



Mid Lancs Track and Field League

Wilson Playing Fields - Hyndburn

17th June 2017



Senior Men 100m Heat 1

1	Symon Woan	Preston Harriers	810	11.0	7
2	Dominic Bretherton	Blackburn H & AC	27	11.3	5
3	Joshua Waddington	Burnley AC	895	11.9	4.5
4	Reece Lawrence	Burnley AC	900	11.9	3
5	Ryan Bradshaw	Burnley AC	883	12.3	nc

Senior Men 100m Heat 2

1	Stephen Sumner	Hyndburn AC	486	11.7	7
2	Rick Cordwell	Chorley Athletic	383	11.9	4.5
3	Christopher Burgess	Southport Waterloo AC	634	12.2	4
4	Jimmy Alderson	Southport Waterloo AC	629	12.4	3
5	Daniel Hamilton	Blackburn H & AC	159	12.9	2

Senior Men 200m Heat 1

1	Symon Woan	Preston Harriers	810	22.4	7
2	Michael Fisher	Preston Harriers	1009	23.4	5
3	Reece Lawrence	Burnley AC	900	24.2	7
4	Graham Boreham	Southport Waterloo AC	633	24.5	4
5	Joshua Waddington	Burnley AC	895	24.9	5

Senior Men 200m Heat 2

1	Steve Goodwill	Burnley AC	889	25.6	nc
2	Peter Hickey	Guest	1566	25.9	
3	Leeroy Golding	Pendle AC	916	25.9	3
4	John Linaker	Burnley AC	890	26.4	nc

Senior Men 400m Heat 1

1	Dominic Walton	Guest	1576	49.4	
2	Leon Stubbs	Burnley AC	894	49.9	7
3	Symon Woan	Preston Harriers	810	50.7	7
4	Matthew Harris	Guest	1563	51.0	
5	Matthew Campbell	Southport Waterloo AC	694	52.2	5
6	Jonathon Bride	L'pool Pembroke Sefton	232	52.4	4

Senior Men 400m Heat 2

1	Graham Boreham	Southport Waterloo AC	633	54.3	3
2	James Metcalfe	L'pool Pembroke Sefton	287	54.5	2
3	Reece Lawrence	Burnley AC	900	54.7	5
4	Jimmy Alderson	Southport Waterloo AC	629	54.7	nc
5	Rick Cordwell	Chorley Athletic	383	55.1	4
6	Ryan Bradshaw	Burnley AC	883	55.3	nc

Senior Men 400m Heat 3

1	Christopher Burgess	Southport Waterloo AC	634	56.7	nc
2	Steve Goodwill	Burnley AC	889	57.0	nc
3	John Linaker	Burnley AC	890	58.4	nc

Senior Men 800m

1	Jordan Swift	Chorley Athletic	387	2:15.7	7
2	Ian Leigh	Chorley Athletic	388	2:17.6	5
3	Ross Mckelvie	Lytham St.Annes RR	442	2:19.6	4
4	David Moynihan	Hyndburn AC	493	2:52.7	3

Senior Men 1500m

1	Joshua Ingham	Pendle AC	920	4:11.9	7
2	Joe Mulhall	L'pool Pembroke Sefton	294	4:22.3	5
3	Connor Richardson	Guest	1564	4:24.6	
4	Mike Bride	L'pool Pembroke Sefton	231	4:35.6	4
5	David Moynihan	Hyndburn AC	493	5:50.0	7

Senior Men 4x100m Relay

1	.	Chorley Athletic	387	50.4	7
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Senior Men Long Jump

1	Matthew Ingram	L'pool Pembroke Sefton	273	6.30	7
2	Ian Leigh	Chorley Athletic	388	5.33	7
3	Jordan Swift	Chorley Athletic	387	5.14	5
4	Rick Cordwell	Chorley Athletic	383	4.98	nc
5	Lee Coupland	Southport Waterloo AC	638	4.35	5

Senior Men High Jump

1	Daemon Metcalfe	Pendle AC	927	1.75	7
2	Billy Williams	L'pool Pembroke Sefton	330	1.75	5

Senior Men Triple Jump

1	Matthew Ingram	L'pool Pembroke Sefton	273	12.96	7
2	Jordan Swift	Chorley Athletic	387	11.18	7
3	Lee Coupland	Southport Waterloo AC	638	8.83	5

Senior Men Shot Putt

1	Alan Plumb	Pendle AC	934	10.99	7
2	Thomas Crowe	Preston Harriers	1006	10.98	5
3	Liam Harris	Southport Waterloo AC	650	10.74	4
4	Russell Race	Hyndburn AC	482	10.44	7
5	Nathan Byrne	Southport Waterloo AC	636	9.90	3
6	Tony Balko	Blackburn H & AC	11	9.43	2
7	Andrew Higginbottom	Pendle AC	917	9.05	1
8	Simon Clare	Kirkby Milers	844	8.78	5
9	Callum Hynd	L'pool Pembroke Sefton	272	8.09	
10	Mark Crompton	L'pool Pembroke Sefton	241	7.30	
11	Greg Oulton	Lytham St.Annes RR	426	6.72	4

Senior Men Discus Throw

1	Thomas Crowe	Preston Harriers	1006	31.34	7
2	Alan Plumb	Pendle AC	934	31.23	5
3	Callum Hynd	L'pool Pembroke Sefton	272	31.04	4
4	Nathan Byrne	Southport Waterloo AC	636	30.24	3
5	Tony Balko	Blackburn H & AC	11	29.40	2
6	Liam Harris	Southport Waterloo AC	650	28.53	1
7	Andrew Higginbottom	Pendle AC	917	27.90	
8	Russell Race	Hyndburn AC	482	27.67	7
9	Mark Crompton	L'pool Pembroke Sefton	241	25.58	
10	Simon Clare	Kirkby Milers	844	25.19	5
11	Greg Oulton	Lytham St.Annes RR	426	15.20	4

Senior Men Javelin Throw

1	Stephen Sumner	Hyndburn AC	486	32.47	7
2	Mark Crompton	L'pool Pembroke Sefton	241	30.24	7
3	Jude Crawshaw	Hyndburn AC	460	28.15	5
4	Russell Race	Hyndburn AC	482	25.00	nc
5	Simon Clare	Kirkby Milers	844	23.99	4
6	Greg Oulton	Lytham St.Annes RR	426	14.52	3

