



Mid Lancs Track and Field League

Stanley Park Arena - Blackpool

29th April 2017



| | | | | | | | | | | | |
|-------------------------------|---------------------|-------------------------|------|--------|----|---------------------------------|---------------------|-------------------------|------|-------|----|
| Senior Men 100m Heat 1 | | | | | | Senior Men Long Jump | | | | | |
| 1 | Alex Marsden | Preston Harriers | 812 | 11.3 | 7 | 1 | Luke Halstead | Blackpool Wyre Fylde AC | 607 | 6.74 | 7 |
| 2 | Symon Woan | Preston Harriers | 810 | 11.4 | 5 | 2 | Tunde Buraimo | Preston Harriers | 819 | 5.51 | 5 |
| 3 | Dominic Bretherton | Blackburn H & AC | 27 | 11.5 | 4 | 3 | Ian Leigh | Chorley Athletic | 388 | 5.28 | 7 |
| 4 | Declan Taylor | Preston Harriers | 800 | 11.7 | nc | Senior Men High Jump | | | | | |
| 5 | Daniel Hamilton | Blackburn H & AC | 159 | 13.3 | nc | 1 | Billy Williams | L'pool Pembroke Sefton | 330 | 1.75 | 7 |
| Senior Men 100m Heat 2 | | | | | | Senior Men Triple Jump | | | | | |
| 1 | Josh Campbell | Barrow & Furness AC | 204 | 11.7 | 7 | 1 | Jordan Swift | Chorley Athletic | 387 | 11.47 | 7 |
| 2 | Philip Ellershaw | Blackpool Wyre Fylde AC | 525 | 11.8 | 3 | 2 | Jonathan Rutter | Blackpool Wyre Fylde AC | 573 | 11.09 | 7 |
| 3 | Paul Coffey | Blackburn H & AC | 41 | 11.8 | 2 | 3 | Stephen Sumner | Hyndburn AC | 486 | 10.38 | 5 |
| 4 | Joshua Waddington | Burnley AC | 895 | 12.0 | 5 | Senior Men Shot Putt | | | | | |
| 5 | Stephen Sumner | Hyndburn AC | 486 | 12.0 | 4 | 1 | Alan Plumb | Pendle AC | 934 | 11.20 | 7 |
| 6 | Rick Cordwell | Chorley Athletic | 383 | 12.2 | 3 | 2 | Martin Wilson | Barrow & Furness AC | 209 | 10.49 | 7 |
| Senior Men 100m Heat 3 | | | | | | 3 | Russell Race | Hyndburn AC | 482 | 10.47 | 5 |
| 1 | Christopher Burgess | Southport Waterloo AC | 634 | 12.3 | 1 | 4 | Dave Brown | L'pool Pembroke Sefton | 233 | 10.21 | 5 |
| 2 | Jimmy Alderson | Southport Waterloo AC | 629 | 12.8 | | 5 | Nathan Byrne | Southport Waterloo AC | 636 | 10.06 | 4 |
| 3 | Jonathan Rutter | Blackpool Wyre Fylde AC | 573 | 13.7 | | 6 | Liam Harris | Southport Waterloo AC | 650 | 9.92 | 3 |
| 4 | Tony Balko | Blackburn H & AC | 11 | 13.9 | nc | 7 | Darren Tremble | Blackpool Wyre Fylde AC | 590 | 8.55 | 2 |
| Senior Men 200m Heat 1 | | | | | | 8 | Andrew Higginbottom | Pendle AC | 917 | 8.52 | 1 |
| 1 | Joe Lonsdale | Pendle AC | 923 | 23.1 | 7 | 9 | Sydney Bashforth | Blackpool Wyre Fylde AC | 508 | 8.30 | |
| 2 | Joshua Leatherd | Preston Harriers | 782 | 23.4 | 5 | 10 | Simon Clare | Kirkby Milers | 844 | 8.18 | 4 |
| 3 | Harry Doran | L'pool Pembroke Sefton | 334 | 23.5 | 4 | Senior Men Discus Throw | | | | | |
| 4 | Dominic Bretherton | Blackburn H & AC | 27 | 23.9 | 3 | 1 | Alan Plumb | Pendle AC | 934 | 32.53 | 7 |
| 5 | Joshua Waddington | Burnley AC | 895 | 25.0 | 7 | 2 | Martin Wilson | Barrow & Furness AC | 209 | 30.49 | 7 |
| 6 | Paul Coffey | Blackburn H & AC | 41 | 25.3 | 1 | 3 | Dave Brown | L'pool Pembroke Sefton | 233 | 29.91 | 5 |
| 7 | Daniel Hamilton | Blackburn H & AC | 159 | 28.2 | nc | 4 | Nathan Byrne | Southport Waterloo AC | 636 | 29.22 | 4 |
| Senior Men 200m Heat 2 | | | | | | 5 | Gregan Baker | Pendle AC | 913 | 25.43 | 3 |
| 1 | Billy Matthews | L'pool Pembroke Sefton | 283 | 24.3 | 2 | 6 | Sydney Bashforth | Blackpool Wyre Fylde AC | 508 | 24.82 | 2 |
| 2 | Rick Cordwell | Chorley Athletic | 383 | 25.5 | 5 | 7 | Simon Clare | Kirkby Milers | 844 | 24.24 | 5 |
| 3 | Christopher Burgess | Southport Waterloo AC | 634 | 25.7 | | 8 | Darren Tremble | Blackpool Wyre Fylde AC | 590 | 20.20 | 1 |
| 4 | Graham Boreham | Southport Waterloo AC | 633 | 25.7 | | 9 | Liam Harris | Southport Waterloo AC | 650 | 0.00 | |
| 5 | Ryan Bradshaw | Burnley AC | 883 | 26.4 | 4 | Senior Men Javelin Throw | | | | | |
| 6 | John Linaker | Burnley AC | 890 | 27.7 | nc | 1 | Chris Brown | Preston Harriers | 759 | 42.60 | 7 |
| Senior Men 400m Heat 1 | | | | | | 2 | Andrew Higginbottom | Pendle AC | 917 | 38.16 | 5 |
| 1 | Harry Doran | L'pool Pembroke Sefton | 334 | 49.5 | 7 | 3 | Gregan Baker | Pendle AC | 913 | 36.14 | 4 |
| 2 | Leon Stubbs | Burnley AC | 894 | 50.8 | 7 | 4 | Stephen Sumner | Hyndburn AC | 486 | 33.42 | 7 |
| 3 | Brent Starkie | Blackpool Wyre Fylde AC | 583 | 51.7 | 5 | 5 | Paul Earnshaw | Hyndburn AC | 463 | 32.87 | 5 |
| 4 | Josh Campbell | Barrow & Furness AC | 204 | 51.9 | 5 | 6 | John Linaker | Burnley AC | 890 | 28.04 | 4 |
| 5 | Michael Tap Mekomou | Guest | 1593 | 53.4 | | 7 | Jonathan Rutter | Blackpool Wyre Fylde AC | 573 | 25.88 | 3 |
| 6 | Jordan Swift | Chorley Athletic | 387 | 58.9 | nc | 8 | Phil Sumner | Hyndburn AC | 485 | 24.90 | nc |
| Senior Men 400m Heat 2 | | | | | | 9 | Christopher Burgess | Southport Waterloo AC | 634 | 24.80 | 2 |
| 1 | Ryan Bradshaw | Burnley AC | 883 | 54.3 | 4 | 10 | Liam Harris | Southport Waterloo AC | 650 | 21.97 | 1 |
| 2 | Jimmy Alderson | Southport Waterloo AC | 629 | 54.5 | 4 | 11 | Simon Clare | Kirkby Milers | 844 | 18.54 | 3 |
| 3 | Graham Boreham | Southport Waterloo AC | 633 | 55.3 | 3 | Senior Men Hammer Throw | | | | | |
| 4 | Rick Cordwell | Chorley Athletic | 383 | 55.9 | 3 | 1 | Alan Plumb | Pendle AC | 934 | 37.14 | 7 |
| 5 | Ian Leigh | Chorley Athletic | 388 | 58.7 | 2 | 2 | Andrew Higginbottom | Pendle AC | 917 | 36.66 | 5 |
| 6 | John Linaker | Burnley AC | 890 | 61.0 | nc | 3 | Sydney Bashforth | Blackpool Wyre Fylde AC | 508 | 30.54 | 4 |
| Senior Men 800m | | | | | | 4 | Dave Brown | L'pool Pembroke Sefton | 233 | 28.85 | 3 |
| 1 | Luke Edwards | L'pool Pembroke Sefton | 251 | 1:59.6 | 7 | Under 17 Men 100m | | | | | |
| 2 | Quentin Gratrix | Kendal AC | 955 | 2:04.8 | 7 | 1 | Matthew Duffly | Guest | 1594 | 11.9 | |
| 3 | James Metcalfe | L'pool Pembroke Sefton | 287 | 2:07.2 | 5 | 2 | Ciaran Scroggie | L'pool Pembroke Sefton | 309 | 12.4 | 7 |
| 4 | Andrew Reynolds | Guest | 1591 | 2:17.1 | | 3 | Jamie Oldcorn | Pendle AC | 932 | 12.4 | 5 |
| 5 | Jordan Swift | Chorley Athletic | 387 | 2:18.3 | 5 | 4 | Henry Connolly | Lancaster Morecambe AC | 742 | 12.5 | 4 |
| 6 | Ian Leigh | Chorley Athletic | 388 | 2:19.8 | 4 | 5 | Benjamin Whittaker | Blackburn H & AC | 140 | 12.5 | 3 |
| 7 | Pete Baistow | Pendle AC | 911 | 2:38.0 | 4 | 6 | Ethan Harrison | Southport Waterloo AC | 688 | 13.1 | 2 |
| Senior Men 1500m | | | | | | 7 | Joshua Pieles | Southport Waterloo AC | 671 | 13.2 | 1 |
| 1 | Jonathon Bride | L'pool Pembroke Sefton | 232 | 4:20.5 | 7 | Under 17 Men 200m | | | | | |
| 2 | Andrew Reynolds | Guest | 1591 | 4:39.8 | | 1 | Matthew Duffly | Guest | 1594 | 24.7 | |
| 3 | Pete Baistow | Pendle AC | 911 | 5:19.0 | 5 | 2 | Jamie Oldcorn | Pendle AC | 932 | 25.5 | 7 |
| Under 17 Men 400m | | | | | | 3 | Ciaran Scroggie | L'pool Pembroke Sefton | 309 | 25.5 | 5 |
| 1 | Harry Curwood | Preston Harriers | 816 | 53.6 | 7 | 4 | Benjamin Whittaker | Blackburn H & AC | 140 | 25.9 | 4 |
| 2 | Isaac Parker | Guest | 1598 | 55.7 | | Under 17 Men 400m | | | | | |
| 3 | Adam Jones | L'pool Pembroke Sefton | 274 | 55.7 | 5 | 1 | Harry Curwood | Preston Harriers | 816 | 53.6 | 7 |
| | | | | | | 2 | Isaac Parker | Guest | 1598 | 55.7 | |
| | | | | | | 3 | Adam Jones | L'pool Pembroke Sefton | 274 | 55.7 | 5 |



