

**Mid Lancs Track and Field League**  
**Litherland Sports Park, 28th June 2014**

Senior Men 100m Heat 1

1 Paul. Coffey	Blackburn H & AC	54	11.3	7
2 Stephen. Sumner	Hyndburn AC	322	11.5	5
3 Andrew. Ramsey	Chorley Athletic	210	11.6	7
4 Dominic. Bretherton	Blackburn H & AC	42	11.9	3
5 Chris. Snaith	Barrow & Furness AC	16	12.2	3

Senior Men 1500m

1 James. Loftus	L'pool Pembroke Sefton	474	4:17.7	7
2 Morgan. Phillips	Blackburn H & AC	938	4:24.4	5
3 Jonathon. Bride	L'pool Pembroke Sefton	450	4:24.4	4
4 Mark. Wynne	L'pool Pembroke Sefton	1203	4:29.6	nc
5 Gerry. Lenehan	Southport Waterloo AC	1186	4:33.2	7
6 Alex. Waddelove	Southport Waterloo AC	1173	4:40.6	5
7 Mark. Parker	Preston Harriers	604	6:02.1	3

Senior Men 100m Heat 2

1 Simon. Wells	Blackpool Wyre Fylde AC	997	11.7	4
2 Chris. Burgess	Southport Waterloo AC	766	12.0	5
3 John. Wright	Chorley Athletic	206	12.1	4
4 Ian. Snell	Preston Harriers	1332	12.5	2
5 Mark. Davies	Preston Harriers	1287	12.5	1

Senior Men 4x400m Relay

1 .	Burnley AC	175	4:00.5	7
-----	------------	-----	--------	---

Senior Men Long Jump

1 Jordan. Kelly	Guest	1559	7.13	
2 James. Blackburn	Pendle AC	568	6.54	7
3 Chris. Snaith	Barrow & Furness AC	16	5.83	7
4 Ian. Snell	Preston Harriers	1332	5.26	5

Senior Men 200m Heat 1

1 Chris. Burgess	Southport Waterloo AC	766	24.8	7
2 Daniel. Collinge	Burnley AC	175	24.8	5
3 Leeroy. Golding	Pendle AC	573	25.2	1
4 Steve. Goodwill	Burnley AC	172	26.1	3
5 John. Linaker	Burnley AC	171	26.4	nc

Senior Men High Jump

1 Billy. Williams	L'pool Pembroke Sefton	1228	1.75	7
2 Mark. Crompton	Guest	1569	1.50	

Senior Men 200m Heat 2

1 Jason. Conchie	Hyndburn AC	296	22.6	7
2 Paul. Coffey	Blackburn H & AC	54	22.9	5
3 Stephen. Sumner	Hyndburn AC	322	23.1	3
4 Noah. Stevens	Hyndburn AC	321	24.1	nc
5 Sam. Higginson	Lancaster Morecambe AC	389	25.7	

Senior Men Triple Jump

1 James. Blackburn	Pendle AC	568	13.3	7
--------------------	-----------	-----	------	---

Senior Men 200m Heat 3

1 Simon. Wells	Blackpool Wyre Fylde AC	997	23.0	4
2 Ted. Romney	Blackpool Wyre Fylde AC	999	23.7	2
3 Graham. Boreham	Southport Waterloo AC	764	25.3	4
4 Ian. Snell	Preston Harriers	1332	25.3	
5 Reece. Phillips	Blackburn H & AC	1300	26.1	
6 Joshua. Ingham	Pendle AC	577	26.4	

Senior Men Shot Putt

1 Scott. Jones	Wigan H & AC	846	11.36	7
2 Dave. Brown	L'pool Pembroke Sefton	451	10.61	7
3 Russell. Race	Hyndburn AC	313	10.09	5
4 Alan. Plumb	Pendle AC	588	9.19	4
5 Tony. Norman	Lytham St.Annes RR	1320	8.68	5
6 Mark. Parker	Preston Harriers	604	6.38	3
7 Jeremy. Mccandless	Lytham St.Annes RR	515	5.84	4
8 Greg. Oulton	Lytham St.Annes RR	514	5.68	nc

Senior Men Discus Throw

1 Dave. Brown	L'pool Pembroke Sefton	451	30.20	7
2 Leeroy. Golding	Pendle AC	573	28.15	5
3 Mark. Crompton	Guest	1569	26.90	
4 Chris. Snaith	Barrow & Furness AC	16	25.36	7
5 Russell. Race	Hyndburn AC	313	25.11	4
6 Paul. Wilkinson	Blackburn H & AC	958	21.99	3
7 Gary. Tunstall	Preston Harriers	1164	20.6	2
8 Colin. Edmondson	Preston Harriers	601	16.62	1
9 Mark. Parker	Preston Harriers	604	16.45	nc
10 Jeremy. Mccandless	Lytham St.Annes RR	515	16.43	5
11 Philip. Sumner	Hyndburn AC	323	16.10	
12 Greg. Oulton	Lytham St.Annes RR	514	15.05	4

Senior Men 400m Heat 1

1 Leeroy. Golding	Pendle AC	573	57.2	2
2 Mark. Davies	Preston Harriers	1287	57.4	1
3 Steve. Goodwill	Burnley AC	172	57.4	4
4 John. Linaker	Burnley AC	171	59.1	3

Senior Men 400m Heat 2

1 Jason. Conchie	Hyndburn AC	296	50.8	7
2 Neng. Wildman	Pendle AC	600	52.5	5
3 Jesse. Roberts	L'pool Pembroke Sefton	498	52.9	4
4 Matthew. Campbell	Southport Waterloo AC	770	54.1	7

Senior Men 400m Heat 3

1 Noah. Stevens	Hyndburn AC	321	53.4	3
2 Graham. Boreham	Southport Waterloo AC	764	56.0	5
3 Reece. Phillips	Blackburn H & AC	1300	58.7	

Senior Men Javelin Throw

1 Dave. Brown	L'pool Pembroke Sefton	451	36.39	7
2 Noah. Stevens	Hyndburn AC	321	34.83	5
3 Stephen. Sumner	Hyndburn AC	322	33.73	4
4 Paul. Wilkinson	Blackburn H & AC	958	33.51	3
5 Chris. Stevens	Blackpool Wyre Fylde AC	119	32.49	2
6 Alan. Plumb	Pendle AC	588	28.62	1
7 Philip. Sumner	Hyndburn AC	323	27.00	nc
8 Mark. Crompton	Guest	1569	26.03	
9 Gary. Tunstall	Preston Harriers	1164	24.64	
10 Colin. Edmondson	Preston Harriers	601	22.05	
11 Jeremy. Mccandless	Lytham St.Annes RR	515	13.98	7
12 Greg. Oulton	Lytham St.Annes RR	514	13.56	5

Senior Men 800m

1 Rob. Parkinson	L'pool Pembroke Sefton	490	2:00.1	7
2 Daniel. Collinge	Burnley AC	175	2:03.9	7
3 Warren. Turner	L'pool Pembroke Sefton	1204	2:04.1	5
4 Kieran. Walsh	Southport Waterloo AC	1184	2:06.1	5
5 Joe. Grundy	Knowsley Harriers AC	852	2:09.4	4

**Mid Lancs Track and Field League**  
Litherland Sports Park, 28th June 2014

Senior Men Hammer Throw

1	Russell. Race	Hyndburn AC	313	19.45	7
2	Colin. Edmondson	Preston Harriers	601	19.38	5
3	Alan. Plumb	Pendle AC	588	0	

Under 17 Men Javelin Throw

1	Ben. Harding	L'pool Pembroke Sefton	464	36.79	7
2	Brad. Stalker	Team North Cumbria	1128	31.79	7
3	James. Edmondson	Preston Harriers	633	30.77	5
4	Liam. Andrew	Team North Cumbria	1120	11.35	5

Under 17 Men 100m

1	Ben. Lyall-Smith	Team North Cumbria	1124	11.2	7
2	Joseph. Gomme	Team North Cumbria	1123	11.4	5
3	Elliott. Jones	L'pool Pembroke Sefton	1208	11.5	7
4	Mathew. Roberts	Hyndburn AC	314	11.7	5
5	Nick. Aziz	Blackpool Wyre Fylde AC	981	12.0	4
6	Patrick. Orosun	Blackpool Wyre Fylde AC	987	12.4	3
7	Jonty. Dacre	Barrow & Furness AC	9	13.7	4

