

**Mid Lancs Track and Field League**  
Litherland Sports Park, 26th June 2010

<b>Senior Men 100m Heat 1</b>					<b>Senior Men 400m Heat 4</b>						
1	Si. Woan	Preston Harriers	1006	10.9	7	1	Andy. Townsend	Horwich RMI H & AC	1495	60.4	
2	Jack. Thomas	Horwich RMI H & AC	570	11	5	2	Andrew. Storey	Horwich RMI H & AC	552	64.9	
3	Graham. Parsons	Kendal AC	654	11.1	4	3	Graham. Webster	Lytham St.Annes RR	802	68.1	
4	Stephen. Sumner	Hyndburn AC	571	11.4	3	<b>Senior Men 800m</b>					
5	John. Pearce	Barrow & Furness AC	24	11.7	7	1	Mark. Hartley	Burnley AC	403	01:59.8	7
6	Michael. Mclean	Southport Waterloo AC	1160	12.3		2	Alasdair. Russell	Kendal AC	678	02:00.7	7
DQ	7 Tom. Batty	Preston Harriers	1008			3	Paul. Milburn	Guest	1577	02:05.6	
<b>Senior Men 100m Heat 2</b>					<b>Senior Men 1500m</b>						
1	Andy. Burrell	Preston Harriers	979	11.4	3	4	Jack. Lonsdale	Blackburn H & AC	101	02:08.5	5
2	Michael. Houghton	Horwich RMI H & AC	1423	11.8	1	5	David. Wallace	Burnley AC	404	02:13.5	5
3	Martin. Wall	Burnley AC	418	12.1	5	6	William. Capstick	Ribble Valley AC	1443	02:14.4	4
4	Jack. Stringfellow	Rossendale Harriers	1059	12.2	4	7	Andy. Townsend	Horwich RMI H & AC	1495	02:17.7	4
5	Andy. Stubbs	Blackpool Wyre Fylde AC	227	12.5		8	Alex. Rowe	Wesham Road Runners	1192	02:21.3	3
6	Chris. Honess	Southport Waterloo AC	1149	13.4		9	Keith. Lester	Guest	1575	02:24.7	
<b>Senior Men 200m Heat 1</b>					<b>Senior Men 3000m</b>						
1	Si. Woan	Preston Harriers	1006	22.3	7	1	David. Rigby	Preston Harriers	983	09:33.7	
2	Alex. Bale	Blackpool Wyre Fylde AC	184	22.6	5	2	Ben. Johnson	Southport Waterloo AC	1161	09:51.1	
3	Daniel. Yip	Guest	1568	22.8		3	Alex. Rowe	Wesham Road Runners	1192	10:01.1	
4	Bruce. Pilkington	Bolton Utd Harriers	341	22.8	7	4	Robert. Wong	Blackburn H & AC	66	10:31.3	
5	Tom. Batty	Preston Harriers	1008	23	4	5	Simon. Stanway	Barrow & Furness AC	26	10:40.7	
<b>Senior Men 200m Heat 2</b>					<b>Senior Men 4x100m Relay</b>						
1	Graham. Parsons	Kendal AC	654	23.2	3	1	.	Kendal AC	654	47.2	7
2	David. Wallace	Burnley AC	404	24	5	2	.	Preston Harriers	1007	47.4	5
3	Marcus. Quarmby	Blackpool Wyre Fylde AC	197	24.5	2	3	.	Horwich RMI H & AC	1425	51	4
4	David. Rigby	Preston Harriers	983	24.6	nc	4	.	Hyndburn AC	571	52.6	3
5	Michael. Mclean	Southport Waterloo AC	1160	25.1	1	5	.	Burnley AC	418	55.8	7
<b>Senior Men 200m Heat 3</b>					<b>Senior Men 4x400m Relay</b>						
1	John. Linaker	Burnley AC	416	25.1	4	1	.	Burnley AC	403	04:00.2	7
2	Leeroy. Golding	Pendle AC	833	25.5	3	2	.	Kendal AC	651	04:05.3	7
3	Dale. Grimshaw	Burnley AC	405	26.5	nc	<b>Senior Men Long Jump</b>					
4	Andrew. Storey	Horwich RMI H & AC	552	27.2		1	James. Blackburn	Pendle AC	845	5.95	7
<b>Senior Men 400m Heat 1</b>					<b>Senior Men 4x400m Relay</b>						
1	Sam. Yates	Ribble Valley AC	1442	49.8		2	Michael. Houghton	Horwich RMI H & AC	1423	5.27	7
2	Ted. Romney	Blackpool Wyre Fylde AC	203	51.2	7	3	Andrew. Storey	Horwich RMI H & AC	552	4.42	5
3	Tom. Matthews	Kendal AC	665	51.7	5	4	Dale. Grimshaw	Burnley AC	405	4.2	5
4	James. Eccles	Bolton Utd Harriers	340	51.8	7	5	Dave. Moynihan	Hyndburn AC	581	3.69	4
5	Christian. Eckersley	Bolton Utd Harriers	342	54.7	5	<b>Senior Men 400m Heat 2</b>					
6	David. Wallace	Burnley AC	404	55.5	4	1	Tom. Batty	Preston Harriers	1008	53.8	4
<b>Senior Men 400m Heat 2</b>					<b>Senior Men 400m Heat 3</b>						
1	Tom. Batty	Preston Harriers	1008	53.8	4	1	Paul. Milburn	Guest	1577	54.7	
2	David. Rigby	Preston Harriers	983	54.2	3	2	John. Linaker	Burnley AC	416	57.5	nc
3	Jack. Scarr	Blackpool Wyre Fylde AC	236	55.2	2	3	Martin. Wall	Burnley AC	418	58	nc
4	Alasdair. Russell	Kendal AC	678	55.2	1	4	Dale. Grimshaw	Burnley AC	405	60.6	nc
5	Leeroy. Golding	Pendle AC	833	56.4	3	<b>Senior Men 400m Heat 3</b>					
6	Mark. Hartley	Burnley AC	403	56.4	2	1	Paul. Milburn	Guest	1577	54.7	
<b>Senior Men 400m Heat 3</b>					<b>Senior Men 400m Heat 4</b>						
1	Paul. Milburn	Guest	1577	54.7		1	Mark. Hartley	Burnley AC	403	01:59.8	7
2	John. Linaker	Burnley AC	416	57.5	nc	2	Alasdair. Russell	Kendal AC	678	02:00.7	7
3	Martin. Wall	Burnley AC	418	58	nc	3	Paul. Milburn	Guest	1577	02:05.6	
4	Dale. Grimshaw	Burnley AC	405	60.6	nc	4	Jack. Lonsdale	Blackburn H & AC	101	02:08.5	5
<b>Senior Men 400m Heat 4</b>					<b>Senior Men 400m Heat 5</b>						
1	Mark. Hartley	Burnley AC	403	56.4	2	1	Mark. Hartley	Burnley AC	403	01:59.8	7
2	Alasdair. Russell	Kendal AC	678	55.2	1	2	Alasdair. Russell	Kendal AC	678	02:00.7	7
3	Paul. Milburn	Guest	1577	54.7		3	Paul. Milburn	Guest	1577	02:05.6	
4	Jack. Lonsdale	Blackburn H & AC	101	02:08.5	5	4	Jack. Lonsdale	Blackburn H & AC	101	02:08.5	5
5	David. Wallace	Burnley AC	404	02:13.5	5	5	David. Wallace	Burnley AC	404	02:13.5	5
6	William. Capstick	Ribble Valley AC	1443	02:14.4	4	6	William. Capstick	Ribble Valley AC	1443	02:14.4	4
7	Andy. Townsend	Horwich RMI H & AC	1495	02:17.7	4	7	Andy. Townsend	Horwich RMI H & AC	1495	02:17.7	4
8	Alex. Rowe	Wesham Road Runners	1192	02:21.3	3	8	Alex. Rowe	Wesham Road Runners	1192	02:21.3	3
9	Keith. Lester	Guest	1575	02:24.7		9	Keith. Lester	Guest	1575	02:24.7	
10	Mark. Bleasdale	Guest	1576	02:29.0		10	Mark. Bleasdale	Guest	1576	02:29.0	
11	Graham. Webster	Lytham St.Annes RR	802	02:30.8	2	11	Graham. Webster	Lytham St.Annes RR	802	02:30.8	2
12	Peter. Gleaves	Wesham Road Runners	1191	02:32.5	1	12	Peter. Gleaves	Wesham Road Runners	1191	02:32.5	1
13	Dave. Moynihan	Hyndburn AC	581	02:58.7	3	13	Dave. Moynihan	Hyndburn AC	581	02:58.7	3

