 13 Boys 200m Heat 2

| | | | | |
|-------------------|-------------------------|------|------|----|
| 1 George. Miller | Bolton Utd Harriers | 256 | 28.3 | 5 |
| 2 Nathan. Barlow | Horwich RMI H & AC | 1227 | 28.7 | 7 |
| 3 Luke. Farnworth | Preston Harriers | 902 | 28.9 | 3 |
| 4 Robert. Tingle | Preston Harriers | 921 | 29.2 | nc |
| 5 Jack. Hails | Blackpool Wyre Fylde AC | 164 | 29.8 | |
| 6 Issac. Medhurst | Kendal AC | 541 | 33.2 | |

**Mid Lancs Track and Field League
Witton Park, Blackburn, 27th June 2009**

Under 13 Boys 200m Heat 3

| | | | | |
|--------------------|-------------------------|------|------|----|
| 1 Ashley. Hails | Blackpool Wyre Fylde AC | 163 | 29.9 | nc |
| 2 Billy. Mort | Bolton Utd Harriers | 265 | 30.6 | nc |
| 3 Zach. Barrow | Kendal AC | 537 | 31.2 | |
| 4 Callum. Davidson | Rossendale Harriers | 1017 | 31.5 | 3 |
| 5 Dominic. Lavelle | Blackpool Wyre Fylde AC | 182 | 31.9 | nc |
| 6 Adam. Cullen | Southport Waterloo AC | 1091 | 32.7 | 1 |

Under 13 Boys Long Jump

| | | | | |
|----------------------|-------------------------|------|------|----|
| 1 Charlie. Mclaine | Blackpool Wyre Fylde AC | 1216 | 4.21 | 7 |
| 2 Jack. Hails | Blackpool Wyre Fylde AC | 164 | 4.12 | 5 |
| 3 Dominic. Lavelle | Blackpool Wyre Fylde AC | 182 | 4.11 | nc |
| 4 David. Jones | Blackpool Wyre Fylde AC | 175 | 4.09 | nc |
| 5 James. Blow | Blackburn H & AC | 61 | 4.04 | 4 |
| 6 Zac. Dardouri | Blackburn H & AC | 110 | 3.91 | 3 |
| 7 Ashley. Hails | Blackpool Wyre Fylde AC | 163 | 3.89 | nc |
| 8 William. Murray | Blackburn H & AC | 1285 | 3.88 | nc |
| 9 Laurence. Wyke | Bolton Utd Harriers | 244 | 3.85 | 2 |
| 10 Sam. Nicholson | Barrow & Furness AC | 14 | 3.8 | 7 |
| 11 Daniel. Winkle | Southport Waterloo AC | 1100 | 3.68 | 5 |
| 12 Oliver. Douerty | Guest | 1588 | 3.67 | |
| 13 Jack. Weiss | Blackburn H & AC | 100 | 3.62 | nc |
| 14 Jack. Hindle | Blackburn H & AC | 76 | 3.6 | nc |
| 15 Zach. Barrow | Kendal AC | 537 | 3.53 | 1 |
| 16 Sam. Charnley | Blackburn H & AC | 68 | 3.43 | nc |
| 17 Matthew. Grosvner | Barrow & Furness AC | 47 | 3.37 | 4 |
| 18 Matthew. Doey | Kendal AC | 548 | 3.3 | |
| 19 Izaak. Dickenson | Horwich RMI H & AC | 458 | 3.24 | 3 |
| 20 Patrick. Dever | Preston Harriers | 896 | 3.23 | |
| 21 George. Sutton | Southport Waterloo AC | 1103 | 3.13 | 2 |
| 22 Bailey. Locke | Blackburn H & AC | 78 | 3.01 | nc |
| 23 Sam. Ribchester | Blackburn H & AC | 1298 | 2.93 | nc |
| 24 Callum. Davidson | Rossendale Harriers | 1017 | 2.82 | 1 |
| 25 Robert. Blow | Blackburn H & AC | 62 | 2.76 | nc |
| 26 Zac. Martin | Barrow & Furness AC | 30 | 2.73 | nc |

Under 13 Boys 200m Heat 4

| | | | | |
|---------------------|-------------------------|------|------|----|
| 1 Laurence. Wyke | Bolton Utd Harriers | 244 | 30 | nc |
| 2 Kirk. Trusch | Preston Harriers | 931 | 30.7 | nc |
| 3 Sam. Charnley | Blackburn H & AC | 68 | 31 | |
| 4 Luke. Pepper | Blackpool Wyre Fylde AC | 205 | 31.6 | nc |
| 5 Matthew. Grosvner | Barrow & Furness AC | 47 | 32.6 | 2 |
| 6 Ben. Hedley | Hyndburn AC | 1282 | 34.2 | |

Under 13 Boys 800m

| | | | | |
|----------------------|-------------------------|------|---------|----|
| 1 Sam. Nicholson | Barrow & Furness AC | 14 | 02:14.4 | 7 |
| 2 Bradley. Yates | Blackpool Wyre Fylde AC | 1217 | 02:22.4 | 7 |
| 3 Fergus. Tallon | Chorley AC | 393 | 02:23.2 | 5 |
| 4 Patrick. Dever | Preston Harriers | 896 | 02:24.4 | 5 |
| 5 Michael. Panes | Southport Waterloo AC | 1074 | 02:28.6 | 4 |
| 6 Callum. Davidson | Rossendale Harriers | 1017 | 02:34.3 | 3 |
| 7 Daniel. Neal | Preston Harriers | 928 | 02:37.6 | 4 |
| 8 Robert. Blow | Blackburn H & AC | 62 | 02:39.5 | 3 |
| 9 Jack. Hindle | Blackburn H & AC | 76 | 02:40.6 | 2 |
| 10 Rory. Judd | Preston Harriers | 888 | 02:41.9 | nc |
| 11 Luke. Pepper | Blackpool Wyre Fylde AC | 205 | 02:44.8 | 1 |
| 12 William. Moynihan | Hyndburn AC | 520 | 02:47.9 | |
| 13 Alex. Miller | Bolton Utd Harriers | 263 | 02:55.1 | |