Under 17 Men Hammer Throw

1	Edward. Jeans	Preston Harriers	638	49.96	7
2	James. Edmondson	Preston Harriers	633	21.25	5
3	Connor. Davison	Blackburn H & AC	59	0	

Under 17 Men 200m Heat 1

1	Ben. Lyall-Smith	Team North Cumbria	1124	23.1	7
2	Mathew. Roberts	Hyndburn AC	314	23.6	7
3	Nick. Aziz	Blackpool Wyre Fylde AC	981	24.0	5
4	Patrick. Orosun	Blackpool Wyre Fylde AC	987	25.8	4

Under 15 Boys 100m Heat 1

1	Dylan. Webbe	Blackpool Wyre Fylde AC	135	12.6	4
2	Ethan. Hughes	Southport Waterloo AC	785	12.7	7
3	Nathan. O'Hare	Southport Waterloo AC	797	12.7	5
4	Joshua. Waddington	Burnley AC	176	12.8	4
5	Lewis. Ormerod	Preston Harriers	659	12.8	3
6	Euan. Hudson	Preston Harriers	640	13.5	2

Under 17 Men 200m Heat 2

1	Joseph. Gomme	Team North Cumbria	1123	23.4	5
2	Luke. Thompson	Pendle AC	595	25.9	3
3	George. Fox	Blackpool Wyre Fylde AC	998	26.2	nc
4	Matthew. Barnes	Pendle AC	566	26.9	2

Under 15 Boys 100m Heat 2

1	Morgan. Lilley	Blackpool Wyre Fylde AC	147	12.4	7
2	Declan. Taylor	Blackpool Wyre Fylde AC	107	12.8	nc
3	Harry. Flanagan	Southport Waterloo AC	780	13.2	nc
4	Connor. Patterson	Leigh Harriers	425	13.5	3
5	Jamie. Coleman	Preston Harriers	649	13.5	nc
6	Thomas. Doherty	Pendle AC	1263	14.2	1

Under 17 Men 400m Heat 1

1	Edward. Latimer	L'pool Pembroke Sefton	472	53.7	7
2	Samuel. Matthews	Blackpool Wyre Fylde AC	167	57.4	3
3	Matthew. Barnes	Pendle AC	566	57.9	2

Under 15 Boys 100m Heat 3

1	Robert. Ward	L'pool Pembroke Sefton	505	12.5	5
2	Jack. O'Neill	Southport Waterloo AC	798	13.0	nc
3	James. Allen	Burnley AC	187	13.5	3
4	William. Holmes	Blackpool Wyre Fylde AC	111	13.9	nc
5	Luke. Parker	Preston Harriers	660	13.9	nc

Under 17 Men 400m Heat 2

1	Ben. Lyall-Smith	Team North Cumbria	1124	53.2	7
2	Luke. Thompson	Pendle AC	595	54.1	5
3	Jack. Crook	L'pool Pembroke Sefton	457	55.4	4
4	Liam. Andrew	Team North Cumbria	1120	62.4	5

Under 15 Boys 200m Heat 1

1	Reece. Stalker	Team North Cumbria	1110	24.7	7
2	Morgan. Lilley	Blackpool Wyre Fylde AC	147	24.9	7
3	Leon. Stubbs	Burnley AC	177	25.0	5
4	Nathan. Byrne	Southport Waterloo AC	768	26.3	4
5	Alex. Birkett	Kendal AC	871	26.5	3

Under 17 Men 800m

1	Rob. Bryning	Preston Harriers	629	2:07.8	7
2	Samuel. Matthews	Blackpool Wyre Fylde AC	167	2:11.0	5
3	Chris. Rimmer	Southport Waterloo AC	801	2:13.0	7
4	Thomas. Matthews	Blackpool Wyre Fylde AC	166	2:16.3	4

Under 15 Boys 200m Heat 2

1	Lewis. Ormerod	Preston Harriers	659	25.8	5
2	Dylan. Webbe	Blackpool Wyre Fylde AC	135	26.3	3
3	Joshua. Waddington	Burnley AC	176	26.6	1
4	Sam. Agnew	Team North Cumbria	1107	27.8	
5	Harry. Flanagan	Southport Waterloo AC	780	27.8	nc

Under 17 Men 1500m

1	Joe. Chadderton	L'pool Pembroke Sefton	454	4:38.3	7
2	Brad. Stalker	Team North Cumbria	1128	4:39.7	7

Under 17 Men Long Jump

1	Daemon. Metcalfe	Pendle AC	585	5.60	7
2	Luke. Halstead	Blackpool Wyre Fylde AC	984	5.59	5
3	Jonty. Dacre	Barrow & Furness AC	9	4.37	7

Under 15 Boys 200m Heat 3

1	Robert. Ward	L'pool Pembroke Sefton	505	25.8	5
2	Declan. Taylor	Blackpool Wyre Fylde AC	107	27.1	nc
3	Ellis. Roberts	L'pool Pembroke Sefton	497	27.3	1
4	Euan. Hudson	Preston Harriers	640	27.7	
5	Thomas. Edmunds	Barrow & Furness AC	22	30.3	

Under 17 Men High Jump

1	Kieran. Mcglennon	Team North Cumbria	1125	1.50	7
---	-------------------	--------------------	------	------	---

Under 17 Men Shot Putt

1	Connor. Davison	Blackburn H & AC	59	9.53	7
2	Brad. Stalker	Team North Cumbria	1128	8.66	7
3	Liam. Andrew	Team North Cumbria	1120	8.08	5

Under 15 Boys 200m Heat 4

1	Adam. Roper	Horwich RMI H & AC	234	26.5	3
2	Kai. Atkins	Pendle AC	563	26.6	2
3	James. Allen	Burnley AC	187	27.1	nc
4	William. Holmes	Blackpool Wyre Fylde AC	111	29.3	nc
5	Timothy. Barnes	Pendle AC	567	31.1	nc

Under 17 Men Discus Throw

1	Connor. Davison	Blackburn H & AC	59	25.03	7
---	-----------------	------------------	----	-------	---

**Mid Lancs Track and Field League**  
Litherland Sports Park, 28th June 2014

**Under 15 Boys 200m Heat 5**

1	Jack. O'Neill	Southport Waterloo AC	798	26.9
2	Josh. Mclead	Guest	1563	27.2
3	Jamie. Coleman	Preston Harriers	649	28.4 nc
4	Luke. Parker	Preston Harriers	660	28.7 nc
5	Thomas. Doherty	Pendle AC	1263	29.2

**Under 15 Boys Shot Putt**

1	Nathan. Byrne	Southport Waterloo AC	768	8.99	7
2	Joe. Moore	Team North Cumbria	1316	8.25	5
3	Conrad. Chan	L'pool Pembroke Sefton	455	7.49	7
4	Spencer. Phelan	Pendle AC	587	7.48	5
5	Callum. Hynd	L'pool Pembroke Sefton	1224	6.64	4
6	Daniel. Byrne	Southport Waterloo AC	767	6.33	4
7	Sam. Agnew	Team North Cumbria	1107	6.26	3

**Under 15 Boys 400m Heat 1**

1	Reece. Stalker	Team North Cumbria	1110	54.5	7
2	Leon. Stubbs	Burnley AC	177	55.0	5
3	Alex. Birkett	Kendal AC	871	56.6	4
4	Kai. Atkins	Pendle AC	563	59.3	7
5	Jimmy. Alderson	Southport Waterloo AC	763	60.3	3
6	Nathan. O'Hare	Southport Waterloo AC	797	61.2	2

**Under 15 Boys Discus Throw**

1	Callum. Hynd	L'pool Pembroke Sefton	1224	27.75	7
2	Nathan. Byrne	Southport Waterloo AC	768	23.64	7
3	Thomas. Edmunds	Barrow & Furness AC	22	19.64	5
4	Spencer. Phelan	Pendle AC	587	18.60	5
5	Joe. Moore	Team North Cumbria	1316	17.10	4
6	William. Howard	Lancaster Morecambe AC	388	15.16	4
7	Ben. Winterburn	Lancaster Morecambe AC	356	14.44	3