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Senior Men Triple Jump

1 James. Blackburn	Pendle AC	845	12.4	7
2 Michael. Houghton	Horwich RMI H & AC	1423	10.63	7
3 Muhammad. Atique	Pendle AC	849	9.98	5

Under 17 Men 100m

1 Will. Valentine	Bolton Utd Harriers	292	11.2	7
2 Alex. Boyd	Barrow & Furness AC	27	11.5	5
3 Callum. Blakie	Kendal AC	656	11.6	7
4 Chris. Snaith	Barrow & Furness AC	12	12.5	4
5 Craig. Wilson	Southport Waterloo AC	1154	12.7	5

Senior Men Shot Putt

1 Alan. Plumb	Burnley AC	401	10.86	7
2 Ryan. Inglis	Pendle AC	835	10.37	5
3 Duncan. Shaw	Blackpool Wyre Fylde AC	141	9.49	7
4 Russell. Race	Hyndburn AC	574	8.33	5
5 Rob. Morley	Preston Harriers	1000	8.14	4
6 Graham. Parsons	Kendal AC	654	8.04	3
7 David. Billington	Blackburn H & AC	79	7.96	2
8 Jonathan. Davison	Blackburn H & AC	92	7.55	1
9 Declan. Lyons	Hyndburn AC	579	7.17	
10 Trevor. Williams	Horwich RMI H & AC	563	7.09	
11 Dale. Grimshaw	Burnley AC	405	6.13	4
12 Brad. Wood	Horwich RMI H & AC	564	5.14	

Under 17 Men 200m

1 James. Whitfield	Bolton Utd Harriers	298	24.2	7
2 Chris. Snaith	Barrow & Furness AC	12	25.3	5
3 Ryan. Bradshaw	Burnley AC	407	26.2	4

Under 17 Men 400m

1 Ryan. Sciacca	Chorley AC	449	55.2	7
2 James. Whitfield	Bolton Utd Harriers	298	55.9	5
3 Daniel. Quarmby	Blackpool Wyre Fylde AC	196	61.8	7

Under 17 Men 800m

1 Luke. Betts	Chorley AC	445	02:01.3	7
2 Niall. Cullen	Southport Waterloo AC	1111	02:03.9	7
3 Ryan. Sciacca	Chorley AC	449	02:07.5	5
4 Zac. Howe	Horwich RMI H & AC	519	02:10.6	5
5 Daniel. Quarmby	Blackpool Wyre Fylde AC	196	02:15.4	4
6 Kingsley. Judd	Preston Harriers	960	02:17.1	3
7 Reece. Clark	Ribble Valley AC	1313	02:18.1	4
8 Ryan. Bradshaw	Burnley AC	407	02:20.7	3

Senior Men Discus Throw

1 Ryan. Inglis	Pendle AC	835	28.6	7
2 Russell. Race	Hyndburn AC	574	24.22	7
3 Declan. Lyons	Hyndburn AC	579	22.64	5
4 Trevor. Williams	Horwich RMI H & AC	563	20.66	4
5 Duncan. Shaw	Blackpool Wyre Fylde AC	141	20.09	3
6 Brad. Wood	Horwich RMI H & AC	564	17.39	2
7 Jonathan. Davison	Blackburn H & AC	92	16.16	1
8 David. Billington	Blackburn H & AC	79	15.75	