Senior Men Hammer Throw

1	Liam Harris	Southport Waterloo AC	650	38.63	7
2	Alan Plumb	Pendle AC	934	36.23	5
3	Andrew Higginbottom	Pendle AC	917	34.07	4
4	John Edwards	Burnley AC	886	28.78	7
5	Thomas Crowe	Preston Harriers	1006	24.60	3

Under 17 Men 100m Heat 1

1	Ciaran Scroggie	L'pool Pembroke Sefton	309	12.2	7
2	Benjamin Whittaker	Blackburn H & AC	140	12.4	4.5
3	Marcus Bathie	L'pool Pembroke Sefton	226	12.5	3
4	Morgan Webster	Pendle AC	937	15.3	1

Under 17 Men 100m Heat 2

1	Jamie Oldcorn	Pendle AC	932	12.4	4.5
2	Ethan Harrison	Southport Waterloo AC	688	12.6	2
3	Sam Jackson	Barrow & Furness AC	200	13.4	7

Under 17 Men 200m

1	Benjamin Whittaker	Blackburn H & AC	140	24.8	7
2	Jamie Oldcorn	Pendle AC	932	24.9	5
3	Samuel Mercer	Lancaster Morecambe AC	722	25.8	4
4	Marcus Bathie	L'pool Pembroke Sefton	226	25.9	3

Under 17 Men 400m

1	Ethan Harrison	Southport Waterloo AC	688	57.5	7
2	Luke Parker	Hyndburn AC	481	63.4	7

Under 17 Men 800m

Under 15 Boys 400m Heat 1



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1	Joe Houghton	L'pool Pembroke Sefton	271	2:04.2	7	1	Mark Roberts	L'pool Pembroke Sefton	306	57.6	7
2	Adam Jones	L'pool Pembroke Sefton	274	2:06.2	5	2	Benjamin Cook	Kirkby Milers	845	57.6	7
3	Harry Hayes	Preston Harriers	1066	2:09.3	4	3	Ben Branton	Blackburn H & AC	26	62.4	5
4	Thomas Hankin	L'pool Pembroke Sefton	265	2:12.9	nc	4	Jacob Smith	Kendal AC	957	63.6	4
5	Jack Tickle	Blackpool Wyre Fylde AC	587	2:20.1	3	5	Myles Campbell	Hyndburn AC	498	67.9	3
6	Morgan Webster	Pendle AC	937	2:32.6	2						
Under 17 Men 1500m											
1	Kian Davis	Chorley Athletic	384	4:21.2	7	1	Hugo Snowden	Hyndburn AC	496	58.3	5
2	Daniel Cope	Kirkby Milers	846	5:56.0	5	2	Declan O'Connor	Kirkby Milers	867	72.8	2
Under 17 Men Long Jump											
1	Ethan Tibbs	Preston Harriers	801	5.64	7	1	Leon Thomas	Blackburn H & AC	135	2:09.4	7
2	Samuel Mercer	Lancaster Morecambe AC	722	5.24	5	2	Max Cunningham	Guest	1575	2:12.3	
3	Tom Kwissa	Southport Waterloo AC	659	4.73	4	3	Ollie Sanders	Kendal AC	954	2:20.4	7
4	Bradley Meikleham	Blackburn H & AC	99	4.71	3	4	Matthew Russo	L'pool Pembroke Sefton	308	2:29.4	5
5	Daniel Cope	Kirkby Milers	846	4.35	7	5	Nathan Ormandy	Barrow & Furness AC	188	2:30.0	5
6	Sam Jackson	Barrow & Furness AC	200	4.22	5	6	Sam Coupland	Southport Waterloo AC	639	2:30.2	4
7	Luke Parker	Hyndburn AC	481	4.05	4						
Under 17 Men High Jump											
1	Kai Finch	L'pool Pembroke Sefton	256	1.90	7	1	Ryan Heneghan	Guest	1565	4:34.9	
2	Owen Southern	L'pool Pembroke Sefton	314	1.75	5	2	Tom Corcoran	L'pool Pembroke Sefton	237	4:37.1	7
3	Tom Kwissa	Southport Waterloo AC	659	1.60	4	3	Jamie Teare	Blackburn H & AC	133	4:55.9	5
4	Ethan Tibbs	Preston Harriers	801	1.60	3	4	Oliver Sutcliffe	L'pool Pembroke Sefton	318	5:00.2	4
						5	Harry Wilkin	Blackburn H & AC	141	5:07.1	3
						6	Declan O'Connor	Kirkby Milers	867	5:40.3	7
Under 17 Men Triple Jump											
1	Samuel Mercer	Lancaster Morecambe AC	722	11.21	7	1	.	Kendal AC	952	57.5	7
2	Jonathan Gough	Blackburn H & AC	158	10.75	5						
Under 17 Men Shot Putt											