**Under 15 Boys 400m Heat 2**

1	Lewis. Bernstein	Preston Harriers	647	60.7	5
2	Sam. Agnew	Team North Cumbria	1107	61.9	1
3	Josh. Mclead	Guest	1563	62.7	
4	Luke. Parker	Preston Harriers	660	64.2	4
5	Jamie. Coleman	Preston Harriers	649	65.6	nc

**Under 15 Boys Javelin Throw**

1	Lewis. Ormerod	Preston Harriers	659	33.81	7
2	Ethan. Hughes	Southport Waterloo AC	785	32.38	7
3	Reece. Stalker	Team North Cumbria	1110	32.02	5
4	Thomas. Edmunds	Barrow & Furness AC	22	29.11	4
5	Conrad. Chan	L'pool Pembroke Sefton	455	26.82	5
6	Daniel. Byrne	Southport Waterloo AC	767	26.56	3
7	Spencer. Phelan	Pendle AC	587	26.42	4
8	William. Holmes	Blackpool Wyre Fylde AC	111	21.95	3
9	Ben. Winterburn	Lancaster Morecambe AC	356	18.62	2
10	William. Howard	Lancaster Morecambe AC	388	0	
11	Joshua. Campbell	Barrow & Furness AC	8	0	

**Under 15 Boys 800m**

1	Tom. Whitaker	Lancaster Morecambe AC	376	2:12.4	7
2	Jack. Dee-Ingham	Wigan H & AC	819	2:14.9	7
3	Joshua. Campbell	Barrow & Furness AC	8	2:18.0	5
4	Joe. Martin	L'pool Pembroke Sefton	477	2:19.3	5
5	Kristian. Wade	Leigh Harriers	424	2:22.5	4
6	Tom. Jacques	L'pool Pembroke Sefton	1220	2:26.2	4
7	Max. Duffy	Blackpool Wyre Fylde AC	996	2:40.5	3

**Under 15 Boys Hammer Throw**

1	Jordan. Cooper	Preston Harriers	651	30.97	7
2	David. Jeans	Preston Harriers	657	25.84	5
3	Callum. Hynd	L'pool Pembroke Sefton	1224	18.53	4
4	Joe. Moore	Team North Cumbria	1316	14.70	7
5	Joe. Dugdale	Team North Cumbria	1113	12.18	5

**Under 15 Boys 1500m**

1	Daniel. Slater	L'pool Pembroke Sefton	499	4:16.0	7
2	Jacob. Briscoe	Leigh Harriers	429	4:49.7	7
3	Joe. Dugdale	Team North Cumbria	1113	4:52.2	5
4	Joseph. Duffy	Preston Harriers	652	5:07.4	5
5	Ross. Harrison	L'pool Pembroke Sefton	465	5:20.3	4
6	Jake. Muncaster	Team North Cumbria	1319	5:30.4	4

**Under 15 Boys 4x100m Relay**

1	.	Blackpool Wyre Fylde AC	135	53.7	7
2	.	Preston Harriers	659	54.0	5

**Under 13 Boys 100m Heat 1**

1	Ethan. Prothero	L'pool Pembroke Sefton	492	12.9	7
2	Ben. Hughes	Wigan H & AC	1275	13.7	7
3	Isaac. Parker	Horwich RMI H & AC	249	13.8	5
4	Luke. Parker	Hyndburn AC	312	14.6	
5	Liam. Blackwell	Preston Harriers	1281	14.8	nc
6	Lewis. Atkinson	Team North Cumbria	1086	15.3	
7	Jake. Molloy	Blackpool Wyre Fylde AC	995	15.3	

**Under 15 Boys Long Jump**

1	Robert. Ward	L'pool Pembroke Sefton	505	5.04	7
2	Dylan. Webbe	Blackpool Wyre Fylde AC	135	4.98	5
3	Ethan. Hughes	Southport Waterloo AC	785	4.95	7
4	Nathan. O'Hare	Southport Waterloo AC	797	4.71	5
5	Joseph. Duffy	Preston Harriers	652	4.65	4
6	Declan. Taylor	Blackpool Wyre Fylde AC	107	4.48	3
7	Connor. Patterson	Leigh Harriers	425	4.21	4
8	Max. Duffy	Blackpool Wyre Fylde AC	996	4.12	nc

**Under 13 Boys 100m Heat 2**

1	Karran. Kapur-Walton	Leigh Harriers	412	14.1	2
2	Ben. Cecil	Blackburn H & AC	1297	14.2	3
3	Oscar. Radcliffe	Rosendale Harriers	741	14.2	1
4	Harry. Coleman	Preston Harriers	666	14.2	1
5	Niall. Maloney	Horwich RMI H & AC	240	14.3	
6	Sam. Nicholson	Hyndburn AC	310	15.2	

**Under 15 Boys High Jump**

1	Kai. Finch	L'pool Pembroke Sefton	459	1.55	7
2	Joshua. Campbell	Barrow & Furness AC	8	1.50	7
3	Leon. Stubbs	Burnley AC	177	1.50	5
4	Jimmy. Alderson	Southport Waterloo AC	763	1.40	4
5	Timothy. Barnes	Pendle AC	567	1.40	5

**Under 13 Boys 100m Heat 3**

1	Luke. Suarez	Southport Waterloo AC	803	13.8	5
2	Aaron. Pimblett	Wigan H & AC	1272	13.8	3
3	Tom. Coleman	Preston Harriers	667	14.1	5
4	Lewis. Wilkes	Horwich RMI H & AC	253	14.5	nc
5	Billy. Blain	Leigh Harriers	410	15.1	nc
6	Tom. Lightfoot	Team North Cumbria	1088	15.3	

**Mid Lancs Track and Field League**  
Litherland Sports Park, 28th June 2014

**Under 13 Boys 100m Heat 4**

1 Saul. Wilds	Pendle AC	1262	14.1	5
2 Myles. Durkin	Wigan H & AC	1301	14.6	nc
3 Luke. Brindle	Horwich RMI H & AC	268	15.0	nc
4 Lucas. White	Leigh Harriers	411	15.0	
5 Luke. Ghani	Preston Harriers	668	15.9	nc
6 Patrick. Manchester	Southport Waterloo AC	791	16.6	

**Under 13 Boys 800m Heat 2**

1 Euan. Marsden	Preston Harriers	674	2:34.8	3
2 Luke. Brindle	Horwich RMI H & AC	268	2:40.4	2
3 Elliot. Livingston	Leigh Harriers	1258	2:42.1	1
4 Harry. Steele	Southport Waterloo AC	1178	2:48.5	
5 Ryan. Heneghan	Rossendale Harriers	745	2:49.8	
6 Jack. Gates	Knowsley Harriers AC	851	2:51.4	
7 Harry. Nelson	Pendle AC	1266	2:53.3	2

**Under 13 Boys 100m Heat 5**

1 Jamie. Oldcorn	Pendle AC	586	14.2	3
2 William. Lancaster	Preston Harriers	672	14.9	nc
3 Aaron. Lester	Leigh Harriers	413	15.0	nc
4 Martin. Rimmer	Chorley Athletic	209	15.6	
5 Charles. Goodwill	Burnley AC	174	15.7	
6 Joshua. Hunter	Hyndburn AC	1028	15.8	nc
7 Luke. Eneas	Team North Cumbria	1094	16.0	

**Under 13 Boys 1500m**

1 James. Cain	Southport Waterloo AC	769	5:20.6	7
2 Ryan. Heneghan	Rossendale Harriers	745	DISQ	0
3 Thomas. Flitcroft	Guest	1560	5:35.3	
4 Daniel. Lenaghan	Guest	1561	5:37.7	
5 Jack. Gates	Knowsley Harriers AC	851	DISQ	0
6 Daniel. Brown	Blackburn H & AC	1298	5:50.0	7
7 Jack. Tickle	Blackpool Wyre Fylde AC	94	5:50.0	5