Under 17 Men 1500m

1 Adam. Sciacca	Chorley AC	450	04:34.9	7
2 Joe. Ellison	Chorley AC	448	04:48.5	5

Senior Men Javelin Throw

1 Muhammad. Atique	Pendle AC	849	38.5	7
2 Adam. Lesbriel	Preston Harriers	1007	38.15	7
3 Martin. Wall	Burnley AC	418	37.83	5
4 Russell. Race	Hyndburn AC	574	29.89	5
5 John. Linaker	Burnley AC	416	25.76	4
6 Jonathan. Davison	Blackburn H & AC	92	25.19	4
7 Stephen. Sumner	Hyndburn AC	571	24.31	3
8 Trevor. Williams	Horwich RMI H & AC	563	21.66	2
9 David. Billington	Blackburn H & AC	79	21.58	1

Under 17 Men Long Jump

1 Alex. Boyd	Barrow & Furness AC	27	5.41	7
2 Chris. Snaith	Barrow & Furness AC	12	5.35	5

Under 17 Men High Jump

1 Callum. Blakie	Kendal AC	656	1.75	7
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Under 17 Men Triple Jump

1 Alex. Boyd	Barrow & Furness AC	27	11.15	7
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Senior Men Hammer Throw

1 Duncan. Shaw	Blackpool Wyre Fylde AC	141	35.12	7
2 Alan. Plumb	Burnley AC	401	32.63	7
3 Ryan. Inglis	Pendle AC	835	26.84	5
4 Rob. Morley	Preston Harriers	1000	14.08	5
5 Ian. Saunders	Horwich RMI H & AC	543	13.82	4

Under 17 Men Shot Putt

1 Peter. Bridge	Blackpool Wyre Fylde AC	140	13.19	7
2 Robert. Makin	Bolton Utd Harriers	293	12.63	7
3 Callum. Blakie	Kendal AC	656	9.83	5
4 Kingsley. Judd	Preston Harriers	960	7.66	4

Under 17 Men Discus Throw

1 James. Whitfield	Bolton Utd Harriers	298	34.46	7
2 Robert. Makin	Bolton Utd Harriers	293	32.3	5
3 Peter. Bridge	Blackpool Wyre Fylde AC	140	27.48	7
4 Kingsley. Judd	Preston Harriers	960	17.89	5

Under 17 Men Javelin Throw

1 Robert. Makin	Bolton Utd Harriers	293	44.49	7
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Under 17 Men Hammer Throw

1 Peter. Bridge	Blackpool Wyre Fylde AC	140	28.15	7
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Under 15 Boys 100m Heat 1

1 Keiran. Corbett	Preston Harriers	932	12.4	7
2 James. Blow	Blackburn H & AC	73	13	4
3 Robbie. Morris	Blackpool Wyre Fylde AC	219	13.5	3
4 Alton. Fowley	Rossendale Harriers	1065	13.7	

Under 15 Boys 1500m

1 Andrew. Kershaw	Southport Waterloo AC	1125	04:46.0	7
2 Rory. Judd	Preston Harriers	953	04:48.0	5
3 Hywel. Scourfield	Bolton Utd Harriers	339	04:59.7	7
4 Mark. Sullivan	Kendal AC	676	05:07.3	4
5 Liam. Byrne	Southport Waterloo AC	1155	05:24.7	3

Under 15 Boys 100m Heat 2

1 Elliot. Weston	Rossendale Harriers	1054	12.5	7
2 Robert. Tingle	Preston Harriers	913	12.9	5
3 Jordan. Mathieson	Barrow & Furness AC	28	13.3	5
4 Chris. Price	Bolton Utd Harriers	317	13.4	4

Under 15 Boys Long Jump

1 Luis. Blyth	Blackpool Wyre Fylde AC	198	5.5	7
2 Christopher. Mann	Bolton Utd Harriers	297	5.28	7
3 Ashley. Hails	Blackpool Wyre Fylde AC	180	4.52	5
4 Owen. Williams	Southport Waterloo AC	1144	4.51	4
5 Keiran. Corbett	Preston Harriers	932	4.47	3
6 James. Blow	Blackburn H & AC	73	4.42	2
7 Jordan. Mathieson	Barrow & Furness AC	28	4.35	5
8 Alton. Fowley	Rossendale Harriers	1065	4.23	
9 Jack. Hails	Blackpool Wyre Fylde AC	181	4.14	nc
10 Adam. Taylor	Horwich RMI H & AC	1499	4.13	1
11 William. Grimshaw	Bolton Utd Harriers	335	3.88	3
12 Robert. Blow	Blackburn H & AC	72	3.45	
13 Matthew. Oldcorn	Burnley AC	412	3.09	2

Under 15 Boys 200m Heat 1

1 Luke. Penswick	Preston Harriers	952	26.4	7
2 Ashley. Hails	Blackpool Wyre Fylde AC	180	27.8	4
3 Dougie. Ashcroft	Preston Harriers	962	28	3
4 Jack. Hails	Blackpool Wyre Fylde AC	181	28.7	2

Under 15 Boys 200m Heat 2

1 Owen. Williams	Southport Waterloo AC	1144	27.7	5
2 Oliver. Gardner	Kendal AC	675	29.7	1
3 Alton. Fowley	Rossendale Harriers	1065	30.3	
4 Matthew. Oldcorn	Burnley AC	412	39.6	7

Under 15 Boys Shot Putt

1 Will. Goodier	Preston Harriers	963	11.45	7
2 Robert. Tingle	Preston Harriers	913	10.79	5
3 Tom. Crowe	Preston Harriers	1001	10.53	nc
4 Jake. Grundy	Bolton Utd Harriers	312	8.23	7
5 Alexander. Stainer	Lytham St.Annes RR	810	8.17	5
6 Neng. Wildman	Pendle AC	844	8.15	4
7 Ross. Campbell	Barrow & Furness AC	5	6.41	3
8 Oliver. Gardner	Kendal AC	675	5.34	4

Under 15 Boys 400m Heat 1

1 Owen. Williams	Southport Waterloo AC	1144	57.9	5
2 Luke. Penswick	Preston Harriers	952	58.4	4
3 Patrick. Cullen	Southport Waterloo AC	1110	58.9	3
4 Jack. Garmory	Bolton Utd Harriers	319	60.4	7
5 Keiran. Corbett	Preston Harriers	932	60.7	2