1	Anthony Kent	Blackburn H & AC	86	13.03	7	1	Bradley Abbott	Hyndburn AC	453	4.88	7
2	Spencer Phelan	Pendle AC	933	10.22	5	2	Sam Coupland	Southport Waterloo AC	639	4.72	7
3	Alessandro Minozzi	Burnley AC	905	8.58	7	3	Benjamin Cook	Kirkby Milers	845	4.62	5
4	Lucas Davies	Blackburn H & AC	53	7.42	4	4	Toniloba Ogundana	Pendle AC	931	4.47	5
Under 17 Men Discus Throw											
1	Anthony Kent	Blackburn H & AC	86	38.40	7	5	Joshua Stammers	Southport Waterloo AC	678	4.37	4
2	Sam Gaskell	Blackburn H & AC	58	37.12	5	6	Jacob Smith	Kendal AC	957	4.27	4
3	Spencer Phelan	Pendle AC	933	30.20	4	7	Ollie Sanders	Kendal AC	954	4.19	3
4	Lucas Davies	Blackburn H & AC	53	26.06	nc	8	Nathan Ormandy	Barrow & Furness AC	188	3.75	2
5	Ethan Tibbs	Preston Harriers	801	26.00	3	9	Declan O'Connor	Kirkby Milers	867	3.37	1
Under 17 Men Javelin Throw											
1	Alessandro Minozzi	Burnley AC	905	47.07	7	1	Jamie Teare	Blackburn H & AC	133	1.55	7
2	Spencer Phelan	Pendle AC	933	40.49	7	2	Mark Roberts	L'pool Pembroke Sefton	306	1.40	5
3	Lucas Davies	Blackburn H & AC	53	28.00	5	3	Scott Sinclair	Blackpool Wyre Fylde AC	578	1.40	4
4	Luke Parker	Hyndburn AC	481	0.00		4	Joshua Stammers	Southport Waterloo AC	678	1.35	3
Under 17 Men Hammer Throw											
1	Sam Gaskell	Blackburn H & AC	58	52.27	7	5	Thomas Ralfs	L'pool Pembroke Sefton	301	1.25	2
2	Anthony Kent	Blackburn H & AC	86	47.95	5						
Under 15 Boys 100m											
1	Bradley Abbott	Hyndburn AC	453	12.6	7	1	Patrick Manchester	Southport Waterloo AC	662	10.86	7
2	Ethan Downes	Chorley Athletic	352	12.6	5	2	Tom Crompton	L'pool Pembroke Sefton	242	9.06	5
3	Joshua Stammers	Southport Waterloo AC	678	13.3	7	3	Sam Coupland	Southport Waterloo AC	639	7.47	4
4	George Whittaker	Blackburn H & AC	139	13.5	5	4	James Smith	Blackpool Wyre Fylde AC	579	7.01	3
5	Thomas Perks	Preston Harriers	1065	14.0	4	5	Scott Sinclair	Blackpool Wyre Fylde AC	578	6.43	2
6	Toniloba Ogundana	Pendle AC	931	14.1	3						
Under 15 Boys 200m Heat 1											
1	Hugo Snowden	Hyndburn AC	496	26.2	7	1	Tom Crompton	L'pool Pembroke Sefton	242	24.37	7
2	Benjamin Cook	Kirkby Milers	845	26.2	5	2	Patrick Manchester	Southport Waterloo AC	662	18.95	5
3	Ryan Heneghan	Guest	1565	26.9		3	James Smith	Blackpool Wyre Fylde AC	579	15.33	4
4	George Whittaker	Blackburn H & AC	139	28.3	7						
Under 15 Boys 200m Heat 2											
1	Bradley Abbott	Hyndburn AC	453	26.4	4	1	Harrison Codd	Burnley AC	884	30.77	7
2	Ollie Sanders	Kendal AC	954	27.8	3	2	Patrick Manchester	Southport Waterloo AC	662	27.01	7
						3	Stephen Hacking	Hyndburn AC	494	24.99	5
						4	Kieran Carroll	Blackburn H & AC	35	24.99	5
						5	George Whittaker	Blackburn H & AC	139	23.68	4
						6	James Smith	Blackpool Wyre Fylde AC	579	22.37	3
						7	Scott Sinclair	Blackpool Wyre Fylde AC	578	16.78	2
						8	Toniloba Ogundana	Pendle AC	931	0.00	
Under 15 Boys Hammer Throw											
1	Alex Bernstein	Preston Harriers	757	45.10	7						
2	Kieran Carroll	Blackburn H & AC	35	13.97	5						
Under 13 Boys 100m Heat 1											
1	Jack Rogers	L'pool Pembroke Sefton	257	14.2	6	1	Rory Teare	Blackburn H & AC	134	1.35	7