Under 13 Boys 1500m

| | | | | |
|--------------------|-------------------------|------|---------|----|
| 1 Luke. Penswick | Preston Harriers | 892 | 04:58.4 | 7 |
| 2 Andrew. Kershaw | Southport Waterloo AC | 1063 | 05:01.8 | 7 |
| 3 Robert. Wong | Blackburn H & AC | 103 | 05:02.2 | 5 |
| 4 Nathan. Townsend | Horwich RMI H & AC | 465 | 05:07.2 | 5 |
| 5 Alex. Cross | Blackpool Wyre Fylde AC | 139 | 05:11.5 | 4 |
| 6 Jack. Weiss | Blackburn H & AC | 100 | 05:12.3 | 3 |
| 7 Adam. Cullen | Southport Waterloo AC | 1091 | 05:19.4 | 4 |
| 8 Matthew. Doey | Kendal AC | 548 | 05:20.2 | 2 |
| 9 Jake. Broughton | Blackburn H & AC | 104 | 05:43.8 | nc |

Under 13 Boys Javelin Throw

| | | | | |
|----------------------|-------------------------|------|-------|---|
| 1 William. Murray | Blackburn H & AC | 1285 | 28.56 | 7 |
| 2 David. Jones | Blackpool Wyre Fylde AC | 175 | 26.42 | 5 |
| 3 Alex. Miller | Bolton Utd Harriers | 263 | 23.04 | 4 |
| 4 Ben. Hedley | Hyndburn AC | 1282 | 22.1 | 3 |
| 5 Bailey. Locke | Blackburn H & AC | 78 | 18.98 | 2 |
| 6 Laurence. Wyke | Bolton Utd Harriers | 244 | 17 | 1 |
| 7 Patrick. Dever | Preston Harriers | 896 | 13.38 | |
| 8 Noah. Saunders | Horwich RMI H & AC | 431 | 8.18 | 7 |
| 9 Michael. McDonough | Guest | 1585 | 7.69 | |

Under 13 Boys High Jump

| | | | | |
|---------------------|-------------------------|-----|------|---|
| 1 Zac. Dardouri | Blackburn H & AC | 110 | 1.4 | 7 |
| 2 Luke. Farnworth | Preston Harriers | 902 | 1.3 | 5 |
| 3 William. Moynihan | Hyndburn AC | 520 | 1.25 | 4 |
| 4 Rory. Judd | Preston Harriers | 888 | 1.25 | 3 |
| 5 Issac. Medhurst | Kendal AC | 541 | 1.2 | 2 |
| 6 Alex. Miller | Bolton Utd Harriers | 263 | 1.15 | 1 |
| 7 Luke. Pepper | Blackpool Wyre Fylde AC | 205 | 1.1 | |

Under 13 Boys Shot Putt

| | | | | |
|--------------------|-------------------------|------|------|---|
| 1 Robert. Tingle | Preston Harriers | 921 | 7.7 | 7 |
| 2 David. Jones | Blackpool Wyre Fylde AC | 175 | 6.78 | 5 |
| 3 Kieran. Corbett | Preston Harriers | 834 | 6.03 | 4 |
| 4 Aaron. Stannard | Bolton Utd Harriers | 282 | 5.78 | 3 |
| 5 Matthew. Lawson | Southport Waterloo AC | 1093 | 5.59 | 7 |
| 6 Adam. Cullen | Southport Waterloo AC | 1091 | 5.49 | 5 |
| 7 Jack. Hails | Blackpool Wyre Fylde AC | 164 | 5.26 | 2 |
| 8 James. Carty | Blackburn H & AC | 1286 | 5.08 | 1 |
| 9 Matthew. Doey | Kendal AC | 548 | 4.86 | |
| 10 Zac. Martin | Barrow & Furness AC | 30 | 4.46 | 4 |
| 11 Jake. Broughton | Blackburn H & AC | 104 | 4.27 | |

Under 13 Boys Discus Throw

| | | | | |
|--------------------|-------------------------|------|-------|----|
| 1 Charlie. Mclaine | Blackpool Wyre Fylde AC | 1216 | 19.5 | 7 |
| 2 James. Carty | Blackburn H & AC | 1286 | 13.92 | 5 |
| 3 William. Murray | Blackburn H & AC | 1285 | 12.7 | 4 |
| 4 Dougie. Ashcroft | Preston Harriers | 943 | 12.22 | 3 |
| 5 Nathan. Barlow | Horwich RMI H & AC | 1227 | 10.66 | 7 |
| 6 Bailey. Locke | Blackburn H & AC | 78 | 10.31 | nc |

**Mid Lancs Track and Field League
Witton Park, Blackburn, 27th June 2009**

Senior Women 100m

| | | | | |
|--------------------|-------------------------|------|------|---|
| 1 Rebecca. O'Keefe | Bolton Utd Harriers | 270 | 13 | 7 |
| 2 Kate. Brick | Wigan H & AC | 1323 | 13.1 | 5 |
| 3 Nia. Rutter | Blackpool Wyre Fylde AC | 215 | 13.7 | 4 |

Senior Women Shot Putt

| | | | | |
|---------------------|-------------------------|------|------|---|
| 1 Nia. Rutter | Blackpool Wyre Fylde AC | 215 | 9.71 | 7 |
| 2 Wendy. Laing | Lancaster Morecambe AC | 633 | 9.37 | 7 |
| 3 Rachel. Culshaw | Wigan H & AC | 1177 | 9.11 | |
| 4 Rosie. Southworth | Pendle AC | 781 | 8.53 | 5 |
| 5 Lynne. Walker | Barrow & Furness AC | 25 | 7.55 | 5 |
| 6 Melanie. Koth | Lytham St.Annes RR | 732 | 5.78 | 4 |
| 7 Hayley. Peacock | Horwich RMI H & AC | 1221 | 5.26 | 3 |
| 8 Alison. Storey | Horwich RMI H & AC | 1224 | 4.91 | 2 |
| 9 Anne. Child | Pendle AC | 792 | 4.57 | 1 |