Under 15 Boys 400m Heat 2

1 Luis. Blyth	Blackpool Wyre Fylde AC	198	57.2	7
2 Daniel. Shaw	Bolton Utd Harriers	337	63.3	5
3 Joe. Oldfield	Ribble Valley AC	1315	63.7	4
4 George. Ingram	Southport Waterloo AC	1123	64.1	nc
5 Oliver. Gardner	Kendal AC	675	64.6	1
6 Ross. Campbell	Barrow & Furness AC	5	65.7	3

Under 15 Boys Discus Throw

1 Will. Goodier	Preston Harriers	963	33.05	7
2 Ben. Whipp	Wigan H & AC	1266	31.66	7
3 Jake. Grundy	Bolton Utd Harriers	312	31.54	5
4 Tom. Crowe	Preston Harriers	1001	22.08	5
5 Neng. Wildman	Pendle AC	844	19.41	4
6 Robbie. Morris	Blackpool Wyre Fylde AC	219	16.92	4
7 Dougie. Ashcroft	Preston Harriers	962	14.8	nc
8 Adam. Taylor	Horwich RMI H & AC	1499	12.66	3
9 Rory. Judd	Preston Harriers	953	12.37	nc
10 Noah. Saunders	Horwich RMI H & AC	544	11.31	2

Under 15 Boys 800m Heat 1

1 Sam. Nicholson	Barrow & Furness AC	7	02:07.5	7
2 Jack. Garmory	Bolton Utd Harriers	319	02:17.3	5
3 Gary. Clark	Southport Waterloo AC	1107	02:17.8	7
4 Christopher. Mann	Bolton Utd Harriers	297	02:18.3	4
5 Furgus. Tallon	Chorley AC	446	02:18.3	3
6 Joseph. Howe	Horwich RMI H & AC	520	02:20.5	5
7 George. Ingram	Southport Waterloo AC	1123	02:22.6	3
8 Dougie. Ashcroft	Preston Harriers	962	02:31.5	1

Under 15 Boys Javelin Throw

1 Ben. Whipp	Wigan H & AC	1266	45.33	7
2 Robbie. Morris	Blackpool Wyre Fylde AC	219	28.21	7
3 Neng. Wildman	Pendle AC	844	28.01	5
4 Jordan. Mathieson	Barrow & Furness AC	28	24.43	4
5 Noah. Saunders	Horwich RMI H & AC	544	17.55	5
6 Luke. Waddington	Rossendale Harriers	1099	17.53	3

Under 15 Boys 800m Heat 2

1 Ross. Campbell	Barrow & Furness AC	5	02:20.0	2
2 Daniel. Neil	Preston Harriers	955	02:21.4	4
3 William. Grimshaw	Bolton Utd Harriers	335	02:22.4	nc
4 Ashley. Hails	Blackpool Wyre Fylde AC	180	02:25.8	2
5 Alexander. Stainer	Lytham St.Annes RR	810	02:29.9	1
6 Daniel. Shaw	Bolton Utd Harriers	337	02:30.9	nc
7 Robert. Blow	Blackburn H & AC	72	02:34.7	
8 Alton. Fowley	Rossendale Harriers	1065	02:42.4	
9 Matthew. Oldcorn	Burnley AC	412	03:04.6	

Under 15 Boys Hammer Throw

1 Jake. Grundy	Bolton Utd Harriers	312	25.86	7
2 Will. Goodier	Preston Harriers	963	24.29	7
3 Tom. Crowe	Preston Harriers	1001	22.47	5
4 Robert. Tingle	Preston Harriers	913	22.45	nc
5 Noah. Saunders	Horwich RMI H & AC	544	12.26	4
6 Adam. Taylor	Horwich RMI H & AC	1499	11.62	3

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**Under 13 Boys 100m Heat 1**

1	Connor. Richardson	Rossendale Harriers	1068	13.8	5
2	Patrick. Taberner	Wigan H & AC	1226	14.6	3
3	Kyle. Ritchie	Barrow & Furness AC	25	14.8	1
4	Jamie. Whittle	Preston Harriers	904	14.9	nc
5	Kieran. Chell	Blackpool Wyre Fylde AC	189	15.2	nc
6	Lewis. Taylor	Preston Harriers	905	16.1	nc

**Under 13 Boys 1500m**

1	Adam. Cullen	Southport Waterloo AC	1109	05:10.1	7
2	Liam. Doherty	Bolton Utd Harriers	343	05:10.8	7
3	Ciaran. Johnson	Blackpool Wyre Fylde AC	173	05:26.7	5
4	Jamie. Tipping	Southport Waterloo AC	1139	06:15.5	4

**Under 13 Boys 100m Heat 2**

1	Rory. Anderson	Blackpool Wyre Fylde AC	229	13.4	7
2	James. Yearn	Horwich RMI H & AC	567	13.9	5
3	Huw. Barton	Barrow & Furness AC	1	14	4
4	Oliver. Tomlinson	Blackpool Wyre Fylde AC	158	14	4
5	Ethan. Darr	Preston Harriers	1009	14.2	3
6	Thomas. Halliwell	Bolton Utd Harriers	286	14.6	3
7	Jordan. Darr	Preston Harriers	1010	14.7	1

**Under 13 Boys 4x100m Relay**

1	.	Blackpool Wyre Fylde AC	199	59	7
2	.	Preston Harriers	904	62.4	5
3	.	Hyndburn AC	625	64.4	4
4	.	Preston Harriers	903	66	3

**Under 13 Boys 100m Heat 3**

1	Harris. Weston	Rossendale Harriers	1055	13.6	7
2	Sam. Charnley	Blackburn H & AC	103	14.2	3
3	Harry. Mercer	Blackpool Wyre Fylde AC	226	14.2	nc
4	James. Edmondson	Preston Harriers	903	15.3	nc
5	Marcus. Boardman	Preston Harriers	906	16.1	nc
6	Harry. Stringfellow	Rossendale Harriers	1069	16.4	nc
7	Jared. Armitage	Preston Harriers	1004	16.8	nc