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2	Hayden Middleton	Preston Harriers	1020	14.2	3.5	2	Harry Bowen	Kendal AC	951	1.35	7
3	Sebastian Chiarella	Preston Harriers	835	14.6	1	3	Sebby Holt	Blackpool Wyre Fylde AC	540	1.35	5
4	Thomas Wilkinson	Blackpool Wyre Fylde AC	598	14.9		4	James Bowen	Kendal AC	952	1.30	5
5	Marcus Burgess	Southport Waterloo AC	691	15.8		5	Ryan Short	Kirkby Milers	871	1.15	4
Under 13 Boys 100m Heat 2						Under 13 Boys Shot Putt					
1	Tom Garner	Preston Harriers	1063	14.2	6	1	Hayden Middleton	Preston Harriers	1020	7.16	7
2	Shaun French	L'pool Pembroke Sefton	260	14.2	3.5	2	Kieran Howard	Blackpool Wyre Fylde AC	542	6.44	5
3	Rex Cameron	Hyndburn AC	456	14.9	5	3	Thomas Wilkinson	Blackpool Wyre Fylde AC	598	5.18	4
4	Nathan Ralph	Southport Waterloo AC	697	16.0		4	Joe Sims	Blackburn H & AC	163	4.11	3
5	Joe Sims	Blackburn H & AC	163	18.9		5	Marcus Burgess	Southport Waterloo AC	691	4.11	2
Under 13 Boys 100m Heat 3						Under 13 Boys Discus Throw					
1	Lucas Stevenson	Hyndburn AC	497	14.2	7	1	Kieran Howard	Blackpool Wyre Fylde AC	542	18.55	7
2	Elijah Adeolu-Lambert	Pendle AC	909	14.4	2	2	Kyle Taylor-Pomfret	Blackburn H & AC	132	18.51	5
3	Corey Fernie	Preston Harriers	1061	15.2	nc	3	Harrison Kiley	Preston Harriers	780	14.93	4
4	Hugh Gleave	Preston Harriers	824	15.4	nc	4	Ryan Short	Kirkby Milers	871	12.84	7
Under 13 Boys 200m Heat 1						Under 13 Boys Javelin Throw					
1	Elijah Adeolu-Lambert	Pendle AC	909	29.9	7	1	Harry Bowen	Kendal AC	951	24.74	7
2	Tom Garner	Preston Harriers	1063	30.0	5	2	Hayden Middleton	Preston Harriers	1020	21.14	7
3	Rory Teare	Blackburn H & AC	134	30.0	4	3	Dexta Thompson	Blackburn H & AC	161	20.27	5
4	Kyle Taylor-Pomfret	Blackburn H & AC	132	30.7	2	4	James Bowen	Kendal AC	952	20.21	5
5	James Read	L'pool Pembroke Sefton	304	34.1		5	Kieran Howard	Blackpool Wyre Fylde AC	542	19.71	4
Under 13 Boys 200m Heat 2						Under 13 Boys Discus Throw					
1	Jack Rogers	L'pool Pembroke Sefton	257	30.1	3	6	Harrison Kiley	Preston Harriers	780	17.15	3
2	George Denye	Lytham St.Annes RR	406	31.6	7	7	Marcus Burgess	Southport Waterloo AC	691	8.68	2
3	Sebastian Chiarella	Preston Harriers	835	32.2	1	Senior Women 100m					
4	Nathan Ralph	Southport Waterloo AC	697	32.4		1	Charlotte Bolton	Hyndburn AC	455	12.8	7
5	Joe Sims	Blackburn H & AC	163	37.8	nc	2	Anita Saunders	Pendle AC	935	13.3	7
Under 13 Boys 800m						Senior Women 100m					
1	Rex Cameron	Hyndburn AC	456	2:39.9	7	3	Emma Givens	L'pool Pembroke Sefton	338	13.5	5
2	Kitt Nelson	Pendle AC	926	2:40.7	7	4	Natrika Wildman	Pendle AC	938	14.5	5
3	Jenson Warren	Preston Harriers	1005	2:41.9	5	5	Helen Goodwill	Burnley AC	888	15.1	4
4	Calum Mcfarlane	Guest	1585	2:43.4		Senior Women 200m					
5	Sebby Holt	Blackpool Wyre Fylde AC	540	2:44.8	4	1	Charlotte Bolton	Hyndburn AC	455	26.3	7
6	Oliver Smith	Kendal AC	956	2:47.3	5	2	Lucy Townson	L'pool Pembroke Sefton	323	26.6	5
7	Elliot McCarthy	Kirkby Milers	863	2:48.5	4	3	Sarah Cowgill	Hyndburn AC	458	28.7	4
8	Luca Barrow	Preston Harriers	1010	2:50.9	3	4	Sophie Wilson	Hyndburn AC	500	30.7	nc
9	James Roberts	L'pool Pembroke Sefton	305	2:54.4	2	Senior Women 400m					
10	James Read	L'pool Pembroke Sefton	304	2:56.2	1	1	Lucy Townson	L'pool Pembroke Sefton	323	60.3	7
Under 13 Boys 1500m						Senior Women 400m					
1	George Denye	Lytham St.Annes RR	406	5:14.2	7	2	Abby Hemsall	Barrow & Furness AC	202	60.4	7
2	Nicholas Usher	L'pool Pembroke Sefton	324	5:30.0	7	3	Charlie Coy	Blackburn H & AC	47	62.8	5
3	Ryan Short	Kirkby Milers	871	5:48.3	5	4	Ellen Sagar-Hesketh	Hyndburn AC	484	67.5	4
4	Harry Corcoran	L'pool Pembroke Sefton	337	5:57.6	5	Senior Women 800m					
5	Kaylon Cotterill	Pendle AC	915	6:00.0	4	1	Ellen Sagar-Hesketh	Hyndburn AC	484	2:27.4	7
6	Billy Reid	Preston Harriers	793	6:10.2	3	2	Carly Crawshaw	Hyndburn AC	461	3:12.8	5
Under 13 Boys Long Jump						Senior Women 800m					
1	Harry Bowen	Kendal AC	951	4.39	7	Senior Women 4x100m Relay					
2	James Bowen	Kendal AC	952	4.28	5	1	.	Hyndburn AC	455	53.8	7
3	Tom Garner	Preston Harriers	1063	4.18	7	Senior Women Long Jump					
4	Rory Teare	Blackburn H & AC	134	4.14	5	1	Chloe Unsworth	Preston Harriers	822	4.79	7
5	Shaun French	L'pool Pembroke Sefton	260	4.00	4	2	Natrika Wildman	Pendle AC	938	4.76	7
6	Thomas Wilkinson	Blackpool Wyre Fylde AC	598	3.98	3	3	Ellen Sagar-Hesketh	Hyndburn AC	484	4.73	5
7	Jack Rogers	L'pool Pembroke Sefton	257	3.94	2	4	Sophie Wilson	Hyndburn AC	500	3.59	4
8	Kyle Taylor-Pomfret	Blackburn H & AC	132	3.84	1	Senior Women Shot Putt					
9	Rex Cameron	Hyndburn AC	456	3.78	4	1	Susan Ball	Blackpool Wyre Fylde AC	503	7.64	7
10	Nicholas Usher	L'pool Pembroke Sefton	324	3.74	nc	2	Holly Brookes	Blackburn H & AC	29	7.35	5
11	Sebby Holt	Blackpool Wyre Fylde AC	540	3.68		3	Lynn Baker	Pendle AC	914	6.45	7
12	Sebastian Chiarella	Preston Harriers	835	3.66		Senior Women Discus Throw					
13	Elliot McCarthy	Kirkby Milers	863	3.40	3	1	Katy Coupland	Southport Waterloo AC	637	27.39	7
14	Elijah Adeolu-Lambert	Pendle AC	909	3.37		2	Susan Ball	Blackpool Wyre Fylde AC	503	26.61	5
15	James Read	L'pool Pembroke Sefton	304	2.82	nc	3	Helen Goodwill	Burnley AC	888	21.79	7
Senior Women Javelin Throw						Under 17 Women Discus Throw					
1	Sarah Cowgill	Hyndburn AC	458	29.90	7	4	Sarah Cowgill	Hyndburn AC	458	21.42	4
2	Chloe Law	Guest	1583	26.44		5	Lynn Baker	Pendle AC	914	19.32	5
Senior Women Javelin Throw						Under 17 Women Discus Throw					
1	Sarah Cowgill	Hyndburn AC	458	29.90	7	6	Carly Crawshaw	Hyndburn AC	461	15.32	3
2	Chloe Law	Guest	1583	26.44		7	Holly Brookes	Blackburn H & AC	29	0.00	
Senior Women Javelin Throw						Under 17 Women Discus Throw					
1	Sarah Cowgill	Hyndburn AC	458	29.90	7	1	Alex Baker	Pendle AC	912	26.59	7
2	Chloe Law	Guest	1583	26.44		2	Natasha Webster	Blackpool Wyre Fylde AC	595	22.51	7