Senior Women 200m Heat 1

| | | | | |
|--------------------|-----------------------|------|------|---|
| 1 Rebecca. O'Keefe | Bolton Utd Harriers | 270 | 27.2 | 7 |
| 2 Sarah. Yeomans | Rossendale Harriers | 1023 | 28.2 | 5 |
| 3 Rachel. Preston | Pendle AC | 778 | 28.5 | 4 |
| 4 Stephanie. James | Southport Waterloo AC | 1060 | 29.6 | 3 |

Senior Women 200m Heat 2

| | | | | |
|-------------------|--------------------|-----|------|---|
| 1 Abby. Edmundson | Blackburn H & AC | 70 | 27.3 | 7 |
| 2 Leanne. Scott | Burnley AC | 352 | 30.3 | 2 |
| 3 Melanie. Koth | Lytham St.Annes RR | 732 | 32.7 | 1 |

Senior Women Discus Throw

| | | | | |
|---------------------|---------------------|------|-------|---|
| 1 Rosie. Southworth | Pendle AC | 781 | 23.51 | 7 |
| 2 Lynne. Walker | Barrow & Furness AC | 25 | 21.73 | 7 |
| 3 Jayne. Linaker | Burnley AC | 358 | 16.71 | 5 |
| 4 Hayley. Peacock | Horwich RMI H & AC | 1221 | 15.52 | 4 |
| 5 Alison. Storey | Horwich RMI H & AC | 1224 | 14.98 | 3 |
| 6 Anne. Child | Pendle AC | 792 | 9.73 | 2 |

Senior Women 400m

| | | | | |
|--------------------|-----------------------|------|------|---|
| 1 Sarah. Yeomans | Rossendale Harriers | 1023 | 61.5 | 7 |
| 2 Rachel. Culshaw | Wigan H & AC | 1177 | 61.9 | |
| 3 Rachel. Preston | Pendle AC | 778 | 63.9 | 5 |
| 4 Stephanie. James | Southport Waterloo AC | 1060 | 65.8 | 4 |
| 5 Leanne. Scott | Burnley AC | 352 | 68.6 | 3 |

Senior Women Hammer Throw

| | | | | |
|-----------------|---------------------|----|-------|---|
| 1 Lynne. Walker | Barrow & Furness AC | 25 | 22.14 | 7 |
|-----------------|---------------------|----|-------|---|

Senior Women 800m

| | | | | |
|-----------------------|-----------------------|------|---------|---|
| 1 Danielle. Walker | Preston Harriers | 930 | 02:23.9 | 7 |
| 2 Stephanie. James | Southport Waterloo AC | 1060 | 02:28.2 | 7 |
| 3 Joanna. Goorney | Wesham Road Runners | 1112 | 02:34.5 | 5 |
| 4 Shelley. Tattersall | Rossendale Harriers | 1321 | 02:42.3 | 4 |
| 5 Melanie. Koth | Lytham St.Annes RR | 732 | 02:49.7 | 3 |

Under 17 Women 100m

| | | | | |
|--------------------|-------------------------|-----|------|----|
| 1 Kati. Williams | Preston Harriers | 886 | 13 | 7 |
| 2 Emily. Richie | Bolton Utd Harriers | 314 | 13.4 | 5 |
| 3 Natasha. Butler | Blackpool Wyre Fylde AC | 132 | 14 | 4 |
| 4 Sarah. Ward | Blackpool Wyre Fylde AC | 233 | 14.2 | 3 |
| 5 Loryn. Mccrudden | Blackpool Wyre Fylde AC | 189 | 14.3 | nc |
| 6 Katie. Berry | Preston Harriers | 826 | 14.4 | 2 |
| 7 Jade. Brown | Chorley AC | 375 | 14.5 | 7 |

Senior Women 1500m

| | | | | |
|----------------------|---------------------|------|---------|---|
| 1 Stephanie. Bullock | Guest | 1583 | 05:12.9 | |
| 2 Joanna. Goorney | Wesham Road Runners | 1112 | 05:24.2 | 7 |
| 3 Melanie. Taylor | Blackburn H & AC | 94 | 05:33.2 | 5 |
| 4 Alexis. Walker | Burnley AC | 360 | 06:03.3 | 4 |

Under 17 Women 200m

| | | | | |
|-------------------|---------------------|-----|------|---|
| 1 Emily. Richie | Bolton Utd Harriers | 314 | 27.6 | 7 |
| 2 Jade. Brown | Chorley AC | 375 | 29.2 | 7 |
| 3 Chloe. Clarkson | Bolton Utd Harriers | 311 | 29.8 | 5 |
| 4 Katie. Berry | Preston Harriers | 826 | 30.2 | 4 |

Senior Women 3000m

| | | | | |
|--------------------|-------|------|---------|--|
| 1 Rebecca. Donohue | Guest | 1591 | 11:23.0 | |
|--------------------|-------|------|---------|--|

Senior Women Long Jump

| | | | | |
|-----------------------|-------------------------|------|------|---|
| 1 Shona. Macpherson | Wigan H & AC | 1347 | 5.07 | 7 |
| 2 Rachel. Culshaw | Wigan H & AC | 1177 | 4.49 | |
| 3 Nia. Rutter | Blackpool Wyre Fylde AC | 215 | 4.47 | 5 |
| 4 Caroline. Smithson | Hyndburn AC | 499 | 4.33 | 4 |
| 5 Joanna. Goorney | Wesham Road Runners | 1112 | 3.53 | 7 |
| 6 Hayley. Peacock | Horwich RMI H & AC | 1221 | 3.3 | 5 |
| 7 Alison. Storey | Horwich RMI H & AC | 1224 | 3.23 | 4 |
| 8 Elspeth. Macpherson | Lytham St.Annes RR | 733 | 2.7 | 3 |

Under 17 Women 300m

| | | | | |
|---------------------|-------------------------|------|------|---|
| 1 Holly. Broughton | Blackburn H & AC | 64 | 46.2 | 7 |
| 2 Catherine. Hulme | Southport Waterloo AC | 1056 | 46.7 | 5 |
| 3 Louise. Harrison | Blackpool Wyre Fylde AC | 1329 | 48 | 7 |
| 4 Rebecca. Shorrock | Blackburn H & AC | 1291 | 49.7 | |