**Under 13 Boys Long Jump**

1	Dominic. Lavelle	Blackpool Wyre Fylde AC	199	4.3	7
2	Huw. Barton	Barrow & Furness AC	1	4.05	7
3	Ciaran. Johnson	Blackpool Wyre Fylde AC	173	3.99	5
4	Patrick. Taberner	Wigan H & AC	1226	3.98	5
5	Oliver. Tomlinson	Blackpool Wyre Fylde AC	158	3.94	nc
6	Harry. Mercer	Blackpool Wyre Fylde AC	226	3.87	nc
7	Louis. Walker	Blackpool Wyre Fylde AC	237	3.83	nc
8	Ben. Hedley	Hyndburn AC	625	3.77	4
9	Ethan. Darr	Preston Harriers	1009	3.76	3
10	Jordan. Darr	Preston Harriers	1010	3.74	2
11	Jamie. Shirtcliffe	Hyndburn AC	627	3.73	1
12	Thomas. Halliwell	Bolton Utd Harriers	286	3.71	4
13	Nathan. Townsend	Horwich RMI H & AC	554	3.6	
14	Kyle. Ritchie	Barrow & Furness AC	25	3.54	3
15	Rory. Anderson	Blackpool Wyre Fylde AC	229	3.51	nc
16	Matthew. Lawson	Southport Waterloo AC	1127	3.51	
17	Marcus. Boardman	Preston Harriers	906	3.43	nc
18	Jordan. Isherwood	Burnley AC	417	3.41	2
19	George. Tosteuin	Lancaster Morecambe AC	1415	3.35	1
20	Killian. Hamill	Blackburn H & AC	57	3.13	
21	Jack. Morris	Southport Waterloo AC	1158	3.09	
22	Jamie. Tipping	Southport Waterloo AC	1139	3.02	nc
23	Chris. Durney	Preston Harriers	1005	2.52	nc

**Under 13 Boys 200m Heat 1**

1	Rory. Anderson	Blackpool Wyre Fylde AC	229	28.4	7
2	Sam. Charnley	Blackburn H & AC	103	29.2	5
3	Oliver. Tomlinson	Blackpool Wyre Fylde AC	158	30	3
4	Dominic. Lavelle	Blackpool Wyre Fylde AC	199	30.2	nc
5	Thomas. Halliwell	Bolton Utd Harriers	286	30.3	5

**Under 13 Boys 200m Heat 2**

1	Robert. Bryning	Preston Harriers	948	29.6	4
2	James. Yearn	Horwich RMI H & AC	567	30.5	2
3	Kieran. Chell	Blackpool Wyre Fylde AC	189	31.4	nc
4	Jordan. Isherwood	Burnley AC	417	31.6	4
5	Lewis. Taylor	Preston Harriers	905	31.9	nc

**Under 13 Boys High Jump**

1	Dominic. Lavelle	Blackpool Wyre Fylde AC	199	1.3	7
2=	George. Sutton	Southport Waterloo AC	1138	1.15	5
2=	Jack. Haydock	Hyndburn AC	646	1.15	5
4	William. Moynihan	Hyndburn AC	626	1.15	3

**Under 13 Boys 200m Heat 3**

1	Huw. Barton	Barrow & Furness AC	1	30.2	7
2	Ethan. Darr	Preston Harriers	1009	30.9	1
3	Jordan. Darr	Preston Harriers	1010	31.4	nc
4	Chris. Durney	Preston Harriers	1005	32	nc

**Under 13 Boys Shot Putt**

1	Matthew. Lawson	Southport Waterloo AC	1127	7.26	7
2	Nathan. Billington	Blackburn H & AC	78	6.66	5
3	Connor. Davidson	Blackburn H & AC	90	6.4	4
4	James. Yearn	Horwich RMI H & AC	567	6.29	3
5	Jamie. Shirtcliffe	Hyndburn AC	627	5.91	2
6	George. Sutton	Southport Waterloo AC	1138	5.9	1
7	Ciaran. Johnson	Blackpool Wyre Fylde AC	173	5.82	
8	Jack. Morris	Southport Waterloo AC	1158	5.64	nc
9	Harry. Mercer	Blackpool Wyre Fylde AC	226	4.9	
10	James. Edmondson	Preston Harriers	903	4.7	
11	Jared. Armitage	Preston Harriers	1004	4.17	

**Under 13 Boys 800m**

1	Nathan. Townsend	Horwich RMI H & AC	554	02:31.4	7
2	Connor. Richardson	Rossendale Harriers	1068	02:31.7	7
3	Robert. Bryning	Preston Harriers	948	02:35.0	5
4	Harris. Weston	Rossendale Harriers	1055	02:41.3	5
5	Kyle. Ritchie	Barrow & Furness AC	25	02:41.9	4
6	Chris. Durney	Preston Harriers	1005	02:42.7	4
7	George. Tosteuin	Lancaster Morecambe AC	1415	02:45.1	3
8	Jordan. Isherwood	Burnley AC	417	02:45.2	2
9	Patrick. Taberner	Wigan H & AC	1226	02:49.8	1
10	Killian. Hamill	Blackburn H & AC	57	02:51.8	3
11	Naill. Graham	Lancaster Morecambe AC	1414	02:56.0	
12	Kieran. Chell	Blackpool Wyre Fylde AC	189	02:58.8	2
13	Ben. Hedley	Hyndburn AC	625	03:00.0	1
14	William. Moynihan	Hyndburn AC	626	03:00.4	

**Under 13 Boys Discus Throw**

1	Nathan. Billington	Blackburn H & AC	78	14.32	7
2	Connor. Davidson	Blackburn H & AC	90	13.24	5
3	William. Moynihan	Hyndburn AC	626	13.03	4
4	Lewis. Taylor	Preston Harriers	905	10.65	3
5	Marcus. Boardman	Preston Harriers	906	10.6	2
6	Jamie. Whittle	Preston Harriers	904	10.48	nc
7	Jonah. Saunders	Horwich RMI H & AC	542	9.95	1