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Under 17 Men 800m

| | | | | | |
|---|---------------|------------------------|-----|--------|---|
| 1 | Tom Dickinson | L'pool Pembroke Sefton | 247 | 2:09.9 | 7 |
| 2 | Luke Parker | Hyndburn AC | 481 | 2:25.7 | 7 |

Under 17 Men 1500m

| | | | | | |
|---|-----------------|-------------------------|-----|--------|---|
| 1 | Kian Davis | Chorley Athletic | 384 | 4:19.6 | 7 |
| 2 | Benjamin Preddy | Preston Harriers | 790 | 4:22.9 | 7 |
| 3 | Thomas Hankin | L'pool Pembroke Sefton | 265 | 4:39.7 | 5 |
| 4 | Morgan Webster | Pendle AC | 937 | 4:43.8 | 4 |
| 5 | Joseph Lund | Blackpool Wyre Fylde AC | 551 | 4:46.9 | 3 |

Under 17 Men Long Jump

| | | | | | |
|---|----------------|-----------------------|-----|------|---|
| 1 | Ethan Tibbs | Preston Harriers | 801 | 5.83 | 7 |
| 2 | Joshua Pielles | Southport Waterloo AC | 671 | 4.85 | 5 |
| 3 | Luke Parker | Hyndburn AC | 481 | 4.37 | 7 |

Under 17 Men High Jump

| | | | | | |
|---|---------------|------------------------|-----|------|---|
| 1 | Kai Finch | L'pool Pembroke Sefton | 256 | 1.90 | 7 |
| 2 | Owen Southern | L'pool Pembroke Sefton | 314 | 1.85 | 5 |
| 3 | Tom Kwissa | Southport Waterloo AC | 659 | 1.65 | 4 |

Under 17 Men Triple Jump

| | | | | | |
|---|------------------|-----------------------|------|-------|---|
| 1 | Benjamin Apps | Southport Waterloo AC | 630 | 12.83 | 7 |
| 2 | Oliver Goldthorp | Chorley Athletic | 356 | 10.76 | 7 |
| 3 | Isaac Parker | Guest | 1598 | 10.39 | |

Under 17 Men Shot Putt

| | | | | | |
|---|-----------------|-------------------------|-----|-------|---|
| 1 | Joe Lancaster | Barrow & Furness AC | 199 | 13.26 | 7 |
| 2 | Anthony Kent | Blackburn H & AC | 86 | 12.67 | 7 |
| 3 | Ciaran Medd | Blackpool Wyre Fylde AC | 555 | 9.25 | 5 |
| 4 | Ethan Tibbs | Preston Harriers | 801 | 8.79 | 4 |
| 5 | Bradley Parsons | Blackpool Wyre Fylde AC | 561 | 8.72 | 3 |
| 6 | Lucas Davies | Blackburn H & AC | 53 | 8.61 | 2 |

Under 17 Men Discus Throw

| | | | | | |
|---|----------------|-------------------------|-----|-------|---|
| 1 | Anthony Kent | Blackburn H & AC | 86 | 40.05 | 7 |
| 2 | Joe Lancaster | Barrow & Furness AC | 199 | 38.41 | 7 |
| 3 | Ciaran Medd | Blackpool Wyre Fylde AC | 555 | 33.92 | 5 |
| 4 | Spencer Phelan | Pendle AC | 933 | 31.03 | 4 |
| 5 | Lucas Davies | Blackburn H & AC | 53 | 25.05 | 3 |

Under 17 Men Javelin Throw

| | | | | | |
|---|----------------|------------------|-----|-------|---|
| 1 | Spencer Phelan | Pendle AC | 933 | 38.31 | 7 |
| 2 | Lucas Davies | Blackburn H & AC | 53 | 29.00 | 5 |
| 3 | Luke Parker | Hyndburn AC | 481 | 24.46 | 7 |

Under 17 Men Hammer Throw

| | | | | | |
|---|--------------|------------------|----|-------|---|
| 1 | Sam Gaskell | Blackburn H & AC | 58 | 49.60 | 7 |
| 2 | Anthony Kent | Blackburn H & AC | 86 | 43.91 | 5 |

Under 15 Boys 100m Heat 1

| | | | | | |
|---|-----------------|-------------------------|-----|------|---|
| 1 | Ryan Wilson | Barrow & Furness AC | 189 | 12.3 | 7 |
| 2 | James Nicholas | Blackpool Wyre Fylde AC | 557 | 12.4 | 7 |
| 3 | Ethan Hallas | Preston Harriers | 772 | 12.8 | 5 |
| 4 | Jonathan Gough | Blackburn H & AC | 158 | 12.8 | 4 |
| 5 | Bradley Abbott | Hyndburn AC | 453 | 12.9 | 5 |
| 6 | Will Whiteside | Preston Harriers | 806 | 13.4 | 2 |
| 7 | Jack Garwood | Lancaster Morecambe AC | 715 | 13.8 | 1 |
| 8 | Joshua Stammers | Southport Waterloo AC | 678 | 14.0 | |

Under 15 Boys 100m Heat 2

| | | | | | |
|---|------------------------|-------------------------|-----|------|----|
| 1 | Riley Nagle | Blackpool Wyre Fylde AC | 556 | 12.9 | 3 |
| 2 | Ethan Downes | Chorley Athletic | 352 | 13.6 | 4 |
| 3 | Joe Heeley | Hyndburn AC | 467 | 13.8 | 3 |
| 4 | Nicholas Christodoulou | Blackpool Wyre Fylde AC | 514 | 14.0 | nc |
| 5 | Ben Branton | Blackburn H & AC | 26 | 14.2 | |
| 6 | Lewis Jackson | Preston Harriers | 777 | 14.3 | nc |
| 7 | Toniloba Ogundana | Pendle AC | 931 | 14.5 | |
| 8 | Finley McKenna | Kirkby Milers | 864 | 16.0 | 2 |

Under 15 Boys 200m Heat 1

| | | | | | |
|---|------------------|-------------------------|------|------|---|
| 1 | James Nicholas | Blackpool Wyre Fylde AC | 557 | 25.3 | 7 |
| 2 | Ethan Hallas | Preston Harriers | 772 | 26.0 | 5 |
| 3 | Ryan Heneghan | Guest | 1587 | 27.6 | |
| 4 | Jack Garwood | Lancaster Morecambe AC | 715 | 27.8 | 3 |
| 5 | Joe Heeley | Hyndburn AC | 467 | 28.9 | 5 |
| 6 | George Whittaker | Blackburn H & AC | 139 | 29.4 | 1 |
| 7 | Leo Christian | Southport Waterloo AC | 692 | 29.8 | |

Under 15 Boys 200m Heat 2

| | | | | | |
|---|-------------------|-------------------------|-----|------|----|
| 1 | Riley Nagle | Blackpool Wyre Fylde AC | 556 | 26.3 | 4 |
| 2 | Bradley Abbott | Hyndburn AC | 453 | 27.5 | 7 |
| 3 | Jordan Gumustekin | Blackpool Wyre Fylde AC | 534 | 28.2 | nc |
| 4 | Matthew Knowles | Lancaster Morecambe AC | 721 | 29.2 | 2 |
| 5 | William Pyle | Lancaster Morecambe AC | 727 | 30.2 | nc |
| 6 | Lewis Jackson | Preston Harriers | 777 | 30.2 | |

Under 15 Boys 400m

| | | | | | |
|---|---------------|------------------------|-----|------|---|
| 1 | Jack Garwood | Lancaster Morecambe AC | 715 | 59.8 | 7 |
| 2 | Harry Steele | L'pool Pembroke Sefton | 316 | 64.0 | 5 |
| 3 | Ollie Sanders | Kendal AC | 954 | 64.3 | 7 |
| 4 | Jamie Hopkins | Southport Waterloo AC | 652 | 65.5 | 4 |

Under 15 Boys 800m

| | | | | | |
|---|------------------|-------------------------|-----|--------|---|
| 1 | James Smith | Blackpool Wyre Fylde AC | 579 | 2:17.2 | 7 |
| 2 | Matthew Knowles | Lancaster Morecambe AC | 721 | 2:17.9 | 5 |
| 3 | Mark Roberts | L'pool Pembroke Sefton | 306 | 2:18.2 | 4 |
| 4 | Ollie Sanders | Kendal AC | 954 | 2:23.7 | 7 |
| 5 | Joshua Roelants | Kendal AC | 953 | 2:31.0 | 5 |
| 6 | George Whittaker | Blackburn H & AC | 139 | 2:34.5 | 3 |
| 7 | Harvey Bateman | Blackpool Wyre Fylde AC | 509 | 2:35.5 | 2 |
| 8 | Benjamin Withers | Preston Harriers | 809 | 2:35.5 | 1 |
| 9 | Jack Newton | Lancaster Morecambe AC | 725 | 2:38.1 | |