Senior Women High Jump

| | | | | |
|-------------------|--------------|------|------|--|
| 1 Rachel. Culshaw | Wigan H & AC | 1177 | 1.55 | |
|-------------------|--------------|------|------|--|

Under 17 Women 800m

| | | | | |
|---------------------|-------------------------|------|---------|----|
| 1 Samantha. Smith | Blackpool Wyre Fylde AC | 1301 | 02:25.9 | 7 |
| 2 Jessica. Flower | Barrow & Furness AC | 49 | 02:29.3 | 5 |
| 3 Rachel. Leech | Blackburn H & AC | 77 | 02:31.8 | 7 |
| 4 Rebecca. Taylor | Blackburn H & AC | 108 | 02:31.9 | 5 |
| 5 Sophie. Futchner | Blackburn H & AC | 1295 | 02:36.7 | nc |
| 6 Rebecca. Shorrock | Blackburn H & AC | 1291 | 02:43.7 | |

Senior Women Triple Jump

| | | | | |
|-------------------|-------------------------|-----|-------|---|
| 1 Nia. Rutter | Blackpool Wyre Fylde AC | 215 | 11.23 | 7 |
| 2 Abby. Edmundson | Blackburn H & AC | 70 | 10.25 | 7 |

Mid Lancs Track and Field League
Witton Park, Blackburn, 27th June 2009

Under 17 Women 1500m

| | | | | |
|--------------------|-------------------------|-----|---------|---|
| 1 Bianca. Pederson | Blackpool Wyre Fylde AC | 204 | 04:50.8 | 7 |
| 2 Ellie. Wilson | Barrow & Furness AC | 43 | 05:06.3 | 5 |

Under 17 Women Long Jump

| | | | | |
|--------------------|---------------------|-----|------|---|
| 1 Chloe. Clarkson | Bolton Utd Harriers | 311 | 3.55 | 7 |
| 2 Miriam. Harrold | Bolton Utd Harriers | 255 | 3.4 | 5 |
| 3 Rebecca. Noblett | Preston Harriers | 873 | 3.35 | 4 |

Under 17 Women High Jump

| | | | | |
|--------------------|-------------------------|------|------|----|
| 1 Jodie. Farnworth | Chorley AC | 395 | 1.55 | 7 |
| 2 Natasha. Butler | Blackpool Wyre Fylde AC | 132 | 1.5 | 7 |
| 3 Sarah. Ward | Blackpool Wyre Fylde AC | 233 | 1.35 | 5 |
| 4 Samantha. Smith | Blackpool Wyre Fylde AC | 1301 | 1.3 | nc |

Under 17 Women Triple Jump

| | | | | |
|---------------|-------------------------|-----|-----|---|
| 1 Sarah. Ward | Blackpool Wyre Fylde AC | 233 | 8.7 | 7 |
|---------------|-------------------------|-----|-----|---|

Under 17 Women Shot Putt

| | | | | |
|---------------------|---------------------|------|------|---|
| 1 Charlotte. Beech | Pendle AC | 789 | 9.34 | 7 |
| 2 Emily. Richie | Bolton Utd Harriers | 314 | 6.15 | 7 |
| 3 Rebecca. Shorrock | Blackburn H & AC | 1291 | 6.1 | |
| 4 Rebecca. Taylor | Blackburn H & AC | 108 | 5.04 | 5 |
| 5 Allysia. Hine | Kendal AC | 534 | 4.94 | 5 |
| 6 Holly. Broughton | Blackburn H & AC | 64 | 4.73 | 4 |

Under 17 Women Discus Throw

| | | | | |
|--------------------|---------------------|-----|-------|---|
| 1 Charlotte. Beech | Pendle AC | 789 | 28.46 | 7 |
| 2 Kim. Little | Barrow & Furness AC | 10 | 19.42 | 7 |
| 3 Rebecca. Noblett | Preston Harriers | 873 | 13.65 | 5 |
| 4 Alicia. Mulligan | Hyndburn AC | 522 | 12.37 | 4 |

Under 17 Women Hammer Throw

| | | | | |
|--------------------|------------------|-----|-------|---|
| 1 Lucy. Chadwick | Pendle AC | 764 | 26.4 | 7 |
| 2 Rebecca. Noblett | Preston Harriers | 873 | 11.68 | 7 |

Under 15 Girls 100m Heat 1

| | | | | |
|---------------------|-------------------------|------|------|---|
| 1 Maxiene. Meju | Lancaster Morecambe A | 647 | 12.9 | 7 |
| 2 Tash. Gardner | Blackpool Wyre Fylde AC | 156 | 13 | 7 |
| 3 Sally. Wareing | Southport Waterloo AC | 1085 | 13.5 | 5 |
| 4 Beth. Miller | Horwich RMI H & AC | 426 | 13.6 | 4 |
| 5 Nadine. Parkinson | Blackburn H & AC | 1300 | 13.7 | 3 |
| 6 Heather. Ramsay | Kendal AC | 560 | 14.1 | 4 |
| 7 Summer. Hyatt | Hyndburn AC | 477 | 14.5 | 1 |

Under 15 Girls 100m Heat 2

| | | | | |
|----------------------|-------------------------|------|------|----|
| 1 Teagan. O'Hara | Blackpool Wyre Fylde AC | 198 | 14 | 5 |
| 2 Jennifer. Heyes | Bolton Utd Harriers | 308 | 14.2 | 3 |
| 3 Alex. Hastie | Blackpool Wyre Fylde AC | 1209 | 14.3 | nc |
| 4 Eva. Siwiak-Jaszek | Preston Harriers | 911 | 14.9 | |
| 5 Hannah. Lindsay | Burnley AC | 354 | 16.3 | 2 |