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Under 13 Boys Javelin Throw

1	Jamie. Shirtcliffe	Hyndburn AC	627	23.66	7
2	Ben. Hedley	Hyndburn AC	625	21.01	5
3	Nathan. Billington	Blackburn H & AC	78	19.75	4
4	Jonah. Saunders	Horwich RMI H & AC	542	18.81	3
5	Connor. Davidson	Blackburn H & AC	90	14.99	2
6	James. Edmondson	Preston Harriers	903	13.32	1
7	Jared. Armitage	Preston Harriers	1004	12.51	

Senior Women 100m

1	Zoe. Woodward	Guest	1580	13.1	
2	Wendy. Laing	Lancaster Morecambe AC	784	13.7	7
3	Jade. Lawson	Barrow & Furness AC	22	13.7	7
4	Sally. Thomson	Preston Harriers	970	13.9	5
5	Jade. Brown	Chorley AC	444	14.1	5

Senior Women 200m Heat 1

1	Zoe. Woodward	Guest	1580	27.5	
2	Jade. Lawson	Barrow & Furness AC	22	29.9	4
3	Sally. Thomson	Preston Harriers	970	29.9	nc
4	Faron. Jones	Burnley AC	410	31.5	7

Senior Women 200m Heat 2

1	Hannah. Watson	Preston Harriers	969	28.9	7
2	Katie. Berry	Preston Harriers	1003	28.9	5
3	Elspeth. Macpherson	Lytham St.Annes RR	830	33.1	5
4	Kathy. Winrow	Guest	1578	33.3	

Senior Women 400m

1	Katie. Eckersley	Bolton Utd Harriers	295	59.5	7
2	Hannah. Watson	Preston Harriers	969	67.2	5
3	Michelle. Spencer	Southport Waterloo AC	1157	68.5	7
4	Faron. Jones	Burnley AC	410	70.6	5
5	Kathy. Winrow	Guest	1578	74.7	
6	Elspeth. Macpherson	Lytham St.Annes RR	830	75.5	4

Senior Women 800m

1	Ashleigh. Williams	Ribble Valley AC	1441	02:27.2	
2	Michelle. Spencer	Southport Waterloo AC	1157	02:39.7	7
3	Kathy. Winrow	Guest	1578	02:50.3	

Senior Women 4x100m Relay

1	.	Preston Harriers	999	54.8	7
2	.	Hyndburn AC	590	61.7	5

Senior Women Long Jump

1	Wendy. Laing	Lancaster Morecambe AC	784	4.51	7
2	Kelly. Laughton	Horwich RMI H & AC	1421	4.3	7
3	Caroline. Smithson	Hyndburn AC	590	4.23	5
4	Alison. Storey	Horwich RMI H & AC	551	3.7	4
5	Hayley. Peacock	Horwich RMI H & AC	534	3.08	nc

Senior Women Triple Jump

1	Kelly. Laughton	Horwich RMI H & AC	1421	9.39	7
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Senior Women Shot Putt

1	Wendy. Laing	Lancaster Morecambe AC	784	9.17	7
2	Rachel. Culshaw	Wigan H & AC	1265	8.46	5
3	Suzanne. Woodward	Guest	1581	7.45	
4	Alison. Storey	Horwich RMI H & AC	551	6.05	7
5	Hayley. Peacock	Horwich RMI H & AC	534	5.8	5
6	Sarah. Cowgill	Hyndburn AC	591	5.79	4
7	Karen. Vaughan	Burnley AC	406	5.11	4

Senior Women Javelin Throw

1	Rachel. Culshaw	Wigan H & AC	1265	31.54	7
2	Zoe. Woodward	Guest	1580	20.4	
3	Caroline. Smithson	Hyndburn AC	590	19.57	7
4	Sarah. Cowgill	Hyndburn AC	591	14.45	5
5	Kelly. Laughton	Horwich RMI H & AC	1421	13.01	4

Senior Women Discus Throw

1	Suzanne. Woodward	Guest	1581	22.46	
2	Michelle. Spencer	Southport Waterloo AC	1157	17.76	7
3	Sarah. Cowgill	Hyndburn AC	591	17.21	7
4	Karen. Vaughan	Burnley AC	406	14.1	5
5	Alison. Storey	Horwich RMI H & AC	551	12.74	5
6	Hayley. Peacock	Horwich RMI H & AC	534	11.63	4
7	Caroline. Smithson	Hyndburn AC	590	11.36	3

Senior Women Hammer Throw

1	Karen. Vaughan	Burnley AC	406	20.28	7
2	Suzanne. Saunders	Horwich RMI H & AC	1500	13.48	7



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**Under 15 Girls 300m Heat 2**

1	Sabrina. Walley	Ribble Valley AC	1324	48.1	5
2	Ellie. Roberts	Southport Waterloo AC	1133	48.4	4
3	Megan. Gray	Blackpool Wyre Fylde AC	232	49.5	5
4	Emily. Snape	Rossendale Harriers	1085	55.5	2

**Under 15 Girls High Jump**

1=	Rachel. Plant	Blackpool Wyre Fylde AC	176	1.4	7
1=	Laura. Nerenburg	Ribble Valley AC	1329	1.4	7
3	Ellen. Sagar-Hesketh	Hyndburn AC	619	1.4	5
4	Heather. Ramsy	Kendal AC	677	1.4	5
5	Lucy. Lennon	Ribble Valley AC	1316	1.4	4
6	Katrina. Steele	Bolton Utd Harriers	324	1.3	4
7	Alice. Tidswell	Lancaster Morecambe AC	1390	1.2	3
8	Laura. Taylor	Horwich RMI H & AC	1424	1.15	3

**Under 15 Girls 800m Heat 1**

1	Jodie. Ferguson	Blackpool Wyre Fylde AC	210	02:20.5	7
2	Kirsty. Fraser	Lytham St.Annes RR	825	02:22.5	7
3	Megan. Davies	Rossendale Harriers	1057	02:24.7	5
4	Leah. Williamson	Rossendale Harriers	1078	02:27.3	4
5	Sophie. Seddon	Barrow & Furness AC	23	02:27.9	5
6	Erin. Stewart	Guest	1579	02:29.4	
7	Molly. Betmead	Blackpool Wyre Fylde AC	225	02:32.7	4
8	Emma. Hargreaves	Preston Harriers	941	02:33.0	3