Under 15 Boys 1500m

| | | | | | |
|---|-----------------|------------------------|------|--------|---|
| 1 | Jamie Teare | Blackburn H & AC | 133 | 4:38.4 | 7 |
| 2 | Tom Corcoran | L'pool Pembroke Sefton | 237 | 4:41.4 | 5 |
| 3 | William Pyle | Lancaster Morecambe AC | 727 | 4:45.1 | 4 |
| 4 | Ryan Heneghan | Guest | 1587 | 4:48.0 | |
| 5 | Harrison Reilly | Chorley Athletic | 372 | 4:48.6 | 7 |
| 6 | Gregor Anderson | Preston Harriers | 821 | 5:04.5 | 3 |

Under 15 Boys 4x100m Relay

| | | | | | |
|---|---|-----------|-----|------|---|
| 1 | . | Kendal AC | 953 | 56.3 | 7 |
|---|---|-----------|-----|------|---|

Under 15 Boys Long Jump

| | | | | | |
|----|-------------------|-------------------------|-----|------|----|
| 1 | Jonathan Gough | Blackburn H & AC | 158 | 5.06 | 7 |
| 2 | Will Whiteside | Preston Harriers | 806 | 4.73 | 5 |
| 3 | Ethan Hallas | Preston Harriers | 772 | 4.64 | 4 |
| 4 | Bradley Abbott | Hyndburn AC | 453 | 4.55 | 7 |
| 5 | Joshua Stammers | Southport Waterloo AC | 678 | 4.38 | 3 |
| 6 | Harry Burrow | Preston Harriers | 762 | 4.32 | nc |
| 7 | Toniloba Ogundana | Pendle AC | 931 | 4.26 | 2 |
| 8 | Joe Heeley | Hyndburn AC | 467 | 4.24 | 5 |
| 9 | Ethan Downes | Chorley Athletic | 352 | 4.24 | 4 |
| 10 | Scott Sinclair | Blackpool Wyre Fylde AC | 578 | 3.97 | 1 |
| 11 | Leo Christian | Southport Waterloo AC | 692 | 3.97 | |
| 12 | Jack Newton | Lancaster Morecambe AC | 725 | 3.75 | |
| 13 | Harry Steele | L'pool Pembroke Sefton | 316 | 3.65 | |
| 14 | Luke Suffolk | Preston Harriers | 798 | 3.58 | nc |
| 15 | Finley McKenna | Kirkby Milers | 864 | 3.45 | 3 |
| 16 | Harvey Bateman | Blackpool Wyre Fylde AC | 509 | 3.33 | |

Under 15 Boys High Jump

| | | | | | |
|---|------------------|-------------------------|-----|------|---|
| 1 | Sandy Clarkson | L'pool Pembroke Sefton | 236 | 1.58 | 7 |
| 2 | Jamie Hopkins | Southport Waterloo AC | 652 | 1.55 | 5 |
| 3 | Will Whiteside | Preston Harriers | 806 | 1.50 | 4 |
| 4 | Jamie Teare | Blackburn H & AC | 133 | 1.50 | 3 |
| 5 | Oliver Goldthorp | Chorley Athletic | 356 | 1.50 | 7 |
| 6 | Sam Coupland | Southport Waterloo AC | 639 | 1.45 | 2 |
| 7 | Scott Sinclair | Blackpool Wyre Fylde AC | 578 | 1.40 | 1 |



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Under 15 Boys Shot Putt

| | | | | | |
|---|--------------|------------------------|-----|------|---|
| 1 | Harry Burrow | Preston Harriers | 762 | 7.15 | 7 |
| 2 | Sam Coupland | Southport Waterloo AC | 639 | 7.09 | 5 |
| 3 | Jack Newton | Lancaster Morecambe AC | 725 | 5.11 | 4 |

Under 15 Boys Discus Throw

| | | | | | |
|---|----------------|---------------------|-----|-------|---|
| 1 | Alex Bernstein | Preston Harriers | 757 | 30.61 | 7 |
| 2 | Ryan Wilson | Barrow & Furness AC | 189 | 0.00 | |

Under 15 Boys Javelin Throw

| | | | | | |
|---|------------------|-----------------------|-----|-------|---|
| 1 | Harrison Codd | Burnley AC | 884 | 29.65 | 7 |
| 2 | Harry Burrow | Preston Harriers | 762 | 25.85 | 7 |
| 3 | Sam Coupland | Southport Waterloo AC | 639 | 22.15 | 5 |
| 4 | George Whittaker | Blackburn H & AC | 139 | 19.24 | 4 |

Under 15 Boys Hammer Throw

| | | | | | |
|---|---------------------|------------------|-----|-------|---|
| 1 | Alex Bernstein | Preston Harriers | 757 | 45.80 | 7 |
| 2 | Kyle Taylor-Pomfret | Blackburn H & AC | 132 | 16.04 | 5 |

Under 13 Boys 100m Heat 1

| | | | | | |
|---|------------------|-------------------------|-----|------|-----|
| 1 | Benjamin Jackson | Preston Harriers | 776 | 14.3 | 7 |
| 2 | Freddie Pearson | Lancaster Morecambe AC | 726 | 14.5 | 5 |
| 3 | James Bowen | Kendal AC | 952 | 14.6 | 7 |
| 4 | Thomas Wilkinson | Blackpool Wyre Fylde AC | 598 | 15.4 | 3 |
| 5 | Alexander Steele | L'pool Pembroke Sefton | 315 | 15.6 | 1.5 |
| 6 | Vladimir Wiggins | Preston Harriers | 807 | 15.7 | |
| 7 | Joe Sims | Blackburn H & AC | 163 | 18.7 | |

Under 13 Boys 100m Heat 2

| | | | | | |
|---|--------------------|-------------------------|-----|------|-----|
| 1 | Shaun French | L'pool Pembroke Sefton | 260 | 14.9 | 4 |
| 2 | Sebastian Chadwick | Blackpool Wyre Fylde AC | 605 | 15.6 | 1.5 |
| 3 | Sebby Holt | Blackpool Wyre Fylde AC | 540 | 15.7 | |
| 4 | Hugh Gleave | Preston Harriers | 824 | 16.1 | nc |
| 5 | James Hawtin | Preston Harriers | 773 | 16.3 | nc |
| 6 | Joe Paxton | L'pool Pembroke Sefton | 298 | 17.1 | nc |

Under 13 Boys 200m Heat 1

| | | | | | |
|---|------------------|-------------------------|-----|------|----|
| 1 | Benjamin Jackson | Preston Harriers | 776 | 29.1 | 7 |
| 2 | Ethan Edwards | L'pool Pembroke Sefton | 250 | 29.9 | 5 |
| 3 | Rafael Eaton | Blackpool Wyre Fylde AC | 522 | 30.4 | 4 |
| 4 | Luke Rawcliffe | Blackpool Wyre Fylde AC | 564 | 30.5 | 3 |
| 5 | Rory Teare | Blackburn H & AC | 134 | 30.8 | 2 |
| 6 | Thomas Wilkinson | Blackpool Wyre Fylde AC | 598 | 31.7 | nc |
| 7 | Lucas Seal | Barrow & Furness AC | 183 | 33.0 | 7 |

Under 13 Boys 200m Heat 2

| | | | | | |
|---|---------------------|-------------------------|-----|------|----|
| 1 | Kyle Taylor-Pomfret | Blackburn H & AC | 132 | 32.0 | 1 |
| 2 | Sebastian Chadwick | Blackpool Wyre Fylde AC | 605 | 32.8 | nc |
| 3 | Sebby Holt | Blackpool Wyre Fylde AC | 540 | 33.4 | nc |
| 4 | Alexander Steele | L'pool Pembroke Sefton | 315 | 34.0 | |
| 5 | Joe Paxton | L'pool Pembroke Sefton | 298 | 36.0 | nc |

Under 13 Boys 800m

| | | | | | |
|----|--------------------|-------------------------|-----|--------|----|
| 1 | James Bowen | Kendal AC | 952 | 2:26.5 | 7 |
| 2 | Dexta Thompson | Blackburn H & AC | 161 | 2:26.9 | 7 |
| 3 | James Ince | Preston Harriers | 775 | 2:31.4 | 5 |
| 4 | Michael Henderson | Southport Waterloo AC | 651 | 2:33.4 | 4 |
| 5 | Rafael Eaton | Blackpool Wyre Fylde AC | 522 | 2:41.3 | 3 |
| 6 | Benjamin Box | Preston Harriers | 758 | 2:41.5 | 2 |
| 7 | Ethan Edwards | L'pool Pembroke Sefton | 250 | 2:43.9 | 1 |
| 8 | Vladimir Wiggins | Preston Harriers | 807 | 2:45.7 | nc |
| 9 | William Kay | Preston Harriers | 779 | 2:47.8 | nc |
| 10 | Sebastian Chadwick | Blackpool Wyre Fylde AC | 605 | 2:50.2 | |
| 11 | Billy Reid | Preston Harriers | 793 | 2:50.5 | nc |
| 12 | James Roberts | L'pool Pembroke Sefton | 305 | 2:52.6 | |
| 13 | Ned Gilkes | Preston Harriers | 817 | 2:59.0 | nc |
| 14 | George MacKenzie | Blackpool Wyre Fylde AC | 552 | 2:59.6 | nc |
| 15 | James Hawtin | Preston Harriers | 773 | 2:59.9 | nc |
| 16 | Codie Dewhurst | Blackburn H & AC | 164 | 3:06.7 | |

Under 13 Boys 1500m

| | | | | | |
|---|-------------------|-------------------------|------|--------|---|
| 1 | Jude Black | Preston Harriers | 820 | 5:06.2 | 7 |
| 2 | Luke Rawcliffe | Blackpool Wyre Fylde AC | 564 | 5:13.4 | 5 |
| 3 | Finley Corkill | Leven Valley AC | 751 | 5:32.1 | 7 |
| 4 | Harrison Tweedale | Blackpool Wyre Fylde AC | 592 | 5:36.8 | 4 |
| 5 | James Read | L'pool Pembroke Sefton | 304 | 5:43.1 | 3 |
| 6 | Harry Corcoran | Guest | 1588 | 5:46.3 | |
| 7 | Joe Sims | Blackburn H & AC | 163 | 5:59.3 | 2 |