Under 15 Girls 100m Heat 3

| | | | | |
|---------------------|-------------------------|------|------|----|
| 1 Lily. Helme | Preston Harriers | 932 | 14.3 | 2 |
| 2 Natasha. Johnston | Blackpool Wyre Fylde AC | 174 | 14.8 | nc |
| 3 Jade. Screen | Kendal AC | 569 | 15.1 | |
| 4 Alicia. Roylance | Blackpool Wyre Fylde AC | 213 | 15.3 | nc |
| 5 Rebecca. Donohue | Guest | 1591 | 15.3 | |

Under 15 Girls 200m Heat 1

| | | | | |
|--------------------|-------------------------|------|------|----|
| 1 Tash. Gardner | Blackpool Wyre Fylde AC | 156 | 27 | 7 |
| 2 Jessica. Hodsmen | Kendal AC | 546 | 28 | 5 |
| 3 Jennifer. Heyes | Bolton Utd Harriers | 308 | 29.6 | 2 |
| 4 Rachael. Scott | Preston Harriers | 876 | 30.9 | nc |
| 5 Amy. Higham | Wigan H & AC | 1165 | 31.4 | |
| 6 Emma. Scott | Burnley AC | 350 | 32 | 7 |

Under 15 Girls 200m Heat 2

| | | | | |
|----------------------|-------------------------|-----|------|---|
| 1 Teagan. O'Hara | Blackpool Wyre Fylde AC | 198 | 29 | 4 |
| 2 Lily. Helme | Preston Harriers | 932 | 29.5 | 3 |
| 3 Heather. Ramsay | Kendal AC | 560 | 29.7 | 1 |
| 4 Jessica. Mcdermott | Preston Harriers | 865 | 30.3 | |
| 5 Summer. Hyatt | Hyndburn AC | 477 | 30.7 | |
| 6 Hannah. Lindsay | Burnley AC | 354 | 34.5 | 5 |

Under 15 Girls 300m Heat 1

| | | | | |
|----------------------|-------------------------|------|------|---|
| 1 Ellon. Hart | Southport Waterloo AC | 1054 | 43.1 | 7 |
| 2 Jessica. Hodsmen | Kendal AC | 546 | 44.4 | 7 |
| 3 Louise. Chan | Wigan H & AC | 1164 | 44.7 | 5 |
| 4 Jessica. Mcdermott | Preston Harriers | 865 | 46.8 | 3 |
| 5 Bethany. Wallis | Bolton Utd Harriers | 285 | 48.7 | 1 |
| 6 Lindsay. O'Brien | Blackpool Wyre Fylde AC | 196 | 49.8 | |

Under 15 Girls 300m Heat 2

| | | | | |
|---------------------|-----------------------|------|------|----|
| 1 Joelle. Campbell | Kendal AC | 538 | 45.9 | 4 |
| 2 Natalie. Thompson | Wigan H & AC | 1157 | 47.9 | 2 |
| 3 Patricia. Irizar | Southport Waterloo AC | 1059 | 48.7 | 5 |
| 4 Amy. Higham | Wigan H & AC | 1165 | 49.6 | nc |
| 5 Emma. Scott | Burnley AC | 350 | 51.1 | 4 |

Under 15 Girls 800m Heat 1

| | | | | |
|---------------------|-------------------------|------|---------|---|
| 1 Beth. Tynan | Guest | 1592 | 02:24.7 | |
| 2 Emily. Fletcher | Blackburn H & AC | 72 | 02:27.2 | 7 |
| 3 Olivia. Miller | Barrow & Furness AC | 35 | 02:27.8 | 7 |
| 4 Aimee. Gallagher | Preston Harriers | 891 | 02:27.9 | 5 |
| 5 Natalie. Thompson | Wigan H & AC | 1157 | 02:29.7 | 4 |
| 6 Amelia. Beaman | Blackpool Wyre Fylde AC | 1218 | 02:35.0 | 3 |
| 7 Sarah. Hodgson | Lancaster Morecambe AC | 632 | 02:36.8 | 5 |
| 8 Patricia. Irizar | Southport Waterloo AC | 1059 | 02:38.6 | 4 |
| 9 Kirsty. Fraser | Lytham St.Annes RR | 731 | 02:44.9 | 2 |
| 10 Emma. Scott | Burnley AC | 350 | 02:50.0 | 1 |

Mid Lancs Track and Field League
Witton Park, Blackburn, 27th June 2009

Under 15 Girls 800m Heat 2

| | | | |
|---------------------|---------------------|------|------------|
| 1 Sarah. Mcdonough | Guest | 1590 | 02:38.0 |
| 2 Louise. Chan | Wigan H & AC | 1164 | 02:38.5 2 |
| 3 Bethany. Wallis | Bolton Utd Harriers | 285 | 02:38.9 1 |
| 4 Jacinta. Davison | Blackburn H & AC | 1283 | 02:43.3 3 |
| 5 Holly. Ballantyne | Blackburn H & AC | 56 | 02:47.7 nc |
| 6 Nina. Smart | Kendal AC | 570 | 02:51.9 |
| 7 Vicky. Harris | Blackburn H & AC | 1292 | 02:52.6 nc |
| 8 Allysia. Hine | Kendal AC | 534 | 03:06.1 |

Under 15 Girls Discus Throw

| | | | |
|----------------------|-------------------------|------|---------|
| 1 Lucy. Chadwick | Pendle AC | 764 | 25.48 7 |
| 2 Allysia. Hine | Kendal AC | 534 | 16.17 7 |
| 3 Eva. Siwiak-Jaszek | Preston Harriers | 911 | 16.1 5 |
| 4 Lindsay. O'Brien | Blackpool Wyre Fylde AC | 196 | 15.93 4 |
| 5 Jade. Screen | Kendal AC | 569 | 14.5 3 |
| 6 Kirsty. Fraser | Lytham St.Annes RR | 731 | 14.09 5 |
| 7 Rebecca. Donohue | Guest | 1591 | 14.08 |
| 8 Lorna. Miller | Bolton Utd Harriers | 264 | 13.94 2 |
| 9 Heidi. Hamshere | Hyndburn AC | 485 | 13.68 1 |
| 10 Katie. Davies | Bolton Utd Harriers | 247 | 12.33 |
| 11 Anya. Townsend | Chorley AC | 392 | 12.13 4 |