**Under 13 Boys 200m Heat 1**

1 Ethan. Prothero	L'pool Pembroke Sefton	492	26.4	7
2 Isaac. Parker	Horwich RMI H & AC	249	28.1	5
3 Luke. Suarez	Southport Waterloo AC	803	28.4	4
4 Billy. Blain	Leigh Harriers	410	30.0	
5 Luke. Parker	Hyndburn AC	312	30.3	
6 Martin. Rimmer	Chorley Athletic	209	32.2	

**Under 13 Boys 4x100m Relay**

1 .	Preston Harriers	667	58.7	7
2 .	Team North Cumbria	1088	61.1	7

**Under 13 Boys Long Jump**

1 Luke. Suarez	Southport Waterloo AC	803	4.27	7
2 Harvey. Noble	Preston Harriers	675	4.13	7
3 Lewis. Wilkes	Horwich RMI H & AC	253	4.05	5
4 William. Lancaster	Preston Harriers	672	3.87	5
5 Lucas. White	Leigh Harriers	411	3.87	4
6 Niall. Maloney	Horwich RMI H & AC	240	3.86	3
7 Adam. Swift	Southport Waterloo AC	1181	3.85	2
8 Isaac. Parker	Horwich RMI H & AC	249	3.85	nc
9 Tom. Lightfoot	Team North Cumbria	1088	3.75	1
10 Myles. Durkin	Wigan H & AC	1301	3.71	
11 Luke. Parker	Hyndburn AC	312	3.71	4
12 Ben. Cecil	Blackburn H & AC	1297	3.69	3
13 Sam. Nicholson	Hyndburn AC	310	3.60	2
14 Joe. Stuart	Southport Waterloo AC	1182	3.53	nc
15 Patrick. Manchester	Southport Waterloo AC	791	3.50	nc
16 Joseph. Newby	Team North Cumbria	1087	3.49	
17 Jake. Molloy	Blackpool Wyre Fylde AC	995	3.46	1
18 Luke. Brindle	Horwich RMI H & AC	268	3.40	nc
19 Charles. Goodwill	Burnley AC	174	3.40	
20 Fletcher. Reid	Wigan H & AC	828	3.38	
21 Jack. Tickle	Blackpool Wyre Fylde AC	94	3.35	
22 Shane. Hemmings	Burnley AC	192	3.14	

**Under 13 Boys 200m Heat 2**

1 Ben. Hughes	Wigan H & AC	1275	27.9	7
2 Jamie. Oldcorn	Pendle AC	586	28.1	5
3 Karran. Kapur-Walton	Leigh Harriers	412	28.5	3
4 Joe. Stuart	Southport Waterloo AC	1182	28.8	2
5 Niall. Maloney	Horwich RMI H & AC	240	29.4	
6 Joseph. Newby	Team North Cumbria	1087	30.0	

**Under 13 Boys 200m Heat 3**

1 Aaron. Pimblett	Wigan H & AC	1272	28.9	1
2 Ben. Cecil	Blackburn H & AC	1297	29.2	3
3 Saul. Wilds	Pendle AC	1262	29.4	2
4 Oscar. Radcliffe	Rossendale Harriers	741	29.6	
5 Lucas. White	Leigh Harriers	411	31.5	nc
6 Sam. Nicholson	Hyndburn AC	310	32.2	nc

**Under 13 Boys 200m Heat 4**

1 Scott. Gouldthorpe	Wigan H & AC	839	29.9	nc
2 Aaron. Lester	Leigh Harriers	413	30.9	nc
3 Tom. Lightfoot	Team North Cumbria	1088	31.4	
4 Joshua. Hunter	Hyndburn AC	1028	32.1	
5 Jake. Molloy	Blackpool Wyre Fylde AC	995	32.2	
6 Charles. Goodwill	Burnley AC	174	33.6	

**Under 13 Boys 200m Heat 5**

1 Harvey. Noble	Preston Harriers	675	29.1	4
2 Tom. Coleman	Preston Harriers	667	29.4	2
3 James. Stanley	Lancaster Morecambe AC	335	30.0	
4 Ryan. Heneghan	Rossendale Harriers	745	34.3	

**Under 13 Boys High Jump**

1 Owen. Southern	L'pool Pembroke Sefton	503	1.53	7
2 Ben. Hughes	Wigan H & AC	1275	1.50	7
3 Karran. Kapur-Walton	Leigh Harriers	412	1.30	5
4 Isaac. Sharples	Preston Harriers	1233	1.30	5
5 Harvey. Noble	Preston Harriers	675	1.30	4
6 Roshane. Hemmings	Burnley AC	192	1.15	4
7 Martin. Rimmer	Chorley Athletic	209	0	
8 Joe. Stuart	Southport Waterloo AC	1182	0	

**Under 13 Boys 800m Heat 1**

1 James. Stanley	Lancaster Morecambe AC	335	2:22.1	7
2 Isaac. Sharples	Preston Harriers	1233	2:24.2	5
3 Joseph. Newby	Team North Cumbria	1087	2:26.8	7
4 Lewis. Wilkes	Horwich RMI H & AC	253	2:30.6	5
5 Joe. Houghton	L'pool Pembroke Sefton	470	2:33.6	4
6 Josef. Short	Leigh Harriers	407	2:35.4	4
7 Liam. Blackwell	Preston Harriers	1281	2:38.0	nc
8 Ben. Fairclough	Wigan H & AC	1276	2:40.0	3

**Under 13 Boys Shot Putt**

1 Alex. Bernstein	Preston Harriers	664	8.16	7
2 Aaron. Pimblett	Wigan H & AC	1272	7.57	7
3 Lewis. Atkinson	Team North Cumbria	1086	6.42	5
4 Fletcher. Reid	Wigan H & AC	828	5.90	4
5 Bradley. Magean	Team North Cumbria	1085	5.77	3
6 Patrick. Manchester	Southport Waterloo AC	791	4.84	2

**Mid Lancs Track and Field League**  
Litherland Sports Park, 28th June 2014

**Under 13 Boys Discus Throw**

1	Oliver. Wilkinson	Blackburn H & AC	957	16.83	7
2	Bradley. Magean	Team North Cumbria	1085	16.06	7
3	Alex. Bernstein	Preston Harriers	664	14.54	5
4	Harry. Coleman	Preston Harriers	666	11.92	4
† 5	William. Lancaster	Preston Harriers	672	0	

**Under 13 Boys Javelin Throw**

1	Luke. Eneas	Team North Cumbria	1094	23.73	7
2	Saul. Wilds	Pendle AC	1262	23.49	7
3	Lewis. Atkinson	Team North Cumbria	1086	22.20	5
4	Billy. Blain	Leigh Harriers	410	22.17	4
5	Fletcher. Reid	Wigan H & AC	828	19.11	3
6	Scott. Gouldthorpe	Wigan H & AC	839	18.49	2
7	Harry. Coleman	Preston Harriers	666	17.92	5
8	Tom. Coleman	Preston Harriers	667	17.32	4
9	Shane. Hemmings	Burnley AC	192	15.64	1
10	Jack. Tickle	Blackpool Wyre Fylde AC	94	14.88	3
11	Bradley. Magean	Team North Cumbria	1085	12.92	nc
12	Aaron. Lester	Leigh Harriers	413	10.83	
† 13	Oliver. Wilkinson	Blackburn H & AC	957	0	

**Senior Women 100m**

1	Tania. Wilson	Team North Cumbria	1077	13.3	7
2	Amy. Gaskell	Team North Cumbria	1081	13.3	5
3	Taegan. O'Hara	Blackpool Wyre Fylde AC	104	13.4	7
4	Ellie. Alderson	Southport Waterloo AC	761	14.1	4
5	Zoe. Barrett	Kendal AC	875	14.2	3
6	Dianne. Denny	Leigh Harriers	1251	16.6	2

**Senior Women 200m**

1	Ellen. Sagar-Hesketh	Hyndburn AC	289	27.6	7
2	Amy. Gaskell	Team North Cumbria	1081	27.9	7
3	Ellie. Alderson	Southport Waterloo AC	761	28.3	5
4	Bethan. Lloyd	Team North Cumbria	1082	29.3	4
5	Sarah. Cowgill	Hyndburn AC	273	29.3	5