Under 13 Boys 4x100m Relay

| | | | | | |
|---|---|-------------------------|-----|------|---|
| 1 | . | Blackpool Wyre Fylde AC | 598 | 63.1 | 7 |
| 2 | . | L'pool Pembroke Sefton | 315 | 64.9 | 5 |

Under 13 Boys Long Jump

| | | | | | |
|----|-------------------|-------------------------|-----|------|----|
| 1 | James Ince | Preston Harriers | 775 | 4.44 | 7 |
| 2 | Freddie Pearson | Lancaster Morecambe AC | 726 | 4.31 | 5 |
| 3 | Harry Bowen | Kendal AC | 951 | 4.28 | 7 |
| 4 | Benjamin Jackson | Preston Harriers | 776 | 4.17 | 4 |
| 5 | Shaun French | L'pool Pembroke Sefton | 260 | 4.13 | 3 |
| 6 | Sebby Holt | Blackpool Wyre Fylde AC | 540 | 3.93 | 2 |
| 7 | Thomas Wilkinson | Blackpool Wyre Fylde AC | 598 | 3.90 | 1 |
| 8 | George Lowe | Preston Harriers | 783 | 3.89 | nc |
| 9 | Ryan Short | Kirkby Milers | 871 | 3.63 | 5 |
| 10 | James Hawtin | Preston Harriers | 773 | 3.61 | nc |
| 11 | Rafael Eaton | Blackpool Wyre Fylde AC | 522 | 3.42 | nc |
| 12 | George MacKenzie | Blackpool Wyre Fylde AC | 552 | 3.29 | nc |
| 13 | Elliot McCarthy | Kirkby Milers | 863 | 3.27 | 4 |
| 14 | Lucas Seal | Barrow & Furness AC | 183 | 3.25 | 3 |
| 15 | James Read | L'pool Pembroke Sefton | 304 | 3.09 | |
| 16 | Codie Dewhurst | Blackburn H & AC | 164 | 3.00 | |
| 17 | Harrison Tweedale | Blackpool Wyre Fylde AC | 592 | 2.77 | nc |
| 18 | Jack Dobie | Kirkby Milers | 852 | 2.28 | nc |

Under 13 Boys High Jump

| | | | | | |
|----|---------------------|------------------------|-----|------|-----|
| 1 | James Bowen | Kendal AC | 952 | 1.44 | 7 |
| 2 | Harry Bowen | Kendal AC | 951 | 1.38 | 5 |
| 3 | George Lowe | Preston Harriers | 783 | 1.30 | 7 |
| 4 | Rory Teare | Blackburn H & AC | 134 | 1.30 | 5 |
| 5= | Michael Henderson | Southport Waterloo AC | 651 | 1.25 | 3.5 |
| 5= | Freddie Pearson | Lancaster Morecambe AC | 726 | 1.25 | 3.5 |
| 7 | Vladimir Wiggins | Preston Harriers | 807 | 1.25 | 2 |
| 8 | Kyle Taylor-Pomfret | Blackburn H & AC | 132 | 1.20 | 1 |
| 9 | Ryan Short | Kirkby Milers | 871 | 1.20 | 4 |

Under 13 Boys Shot Putt

| | | | | | |
|---|------------------|-------------------------|-----|------|---|
| 1 | George MacKenzie | Blackpool Wyre Fylde AC | 552 | 6.93 | 7 |
| 2 | Harrison Kiley | Preston Harriers | 780 | 6.25 | 5 |
| 3 | James Ince | Preston Harriers | 775 | 6.03 | 4 |
| 4 | Kieran Howard | Blackpool Wyre Fylde AC | 542 | 5.54 | 3 |

Under 13 Boys Discus Throw

| | | | | | |
|---|----------------|------------------|-----|-------|---|
| 1 | Ryan Short | Kirkby Milers | 871 | 15.69 | 7 |
| 2 | Harrison Kiley | Preston Harriers | 780 | 13.05 | 7 |

Under 13 Boys Javelin Throw

| | | | | | |
|---|----------------|-------------------------|-----|-------|---|
| 1 | Harry Bowen | Kendal AC | 951 | 25.52 | 7 |
| 2 | Kieran Howard | Blackpool Wyre Fylde AC | 542 | 19.50 | 7 |
| 3 | Jack Bamber | L'pool Pembroke Sefton | 225 | 19.16 | 5 |
| 4 | George Lowe | Preston Harriers | 783 | 18.10 | 4 |
| 5 | Lucas Seal | Barrow & Furness AC | 183 | 16.71 | 5 |
| 6 | Harrison Kiley | Preston Harriers | 780 | 0.00 | 0 |

Senior Women 100m

| | | | | | |
|---|----------------|-------------------------|-----|------|---|
| 1 | Katy Wyper | Blackpool Wyre Fylde AC | 603 | 12.4 | 7 |
| 2 | Sophie Warden | Preston Harriers | 804 | 13.8 | 5 |
| 3 | Sophie Wilson | Hyndburn AC | 500 | 15.3 | 4 |
| 4 | Helen Goodwill | Burnley AC | 888 | 15.4 | 7 |

Senior Women 200m

| | | | | | |
|---|-----------------|-------------------------|-----|------|---|
| 1 | Lucy Townson | L'pool Pembroke Sefton | 323 | 27.5 | 7 |
| 2 | Gabrielle Jones | Blackpool Wyre Fylde AC | 547 | 28.0 | 5 |
| 3 | Sarah Cowgill | Hyndburn AC | 458 | 29.5 | 4 |