Under 15 Girls 1500m

| | | | |
|---------------------|-------------------------|-----|-----------|
| 1 Jade. Lord | Pendle AC | 774 | 04:56.8 7 |
| 2 Rachael. Scott | Preston Harriers | 876 | 05:04.5 7 |
| 3 Darah. Darbyshire | Blackburn H & AC | 69 | 05:35.5 5 |
| 4 Lucy. Minns | Blackpool Wyre Fylde AC | 191 | 05:42.5 5 |

Under 15 Girls 4x100m Relay

| | | | |
|-----|-------------------------|-----|--------|
| 1 . | Bolton Utd Harriers | 314 | 56.3 7 |
| 2 . | Blackpool Wyre Fylde AC | 181 | 57.3 5 |
| 3 . | Kendal AC | 546 | 59.8 4 |

Under 13 Girls 100m Heat 1

| | | | |
|----------------------|-------------------------|-----|--------|
| 1 Demi-Lee. Scott | Bolton Utd Harriers | 277 | 13.6 7 |
| 2 Lydia. Williams | Preston Harriers | 950 | 14.2 5 |
| 3 Gabrielle. Whittle | Horwich RMI H & AC | 454 | 14.4 6 |
| 4 Amber. Swinnerton | Blackpool Wyre Fylde AC | 226 | 14.4 4 |
| 5 Molly. Haydock | Hyndburn AC | 503 | 15.3 2 |
| 6 Niakatta. Taylor | Kendal AC | 582 | 16.9 |

Under 15 Girls Long Jump

| | | | |
|----------------------|-------------------------|------|---------|
| 1 Cassidy. Knight | Blackpool Wyre Fylde AC | 181 | 4.4 7 |
| 2 Jessica. Hodsman | Kendal AC | 546 | 4.39 5 |
| 3 Teagan. O'Hara | Blackpool Wyre Fylde AC | 198 | 4.25 4 |
| 4 Joelle. Campbell | Kendal AC | 538 | 4.2 3 |
| 5 Summer. Hyatt | Hyndburn AC | 477 | 4.17 2 |
| 6 Ashley. Smith | Preston Harriers | 878 | 4.02 1 |
| 7 Lorna. Miller | Bolton Utd Harriers | 264 | 3.91 |
| 8 Nina. Smart | Kendal AC | 570 | 3.91 nc |
| 9 Jennifer. Heyes | Bolton Utd Harriers | 308 | 3.82 |
| 10 Natalie. Thompson | Wigan H & AC | 1157 | 3.77 |
| 11 Hannah. Lindsay | Burnley AC | 354 | 3.51 7 |
| 12 Alicia. Roylance | Blackpool Wyre Fylde AC | 213 | 3.27 nc |
| 13 Katie. Davies | Bolton Utd Harriers | 247 | 3.23 nc |

Under 13 Girls 100m Heat 2

| | | | |
|-------------------|-------------------------|------|---------|
| 1 Rhea. Jackson | Pendle AC | 787 | 14.4 6 |
| 2 Sarah. Chadwick | Preston Harriers | 946 | 14.5 3 |
| 3 Jordan. Dixon | Blackpool Wyre Fylde AC | 145 | 15.5 |
| 4 Katrina. Kelly | Blackpool Wyre Fylde AC | 179 | 15.6 nc |
| 5 Sally. Seanson | Blackburn H & AC | 1299 | 17.2 4 |
| 6 Hannah. Hunter | Barrow & Furness AC | 46 | 17.4 |
| 7 Grace. Lindsay | Burnley AC | 359 | 20.5 3 |

Under 15 Girls High Jump

| | | | |
|----------------------|-------------------------|------|--------|
| 1 Ashley. Smith | Preston Harriers | 878 | 1.4 7 |
| 2 Joelle. Campbell | Kendal AC | 538 | 1.4 5 |
| 3 Alex. Hastie | Blackpool Wyre Fylde AC | 1209 | 1.4 4 |
| 4 Beth. Miller | Horwich RMI H & AC | 426 | 1.35 7 |
| 5 Abigail. Bleasdale | Blackburn H & AC | 59 | 1.3 5 |
| 6 Natasha. Johnston | Blackpool Wyre Fylde AC | 174 | 1.25 3 |
| 7 Lucy. Minns | Blackpool Wyre Fylde AC | 191 | 1.2 nc |

Under 13 Girls 100m Heat 3

| | | | |
|---------------------|-------------------------|------|---------|
| 1 Sharice. Blaikie | Kendal AC | 536 | 15.3 2 |
| 2 Mia. Arguello | Preston Harriers | 822 | 15.5 nc |
| 3 Megan. Gray | Blackpool Wyre Fylde AC | 1215 | 16 nc |
| 4 Hannah. Young | Wigan H & AC | 1324 | 16.1 |
| 5 Katie. Oakley | Bolton Utd Harriers | 318 | 16.6 |
| 6 Lucinda. Mulligan | Hyndburn AC | 521 | 17.9 |

Under 15 Girls Shot Putt

| | | | |
|-------------------|-------------------------|------|---------|
| 1 Lucy. Chadwick | Pendle AC | 764 | 11.14 7 |
| 2 Chloe. Needham | Blackpool Wyre Fylde AC | 195 | 8.88 7 |
| 3 Heidi. Hamshere | Hyndburn AC | 485 | 6.99 5 |
| 4 Lorna. Miller | Bolton Utd Harriers | 264 | 6.64 4 |
| 5 Jade. Screen | Kendal AC | 569 | 5.8 3 |
| 6 Amy. Higham | Wigan H & AC | 1165 | 5.61 2 |

Under 13 Girls 200m Heat 1

| | | | |
|--------------------|-------------------------|-----|--------|
| 1 Demi-Lee. Scott | Bolton Utd Harriers | 277 | 28.3 7 |
| 2 Kate. Lawler | Blackpool Wyre Fylde AC | 183 | 29.4 4 |
| 3 Lydia. Williams | Preston Harriers | 950 | 29.6 3 |
| 4 Katrina. Kelly | Blackpool Wyre Fylde AC | 179 | 31.3 |
| 5 Sharice. Blaikie | Kendal AC | 536 | 32 |
| 6 Molly. Haydock | Hyndburn AC | 503 | 32.8 |