**Senior Women 400m**

1	April. Stevenson	Horwich RMI H & AC	264	62.1	7
2	John. Jones	Kendal AC	873	63.5	7
3	Nadine. Merrick	Horwich RMI H & AC	250	71.5	5

**Senior Women 800m**

1	April. Stevenson	Horwich RMI H & AC	264	2:26.9	7
2	Maread. Roche	Kendal AC	874	2:34.7	7
3	Joanna. Goorney	Lytham St.Annes RR	516	2:35.4	5

**Senior Women 1500m**

1	Maread. Roche	Kendal AC	874	5:09.6	7
2	Joanna. Goorney	Lytham St.Annes RR	516	5:12.9	5

**Senior Women 4x100m Relay**

1	.	Hyndburn AC	273	57.9	7
---	---	-------------	-----	------	---

**Senior Women Long Jump**

1	Ellen. Sagar-Hesketh	Hyndburn AC	289	4.84	7
2	Taegan. O'Hara	Blackpool Wyre Fylde AC	104	4.71	5
3	Kelly. Laughton	Horwich RMI H & AC	232	4.36	4
4	Amy. Gaskell	Team North Cumbria	1081	3.71	7
5	Helen. Goodwill	Burnley AC	173	3.64	5
6	Joanna. Goorney	Lytham St.Annes RR	516	3.54	4

**Senior Women High Jump**

1	Bethan. Lloyd	Team North Cumbria	1082	1.45	7
2	Tania. Wilson	Team North Cumbria	1077	1.45	5
3	Kelly. Laughton	Horwich RMI H & AC	232	1.35	7
4	Laura. Breakell	Preston Harriers	1330	1.30	5

**Senior Women Triple Jump**

1	Kelly. Laughton	Horwich RMI H & AC	232	10.02	7
2	Taegan. O'Hara	Blackpool Wyre Fylde AC	104	0	

**Senior Women Shot Putt**

1	Rachel. Hutchinson	L'pool Pembroke Sefton	1218	8.25	7
2	Charlotte. Christian	L'pool Pembroke Sefton	1225	7.76	5
3	Tania. Wilson	Team North Cumbria	1077	7.75	7
4	Sue. Ball	Blackpool Wyre Fylde AC	161	7.66	4
5	Heidi. Hamshere	Hyndburn AC	280	7.58	3
6	Nadine. Merrick	Horwich RMI H & AC	250	7.06	2
7	Laura. Breakell	Preston Harriers	1330	6.84	1

**Mid Lancs Track and Field League**  
Litherland Sports Park, 28th June 2014

Senior Women Discus Throw

1	Sue. Ball	Blackpool Wyre Fylde AC	161	23.93	7
2	Sarah. Cowgill	Hyndburn AC	273	21.13	5
3	Helen. Goodwill	Burnley AC	173	20.85	7
4	Chloe. Law	Rosendale Harriers	732	20.83	5
5	Heidi. Hamshere	Hyndburn AC	280	19.18	4
6	Rachel. Hutchinson	L'pool Pembroke Sefton	1218	18.82	3
7	Charlotte. Christian	L'pool Pembroke Sefton	1225	17.67	2

Under 17 Women 800m

1	Tiffany. Penfold	Team North Cumbria	1075	2:30.3	7
2	Meisha. Watson	Pendle AC	599	2:33.2	5
3	Cerys. Atkinson	Team North Cumbria	1066	2:36.7	4
4	Lauren. Brook	Blackpool Wyre Fylde AC	140	2:40.6	7

Under 17 Women 1500m

1	Charlotte. Mawdsley	L'pool Pembroke Sefton	478	5:16.8	7
2	Shannon. Perry	Lancaster Morecambe AC	362	6:10.7	5

Senior Women Javelin Throw

1	Anna. Peers	Blackpool Wyre Fylde AC	120	34.88	7
2	Sarah. Cowgill	Hyndburn AC	273	28.63	5
3	Ellen. Sagar-Hesketh	Hyndburn AC	289	24.24	4
4	Tara. Procter-Kinlin	Hyndburn AC	288	20.13	nc
5	Nadine. Merrick	Horwich RMI H & AC	250	17.42	3

Under 17 Women Long Jump

1	Charlotte. Orton	Team North Cumbria	1071	4.83	7
2	Natrika. Wildman	Guest	1568	4.71	
3	Katie. Blackburn	Barrow & Furness AC	10	4.26	5
4	Lucinda. Mulligan	Hyndburn AC	286	3.87	7

Senior Women Hammer Throw

1	Rachel. Hutchinson	L'pool Pembroke Sefton	1218	34.88	7
2	Charlotte. Christian	L'pool Pembroke Sefton	1225	33.53	5
3	Helen. Goodwill	Burnley AC	173	21.39	7
4	Sue. Ball	Blackpool Wyre Fylde AC	161	20.01	4
5	Tara. Procter-Kinlin	Hyndburn AC	288	19.18	3
6	Heidi. Hamshere	Hyndburn AC	280	17.86	2
7	Dianne. Denny	Leigh Harriers	1251	13.10	5

Under 17 Women High Jump

1	Hannah. Wills	L'pool Pembroke Sefton	506	1.50	7
2	Caitlin. Horby	Preston Harriers	700	1.40	5
3	Jessica. Wohler	L'pool Pembroke Sefton	500	1.30	4

Under 17 Women Triple Jump

1	Natrika. Wildman	Guest	1568	10.42	
---	------------------	-------	------	-------	--

Under 17 Women Shot Putt

1	Leah. Hillman	Pendle AC	575	11.00	7
2	Lucinda. Mulligan	Hyndburn AC	286	7.66	7
3	Olivia. Ekebugo	Barrow & Furness AC	13	7.04	5
4	Katie. Blackburn	Barrow & Furness AC	10	6.37	4

Under 17 Women 100m Heat 1

1	Charlotte. Orton	Team North Cumbria	1071	12.8	7
2	Ella. Barton	L'pool Pembroke Sefton	446	13.2	7
3	Jordan. Dixon	Blackpool Wyre Fylde AC	144	13.5	5
4	Jessica. Fitzgerald	L'pool Pembroke Sefton	461	13.8	4
5	Katie. Blackburn	Barrow & Furness AC	10	13.8	4
6	Erin. Hillier	L'pool Pembroke Sefton	1222	14.6	nc

Under 17 Women Discus Throw

1	Shannon. Perry	Lancaster Morecambe AC	362	13.57	7
---	----------------	------------------------	-----	-------	---

Under 17 Women Javelin Throw

1	Leah. Hillman	Pendle AC	575	34.95	7
2	Jordan. Dixon	Blackpool Wyre Fylde AC	144	30.79	7
3	Lucinda. Mulligan	Hyndburn AC	286	27.53	5

Under 17 Women 100m Heat 2

1	Elle. Grosz	Southport Waterloo AC	782	13.4	5
2	Jessica. Wohler	L'pool Pembroke Sefton	500	13.9	nc
3	Natrika. Wildman	Guest	1568	14.0	
4	Olivia. Ekebugo	Barrow & Furness AC	13	14.2	3
5	Kate. Pritchard	Pendle AC	589	14.3	2

Under 17 Women Hammer Throw

1	Rebecca. Orrell	Blackburn H & AC	933	45.34	7
2	Leah. Hillman	Pendle AC	575	44.10	7
3	Jade. Miller	Team North Cumbria	1061	40.01	5
4	Charlotte. Stuchbury	Wigan H & AC	845	32.83	4
5	Caitlin. Horby	Preston Harriers	700	31.45	5
6	Tara. Simpson-Sullivan	Team North Cumbria	556	28.42	3
7	Shannon. Perry	Lancaster Morecambe AC	362	17.27	4
8	Emily. Hartley	Wigan H & AC	824	16.62	2
9	Lucy. Ball	Blackpool Wyre Fylde AC	159	13.83	3
10	Kirsten. Miller	Team North Cumbria	1052	0	nc