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3	Carly Crawshaw	Hyndburn AC	461	18.64	5	3	Emily Taberner	Blackburn H & AC	1040	17.91	5
Senior Women Hammer Throw						4	Nicola Moynihan	Hyndburn AC	477	15.55	4
1	Susan Ball	Blackpool Wyre Fylde AC	503	25.19	7	5	Hollie Suffolk	Preston Harriers	797	13.85	3
2	Helen Goodwill	Burnley AC	888	21.34	7	6	Lois Byrne	Kirkby Milers	873	11.38	5
3	Lynn Baker	Pendle AC	914	17.43	5	Under 17 Women Javelin Throw					
Under 17 Women 100m Heat 1						1	Alex Baker	Pendle AC	912	38.46	7
1	Daisy McDonald	Preston Harriers	1064	12.9	7	2	Zoe Kidney	Pendle AC	922	37.66	5
2	Chloe Bleeks	Blackburn H & AC	19	13.5	2	3	Natasha Webster	Blackpool Wyre Fylde AC	595	30.24	7
3	Alicia Stretton	Blackpool Wyre Fylde AC	584	13.8	1	4	Anna Tankard	Preston Harriers	1017	29.62	5
4	Lucy Le-Marinel	L'pool Pembroke Sefton	281	13.9		5	Eve McMahon	Southport Waterloo AC	664	25.97	4
5	Jennifer Beeston	L'pool Pembroke Sefton	341	14.2		6	Emily Taberner	Blackburn H & AC	1040	24.26	3
Under 17 Women 100m Heat 2						7	Charlotte Daley	Preston Harriers	1062	21.93	2
1	Emily Warren	Blackburn H & AC	138	13.2	5	8	Lois Byrne	Kirkby Milers	873	12.54	4
2	Mia Tomlinson-Oldfield	Southport Waterloo AC	685	13.3	4	9	Abigail Brown	Blackburn H & AC	32	0.00	
3	Juliet Sherrington	Preston Harriers	796	13.4	3	Under 17 Women Hammer Throw					
4	Maisie Saul	Preston Harriers	1013	13.8	nc	1	Charlotte Williams	Blackburn H & AC	143	54.51	7
5	Imogen Graham	Lancaster Morecambe AC	716	14.2	7	2	Emma Vickers	Preston Harriers	803	40.90	5
Under 17 Women 200m Heat 1						3	Rhiannan Lowe	Preston Harriers	784	35.90	4
1	Juliet Sherrington	Preston Harriers	796	26.6	7	4	Abigail Brown	Blackburn H & AC	32	30.07	3
2	Mia Tomlinson-Oldfield	Southport Waterloo AC	685	27.6	3	5	Eve McMahon	Southport Waterloo AC	664	16.14	2
3	Chloe Bleeks	Blackburn H & AC	19	28.2	1.5	Under 15 Girls 100m Heat 1					
4	Alicia Stretton	Blackpool Wyre Fylde AC	584	28.7		1	Lois Carroll	Preston Harriers	763	13.2	7
Under 17 Women 200m Heat 2						2	Alesha Azonubi	Preston Harriers	756	13.2	5
1	Emily Warren	Blackburn H & AC	138	26.9	5	3	Grace Mitchell	L'pool Pembroke Sefton	290	13.6	3
2	Charlotte Daley	Preston Harriers	1062	27.0	4	4	Ella Atkins	Pendle AC	910	13.7	7
3	Chloe Norman	Blackpool Wyre Fylde AC	558	28.2	1.5	5	Leah Howard	Blackpool Wyre Fylde AC	541	13.9	2
4	Nicola Moynihan	Hyndburn AC	477	28.5		6	Isabella Gregory	Blackpool Wyre Fylde AC	608	14.2	nc
5	Lucy Le-Marinel	L'pool Pembroke Sefton	281	28.7		Under 15 Girls 100m Heat 2					
Under 17 Women 300m						1	Bailey Madden	Blackburn H & AC	95	13.3	4
1	Emma Fulton	Preston Harriers	1067	43.8	7	2	Imogen Mansfield	Burnley AC	891	13.9	5
2	Sophie Reid	Preston Harriers	794	49.8	5	3	Isabelle Livesley	Kirkby Milers	861	14.2	4
3	Lois Byrne	Kirkby Milers	873	57.5	7	4	Scarlet Whitfield	L'pool Pembroke Sefton	327	14.3	
Under 17 Women 800m						5	Imogen Reader	Blackpool Wyre Fylde AC	606	14.4	nc
1	Eve Hutchinson	Hyndburn AC	471	2:21.8	7	6	Nekkisha Wilson	Blackpool Wyre Fylde AC	599	15.0	nc
2	Nicola Moynihan	Hyndburn AC	477	2:26.8	5	Under 15 Girls 100m Heat 3					
3	Chloe Norman	Blackpool Wyre Fylde AC	558	2:27.8	4	1	Annabel Stewart	Chorley Athletic	375	14.3	3
4	Jessica Dean	Southport Waterloo AC	641	2:33.8	3	2	Katie Moore	L'pool Pembroke Sefton	291	14.3	nc
5	Anna Harrison	Lancaster Morecambe AC	1070	2:47.2	7	3	Amy Lovidge	Barrow & Furness AC	184	14.3	2
Under 17 Women 1500m						4	Georgia Norman	Blackpool Wyre Fylde AC	559	14.3	nc
1	Lydia Wilcock	Chorley Athletic	385	5:08.5	7	5	Ella Mcfarlane	Guest	1584	14.6	
Under 17 Women Long Jump						6	Callie Burke	Kirkby Milers	841	15.2	1
1	Charlotte Daley	Preston Harriers	1062	4.98	7	Under 15 Girls 100m Heat 4					
2	Daisy McDonald	Preston Harriers	1064	4.89	5	1	Natalia Luczak	Blackpool Wyre Fylde AC	550	14.1	1
3	Imogen Graham	Lancaster Morecambe AC	716	4.80	7	2	Emma Ward	L'pool Pembroke Sefton	326	14.8	nc
4	Chloe Norman	Blackpool Wyre Fylde AC	558	4.38	4	3	Katie Taylor	Preston Harriers	1060	14.9	nc
5	Alice Prescott	L'pool Pembroke Sefton	300	4.34	3	4	Ella Murray	Kirkby Milers	865	15.3	nc
6	Jennifer Beeston	L'pool Pembroke Sefton	341	4.21	2	5	Kacie Calvert	Blackpool Wyre Fylde AC	512	15.3	nc
7	Chloe Bleeks	Blackburn H & AC	19	4.17	1	6	Lily Crompton	L'pool Pembroke Sefton	240	15.7	nc
Under 17 Women Triple Jump						Under 15 Girls 200m Heat 1					
1	Daisy McDonald	Preston Harriers	1064	10.52	7	1	Macy Noblett	Preston Harriers	839	27.8	7
2	Alice Prescott	L'pool Pembroke Sefton	300	9.99	5	2	Ella Atkins	Pendle AC	910	29.0	7
Under 17 Women Shot Putt						3	Ella Tobin	Southport Waterloo AC	684	30.3	1
1	Alex Baker	Pendle AC	912	11.12	7	4	Imogen Reader	Blackpool Wyre Fylde AC	606	30.4	
2	Emily Taberner	Blackburn H & AC	1040	7.69	7	5	Caitlin Parr	Kirkby Milers	870	31.5	3
3	Abigail Brown	Blackburn H & AC	32	7.59	5	Under 15 Girls 200m Heat 2					
4	Eve McMahon	Southport Waterloo AC	664	7.09	4	1	Alesha Azonubi	Preston Harriers	756	28.3	5
Under 15 Girls 200m Heat 3						2	Grace Mitchell	L'pool Pembroke Sefton	290	29.3	3
1	Eleesha Charnley	Blackburn H & AC	39	28.9	4	3	Holly Pegg	Guest	1580	29.3	
2	Isabella Gregory	Blackpool Wyre Fylde AC	608	29.4	2	4	Isabelle Livesley	Kirkby Milers	861	29.7	5
3	Ella Mcfarlane	Guest	1584	30.1		5	Annabel Stewart	Chorley Athletic	375	30.1	4
Under 15 Girls High Jump						6	Nekkisha Wilson	Blackpool Wyre Fylde AC	599	31.5	nc
1	Imogen Ayres	L'pool Pembroke Sefton	223	1.45	7	Under 15 Girls 400m Heat 1					
2	Niamh Doyle	L'pool Pembroke Sefton	249	1.45	5	1	Imogen Ayres	L'pool Pembroke Sefton	223	1.45	7
3	Leah Howard	Blackpool Wyre Fylde AC	541	1.40	4	2	Niamh Doyle	L'pool Pembroke Sefton	249	1.45	5
Under 15 Girls 400m Heat 2						3	Leah Howard	Blackpool Wyre Fylde AC	541	1.40	4