Under 13 Girls 200m Heat 2

| | | | |
|--------------------|-----------------------|------|--------|
| 1 Freya. Sadler | Barrow & Furness AC | 17 | 28.9 5 |
| 2 Emily. Laing | Guest | 1596 | 29.5 |
| 3 Rhea. Jackson | Pendle AC | 787 | 29.6 7 |
| 4 Emma. Hargreaves | Preston Harriers | 847 | 30.5 2 |
| 5 Lucy. Hunter | Southport Waterloo AC | 1094 | 38.6 4 |
| 6 Grace. Lindsay | Burnley AC | 359 | 45.9 3 |

Mid Lancs Track and Field League
Witton Park, Blackburn, 27th June 2009

Under 13 Girls 200m Heat 3

| | | | | |
|--------------------|-------------------------|------|------|----|
| 1 Leah. Peploe | Bolton Utd Harriers | 272 | 30.6 | 1 |
| 2 Tasmin. Crook | Barrow & Furness AC | 29 | 32 | |
| 3 Jordan. Dixon | Blackpool Wyre Fylde AC | 145 | 32 | nc |
| 4 Megan. Gray | Blackpool Wyre Fylde AC | 1215 | 33.3 | nc |
| 5 Olivia. Brooks | Blackburn H & AC | 1296 | 36 | 5 |
| 6 Niakatta. Taylor | Kendal AC | 582 | 37 | |

Under 13 Girls Long Jump

| | | | | |
|------------------------|-------------------------|------|------|----|
| 1 Rhea. Jackson | Pendle AC | 787 | 4.14 | 7 |
| 2 Sarah. Chadwick | Preston Harriers | 946 | 3.93 | 7 |
| 3 Mia. Arguello | Preston Harriers | 822 | 3.9 | 5 |
| 4 Amber. Swinnerton | Blackpool Wyre Fylde AC | 226 | 3.88 | 4 |
| 5 Danielle. Thompson | Wigan H & AC | 1156 | 3.83 | 3 |
| 6 Gaby. Byron | Barrow & Furness AC | 40 | 3.77 | 2 |
| 7 Sophie. Reaper | Bolton Utd Harriers | 275 | 3.74 | 1 |
| 8 Katrina. Kelly | Blackpool Wyre Fylde AC | 179 | 3.72 | |
| 9 Tasmin. Crook | Barrow & Furness AC | 29 | 3.66 | |
| 10 Katie-Anne. Sears | Blackburn H & AC | 1294 | 3.65 | 5 |
| 11 Marnie. Shirtcliffe | Hyndburn AC | 498 | 3.62 | |
| 12 Molly. Haydock | Hyndburn AC | 503 | 3.52 | |
| 13 Bethany. Evans | Preston Harriers | 837 | 3.51 | nc |
| 14 Hannah. Young | Wigan H & AC | 1324 | 3.5 | |
| 15 Bethany. Everson | Blackpool Wyre Fylde AC | 152 | 3.43 | nc |
| 16 Ellie. Roberts | Southport Waterloo AC | 1075 | 3.42 | 4 |
| 17 Megan. Gray | Blackpool Wyre Fylde AC | 1215 | 3.41 | nc |
| 18 Nadia. Patel | Preston Harriers | 927 | 3.31 | nc |
| 19 Chloe. Hallhead | Kendal AC | 563 | 3.24 | |
| 20 Olivia. Brooks | Blackburn H & AC | 1296 | 2.98 | 3 |
| 21 Chloe. Law | Rossendale Harriers | 1024 | 2.8 | 2 |
| 22 Hannah. Hunter | Barrow & Furness AC | 46 | 2.52 | nc |
| 23 Grace. Lindsay | Burnley AC | 359 | 2.11 | 1 |

Under 13 Girls 800m Heat 1

| | | | | |
|----------------------|-------------------------|------|---------|---|
| 1 Kate. Lawler | Blackpool Wyre Fylde AC | 183 | 02:30.1 | 7 |
| 2 Zoe. Tynan | Guest | 1593 | 02:33.0 | |
| 3 Katrina. Steele | Bolton Utd Harriers | 297 | 02:34.7 | 5 |
| 4 Ella. Roberts | Preston Harriers | 893 | 02:36.6 | 4 |
| 5 Megan. Solomon | Rossendale Harriers | 1303 | 02:39.2 | 7 |
| 6 Danielle. Thompson | Wigan H & AC | 1156 | 02:41.0 | 2 |
| 7 Sophie. Seddon | Barrow & Furness AC | 45 | 02:42.6 | 1 |
| 8 Hannah. Williams | Hyndburn AC | 1244 | 02:43.2 | |
| 9 Millie. Morgan | Kendal AC | 566 | 02:46.8 | |
| 10 Sophie. Williams | Horwich RMI H & AC | 467 | 02:49.8 | 4 |
| 11 Katie. Buckingham | Blackburn H & AC | 65 | 03:05.3 | 3 |
| 12 Lucy. Hunter | Southport Waterloo AC | 1094 | 03:25.2 | 2 |

Under 13 Girls 800m Heat 2

| | | | | |
|--------------------|-------------------------|------|---------|----|
| 1 Emma. Hargreaves | Preston Harriers | 847 | 02:38.9 | 3 |
| 2 Hannah. Delaney | Guest | 1589 | 02:41.6 | |
| 3 Isabella. Lewis | Rossendale Harriers | 1030 | 02:41.8 | 5 |
| 4 Tasmin. Crook | Barrow & Furness AC | 29 | 02:51.6 | |
| 5 Kelly. Smith | Blackpool Wyre Fylde AC | 1302 | 02:58.7 | |
| 6 Gaby. Byron | Barrow & Furness AC | 40 | 03:00.4 | nc |
| 7 Chloe. Law | Rossendale Harriers | 1024 | 03:03.6 | nc |
| 8 Rachel. Lever | Preston Harriers | 929 | 03:05.1 | nc |
| 9 Katie. Oakley | Bolton Utd Harriers | 318 | 03:06.0 | |
| 10 Nadia. Patel | Preston Harriers | 927 | 03:15.8 | nc |