Under 17 Women 200m Heat 1

1	Charlotte. Orton	Team North Cumbria	1071	25.7	7
2	Ella. Barton	L'pool Pembroke Sefton	446	26.6	7
3	Abby. Hemsall	Barrow & Furness AC	1	26.9	5
4	Melissa. Evans	Leigh Harriers	431	27.6	3
5	Olivia. Rowe	Wigan H & AC	830	29.0	2

Under 17 Women 200m Heat 2

1	Jordan. Dixon	Blackpool Wyre Fylde AC	144	26.8	5
2	Elle. Grosz	Southport Waterloo AC	782	27.1	4
3	Kate. Pritchard	Pendle AC	589	29.1	1
4	Olivia. Ekebugo	Barrow & Furness AC	13	29.1	
5	Cerys. Atkinson	Team North Cumbria	1066	29.9	

Under 15 Girls 100m Heat 1

1	Ava-Louise. Mcguckian	Preston Harriers	720	13.4	7
2	Jenny. Wong	Team North Cumbria	540	13.4	6
3	Rebecca. Woolley	Leigh Harriers	417	13.6	4
4	Gabrielle. Jones	Blackpool Wyre Fylde AC	106	13.7	5
5	Amber. Smith	Burnley AC	188	14.0	2
6	Phoebe. Jones	Horwich RMI H & AC	265	14.6	3

Under 17 Women 300m

1	Abby. Hemsall	Barrow & Furness AC	1	43.0	7
2	Melissa. Evans	Leigh Harriers	431	44.2	5
3	Tiffany. Penfold	Team North Cumbria	1075	45.3	4
4	Olivia. Rowe	Wigan H & AC	830	45.8	3
5	Cerys. Atkinson	Team North Cumbria	1066	47.1	2
6	Kate. Pritchard	Pendle AC	589	50.1	1

**Mid Lancs Track and Field League**  
Litherland Sports Park, 28th June 2014

**Under 15 Girls 100m Heat 2**

1	Becky. Seeds	Team North Cumbria	552	13.4	6
2	Jemima. Mary	Leigh Harriers	1257	14.0	2
3	Rebecca. Keen	Barrow & Furness AC	14	14.2	
4	Olivia. Brunskill	Preston Harriers	711	14.4	4
5	Rebecca. Varney	Horwich RMI H & AC	266	15.0	2
6	Lauren. Nugent	L'pool Pembroke Sefton	1223	15.4	

**Under 15 Girls 100m Heat 3**

1	Ellena. Hayhurst	Team North Cumbria	558	13.7	3
2	Libby. Russell	Preston Harriers	1288	14.8	nc
3	Abby. Griffin	Preston Harriers	1331	14.9	nc
4	Sally. Sweeney	Leigh Harriers	1254	15.1	
5	Maya. Wallace	Blackpool Wyre Fylde AC	113	15.1	1

**Under 15 Girls 200m Heat 1**

1	Mia. Perry	Guest	1564	27.7	
2	Jessica. Aziz	Blackpool Wyre Fylde AC	978	27.7	7
3	Amber. Smith	Burnley AC	188	28.3	4
4	Georgina. Brighouse	Guest	1565	29.2	
5	Lauren. Nugent	L'pool Pembroke Sefton	1223	31.8	nc

**Under 15 Girls 200m Heat 2**

1	Becky. Seeds	Team North Cumbria	552	27.2	7
2	Rebecca. Woolley	Leigh Harriers	417	28.2	5
3	Alex. Barnsley	L'pool Pembroke Sefton	444	28.8	4
4	Rebecca. Keen	Barrow & Furness AC	14	28.8	2
5	Charlie. Coy	Hyndburn AC	274	29.2	3
6	Phoebe. Jones	Horwich RMI H & AC	265	29.7	1

**Under 15 Girls 200m Heat 3**

1	Gabrielle. Jones	Blackpool Wyre Fylde AC	106	28.3	5
2	Amy. Cooke	Team North Cumbria	553	28.3	4
3	Megan. Barnsley	L'pool Pembroke Sefton	445	29.4	2
4	Olivia. Hanby	Blackpool Wyre Fylde AC	972	30.5	nc
5	Jenny. Denny	Leigh Harriers	420	34.1	1

**Under 15 Girls 300m Heat 1**

1	Emma. Alderson	Southport Waterloo AC	762	42.4	7
2	Mia. Perry	Guest	1564	43.8	
3	Georgina. Brighouse	Guest	1565	45.8	
4	Jess. Cook	Guest	1570	48.6	
5	Emily. Lucass	Guest	1572	49.0	
6	Phoebe. Small	Rossendale Harriers	748	49.0	3

**Under 15 Girls 300m Heat 2**

1	Charlie. Coy	Hyndburn AC	274	45.1	7
2	Sarah. Goldswain	Rossendale Harriers	739	46.5	5
3	Jessica. Aziz	Blackpool Wyre Fylde AC	978	47.0	5
4	Taylor. Holland	Blackpool Wyre Fylde AC	129	47.0	4
5	Charlotte. Stamper	Team North Cumbria	550	49.5	1

**Under 15 Girls 300m Heat 3**

1	Sanna. Mclean	Leigh Harriers	418	46.8	4
2	Chloe. Norman	Lytham St.Annes RR	528	49.3	2
3	Sally. Sweeney	Leigh Harriers	1254	49.9	
4	Molly. Rudkin	Team North Cumbria	599	50.1	

**Under 15 Girls 800m Heat 1**

1	Amy. Cooke	Team North Cumbria	553	2:28.4	7
2	Eve. Williams	Leigh Harriers	415	2:29.1	5
3	Shauna. Williamson	Rossendale Harriers	752	2:29.1	4
4	Phoebe. Small	Rossendale Harriers	748	2:31.3	3
5	Jess. Cook	Guest	1570	2:32.6	
6	Alex. Barnsley	L'pool Pembroke Sefton	444	2:34.6	4
7	Taylor. Holland	Blackpool Wyre Fylde AC	129	2:34.6	3
8	Sophie. Rotherham	Preston Harriers	723	2:36.6	nc
9	Emily. Lucass	Guest	1572	2:41.1	
10	Molly. Rudkin	Team North Cumbria	599	2:42.9	
11	Hannah. Mulholland	Preston Harriers	722	2:48.1	nc

**Under 15 Girls 800m Heat 2**

1	Tegan. Macuras	Preston Harriers	719	2:34.0	7
2	Eleanor. Ward	Preston Harriers	726	2:34.0	5
3	Chloe. Norman	Lytham St.Annes RR	528	2:34.5	2
4	Mia. Alsamarraig	Guest	1566	2:37.1	
5	Breanne. Kelso	Team North Cumbria	1317	2:37.5	1
6	Charlotte. Newsham	Wigan H & AC	1277	2:38.0	
7	Alex. Bunclark	Southport Waterloo AC	765	2:38.6	
8	Johanna. Steiner	Guest	1567	2:43.2	
9	Holly. Rylance	L'pool Pembroke Sefton	1219	2:45.0	2
10	Olivia. Hanby	Blackpool Wyre Fylde AC	972	2:48.5	1

**Under 15 Girls 1500m**

1	Corinna. Howorth	Rossendale Harriers	742	5:12.0	7
2	Alice. Rowe	Wigan H & AC	829	5:19.7	5
3	Millie. Raine	Guest	1562	5:20.8	
4	Aimee. Pierce	Guest	1571	5:34.8	
5	Charlotte. Stamper	Team North Cumbria	550	6:02.5	4