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| | | | | | | | | | | | |
|-----------------------------------|-------------------------|-------------------------|------|--------|-------------------------------------|------------------------------------|-------------------|-------------------------|------|--------|----|
| Senior Women 400m | | | | | Under 17 Women 800m | | | | | | |
| 1 | Lucy Townson | L'pool Pembroke Sefton | 323 | 61.3 | 7 | 1 | Lydia Wilcock | Chorley Athletic | 385 | 2:21.3 | 7 |
| 2 | Abby Hemsall | Barrow & Furness AC | 202 | 61.7 | 7 | 2 | Maddie Elliott | Blackburn H & AC | 56 | 2:22.4 | 7 |
| 3 | Bethany Towers | Blackpool Wyre Fylde AC | 589 | 66.5 | 5 | 3 | Kate Danby | Preston Harriers | 767 | 2:35.5 | 5 |
| | | | | | | 4 | Freya Black | Blackburn H & AC | 16 | 2:37.9 | 4 |
| | | | | | | 5 | Holly Logan | Barrow & Furness AC | 194 | 2:39.7 | 5 |
| Senior Women 800m | | | | | Under 17 Women 1500m | | | | | | |
| 1 | Carly Crawshaw | Hyndburn AC | 461 | 3:30.2 | 7 | 1 | Charlotte Morris | Preston Harriers | 825 | 5:25.4 | 7 |
| | | | | | | | | | | | |
| Senior Women 1500m | | | | | Under 17 Women Long Jump | | | | | | |
| 1 | Cathy Flitcroft | Guest | 1589 | 5:23.1 | | 1 | Lauren Lewis | L'pool Pembroke Sefton | 282 | 5.12 | 7 |
| | | | | | | 2 | Erin Birchall | L'pool Pembroke Sefton | 227 | 5.02 | 5 |
| Senior Women Long Jump | | | | | Under 17 Women High Jump | | | | | | |
| 1 | Chloe Unsworth | Preston Harriers | 822 | 4.75 | 7 | 1 | Jorden Pilkington | L'pool Pembroke Sefton | 299 | 1.50 | 7 |
| 2 | Sophie Wilson | Hyndburn AC | 500 | 3.76 | 5 | 2 | Chloe Norman | Blackpool Wyre Fylde AC | 558 | 1.45 | 5 |
| | | | | | | | | | | | |
| Senior Women High Jump | | | | | Under 17 Women Triple Jump | | | | | | |
| 1 | Deborah Dasse | L'pool Pembroke Sefton | 243 | 1.50 | 7 | 1 | Rebecca Keen | Barrow & Furness AC | 193 | 10.21 | 7 |
| | | | | | | 2 | Alice Prescott | L'pool Pembroke Sefton | 300 | 9.90 | 7 |
| Senior Women Shot Putt | | | | | Under 17 Women Shot Putt | | | | | | |
| 1 | Leah Hillman | Pendle AC | 918 | 11.13 | 7 | 1 | Alex Baker | Pendle AC | 912 | 10.74 | 7 |
| 2 | Nia Rutter | Blackpool Wyre Fylde AC | 574 | 9.78 | 7 | 2 | Candice Craven | Lancaster Morecambe AC | 713 | 7.76 | 5 |
| 3 | Susan Ball | Blackpool Wyre Fylde AC | 503 | 7.81 | 5 | 3 | Abigail Brown | Blackburn H & AC | 32 | 7.15 | 7 |
| 4 | Katy Coupland | Southport Waterloo AC | 637 | 7.36 | 4 | | | | | | |
| 5 | Lynn Baker | Pendle AC | 914 | 6.30 | 5 | Under 17 Women Discus Throw | | | | | |
| | | | | | | 1 | Alex Baker | Pendle AC | 912 | 23.96 | 7 |
| Senior Women Discus Throw | | | | | Under 17 Women Javelin Throw | | | | | | |
| 1 | Anna Peers | Blackburn H & AC | 110 | 34.53 | 7 | 1 | Alex Baker | Pendle AC | 912 | 23.96 | 7 |
| 2 | Leah Hillman | Pendle AC | 918 | 32.71 | 7 | 2 | Emily Worthington | Preston Harriers | 811 | 18.71 | 7 |
| 3 | Susan Ball | Blackpool Wyre Fylde AC | 503 | 27.57 | 5 | 3 | Abigail Brown | Blackburn H & AC | 32 | 17.55 | 5 |
| 4 | Katy Coupland | Southport Waterloo AC | 637 | 27.54 | 4 | 4 | Hollie Suffolk | Preston Harriers | 797 | 14.40 | 4 |
| 5 | Helen Goodwill | Burnley AC | 888 | 22.31 | 5 | | | | | | |
| 6 | Sarah Cowgill | Hyndburn AC | 458 | 22.01 | 3 | Senior Women Hammer Throw | | | | | |
| 7 | Lynn Baker | Pendle AC | 914 | 16.60 | 4 | 1 | Helen Goodwill | Burnley AC | 888 | 22.33 | 7 |
| 8 | Carly Crawshaw | Hyndburn AC | 461 | 13.51 | 2 | 2 | Susan Ball | Blackpool Wyre Fylde AC | 503 | 19.10 | 7 |
| | | | | | | 3 | Lynn Baker | Pendle AC | 914 | 0.00 | |
| Senior Women Javelin Throw | | | | | Under 17 Women Hammer Throw | | | | | | |
| 1 | Leah Hillman | Pendle AC | 918 | 41.88 | 7 | 1 | Emma Vickers | Preston Harriers | 803 | 39.93 | 7 |
| 2 | Anna Peers | Blackburn H & AC | 110 | 39.05 | 7 | 2 | Rhiannan Lowe | Preston Harriers | 784 | 33.58 | 5 |
| 3 | Sarah Cowgill | Hyndburn AC | 458 | 32.88 | 5 | | | | | | |
| 4 | Nia Rutter | Blackpool Wyre Fylde AC | 574 | 22.21 | 4 | Under 17 Women 100m | | | | | |
| 5 | Katy Coupland | Southport Waterloo AC | 637 | 17.14 | 3 | 1 | Lauren Lewis | L'pool Pembroke Sefton | 282 | 12.9 | 7 |
| | | | | | | 2 | Emily Warren | Blackburn H & AC | 138 | 13.4 | 5 |
| Senior Women Hammer Throw | | | | | Under 17 Women 200m | | | | | | |
| 1 | Helen Goodwill | Burnley AC | 888 | 22.33 | 7 | 1 | Lauren Lewis | L'pool Pembroke Sefton | 282 | 27.5 | 7 |
| 2 | Susan Ball | Blackpool Wyre Fylde AC | 503 | 19.10 | 7 | 2 | Emily Warren | Blackburn H & AC | 138 | 28.1 | 5 |
| 3 | Lynn Baker | Pendle AC | 914 | 0.00 | | 3 | Chloe Bleeks | Blackburn H & AC | 19 | 28.7 | 4 |
| | | | | | | 4 | Alice Prescott | L'pool Pembroke Sefton | 300 | 28.8 | 3 |
| Under 17 Women 300m | | | | | Under 15 Girls 100m Heat 1 | | | | | | |
| 1 | Drew Illingworth-Turner | Preston Harriers | 813 | 43.4 | 7 | 1 | Temi Mustapha | Lancaster Morecambe AC | 724 | 13.1 | 7 |
| 2 | Alisha Ibitoye | Preston Harriers | 774 | 43.7 | 5 | 2 | Georgie Chesworth | Preston Harriers | 765 | 13.5 | 5 |
| 3 | Juliet Sherrington | Preston Harriers | 796 | 44.5 | nc | 3 | Bailey Madden | Blackburn H & AC | 95 | 13.5 | 4 |
| 4 | Danielle Whipp | Blackpool Wyre Fylde AC | 597 | 44.8 | 4 | 4 | Martha Simms | L'pool Pembroke Sefton | 312 | 13.5 | 3 |
| 5 | Chloe Norman | Blackpool Wyre Fylde AC | 558 | 45.2 | 3 | 5 | Alesha Azonubi | Preston Harriers | 756 | 13.6 | 2 |
| 6 | Mia Tomlinson-Oldfield | Southport Waterloo AC | 685 | 45.8 | 2 | 6 | Imogen Mansfield | Burnley AC | 891 | 14.5 | 4 |
| | | | | | | 7 | Leah Howard | Blackpool Wyre Fylde AC | 541 | 14.5 | nc |
| Under 17 Women 400m | | | | | Under 15 Girls 100m Heat 2 | | | | | | |
| 1 | Lucy Townson | L'pool Pembroke Sefton | 323 | 61.3 | 7 | 1 | Abigael Bamber | L'pool Pembroke Sefton | 224 | 13.4 | 7 |
| 2 | Abby Hemsall | Barrow & Furness AC | 202 | 61.7 | 7 | 2 | Kianna Proctor | Preston Harriers | 792 | 13.6 | nc |
| 3 | Bethany Towers | Blackpool Wyre Fylde AC | 589 | 66.5 | 5 | 3 | Myah Booth | Blackburn H & AC | 22 | 13.8 | 1 |
| | | | | | | 4 | Lois Carroll | Preston Harriers | 763 | 14.0 | nc |
| | | | | | | 5 | Zoe England | Guest | 1599 | 14.1 | |
| | | | | | | 6 | Amy Lovidge | Barrow & Furness AC | 184 | 14.1 | 5 |
| | | | | | | 7 | Yasmin Goldthorpe | Blackpool Wyre Fylde AC | 529 | 14.4 | |



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Under 15 Girls 100m Heat 3

| | | | | | |
|---|-------------------|------------------------|-----|------|----|
| 1 | Megan Jackson | Preston Harriers | 778 | 13.8 | nc |
| 2 | Evie Parkinson | Preston Harriers | 788 | 14.1 | nc |
| 3 | Grace Mitchell | L'pool Pembroke Sefton | 290 | 14.1 | nc |
| 4 | Christie Sturgess | Blackburn H & AC | 128 | 14.2 | nc |
| 5 | Caitlin Parr | Kirkby Milers | 870 | 15.4 | 3 |
| 6 | Kasey Corns | Burnley AC | 885 | 15.4 | 2 |
| 7 | Melissa Wilson | Lancaster Morecambe AC | 738 | 16.0 | |

Under 15 Girls 800m

| | | | | | |
|----|---------------------|-------------------------|-----|--------|----|
| 1 | Sophie Stanworth | Blackburn H & AC | 148 | 2:27.3 | 7 |
| 2 | Abigail Earnshaw | Preston Harriers | 771 | 2:27.6 | 5 |
| 3 | Eleesha Charnley | Blackburn H & AC | 39 | 2:30.3 | 4 |
| 4 | Kirsty Hamilton | Lancaster Morecambe AC | 717 | 2:31.7 | 7 |
| 5 | Emily Mayson | Preston Harriers | 786 | 2:33.7 | 3 |
| 6 | Jessica Watson | Preston Harriers | 805 | 2:34.0 | nc |
| 7 | Scarlett Sutton | Preston Harriers | 799 | 2:34.2 | nc |
| 8 | Bethany Reid | Chorley Athletic | 370 | 2:38.8 | 5 |
| 9 | Lucy Tickle | Blackpool Wyre Fylde AC | 588 | 2:39.0 | 2 |
| 10 | Niamh Doyle | L'pool Pembroke Sefton | 249 | 2:48.9 | 1 |
| 11 | Annabelle Corlett | L'pool Pembroke Sefton | 238 | 2:49.8 | |
| 12 | Abbie Maguire | Preston Harriers | 785 | 2:50.2 | nc |
| 13 | Freya Wissett | L'pool Pembroke Sefton | 333 | 2:54.0 | nc |
| 14 | Melissa Wilson | Lancaster Morecambe AC | 738 | 3:03.4 | 4 |
| 15 | Emily Reid | Chorley Athletic | 371 | 3:09.5 | 3 |
| 16 | Maia Bowman | Blackburn H & AC | 160 | 3:14.2 | nc |
| 17 | Ella-Louise Hardman | Blackburn H & AC | 64 | 3:21.5 | nc |

Under 15 Girls 100m Heat 4

| | | | | | |
|---|------------------|-------------------------|-----|------|----|
| 1 | Ellie Owen | Blackpool Wyre Fylde AC | 560 | 14.2 | |
| 2 | Poppy Hughes | Blackpool Wyre Fylde AC | 544 | 14.5 | nc |
| 3 | Keisha Clarke | Preston Harriers | 766 | 14.5 | nc |
| 4 | Liberty Thompson | Blackburn H & AC | 162 | 14.6 | nc |
| 5 | Isobel Ascroft | L'pool Pembroke Sefton | 221 | 14.8 | nc |
| 6 | Maia Bowman | Blackburn H & AC | 160 | 14.9 | nc |
| 7 | Imogen Reader | Blackpool Wyre Fylde AC | 606 | 15.0 | nc |
| 8 | Eve Gallagher | L'pool Pembroke Sefton | 261 | 15.1 | nc |

Under 15 Girls 1500m

| | | | | | |
|---|-----------------|-------------------------|-----|------|----|
| 1 | Nekkisha Wilson | Blackpool Wyre Fylde AC | 599 | 14.8 | nc |
| 2 | Chloe Parsons | Blackpool Wyre Fylde AC | 562 | 15.1 | nc |
| 3 | Emma Ward | L'pool Pembroke Sefton | 326 | 15.1 | nc |
| 4 | Chloe Smith | Blackpool Wyre Fylde AC | 580 | 15.2 | nc |
| 5 | Ella Murray | Kirkby Milers | 865 | 15.7 | 1 |
| 6 | Lily Crompton | L'pool Pembroke Sefton | 240 | 16.4 | nc |
| 7 | Bethany Swift | Southport Waterloo AC | 682 | 18.0 | |

Under 15 Girls 4x100m Relay

| | | | | | |
|---|---|-------------------------|-----|------|---|
| 1 | . | Blackpool Wyre Fylde AC | 550 | 59.2 | 7 |
|---|---|-------------------------|-----|------|---|