**Under 15 Girls Shot Putt**

1	Emily. Laing	Guest	1573	8.95	
2	Katrina. Kelly	Blackpool Wyre Fylde AC	175	7.67	7
3	Beth. Evans	Preston Harriers	976	7.65	5
4	Taegan. O'Hara	Blackpool Wyre Fylde AC	204	7.6	4
5	Demi-Lee. Scott	Bolton Utd Harriers	288	7.41	3
6	Marnie. Shirtcliffe	Hyndburn AC	618	6.97	2
7	Hannah. Williams	Hyndburn AC	617	6.87	1
8	Beth. Miller	Horwich RMI H & AC	527	6.76	
9	Beth. Taylor	Preston Harriers	921	5.94	
10	Courtney. Barrett	Hyndburn AC	648	5.51	nc
11	Alisha. Johnson	Blackpool Wyre Fylde AC	172	4.97	nc
12	Hannah. Stanway	Barrow & Furness AC	11	4.29	

**Under 15 Girls 800m Heat 2**

1	Sabrina. Walley	Ribble Valley AC	1324	02:32.2	3
2	Katrina. Steele	Bolton Utd Harriers	324	02:36.7	2
3	Sophie. Lewis	Southport Waterloo AC	1153	02:39.1	2
4	Ellen. Sagar-Hesketh	Hyndburn AC	619	02:40.6	1
5	Lucy. Whalley	Blackpool Wyre Fylde AC	230	02:41.7	nc
6	Hannah. Williams	Hyndburn AC	617	02:43.0	
7	Alice. Tidswell	Lancaster Morecambe AC	1390	02:45.4	1
8	Alexandra. Quarmby	Blackpool Wyre Fylde AC	194	02:58.0	nc
9	Emily. Snape	Rossendale Harriers	1085	02:59.3	nc
10	Natassia. Dacre	Horwich RMI H & AC	502	03:36.4	

**Under 15 Girls Discus Throw**

1	Beth. Evans	Preston Harriers	976	24.86	7
2	Beth. Taylor	Preston Harriers	921	17.01	5
3	Katrina. Kelly	Blackpool Wyre Fylde AC	175	16.33	4
4	Natassia. Dacre	Horwich RMI H & AC	502	15.72	3
5	Anya. Townsend	Chorley AC	457	13.38	7
6	Sophie. Seddon	Barrow & Furness AC	23	12	2
7	Molly. Haydock	Hyndburn AC	620	7.75	1

**Under 15 Girls 1500m**

1	Leah. Peploe	Bolton Utd Harriers	326	05:10.0	7
2	Lauren. Clarehugh	Southport Waterloo AC	1106	05:25.2	7
3	Megan. Soloman	Rossendale Harriers	1053	05:26.8	5
4	Alisha. Johnson	Blackpool Wyre Fylde AC	172	05:34.1	5
5	Kelly. Smith	Blackpool Wyre Fylde AC	150	05:50.7	4
6	Hannah. Stanway	Barrow & Furness AC	11	05:53.5	3

**Under 15 Girls Javelin Throw**

1	Marnie. Shirtcliffe	Hyndburn AC	618	24.92	7
2	Natassia. Dacre	Horwich RMI H & AC	502	21.54	5
3	Anya. Townsend	Chorley AC	457	17.9	7
4	Katie. Bridge	Horwich RMI H & AC	494	13.33	4
5	Hannah. Burgon	Guest	1567	12.27	
6	Sophie. Seddon	Barrow & Furness AC	23	10.9	3

**Under 15 Girls 4x100m Relay**

1	.	Bolton Utd Harriers	288	55	7
2	.	Blackpool Wyre Fylde AC	204	56.1	5
3	.	Hyndburn AC	619	62	4

**Under 15 Girls Long Jump**

1	Ellen. Sagar-Hesketh	Hyndburn AC	619	4.6	7
2	Nicola. Smith	Preston Harriers	1011	4.29	5
3	Chloe. Unsworth	Preston Harriers	919	4.17	4
4	Sophie. Reaper	Bolton Utd Harriers	291	4.15	3
5	Marnie. Shirtcliffe	Hyndburn AC	618	4.09	2
6	Hannah. Porter	Preston Harriers	989	3.99	nc
7	Heather. Ramsy	Kendal AC	677	3.99	7
8	Katrina. Kelly	Blackpool Wyre Fylde AC	175	3.86	1
9	Carys. Barton	Barrow & Furness AC	10	3.77	
10	Ellie. Roberts	Southport Waterloo AC	1133	3.77	5
11	Freya. Sadler	Barrow & Furness AC	9	3.59	
12	Kayleigh. Eccleston	Blackpool Wyre Fylde AC	146	3.37	
13	Courtney. Barrett	Hyndburn AC	648	3.31	nc
14	Molly. Haydock	Hyndburn AC	620	2.92	nc
15	Hannah. Stanway	Barrow & Furness AC	11	2.8	nc

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**Under 13 Girls 100m Heat 1**

1	Amber. Swinnerton	Blackpool Wyre Fylde AC	233	13.6	7
2	Sarah. Chadwick	Preston Harriers	908	13.9	5
3	Jessica. O'Brien	Southport Waterloo AC	1152	14	7
4	Gabby. Byrom	Barrow & Furness AC	4	14.6	3
5	Rhian. Preston	Guest	1572	14.7	
6	Fiona. Hockey	Blackpool Wyre Fylde AC	179	15	nc