**Under 15 Girls 4x100m Relay**

1	.	Team North Cumbria	540	55.1	7
---	---	--------------------	-----	------	---

**Under 15 Girls Long Jump**

1	Becky. Seeds	Team North Cumbria	552	4.68	7
2	Rebecca. Keen	Barrow & Furness AC	14	4.42	5
3	Megan. Barnsley	L'pool Pembroke Sefton	445	4.30	7
4	Sanna. Mclean	Leigh Harriers	418	4.19	4
5	Jenny. Wong	Team North Cumbria	540	4.15	3
6	Sally. Sweeney	Leigh Harriers	1254	4.04	2
7	Emma. Partington	Horwich RMI H & AC	254	3.99	5
8	Olivia. Powell	Wigan H & AC	1278	3.97	1
9	Helena. Norris	Horwich RMI H & AC	267	3.86	4
10	Hannah. Burrows	Wigan H & AC	818	3.67	
11	Chloe. Norman	Lytham St.Annes RR	528	3.58	
12	Olivia. Hanby	Blackpool Wyre Fylde AC	972	3.51	3
13	Emily. Gibbins	Burnley AC	190	3.46	
14	Emphany. McLaughlin	Southport Waterloo AC	1183	3.23	
15	Jemima. Mary	Leigh Harriers	1257	2.98	nc

**Under 15 Girls High Jump**

1	Jade. Murphy	L'pool Pembroke Sefton	487	1.50	7
2	Ellena. Hayhurst	Team North Cumbria	558	1.45	7
3=	Breanne. Kelso	Team North Cumbria	1317	1.40	5
3=	Lily. Mcguire	L'pool Pembroke Sefton	480	1.40	5
5	Libby. Russell	Preston Harriers	1288	0	
6	Emily. Dibble	Team North Cumbria	1051	0	nc

**Mid Lancs Track and Field League**  
Litherland Sports Park, 28th June 2014

**Under 15 Girls Shot Putt**

1	Abbie. Johnstone	Team North Cumbria	1053	9.70	7
2	Tara. Simpson-Sullivan	Team North Cumbria	556	8.85	5
3	Megan. Holder	Wigan H & AC	847	8.42	4
4	Lily. Mcguire	L'pool Pembroke Sefton	480	8.06	7
5	Alex. Bunclark	Southport Waterloo AC	765	7.29	3
6	Emma. Partington	Horwich RMI H & AC	254	7.23	5
7	Jemima. Mary	Leigh Harriers	1257	7.07	2
8	Charlotte. Stuchbury	Wigan H & AC	845	7.01	1
9	Hannah. Burrows	Wigan H & AC	818	5.84	nc
10	Sanna. Mclean	Leigh Harriers	418	5.39	
11	Lucy. Ball	Blackpool Wyre Fylde AC	159	4.72	4

**Under 15 Girls Discus Throw**

1	Abbie. Johnstone	Team North Cumbria	1053	24.09	7
2	Emphany. Mclaughlin	Southport Waterloo AC	1183	18.47	5
3	Lydia. Stanfield	Burnley AC	180	17.14	4
4	Charlie. Coy	Hyndburn AC	274	14.38	7
5	Emily. Gibbins	Burnley AC	190	13.37	3
6	Rebecca. Varney	Horwich RMI H & AC	266	12.53	5
7	Lucy. Ball	Blackpool Wyre Fylde AC	159	9.55	4

**Under 15 Girls Javelin Throw**

1	Emily. Dibble	Team North Cumbria	1051	31.66	7
2	Rachel. Galleggar	Team North Cumbria	546	25.95	5
3	Emily. Gibbins	Burnley AC	190	23.65	4
4	Lydia. Stanfield	Burnley AC	180	22.50	3
5	Megan. Holder	Wigan H & AC	847	21.23	2
6	Alex. Bunclark	Southport Waterloo AC	765	20.87	1
7	Emily. Worthington	Preston Harriers	1170	17.49	7
8	Tara. Simpson-Sullivan	Team North Cumbria	556	14.70	nc
9	Jenny. Denny	Leigh Harriers	420	6.00	
10	Rebecca. Varney	Horwich RMI H & AC	266	0	
11	Emphany. Mclaughlin	Southport Waterloo AC	1183	0	

**Under 13 Girls 100m Heat 1**

1	Lauren. Lewis	L'pool Pembroke Sefton	475	13.9	7
2	Francesca. Medicott	Southport Waterloo AC	795	14.1	7
3	Poppy. Glasby-Seddon	Guest	1573	14.6	
4	Charlotte. Williams	Blackburn H & AC	959	15.1	2
5	Lily. Elliott	Preston Harriers	1142	15.3	1
6	Erin. Moffatt	Lancaster Morecambe AC	367	15.7	

**Under 13 Girls 100m Heat 2**

1	Laura. Hickey	Leigh Harriers	405	14.5	5
2	Steph. Driscoll	Kendal AC	888	14.5	4
3	Gabrielle. Wheeler	Barrow & Furness AC	25	15.1	
4	Lela. Bendris	Preston Harriers	728	15.6	nc
5	Rebekah. Hopper	Wigan H & AC	826	15.6	
6	Amy. Bennett	Lancaster Morecambe AC	382	16.2	

**Under 13 Girls 100m Heat 3**

1	Emily. Warren	Blackburn H & AC	1292	14.7	4
2	Laura. Harvey	Pendle AC	574	15.0	1
3	Poppy. Schofield	Team North Cumbria	1315	15.0	
4	Ita. Gospodarczyk	Blackpool Wyre Fylde AC	134	15.7	
5	Sadie. McNulty	L'pool Pembroke Sefton	482	15.7	nc
6	Charlotte. Howard	Southport Waterloo AC	1177	15.9	

**Under 13 Girls 100m Heat 4**

1	Lucy. Le Marinel	L'pool Pembroke Sefton	473	14.6	5
2	Millie. Chadwick	Barrow & Furness AC	11	14.8	3
3	Leah. Kinsella	Leigh Harriers	403	15.0	1
4	Annie. Devereux	Preston Harriers	1141	15.7	nc
5	Megan. Jackson	Preston Harriers	1145	16.1	nc
6	Emily. Armstrong	Southport Waterloo AC	1185	16.8	nc

**Under 13 Girls 100m Heat 5**

1	Joanna. Smith	Leigh Harriers	402	14.8	3
2	Daisy. Mcdonald	Preston Harriers	1149	15.0	3
3	Charlotte. Graham	L'pool Pembroke Sefton	1212	15.1	nc
4	Scout. Richards	Team North Cumbria	1136	15.5	
5	Chloe. Crosbie	Southport Waterloo AC	1175	18.3	nc

**Under 13 Girls 200m Heat 1**

1	Beau. Studholme	Team North Cumbria	1312	28.6	7
2	Steph. Driscoll	Kendal AC	888	28.8	5
3	Laura. Hickey	Leigh Harriers	405	29.2	3
4	Millie. Chadwick	Barrow & Furness AC	11	30.5	
5	Poppy. Glasby-Seddon	Guest	1573	31.0	
6	Ita. Gospodarczyk	Blackpool Wyre Fylde AC	134	32.1	1

**Under 13 Girls 200m Heat 2**

1	Francesca. Medicott	Southport Waterloo AC	795	28.9	4
2	Ruby. Schofield	Pendle AC	591	30.0	1
3	Danielle. Whipp	Blackpool Wyre Fylde AC	137	30.3	7
4	Hannah. Barlow	Preston Harriers	727	30.8	4
5	Beth. Mullins	Blackpool Wyre Fylde AC	133	32.4	nc

**Under 13 Girls 200m Heat 3**

1	Alice. Prescott	Southport Waterloo AC	800	30.1	
2	Lauren. Cornwell	L'pool Pembroke Sefton	1217	30.6	5
3	Lela. Bendris	Preston Harriers	728	31.5	2
4	Gabrielle. Wheeler	Barrow & Furness AC	25	31.5	
5	Jemma. Atkinson	Team North Cumbria	537	32.3	nc

**Under 13 Girls 200m Heat 4**

1	Poppy. Schofield	Team North Cumbria	1315	29.5	2
2	Charlotte. Graham	L'pool Pembroke Sefton	1212	31.1	3
3	Niamh. Edmunds	Southport Waterloo AC	776	31.3	nc
4	Scout. Richards	Team North Cumbria	1136	31.8	nc
5	Annie. Devereux	Preston Harriers	1141	31.9	nc
6	Daisy. Mcdonald	Preston Harriers	1149	32.7	nc