Under 15 Girls 200m Heat 1

| | | | | | |
|---|-------------------|------------------------|------|------|---|
| 1 | Georgie Chesworth | Preston Harriers | 765 | 27.7 | 7 |
| 2 | Bailey Madden | Blackburn H & AC | 95 | 28.2 | 4 |
| 3 | Martha Simms | L'pool Pembroke Sefton | 312 | 29.6 | 2 |
| 4 | Zoe England | Guest | 1599 | 29.8 | |
| 5 | Annabel Stewart | Chorley Athletic | 375 | 30.4 | 7 |
| 6 | Isabelle Livesley | Kirkby Milers | 861 | 31.2 | 5 |

Under 15 Girls Long Jump

| | | | | | |
|----|-------------------|-------------------------|-----|------|----|
| 1 | Erin Moffatt | Lancaster Morecambe AC | 723 | 5.06 | 7 |
| 2 | Amy Lovidge | Barrow & Furness AC | 184 | 4.54 | 5 |
| 3 | Martha Simms | L'pool Pembroke Sefton | 312 | 4.52 | 7 |
| 4 | Megan Jackson | Preston Harriers | 778 | 4.48 | 5 |
| 5 | Imogen Mansfield | Burnley AC | 891 | 4.39 | 4 |
| 6 | Scarlet Whitfield | L'pool Pembroke Sefton | 327 | 4.30 | 4 |
| 7 | Grace Mitchell | L'pool Pembroke Sefton | 290 | 4.22 | nc |
| 8 | Abigail Bamber | L'pool Pembroke Sefton | 224 | 4.16 | nc |
| 9 | Leah Howard | Blackpool Wyre Fylde AC | 541 | 4.08 | 3 |
| 10 | Natalia Luczak | Blackpool Wyre Fylde AC | 550 | 3.99 | 2 |
| 11 | Poppy Hughes | Blackpool Wyre Fylde AC | 544 | 3.98 | nc |
| 12 | Lois Carroll | Preston Harriers | 763 | 3.93 | 1 |
| 13 | Yasmin Goldthorpe | Blackpool Wyre Fylde AC | 529 | 3.87 | nc |
| 14 | Isobel Ascroft | L'pool Pembroke Sefton | 221 | 3.73 | nc |
| 15 | Isabelle Livesley | Kirkby Milers | 861 | 3.70 | 3 |
| 16 | Annabel Stewart | Chorley Athletic | 375 | 3.68 | 2 |
| 17 | Imogen Reader | Blackpool Wyre Fylde AC | 606 | 3.65 | nc |
| 18 | Kasey Corns | Burnley AC | 885 | 3.64 | 1 |
| 19 | Alesha Azonubi | Preston Harriers | 756 | 3.39 | nc |
| 20 | Caitlin Parr | Kirkby Milers | 870 | 3.37 | |
| 21 | Kacie Calvert | Blackpool Wyre Fylde AC | 512 | 3.36 | nc |
| 22 | Ella Murray | Kirkby Milers | 865 | 3.07 | nc |

Under 15 Girls 200m Heat 2

| | | | | | |
|---|-------------------|-------------------------|-----|------|----|
| 1 | Kianna Proctor | Preston Harriers | 792 | 28.2 | nc |
| 2 | Christie Sturgess | Blackburn H & AC | 128 | 29.3 | 3 |
| 3 | Alesha Azonubi | Preston Harriers | 756 | 29.8 | nc |
| 4 | Grace Mitchell | L'pool Pembroke Sefton | 290 | 30.4 | 1 |
| 5 | Imogen Reader | Blackpool Wyre Fylde AC | 606 | 31.4 | |
| 6 | Caitlin Parr | Kirkby Milers | 870 | 32.3 | 4 |

Under 15 Girls 200m Heat 3

| | | | | | |
|---|-------------------|-------------------------|-----|------|----|
| 1 | Alissa Darbyshire | Preston Harriers | 768 | 28.0 | 5 |
| 2 | Nekkisha Wilson | Blackpool Wyre Fylde AC | 599 | 30.5 | |
| 3 | Megan Howarth | Southport Waterloo AC | 654 | 31.3 | |
| 4 | Liberty Thompson | Blackburn H & AC | 162 | 32.3 | nc |
| 5 | Eve Gallagher | L'pool Pembroke Sefton | 261 | 32.6 | nc |
| 6 | Georgie Wilson | Preston Harriers | 808 | 34.5 | nc |
| 7 | Ella Murray | Kirkby Milers | 865 | 35.0 | nc |

Under 15 Girls 300m

| | | | | | |
|---|--------------------|------------------------|-----|------|---|
| 1 | Erin Moffatt | Lancaster Morecambe AC | 723 | 44.2 | 7 |
| 2 | Eleesha Charnley | Blackburn H & AC | 39 | 46.0 | 7 |
| 3 | Charlotte Corrigan | Hyndburn AC | 457 | 46.3 | 5 |
| 4 | Emily Reynolds | Preston Harriers | 795 | 46.8 | 4 |
| 5 | Sophie Stanworth | Blackburn H & AC | 148 | 47.7 | 3 |

Under 15 Girls High Jump

| | | | | | |
|----|-------------------|-------------------------|-----|------|----|
| 1 | Imogen Ayres | L'pool Pembroke Sefton | 223 | 1.45 | 7 |
| 2 | Leah Howard | Blackpool Wyre Fylde AC | 541 | 1.45 | 5 |
| 3 | Niamh Doyle | L'pool Pembroke Sefton | 249 | 1.40 | 4 |
| 4 | Jasmine Carey | Blackpool Wyre Fylde AC | 513 | 1.40 | 3 |
| 5 | Evie Parkinson | Preston Harriers | 788 | 1.35 | 2 |
| 6= | Keisha Clarke | Preston Harriers | 766 | 1.35 | 1 |
| 6= | Scarlet Whitfield | L'pool Pembroke Sefton | 327 | 1.35 | nc |
| 8 | Natalia Luczak | Blackpool Wyre Fylde AC | 550 | 1.30 | nc |
| 9 | Amy Lovidge | Barrow & Furness AC | 184 | 1.20 | 7 |
| 10 | Kacie Calvert | Blackpool Wyre Fylde AC | 512 | 0.00 | nc |

Under 15 Girls Shot Putt

| | | | | | |
|---|------------------|-------------------------|------|------|----|
| 1 | Lauren Tunstall | Preston Harriers | 814 | 9.72 | 7 |
| 2 | Myah Booth | Blackburn H & AC | 22 | 9.41 | 5 |
| 3 | Jasmine Carey | Blackpool Wyre Fylde AC | 513 | 7.86 | 4 |
| 4 | Charlotte Jones | Blackpool Wyre Fylde AC | 546 | 7.32 | 3 |
| 5 | Abigael Bamber | L'pool Pembroke Sefton | 224 | 7.27 | 2 |
| 6 | Hayley Robinson | Guest | 1595 | 6.42 | |
| 7 | Chloe Parsons | Blackpool Wyre Fylde AC | 562 | 6.30 | nc |
| 8 | Sophie Stanworth | Blackburn H & AC | 148 | 5.96 | 1 |



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Under 15 Girls Discus Throw

| | | | | | |
|----|------------------|-------------------------|------|-------|----|
| 1 | Izzy Thompson | Blackburn H & AC | 136 | 23.31 | |
| 2 | Imogen Mansfield | Burnley AC | 891 | 20.05 | 7 |
| 3 | Maisie Rogers | Blackpool Wyre Fylde AC | 567 | 19.88 | 7 |
| 4 | Lauren Tunstall | Preston Harriers | 814 | 17.77 | 5 |
| 5 | Minnie Rogers | Blackpool Wyre Fylde AC | 568 | 17.28 | 4 |
| 6 | Tazmin Fayle | Guest | 1600 | 16.73 | |
| 7 | Chloe Parsons | Blackpool Wyre Fylde AC | 562 | 16.54 | nc |
| 8 | Charlotte Jones | Blackpool Wyre Fylde AC | 546 | 13.51 | nc |
| 9 | Kasey Corns | Burnley AC | 885 | 13.44 | 5 |
| 10 | Bethany Swift | Southport Waterloo AC | 682 | 9.33 | 3 |

Under 15 Girls Javelin Throw

| | | | | | |
|----|-----------------|-------------------------|------|-------|----|
| 1 | Megan Howarth | Southport Waterloo AC | 654 | 33.75 | 7 |
| 2 | Lauren Tunstall | Preston Harriers | 814 | 29.75 | 5 |
| 3 | Myah Booth | Blackburn H & AC | 22 | 27.08 | 4 |
| 4 | Hope Kennedy | L'pool Pembroke Sefton | 277 | 23.79 | 3 |
| 5 | Maisie Rogers | Blackpool Wyre Fylde AC | 567 | 22.71 | 2 |
| 6 | Minnie Rogers | Blackpool Wyre Fylde AC | 568 | 22.59 | 1 |
| 7 | Evie Parkinson | Preston Harriers | 788 | 22.11 | |
| 8 | Hayley Robinson | Guest | 1595 | 20.47 | |
| 9 | Izzy Thompson | Blackburn H & AC | 136 | 19.97 | |
| 10 | Tazmin Fayle | Guest | 1600 | 16.75 | |
| 11 | Kacie Calvert | Blackpool Wyre Fylde AC | 512 | 13.42 | nc |
| 12 | Bethany Swift | Southport Waterloo AC | 682 | 5.02 | |

Under 15 Girls Hammer Throw

| | | | | | |
|---|-----------------|-------------------------|------|-------|---|
| 1 | Megan Howarth | Southport Waterloo AC | 654 | 31.33 | 7 |
| 2 | Charlotte Jones | Blackpool Wyre Fylde AC | 546 | 23.74 | 5 |
| 3 | Tazmin Fayle | Guest | 1600 | 23.49 | |
| 4 | Izzy Thompson | Blackburn H & AC | 136 | 21.94 | |
| 5 | Amy Bennett | Lancaster Morecambe AC | 707 | 20.68 | 7 |
| 6 | Temi Mustapha | Lancaster Morecambe AC | 724 | 19.11 | 5 |
| 7 | Maisie Rogers | Blackpool Wyre Fylde AC | 567 | 18.62 | 4 |