Under 13 Girls High Jump

| | | | | |
|-----------------------|-------------------------|------|------|----|
| 1 Ella. Roberts | Preston Harriers | 893 | 1.41 | 7 |
| 2= Gabrielle. Whittle | Horwich RMI H & AC | 454 | 1.25 | 7 |
| 2= Sophie. Reaper | Bolton Utd Harriers | 275 | 1.25 | 5 |
| 4 Katie-Anne. Sears | Blackburn H & AC | 1294 | 1.2 | 5 |
| 5= Nadia. Patel | Preston Harriers | 927 | 1.15 | 4 |
| 5= Sophie. Seddon | Barrow & Furness AC | 45 | 1.15 | 4 |
| 7 Amber. Swinnerton | Blackpool Wyre Fylde AC | 226 | 1.15 | 2 |
| 8 Katie. Buckingham | Blackburn H & AC | 65 | 1.15 | 4 |
| 9= Bethany. Everson | Blackpool Wyre Fylde AC | 152 | 1.1 | 1 |
| 9= Katie. Jepson | Blackburn H & AC | 1289 | 1.1 | nc |
| 11 Ruth. Whipp | Chorley AC | 394 | 1.1 | 3 |
| 12 Millie. Morgan | Kendal AC | 566 | 1.05 | |

Under 13 Girls 1500m

| | | | | |
|---------------------|-------------------------|------|---------|---|
| 1 Bethany. Everson | Blackpool Wyre Fylde AC | 152 | 05:12.7 | 7 |
| 2 Leah. Peploe | Bolton Utd Harriers | 272 | 05:13.2 | 5 |
| 3 Sally. Searson | Blackburn H & AC | 1299 | 05:18.6 | 7 |
| 4 Sophia. Brennan | Guest | 1584 | 05:20.2 | |
| 5 Zarina. Wilson | Barrow & Furness AC | 44 | 05:39.1 | 4 |
| 6 Ellie. Roberts | Southport Waterloo AC | 1075 | 05:40.3 | 5 |
| 7 Rebecca. Flanagan | Rossendale Harriers | 1034 | 05:52.2 | 4 |
| 8 Chloe. Hallhead | Kendal AC | 563 | 05:54.1 | 3 |

Under 13 Girls 4x100m Relay

| | | | | |
|-----|---------------------|-----|------|---|
| 1 . | Preston Harriers | 950 | 56.2 | 7 |
| 2 . | Bolton Utd Harriers | 277 | 58.7 | 5 |
| 3 . | Barrow & Furness AC | 29 | 62 | 4 |
| 4 . | Kendal AC | 566 | 62.8 | 3 |
| 5 . | Hyndburn AC | 498 | 64.6 | 2 |

Mid Lancs Track and Field League
Witton Park, Blackburn, 27th June 2009

Under 13 Girls Shot Putt

| | | | | | |
|----|---------------------|-------------------------|------|------|----|
| 1 | Emily. Laing | Guest | 1596 | 8.92 | |
| 2 | Bethany. Evans | Preston Harriers | 837 | 6.95 | 7 |
| 3 | Tash. Gardner | Blackpool Wyre Fylde AC | 156 | 6.86 | 5 |
| 4 | Kate. Lawler | Blackpool Wyre Fylde AC | 183 | 6.5 | 4 |
| 5 | Natassia. Dacre | Horwich RMI H & AC | 416 | 6.39 | 7 |
| 6 | Lydia. Williams | Preston Harriers | 950 | 6.25 | 3 |
| 7 | Sophie. Williams | Horwich RMI H & AC | 467 | 5.78 | 5 |
| 8 | Hannah. Williams | Hyndburn AC | 1244 | 5.76 | 2 |
| 9 | Marnie. Shirtcliffe | Hyndburn AC | 498 | 5.74 | 1 |
| 10 | Katie-Anne. Sears | Blackburn H & AC | 1294 | 5.63 | 4 |
| 11 | Gabrielle. Whittle | Horwich RMI H & AC | 454 | 5.28 | nc |
| 12 | Ruth. Whipp | Chorley AC | 394 | 5.21 | 3 |
| 13 | Lucinda. Mulligan | Hyndburn AC | 521 | 5.13 | nc |
| 14 | Millie. Morgan | Kendal AC | 566 | 4.74 | |
| 15 | Freya. Sadler | Barrow & Furness AC | 17 | 4.66 | |
| 16 | Kelly. Smith | Blackpool Wyre Fylde AC | 1302 | 4.44 | nc |
| 17 | Sophie. Seddon | Barrow & Furness AC | 45 | 4.39 | |
| 18 | Hannah. Jepson | Blackburn H & AC | 1290 | 4.28 | 2 |
| 19 | Chloe. Hallhead | Kendal AC | 563 | 4.27 | |
| 20 | Hannah. Hunter | Barrow & Furness AC | 46 | 4.15 | nc |
| 21 | Gaby. Byron | Barrow & Furness AC | 40 | 3.76 | nc |
| 22 | Lucy. Hunter | Southport Waterloo AC | 1094 | 3.75 | 1 |

Under 13 Girls Discus Throw

| | | | | | |
|---|-----------------|-------------------------|------|-------|---|
| 1 | Sarah. Chadwick | Preston Harriers | 946 | 18.52 | 7 |
| 2 | Bethany. Evans | Preston Harriers | 837 | 17.08 | 5 |
| 3 | Katie. Jepson | Blackburn H & AC | 1289 | 14.36 | 7 |
| 4 | Natassia. Dacre | Horwich RMI H & AC | 416 | 14.03 | 5 |
| 5 | Demi-Lee. Scott | Bolton Utd Harriers | 277 | 13.94 | 4 |
| 6 | Hannah. Jepson | Blackburn H & AC | 1290 | 12.26 | 4 |
| 7 | Sophie. Reaper | Bolton Utd Harriers | 275 | 12.16 | 3 |
| 8 | Kelly. Smith | Blackpool Wyre Fylde AC | 1302 | 9.99 | 2 |