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4	Libby Huxley	Hyndburn AC	499	30.8		3=	Scarlet Whitfield	L'pool Pembroke Sefton	327	1.40	nc
5	Ella Murray	Kirkby Milers	865	33.2	nc	5	Callie Burke	Kirkby Milers	841	1.20	7
6	Rebecca Tate	Lytham St.Annes RR	432	34.7	2						
Under 15 Girls Shot Putt											
Under 15 Girls 300m											
1	Kianna Proctor	Preston Harriers	792	44.1	7	1	Macy Noblett	Preston Harriers	839	9.68	7
2	Eleesha Charnley	Blackburn H & AC	39	45.8	5	2	Myah Booth	Blackburn H & AC	22	9.45	5
3	Caitlin Parr	Kirkby Milers	870	50.1	7	3	Ella Tobin	Southport Waterloo AC	684	7.63	4
4	Liberty Thompson	Blackburn H & AC	162	50.1	4	4	Kate Waddington	Chorley Athletic	377	7.51	7
5	Hailie Ashton	Hyndburn AC	495	55.4	3	5	Amy Lovidge	Barrow & Furness AC	184	6.76	5
Under 15 Girls 800m Heat 1											
1	Olivia Leigh	Chorley Athletic	362	2:22.0	7	6	Hayley Robinson	Guest	1582	6.74	
2	Abigail Earnshaw	Preston Harriers	771	2:24.2	7	7	Kasey Corns	Burnley AC	885	6.58	4
3	Amy-Nicola Davies	Blackburn H & AC	51	2:28.3	5	8	Julia Woodworth	Blackburn H & AC	1041	6.51	3
4	Bethany Reid	Chorley Athletic	370	2:30.6	5	9	Olivia Leigh	Chorley Athletic	362	6.50	3
5	Lucy Tickle	Blackpool Wyre Fylde AC	588	2:35.1	4	10	Katie Lambert	Hyndburn AC	475	6.21	2
6	Gabrielle Morris	L'pool Pembroke Sefton	293	2:37.6	3	11	Mia O'Connor	Kirkby Milers	868	6.09	2
7	Ella Tobin	Southport Waterloo AC	684	2:41.0	2	12	Bethany Reid	Chorley Athletic	370	5.99	nc
Under 15 Girls 800m Heat 2											
1	Holly Pegg	Guest	1580	2:35.3		13	Robyn Lee	Chorley Athletic	360	5.87	nc
2	Emily Balshaw	Lytham St.Annes RR	441	2:41.2	4	Under 15 Girls Discus Throw					
3	Libby Huxley	Hyndburn AC	499	2:43.9	1	1	Izzy Thompson	Blackburn H & AC	136	20.97	7
4	Robyn Lee	Chorley Athletic	360	2:48.0	nc	2	Imogen Mansfield	Burnley AC	891	19.65	7
5	Callie Burke	Kirkby Milers	841	3:02.4	3	3	Kasey Corns	Burnley AC	885	15.45	5
6	Emily Reid	Chorley Athletic	371	3:07.4	nc	Under 15 Girls Javelin Throw					
7	Ella-Louise Hardman	Blackburn H & AC	64	3:22.5		1	Katie Lambert	Hyndburn AC	475	23.15	7
8	Ellysia Ainsworth-Cookson	Burnley AC	899	3:27.0	2	2	Izzy Thompson	Blackburn H & AC	136	21.29	5
9	Lucy Harrison	Lancaster Morecambe AC	1071	3:39.9	1	3	Jessica Groves	L'pool Pembroke Sefton	263	19.02	4
Under 15 Girls 1500m											
1	Lauryn Gregg	Guest	1560	5:13.8		4	Caitlyn Finch	Burnley AC	896	18.41	7
2	Kate Waddington	Chorley Athletic	377	5:44.6	7	5	Hayley Robinson	Guest	1582	17.68	
3	Laura Bremner	Lytham St.Annes RR	404	5:55.7	5	6	Julia Woodworth	Blackburn H & AC	1041	17.21	3
4	Isabel Hartley	Blackburn H & AC	150	5:57.7	7	7	Lucy Tickle	Blackpool Wyre Fylde AC	588	16.45	2
5	Freya Wissett	L'pool Pembroke Sefton	333	6:05.4	5	8	Gabrielle Morris	L'pool Pembroke Sefton	293	16.09	1
Under 15 Girls 4x100m Relay											
1	.	Blackpool Wyre Fylde AC	541	57.9	7	9	Kacie Calvert	Blackpool Wyre Fylde AC	512	15.16	