**Under 13 Girls 4x100m Relay**

1	.	Blackpool Wyre Fylde AC	233	60	7
2	.	Horwich RMI H & AC	547	61.8	5

**Under 13 Girls Long Jump**

1	Gabby. Byrom	Barrow & Furness AC	4	4.33	7
2	Sarah. Chadwick	Preston Harriers	908	4.33	5
3	Amber. Swinnerton	Blackpool Wyre Fylde AC	233	4.16	4
4	Natrika. Wildman	Pendle AC	855	4.13	3
5	Jordon. Dixon	Blackpool Wyre Fylde AC	171	4.12	2
6	Sophie. Williams	Horwich RMI H & AC	562	4.02	1
7	Jessica. O'Brien	Southport Waterloo AC	1152	3.85	7
8	Emma. Taylor	Wigan H & AC	1229	3.83	5
9	Grace. Shelmerdine	Horwich RMI H & AC	547	3.72	
10	Hannah. Newell	Blackpool Wyre Fylde AC	220	3.72	nc
11	Emily. Shelmerdine	Horwich RMI H & AC	1430	3.41	nc
12	Ellie. Gibson	Blackpool Wyre Fylde AC	145	3.4	nc
13	Maxine. Smith	Preston Harriers	943	3.22	
14	Abigail. Johnson	Bolton Utd Harriers	331	2.9	

**Under 13 Girls 100m Heat 2**

1	Grace. Shelmerdine	Horwich RMI H & AC	547	14.5	4
2	Elle. Grosz	Southport Waterloo AC	1150	14.6	4
3	Ella. Potter	Blackpool Wyre Fylde AC	235	14.9	2
4	Liberty. Turner	Ribble Valley AC	1331	15.7	3
5	Lydia. Gray	Blackpool Wyre Fylde AC	231	17.1	nc

**Under 13 Girls 100m Heat 3**

1	Milly. Morgan	Kendal AC	663	14.4	5
2	Natrika. Wildman	Pendle AC	855	15	1
3	Emily. Shelmerdine	Horwich RMI H & AC	1430	15.4	
4	Ellie. Gibson	Blackpool Wyre Fylde AC	145	15.5	nc
5	Ruth. Whipp	Wigan H & AC	1267	16	2

**Under 13 Girls High Jump**

1	Fiona. Hockey	Blackpool Wyre Fylde AC	179	1.35	7
2	Martha. Gill	Horwich RMI H & AC	509	1.35	5
3	Hannah. Newell	Blackpool Wyre Fylde AC	220	1.3	4
4	Georgina. Newcomb	Preston Harriers	1002	1.2	3
5	Milly. Morgan	Kendal AC	663	1.2	7

**Under 13 Girls 200m Heat 1**

1	Jordon. Dixon	Blackpool Wyre Fylde AC	171	28.5	7
2	Jessica. O'Brien	Southport Waterloo AC	1152	29.1	6
3	Grace. Shelmerdine	Horwich RMI H & AC	547	30.2	5
4	Sophie. Williams	Horwich RMI H & AC	562	30.6	4
5	Ella. Potter	Blackpool Wyre Fylde AC	235	31.3	3

**Under 13 Girls Shot Putt**

1	Emma. Taylor	Wigan H & AC	1229	7.78	7
2	Sarah. Chadwick	Preston Harriers	908	7.67	7
3	Natrika. Wildman	Pendle AC	855	6.33	5
4	Lucy. Hunter	Southport Waterloo AC	1122	5.25	5

**Under 13 Girls 200m Heat 2**

1	Milly. Morgan	Kendal AC	663	29.1	6
2	Georgina. Newcomb	Preston Harriers	1002	32.5	2
3	Ellie. Gibson	Blackpool Wyre Fylde AC	145	32.5	nc
4	Emily. Shelmerdine	Horwich RMI H & AC	1430	33.1	nc
5	Ellie. Dacre	Horwich RMI H & AC	503	33.8	nc
6	Charlotte. Waddington	Rossendale Harriers	1061	34.7	4

**Under 13 Girls Discus Throw**

1	Martha. Gill	Horwich RMI H & AC	509	15.72	7
2	Ruth. Whipp	Wigan H & AC	1267	14.91	7
3	Maxine. Smith	Preston Harriers	943	13.67	5
4	Lucy. Hunter	Southport Waterloo AC	1122	11.05	5

**Under 13 Girls 800m**

1	Hannah. Delaney	Guest	1588	02:31.9	
2	Phoebe. Howe	Horwich RMI H & AC	518	02:32.9	7
3	Amelia. Betmead	Blackpool Wyre Fylde AC	224	02:36.2	5
4	Isabella. Lewis	Rossendale Harriers	1056	02:38.5	7
5	Fiona. Hockey	Blackpool Wyre Fylde AC	179	02:43.7	4
6	Emma. Taylor	Wigan H & AC	1229	02:44.4	5
7	Elle. Grosz	Southport Waterloo AC	1150	02:48.3	4
8	Holly. Johnstone	Preston Harriers	939	02:49.9	3
9	Lucy. Keenan	Preston Harriers	946	02:50.5	2
10	Leah. Hogarth	Blackpool Wyre Fylde AC	234	02:50.9	nc
11	Gabby. Byrom	Barrow & Furness AC	4	02:51.1	1
12	Charlotte. Waddington	Rossendale Harriers	1061	02:51.6	3
13	Shona. Monks	Rossendale Harriers	1063	03:03.9	nc
14	Eleanor. Soloman	Rossendale Harriers	1052	03:04.7	nc

**Under 13 Girls Javelin Throw**

1	Sophie. Williams	Horwich RMI H & AC	562	17.45	7
2	Ruth. Whipp	Wigan H & AC	1267	16.8	7
3	Ellie. Dacre	Horwich RMI H & AC	503	13.6	5
4	Lucy. Hunter	Southport Waterloo AC	1122	13.13	5
5	Georgina. Newcomb	Preston Harriers	1002	8.98	4

**Under 13 Girls 1500m**

1	Elizabeth. Greenwood	Blackburn H & AC	97	05:04.2	7
2	Beth. Blackwell	Preston Harriers	940	05:15.6	7
3	Sophie. Brennan	Guest	1569	05:18.1	
4	Abbie. Gray	Guest	1570	05:30.7	
5	Maxine. Smith	Preston Harriers	943	05:41.0	5
6	Mollie. Scarr	Blackpool Wyre Fylde AC	208	05:49.3	4
7	Abigail. Johnson	Bolton Utd Harriers	331	05:50.5	3