Under 13 Girls 100m Heat 1

| | | | | | |
|---|--------------------|-------------------------|-----|------|-----|
| 1 | Amber Hughes | Southport Waterloo AC | 655 | 14.3 | 7 |
| 2 | Oreoluwa Ogundana | Pendle AC | 930 | 14.5 | 7 |
| 3 | Tamalynd Dickinson | Preston Harriers | 769 | 14.6 | 5 |
| 4 | Olivia Morgan | L'pool Pembroke Sefton | 292 | 14.7 | 4 |
| 5 | Rebecca O'Donovan | Barrow & Furness AC | 178 | 15.1 | 3.5 |
| 6 | Leah Hoole | Blackburn H & AC | 72 | 15.5 | |
| 7 | Kalise Giles | Blackpool Wyre Fylde AC | 527 | 15.7 | |

Under 13 Girls 100m Heat 2

| | | | | | |
|---|------------------|-------------------------|------|------|----|
| 1 | Grace Pritchard | Guest | 1597 | 14.1 | |
| 2 | Blythe Cordwell | Chorley Athletic | 350 | 15.0 | 5 |
| 3 | Abigail Stratton | Blackburn H & AC | 149 | 15.3 | 1 |
| 4 | Hannah Fenton | Hyndburn AC | 490 | 15.3 | |
| 5 | Molly Parkinson | Preston Harriers | 789 | 15.4 | nc |
| 6 | Aimee Clare | Kirkby Milers | 843 | 16.7 | |
| 7 | Talia Ball | Blackpool Wyre Fylde AC | 504 | 17.7 | nc |

Under 13 Girls 100m Heat 3

| | | | | | |
|---|-----------------------|-------------------------|-----|------|----|
| 1 | Emily Rankin | Preston Harriers | 818 | 15.1 | 3 |
| 2 | Gabija Safranaviciute | Pendle AC | 939 | 15.5 | 2 |
| 3 | Sofia Christodoulou | Blackpool Wyre Fylde AC | 515 | 15.5 | |
| 4 | Katelyn Swift | Southport Waterloo AC | 683 | 16.0 | |
| 5 | Lucy Swarbrick | Barrow & Furness AC | 173 | 16.1 | 1 |
| 6 | Gracie Holland | Kirkby Milers | 856 | 16.5 | |
| 7 | Cara Tamburro | L'pool Pembroke Sefton | 321 | 16.7 | |
| 8 | Ellise Balshaw | Blackpool Wyre Fylde AC | 604 | 16.9 | nc |

Under 13 Girls 100m Heat 4

| | | | | | |
|---|----------------------|-------------------------|------|------|-----|
| 1 | Alanna Smith | Lancaster Morecambe AC | 739 | 15.1 | 3.5 |
| 2 | Katie Pimblett | Guest | 1596 | 15.2 | |
| 3 | Olivia Christodoulou | Blackpool Wyre Fylde AC | 516 | 15.2 | 2 |
| 4 | Isabella Buraimo | Preston Harriers | 761 | 15.8 | nc |
| 5 | Holly Crook | Blackburn H & AC | 156 | 16.0 | nc |
| 6 | Amber Riley | Hyndburn AC | 491 | 16.5 | |
| 7 | Michaela Hopkins | Southport Waterloo AC | 653 | 17.1 | nc |
| 8 | Wiktorija Skonieczna | Pendle AC | 940 | 18.5 | nc |

Under 13 Girls 200m Heat 1

| | | | | | |
|---|------------------|------------------------|------|------|----|
| 1 | Olivia Morgan | L'pool Pembroke Sefton | 292 | 31.0 | 4 |
| 2 | Katie Pimblett | Guest | 1596 | 31.3 | |
| 3 | Laura Brown | Barrow & Furness AC | 179 | 31.7 | 4 |
| 4 | Matilda Crawshaw | Hyndburn AC | 462 | 33.2 | |
| 5 | Katelyn Swift | Southport Waterloo AC | 683 | 34.0 | nc |
| 6 | Megan Leigh | Chorley Athletic | 361 | 34.2 | 2 |
| 7 | Keira Haxton | Blackburn H & AC | 67 | 34.2 | |

Under 13 Girls 200m Heat 2

| | | | | | |
|---|-------------------|------------------------|-----|------|----|
| 1 | Rebecca O'Donovan | Barrow & Furness AC | 178 | 30.9 | 7 |
| 2 | Oreoluwa Ogundana | Pendle AC | 930 | 31.3 | 5 |
| 3 | Emily Rankin | Preston Harriers | 818 | 32.5 | 3 |
| 4 | Hannah Eccles | Blackburn H & AC | 154 | 32.5 | 2 |
| 5 | Emily Williamson | L'pool Pembroke Sefton | 331 | 33.1 | nc |
| 6 | Isabella Buraimo | Preston Harriers | 761 | 34.8 | |
| 7 | Alice Singleton | Chorley Athletic | 374 | 35.1 | nc |
| 8 | Jenna Christian | Southport Waterloo AC | 693 | 36.0 | nc |

Under 13 Girls 200m Heat 3

| | | | | | |
|---|-----------------|------------------------|-----|------|----|
| 1 | Amber Hughes | Southport Waterloo AC | 655 | 29.7 | 7 |
| 2 | Grace Tobin | Southport Waterloo AC | 690 | 30.5 | 5 |
| 3 | Lucy Bousfield | L'pool Pembroke Sefton | 230 | 32.9 | 1 |
| 4 | Louisa Stewart | Chorley Athletic | 386 | 33.2 | 3 |
| 5 | Cara Tamburro | L'pool Pembroke Sefton | 321 | 34.2 | nc |
| 6 | Amber Riley | Hyndburn AC | 491 | 34.9 | |
| 7 | Paige Singleton | Blackburn H & AC | 151 | 37.6 | nc |

Under 13 Girls 800m

| | | | | | |
|----|-------------------|------------------------|------|--------|----|
| 1 | Grace Tobin | Southport Waterloo AC | 690 | 2:33.2 | 7 |
| 2 | Leah Hoole | Blackburn H & AC | 72 | 2:36.8 | 5 |
| 3 | Laura Brown | Barrow & Furness AC | 179 | 2:41.4 | 7 |
| 4 | Blythe Cordwell | Chorley Athletic | 350 | 2:41.9 | 5 |
| 5 | Hannah Eccles | Blackburn H & AC | 154 | 2:50.7 | 4 |
| 6 | Lucy Bousfield | L'pool Pembroke Sefton | 230 | 2:52.0 | 3 |
| 7 | Lucy Swarbrick | Barrow & Furness AC | 173 | 2:52.5 | 4 |
| 8 | Emily Williamson | L'pool Pembroke Sefton | 331 | 2:52.7 | 2 |
| 9 | Molly Nicholls | Blackburn H & AC | 103 | 2:53.2 | nc |
| 10 | Alice Singleton | Chorley Athletic | 374 | 2:56.0 | 3 |
| 11 | Louisa Stewart | Chorley Athletic | 386 | 2:57.6 | nc |
| 12 | Mia Brayshaw | Lancaster Morecambe AC | 709 | 2:58.7 | 2 |
| 13 | Charlotte Mahoney | Guest | 1592 | 2:59.3 | |
| 14 | Keira Haxton | Blackburn H & AC | 67 | 3:01.2 | nc |
| 15 | Alanna Smith | Lancaster Morecambe AC | 739 | 3:02.4 | 1 |
| 16 | Emily Knell | Preston Harriers | 781 | 3:03.0 | 1 |
| 17 | Katelyn Swift | Southport Waterloo AC | 683 | 3:10.4 | |

Under 13 Girls 1500m

| | | | | | |
|---|------------------|-------------------------|-----|--------|----|
| 1 | Olesia Winder | Leven Valley AC | 752 | 5:16.5 | 7 |
| 2 | Hollie Cubbon | Blackburn H & AC | 49 | 5:26.6 | 7 |
| 3 | Abigail Stratton | Blackburn H & AC | 149 | 5:28.2 | 5 |
| 4 | Bethany Whipp | Blackpool Wyre Fylde AC | 596 | 5:32.6 | 4 |
| 5 | Holly Crook | Blackburn H & AC | 156 | 5:49.7 | nc |
| 6 | Chloe Bousfield | L'pool Pembroke Sefton | 228 | 6:00.4 | 3 |
| 7 | Paige Singleton | Blackburn H & AC | 151 | 6:02.2 | nc |
| 8 | Ellie Singleton | Blackburn H & AC | 152 | 6:06.8 | nc |

Under 13 Girls 4x100m Relay

| | | | | | |
|---|---|------------------------|-----|------|---|
| 1 | . | Preston Harriers | 769 | 59.4 | 7 |
| 2 | . | L'pool Pembroke Sefton | 331 | 61.9 | 5 |
| 3 | . | Southport Waterloo AC | 693 | 64.5 | 4 |
| 4 | . | Chorley Athletic | 350 | 66.0 | 7 |



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Under 13 Girls Long Jump

| | | | | | |
|----|-----------------------|-------------------------|------|------|----|
| 1 | Tamalyn Dickinson | Preston Harriers | 769 | 3.87 | 7 |
| 2 | Kalise Giles | Blackpool Wyre Fylde AC | 527 | 3.70 | 5 |
| 3 | Oreoluwa Ogundana | Pendle AC | 930 | 3.70 | 7 |
| 4 | Matilda Crawshaw | Hyndburn AC | 462 | 3.66 | 4 |
| 5 | Olivia Morgan | L'pool Pembroke Sefton | 292 | 3.63 | 3 |
| 6 | Emily Rankin | Preston Harriers | 818 | 3.60 | 2 |
| 7 | Katie Pimblett | Guest | 1596 | 3.46 | |
| 8 | Isabella Buraimo | Preston Harriers | 761 | 3.39 | nc |
| 9 | Gracie Rutter | Blackpool Wyre Fylde AC | 572 | 3.37 | 1 |
| 10 | Emma Tunstall | Preston Harriers | 802 | 3.23 | nc |
| 11 | Aimee Clare | Kirkby Milers | 843 | 3.16 | 5 |
| 12 | Gabija Safranaviciute | Pendle AC | 939 | 3.15 | 4 |
| 13 | Michaela Hopkins | Southport Waterloo AC | 653 | 3.08 | |
| 14 | Gracie Holland | Kirkby Milers | 856 | 2.76 | 3 |
| 15 | Emily Williamson | L'pool Pembroke Sefton | 331 | 2.72 | |
| 16 | Talia Ball | Blackpool Wyre Fylde AC | 504 | 2.64 | nc |
| 17 | Chloe Bousfield | L'pool Pembroke Sefton | 228 | 2.55 | nc |
| 18 | Ellise Balshaw | Blackpool Wyre Fylde AC | 604 | 2.45 | nc |
| 19 | Wiktorja Skonieczna | Pendle AC | 940 | 2.32 | nc |