2	.	Chorley Athletic	362	58.0	7	10	Libby Huxley	Hyndburn AC	499	14.97	
3	.	Kirkby Milers	861	62.9	5	11	Mia O'Connor	Kirkby Milers	868	11.97	5
Under 15 Girls Long Jump											
1	Leah Howard	Blackpool Wyre Fylde AC	541	4.48	7	12	Rebecca Tate	Lytham St.Annes RR	432	10.25	4
2	Macy Haworth	Blackburn H & AC	66	4.30	5	13	Megan Howarth	Southport Waterloo AC	654	0.00	
3	Lois Carroll	Preston Harriers	763	4.28	4	14	Myah Booth	Blackburn H & AC	22	0.00	
4	Katie Moore	L'pool Pembroke Sefton	291	4.26	3	Under 15 Girls Hammer Throw					
5	Bailey Madden	Blackburn H & AC	95	4.25	2	1	Megan Howarth	Southport Waterloo AC	654	23.43	7
6	Natalia Luczak	Blackpool Wyre Fylde AC	550	4.23	1	2	Izzy Thompson	Blackburn H & AC	136	20.90	5
7	Grace Mitchell	L'pool Pembroke Sefton	290	4.22		3	Ellysia Ainsworth-Cookson	Burnley AC	899	18.68	7
8	Macy Noblett	Preston Harriers	839	4.17		4	Caitlyn Finch	Burnley AC	896	16.09	5
9	Imogen Mansfield	Burnley AC	891	4.09	7	Under 13 Girls 100m Heat 1					
10	Scarlet Whitfield	L'pool Pembroke Sefton	327	4.08	nc	1	Evie Noblett	Preston Harriers	787	14.5	3
11	Isabella Gregory	Blackpool Wyre Fylde AC	608	4.08	nc	2	Blythe Cordwell	Chorley Athletic	350	14.7	3
12	Annabel Stewart	Chorley Athletic	375	4.00	5	3	Abigail Stratton	Blackburn H & AC	149	14.8	1
13	Imogen Reader	Blackpool Wyre Fylde AC	606	3.98	nc	4	Hannah Fenton	Hyndburn AC	490	14.9	
14	Katie Taylor	Preston Harriers	1060	3.82	nc	5	Kori Hallam	L'pool Pembroke Sefton	264	15.1	
15	Kasey Corns	Burnley AC	885	3.72	4	6	Talia Ball	Blackpool Wyre Fylde AC	504	17.1	
16	Bethany Reid	Chorley Athletic	370	3.68	3	Under 13 Girls 100m Heat 2					
17	Isabelle Livesley	Kirkby Milers	861	3.67	2	1	Amber Hughes	Southport Waterloo AC	655	13.6	7
18	Isobel Ascroft	L'pool Pembroke Sefton	221	3.56	nc	2	Rebecca O'Donovan	Barrow & Furness AC	178	14.0	5
19	Kacie Calvert	Blackpool Wyre Fylde AC	512	3.49	nc	3	Sarah Smith	Kendal AC	958	14.3	4
20	Caitlin Parr	Kirkby Milers	870	3.42	1	4	Francesca Farnworth	Burnley AC	906	15.5	2
21	Ella Murray	Kirkby Milers	865	3.21	nc	5	Aimee Clare	Kirkby Milers	843	16.4	
22	Hailie Ashton	Hyndburn AC	495	3.20		6	Ebaney Shaw	Hyndburn AC	492	17.9	nc
23	Emily Reid	Chorley Athletic	371	2.27	nc	Under 13 Girls 100m Heat 3					
24	Emily Ralph	Southport Waterloo AC	696	1.96		1	Olivia Morgan	L'pool Pembroke Sefton	292	13.7	5
Under 13 Girls 100m Heat 4											
1	Katie Piercy	Southport Waterloo AC	672	14.2	4	2	Oreoluwa Ogundana	Pendle AC	944	13.8	7
2	Hannah Eccles	Blackburn H & AC	154	14.9		3	Ellie Sumner	Preston Harriers	1014	14.6	2
3	Megan Ind	Preston Harriers	1016	15.4	nc	4	Amy Cubbins	Kirkby Milers	848	16.4	
4	Louisa Stewart	Chorley Athletic	386	15.6	1	5	Amelia Mccarthy	Kirkby Milers	875	17.1	
Under 13 Girls Long Jump											
1	Tamalyn Dickinson	Preston Harriers	769	4.31	7						
2	Oreoluwa Ogundana	Pendle AC	944	3.79	7						
3	Matilda Crawshaw	Hyndburn AC	462	3.75	5						
4	Kori Hallam	L'pool Pembroke Sefton	264	3.69	4						