**Under 13 Girls 800m Heat 1**

1	Keely. Hodgkinson	Leigh Harriers	401	2:20.8	7
2	Danielle. Whipp	Blackpool Wyre Fylde AC	137	2:30.8	7
3	Orla. Holt	Rosendale Harriers	744	2:34.7	5
4	Emily. Warren	Blackburn H & AC	1292	2:36.7	5
5	Ruby. Schofield	Pendle AC	591	2:36.7	4
6	Niamh. Edmunds	Southport Waterloo AC	776	2:39.0	3
7	Darcey. Lonsdale	Preston Harriers	1238	2:39.9	4
8	Jemma. Atkinson	Team North Cumbria	537	2:39.9	2
9	Sophie. Reid	Preston Harriers	1240	2:45.2	nc
10	Mollie. Riding	Southport Waterloo AC	1179	2:49.0	
11	Annabel. Riding	Southport Waterloo AC	1180	2:56.1	nc
12	Scarlett. Whitfield	L'pool Pembroke Sefton	509	3:17.9	



**Mid Lancs Track and Field League**  
Litherland Sports Park, 28th June 2014

**Under 13 Girls 800m Heat 2**

1	Emma. Craven	Preston Harriers	1333	2:41.0	3
2	Emma. Mcintyre	Leigh Harriers	1260	2:44.8	1
3	Kirsty. Hamilton	Lancaster Morecambe AC	368	2:47.5	2
4	Beth. Mullins	Blackpool Wyre Fylde AC	133	2:52.7	1
5	Natasha. Webster	Blackpool Wyre Fylde AC	130	2:55.3	nc
6	Mia. Simpson-Sullivan	Team North Cumbria	547	2:56.1	
7	Molly. Rebanks	Pendle AC	1264	2:57.4	
8	Jennifer. Briscoe	Preston Harriers	1286	3:08.2	nc
9	Bethany. Milton	L'pool Pembroke Sefton	484	3:12.0	
10	Eve. McMahon	Southport Waterloo AC	1176	3:13.0	nc
11	Chloe. Crosbie	Southport Waterloo AC	1175	3:18.0	nc

**Under 13 Girls High Jump**

1	Beau. Studholme	Team North Cumbria	1312	1.53	7
2	Sadie. McNulty	L'pool Pembroke Sefton	482	1.41	7
3	Bethany. Milton	L'pool Pembroke Sefton	484	1.30	5
4	Scarlett. Whitfield	L'pool Pembroke Sefton	509	1.25	nc
5	Natasha. Webster	Blackpool Wyre Fylde AC	130	1.25	4
6	Lily. Elliott	Preston Harriers	1142	1.20	3
7	Sophie. Smyth	Team North Cumbria	533	1.20	5
8	Lela. Bendris	Preston Harriers	728	1.20	2
9	Hannah. Barlow	Preston Harriers	727	1.20	nc
10	Charlotte. Howard	Southport Waterloo AC	1177	1.05	4

**Under 13 Girls 1500m**

1	Beau. Studholme	Team North Cumbria	1312	5:24.8	7
2	Joanna. Smith	Leigh Harriers	402	5:51.3	5
3	Freya. Walsh	Southport Waterloo AC	808	5:53.4	4
4	Megan. Howarth	Southport Waterloo AC	1172	6:21.5	3
5	Jennifer. Briscoe	Preston Harriers	1286	7:00.8	7

**Under 13 Girls Shot Putt**

1	Emily. Carruthers	Team North Cumbria	542	6.81	7
2	Lauren. Cornwell	L'pool Pembroke Sefton	1217	6.11	7
3	Lauren. Tunstall	Preston Harriers	1159	5.44	5
4	Mia. Simpson-Sullivan	Team North Cumbria	547	4.92	5
5	Leah. Mackay	Preston Harriers	1148	4.77	4

**Under 13 Girls 4x100m Relay**

1	.	Southport Waterloo AC	795	59.3	7
2	.	Team North Cumbria	1312	59.6	5

**Under 13 Girls Discus Throw**

1	Eloise. Littlefair	Blackburn H & AC	80	19.58	7
2	Emily. Carruthers	Team North Cumbria	542	18.14	7
3	Charlotte. Williams	Blackburn H & AC	959	15.67	5
4	Molly. Rebanks	Pendle AC	1264	13.76	5
5	Mia. Simpson-Sullivan	Team North Cumbria	547	11.33	4

**Under 13 Girls Long Jump**

1	Millie. Chadwick	Barrow & Furness AC	11	4.37	7
2	Francesca. Medlicott	Southport Waterloo AC	795	4.36	5
3	Lauren. Lewis	L'pool Pembroke Sefton	475	4.34	7
4	Steph. Driscoll	Kendal AC	888	4.32	4
5	Emma. Craven	Preston Harriers	1333	4.11	5
6	Erin. Moffatt	Lancaster Morecambe AC	367	4.10	4
7	Sadie. McNulty	L'pool Pembroke Sefton	482	4.04	3
8	Danielle. Whipp	Blackpool Wyre Fylde AC	137	4.01	2
9	Eloise. Littlefair	Blackburn H & AC	80	3.97	1
10	Poppy. Schofield	Team North Cumbria	1315	3.95	3
11	Laura. Hickey	Leigh Harriers	405	3.94	2
12	Gabrielle. Wheeler	Barrow & Furness AC	25	3.90	1
13	Rebekah. Hopper	Wigan H & AC	826	3.75	
14	Poppy. Glasby-Seddon	Guest	1573	3.73	
15	Alice. Prescott	Southport Waterloo AC	800	3.73	
16	Emily. Warren	Blackburn H & AC	1292	3.72	
17	Amy. Bennett	Lancaster Morecambe AC	382	3.70	
18	Lauren. Tunstall	Preston Harriers	1159	3.69	
19	Daisy. McDonald	Preston Harriers	1149	3.67	nc
20	Sophie. Smyth	Team North Cumbria	533	3.58	
21	Scarlet. Tennerr	Team North Cumbria	1136	3.51	nc
22	Bethany. Milton	L'pool Pembroke Sefton	484	3.50	nc
23	Laura. Harvey	Pendle AC	574	3.48	
24	Lucy. Le Marinel	L'pool Pembroke Sefton	473	3.36	nc
25	Charlotte. Howard	Southport Waterloo AC	1177	3.36	nc
26	Jennifer. Briscoe	Preston Harriers	1286	3.32	nc
27	Annie. Devereux	Preston Harriers	1141	3.29	nc
28	Scarlett. Whitfield	L'pool Pembroke Sefton	509	3.17	nc
29	Leah. Kinsella	Leigh Harriers	403	3.15	
30	Kimberly. Keller	Blackburn H & AC	1299	2.90	nc
31	Chloe. Crosbie	Southport Waterloo AC	1175	1.94	nc

**Under 13 Girls Javelin Throw**

1	Eloise. Littlefair	Blackburn H & AC	80	21.39	7
2	Natasha. Webster	Blackpool Wyre Fylde AC	130	19.03	5
3	Hannah. Barlow	Preston Harriers	727	18.64	4
4	Emily. Carruthers	Team North Cumbria	542	18.01	7
5	Molly. Rebanks	Pendle AC	1264	17.67	5
6	Rebekah. Hopper	Wigan H & AC	826	17.38	4
7	Lauren. Tunstall	Preston Harriers	1159	16.83	3
8	Sophie. Smyth	Team North Cumbria	533	13.48	3
9	Megan. Howarth	Southport Waterloo AC	1172	13.19	2
10	Hayley. Robinson	Rosendale Harriers	756	12.59	1
11	Eve. McMahon	Southport Waterloo AC	1176	11.14	
12	Leah. Mackay	Preston Harriers	1148	9.41	nc
13	Megan. Jackson	Preston Harriers	1145	8.86	nc
14	Kirsty. Hamilton	Lancaster Morecambe AC	368	7.35	2
15	Amy. Bennett	Lancaster Morecambe AC	382	0	

**Male 3000m**

1	Nathan. Dunn	Preston Harriers	654	09:37.3
2	Joseph. Wane	Leigh Harriers	427	10:36.7
3	Chris. Pedder	L'pool Pembroke Sefton	1230	10:38.6
4	Ben. Winterburn	Lancaster Morecambe AC	356	11:42.4
5	William. Howard	Lancaster Morecambe AC	388	11:54.3