Male 3000m

| | | | | |
|---|------------------|------------------------|------|---------|
| 1 | William Onek | Guest | 1586 | 9:22.6 |
| 2 | Oliver Sutcliffe | L'pool Pembroke Sefton | 318 | 10:20.0 |
| 3 | James Dalgleish | Lancaster Morecambe AC | 744 | 10:21.0 |
| 4 | Michael Roy | Lancaster Morecambe AC | 743 | 11:03.6 |
| 5 | Graham Webster | Lytham St. Annes RR | 437 | 11:50.5 |
| 6 | Luke Suffolk | Preston Harriers | 798 | 12:12.3 |
| 7 | Harrison Codd | Burnley AC | 884 | 12:41.9 |

Female 3000m

| | | | | |
|---|--------------------|-------------------------|-----|---------|
| 1 | Annabel Ralph | Burnley AC | 898 | 10:21.3 |
| 2 | Jessica Rogers | Blackpool Wyre Fylde AC | 569 | 11:06.7 |
| 3 | Charlotte Corrigan | Hyndburn AC | 457 | 11:17.2 |
| 4 | Charlotte Mawdsley | L'pool Pembroke Sefton | 284 | 12:05.9 |
| 5 | Isabel Hartley | Blackburn H & AC | 150 | 12:32.7 |
| 6 | Faye Hannaway | L'pool Pembroke Sefton | 266 | 12:39.0 |
| 7 | Hannah Doyle | L'pool Pembroke Sefton | 248 | 12:44.4 |

Under 13 Girls High Jump

| | | | | | |
|----|-----------------------|-------------------------|-----|------|-----|
| 1 | Emma Love | Blackburn H & AC | 94 | 1.33 | 7 |
| 2 | Rebecca O'Donovan | Barrow & Furness AC | 178 | 1.20 | 7 |
| 3= | Grace Tobin | Southport Waterloo AC | 690 | 1.20 | 4.5 |
| 3= | Holly Crook | Blackburn H & AC | 156 | 1.20 | 4.5 |
| 5 | Gracie Rutter | Blackpool Wyre Fylde AC | 572 | 1.15 | 3 |
| 6 | Tamalyn Dickinson | Preston Harriers | 769 | 1.15 | 2 |
| 7 | Gabija Safranaviciute | Pendle AC | 939 | 1.05 | 5 |
| 8 | Emma Tunstall | Preston Harriers | 802 | 1.05 | 1 |
| 9 | Abigail Stratton | Blackburn H & AC | 149 | 1.00 | nc |
| 10 | Wiktorja Skonieczna | Pendle AC | 940 | 0.00 | |

Under 13 Girls Shot Putt

| | | | | | |
|----|-----------------|-------------------------|-----|------|----|
| 1 | Amber Hughes | Southport Waterloo AC | 655 | 7.24 | 7 |
| 2 | Molly Parkinson | Preston Harriers | 789 | 6.77 | 5 |
| 3 | Alice Singleton | Chorley Athletic | 374 | 6.28 | 7 |
| 4 | Emily Sim | Lancaster Morecambe AC | 730 | 5.06 | 5 |
| 5 | Blythe Cordwell | Chorley Athletic | 350 | 4.89 | 4 |
| 6 | Hannah Eccles | Blackburn H & AC | 154 | 4.70 | 4 |
| 7 | Hanna Giles | Lancaster Morecambe AC | 740 | 4.33 | 3 |
| 8 | Chloe Molyneux | Chorley Athletic | 365 | 4.29 | nc |
| 9 | Laura Brown | Barrow & Furness AC | 179 | 3.98 | 2 |
| 10 | Jenna Christian | Southport Waterloo AC | 693 | 3.68 | 3 |
| 11 | Paige Singleton | Blackburn H & AC | 151 | 3.42 | 2 |
| 12 | Gracie Rutter | Blackpool Wyre Fylde AC | 572 | 0.00 | 1 |
| 13 | Emily Knell | Preston Harriers | 781 | 0.00 | |
| 14 | Louisa Stewart | Chorley Athletic | 386 | 0.00 | nc |

Under 13 Girls Discus Throw

| | | | | | |
|---|----------------|-------------------------|-----|-------|---|
| 1 | Chloe Molyneux | Chorley Athletic | 365 | 14.04 | 7 |
| 2 | Talia Ball | Blackpool Wyre Fylde AC | 504 | 13.49 | 7 |
| 3 | Phoebe Apps | Southport Waterloo AC | 689 | 13.47 | 5 |

Under 13 Girls Javelin Throw

| | | | | | |
|----|------------------|------------------------|-----|-------|----|
| 1 | Emily Sim | Lancaster Morecambe AC | 730 | 16.17 | 7 |
| 2 | Chloe Molyneux | Chorley Athletic | 365 | 15.46 | 5 |
| 3 | Emma Tunstall | Preston Harriers | 802 | 15.32 | 7 |
| 4 | Matilda Crawshaw | Hyndburn AC | 462 | 14.42 | 5 |
| 5 | Molly Parkinson | Preston Harriers | 789 | 14.00 | 4 |
| 6 | Hannah Fenton | Hyndburn AC | 490 | 12.99 | 3 |
| 7 | Hanna Giles | Lancaster Morecambe AC | 740 | 8.75 | 4 |
| 8 | Megan Leigh | Chorley Athletic | 361 | 8.54 | 3 |
| 9 | Aimee Clare | Kirkby Milers | 843 | 8.07 | 2 |
| 10 | Amber Riley | Hyndburn AC | 491 | 7.62 | nc |
| 11 | Jenna Christian | Southport Waterloo AC | 693 | 5.98 | 2 |
| 12 | Phoebe Apps | Southport Waterloo AC | 689 | 0.00 | 0 |



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Points Summary

| Division 1 Male | U13 | U15 | U17 | Senior | Officials | Total |
|-------------------------|------|-----|-----|--------|-----------|-------|
| Blackburn H & AC | 18 | 34 | 43 | 10 | 15 | 120 |
| Blackpool Wyre Fylde AC | 50.5 | 32 | 16 | 34 | 15 | 147.5 |
| Lancaster Morecambe AC | 13.5 | 26 | 4 | 0 | 15 | 58.5 |
| L'pool Pembroke Sefton | 27.5 | 21 | 41 | 52 | 15 | 156.5 |
| Pendle AC | 0 | 2 | 27 | 55 | 15 | 99 |
| Preston Harriers | 68 | 57 | 25 | 29 | 15 | 194 |
| Southport Waterloo AC | 7.5 | 24 | 19 | 22 | 15 | 87.5 |

| Division 1 Female | U13 | U15 | U17 | Senior | Officials | Total |
|-------------------------|------|-----|-----|--------|-----------|-------|
| Blackburn H & AC | 41.5 | 48 | 48 | 14 | 15 | 166.5 |
| Blackpool Wyre Fylde AC | 23 | 52 | 18 | 45 | 15 | 153 |
| Hyndburn AC | 12 | 5 | 0 | 30 | 15 | 62 |
| Leigh Harriers | 0 | 0 | 0 | 0 | 0 | 0 |
| L'pool Pembroke Sefton | 25 | 41 | 54 | 21 | 15 | 156 |
| Preston Harriers | 47 | 68 | 57 | 12 | 15 | 199 |
| Southport Waterloo AC | 51.5 | 17 | 4 | 11 | 15 | 98.5 |

| Division 2 Male | U13 | U15 | U17 | Senior | Officials | Total |
|---------------------|-----|-----|-----|--------|-----------|-------|
| Barrow & Furness AC | 15 | 7 | 14 | 26 | 15 | 77 |
| Burnley AC | 0 | 7 | 0 | 31 | 15 | 53 |
| Chorley Athletic | 0 | 22 | 14 | 36 | 15 | 87 |
| Hyndburn AC | 0 | 32 | 21 | 26 | 15 | 94 |
| Kendal AC | 40 | 26 | 0 | 7 | 15 | 88 |
| Kirkby Milers | 20 | 5 | 0 | 12 | 15 | 52 |
| Leigh Harriers | 0 | 0 | 0 | 0 | 0 | 0 |
| Leven Valley AC | 7 | 0 | 0 | 0 | 15 | 22 |
| Lytham St.Annes RR | 0 | 0 | 0 | 0 | 15 | 15 |

| Division 2 Female | U13 | U15 | U17 | Senior | Officials | Total |
|------------------------|------|-----|-----|--------|-----------|-------|
| Barrow & Furness AC | 35.5 | 17 | 23 | 7 | 15 | 97.5 |
| Burnley AC | 0 | 23 | 0 | 19 | 15.0 | 57 |
| Chorley Athletic | 51 | 17 | 7 | 0 | 15 | 90 |
| Kendal AC | 0 | 0 | 0 | 0 | 15 | 15 |
| Kirkby Milers | 10 | 16 | 0 | 0 | 15 | 41 |
| Lancaster Morecambe AC | 25.5 | 44 | 10 | 0 | 15 | 94.5 |
| Leven Valley AC | 7 | 0 | 0 | 0 | 15 | 22 |
| Lytham St.Annes RR | 0 | 7 | 0 | 0 | 15 | 22 |
| Pendle AC | 30 | 0 | 26 | 30 | 15 | 101 |