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5	Amber Riley	Hyndburn AC	491	16.1		5	Isabella Buraimo	Preston Harriers	761	3.55	3
Under 13 Girls 200m Heat 1						6	Aimee Clare	Kirkby Milers	843	3.46	5
1	Amber Hughes	Southport Waterloo AC	655	28.3	7	7	Louisa Stewart	Chorley Athletic	386	3.42	4
2	Rebecca O'Donovan	Barrow & Furness AC	178	28.9	7	8	Evie Noblett	Preston Harriers	787	3.42	nc
3	Olivia Morgan	L'pool Pembroke Sefton	292	28.9	5	9	Megan Leigh	Chorley Athletic	361	3.42	3
4	Blythe Cordwell	Chorley Athletic	350	30.2	4	10	Ellie Sumner	Preston Harriers	1014	3.40	nc
5	Laura Brown	Barrow & Furness AC	179	30.2	3	11	Sarah Smith	Kendal AC	958	3.39	2
6	Isabel Caven	Preston Harriers	1015	30.6	4	12	Francesca Farnworth	Burnley AC	906	3.37	1
Under 13 Girls 200m Heat 2						13	Emma Tunstall	Preston Harriers	802	3.28	nc
1	Lottie Marsden	Preston Harriers	1018	31.1	3	14	Jenna Christian	Southport Waterloo AC	693	3.07	2
2	Olesia Winder	Leven Valley AC	752	31.9	2	15	Molly Livesley	Kirkby Milers	862	3.03	
3	Kori Hallam	L'pool Pembroke Sefton	264	33.2	nc	16	Talia Ball	Blackpool Wyre Fylde AC	504	2.90	1
4	Amber Riley	Hyndburn AC	491	33.8	1	17	Amelia Mccarthy	Kirkby Milers	875	2.73	nc
5	Eva Knowles	Blackburn H & AC	166	35.8		18	Chloe Bousfield	L'pool Pembroke Sefton	228	2.68	
6	Lydia Read	L'pool Pembroke Sefton	348	38.0	nc	19	Ebaney Shaw	Hyndburn AC	492	2.35	
Under 13 Girls 200m Heat 3						Under 13 Girls High Jump					
1	Oreoluwa Ogundana	Pendle AC	944	29.5	5	1	Isabel Caven	Preston Harriers	1015	1.30	7
2	Lucy Bousfield	L'pool Pembroke Sefton	230	31.3	2	2	Blythe Cordwell	Chorley Athletic	350	1.15	7
3	Megan Ind	Preston Harriers	1016	32.8	nc	3	Matilda Crawshaw	Hyndburn AC	462	1.15	5
4	Isabella Buraimo	Preston Harriers	761	32.9	nc	4	Lydia Read	L'pool Pembroke Sefton	348	1.00	4
5	Louisa Stewart	Chorley Athletic	386	34.0	1	5	Eva Knowles	Blackburn H & AC	166	0.00	
6	Jenna Christian	Southport Waterloo AC	693	35.7		6	Katelyn Swift	Southport Waterloo AC	683	0.00	
Under 13 Girls 800m Heat 1						Under 13 Girls Shot Putt					
1	Olesia Winder	Leven Valley AC	752	2:33.6	7	1	Nicole Saunders	Blackburn H & AC	124	8.18	7
2	Laura Brown	Barrow & Furness AC	179	2:34.6	5	2	Katie Piercy	Southport Waterloo AC	672	8.03	5
3	Hollie Cubbon	Blackburn H & AC	49	2:37.5	7	3	Evie Noblett	Preston Harriers	787	7.47	4
4	Clara Samson	Kendal AC	961	2:41.0	4	4	Tamalyn Dickinson	Preston Harriers	769	7.44	3
5	Lauren Waddington	Chorley Athletic	391	2:41.2	3	5	Laura Brown	Barrow & Furness AC	179	6.19	7
6	Millie Walton	Hyndburn AC	488	2:45.3	5	6	Isabella Buraimo	Preston Harriers	761	5.58	nc
7	Hannah Fenton	Hyndburn AC	490	2:49.5	2	7	Caroline Woodworth	Blackburn H & AC	146	4.86	2
8	Molly Nicholls	Blackburn H & AC	103	2:50.0	nc	8	Chloe Molyneux	Chorley Athletic	365	4.20	5
9	Megan Leigh	Chorley Athletic	361	2:50.4	2	Under 13 Girls Discus Throw					
10	Lucy Swarbrick	Barrow & Furness AC	173	2:50.7	1	1	Nicole Saunders	Blackburn H & AC	124	22.27	7
Under 13 Girls 800m Heat 2						2	Emma Tunstall	Preston Harriers	802	14.29	5
1	Isabelle Cunningham	Guest	1574	2:44.1		3	Amber Hughes	Southport Waterloo AC	655	13.42	4
2	Lucy Bousfield	L'pool Pembroke Sefton	230	2:46.4	4	4	Caroline Woodworth	Blackburn H & AC	146	12.63	3
3	Charlotte Mahoney	Guest	1581	2:47.1		5	Chloe Molyneux	Chorley Athletic	365	11.92	7
4	Paige Singleton	Blackburn H & AC	151	2:48.5	3	6	Talia Ball	Blackpool Wyre Fylde AC	504	11.05	2
5	Ellie Singleton	Blackburn H & AC	152	2:49.0	nc	7	Katelyn Swift	Southport Waterloo AC	683	9.59	1
6	Ellie-May Dobie	Kirkby Milers	851	2:54.0		Under 13 Girls Javelin Throw					
7	Isabel Caven	Preston Harriers	1015	2:58.7	1	1	Nicole Saunders	Blackburn H & AC	124	24.07	7
8	Eva Knowles	Blackburn H & AC	166	3:04.6	nc	2	Katie Piercy	Southport Waterloo AC	672	21.28	5
9	Amelia Mccarthy	Kirkby Milers	875	3:07.3		3	Ebaney Shaw	Hyndburn AC	492	18.89	4
Under 13 Girls 1500m						4	Matilda Crawshaw	Hyndburn AC	462	18.83	3
1	Grace Tobin	Southport Waterloo AC	690	5:12.0	7	5	Olivia Morgan	L'pool Pembroke Sefton	292	18.06	2
2	Abigail Stratton	Blackburn H & AC	149	5:28.6	5	6	Chloe Molyneux	Chorley Athletic	365	17.38	7
3	Hannah Eccles	Blackburn H & AC	154	5:58.2	4	7	Caroline Woodworth	Blackburn H & AC	146	15.63	1
4	Chloe Bousfield	L'pool Pembroke Sefton	228	6:04.3	3	8	Emma Tunstall	Preston Harriers	802	15.10	
5	Sydney Ramsden	Lytham St.Annes RR	429	6:09.0	7	9	Aimee Clare	Kirkby Milers	843	14.01	5
6	Katelyn Swift	Southport Waterloo AC	683	6:09.9	2	10	Lauren Waddington	Chorley Athletic	391	12.70	4
Under 13 Girls 4x100m Relay						11	Jenna Christian	Southport Waterloo AC	693	11.46	
1	.	Southport Waterloo AC	655	58.5	7	12	Ellie-May Dobie	Kirkby Milers	851	9.59	3
2	.	Preston Harriers	769	59.6	5	13	Megan Leigh	Chorley Athletic	361	8.96	nc
3	.	Hyndburn AC	462	61.5	4	14	Hannah Eccles	Blackburn H & AC	154	7.97	nc
4	.	Chorley Athletic	391	62.4	7	15	Amy Cubbins	Kirkby Milers	848	0.00	nc
5	.	Kirkby Milers	851	67.4	5	16	Paige Singleton	Blackburn H & AC	151	0.00	nc
6	.	Blackburn H & AC	154	69.2	3	Male 3000m					
1	Christopher Davies	Blackburn H & AC	52	9:39.3							
2	Nicholas Smith	Blackburn H & AC	125	9:54.2							
3	Ryan Bradshaw	Burnley AC	883	10:18.9	7						
4	Mark Hanson	Burnley AC	902	10:26.8	-7						
5	James Dalgleish	Lancaster Morecambe AC	744	10:35.7							



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6	Jacob Smith	Kendal AC	957	10:44.2	
7	Euan Marsden	Preston Harriers	1019	11:11.7	
8	Peter Sagar	Hyndburn AC	483	11:49.9	
9	Michael Waddington	Chorley Athletic	392	12:00.2	
10	Thomas Ralfs	L'pool Pembroke Sefton	301	12:02.9	
11	Luke Suffolk	Preston Harriers	798	12:34.7	
12	Harrison Codd	Burnley AC	884	13:00.9	-7

Female 3000m

1	Phoebe Hayashi	Lancaster Morecambe AC	1039	11:54.4	
2	Jasmine Aherne	Blackburn H & AC	155	13:08.7	
3	Hannah Doyle	L'pool Pembroke Sefton	248	14:16.1	



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Points Summary

Division 1 Male	U13	U15	U17	Senior	Officials	Total
Blackburn H & AC	32	53	59.5	11	15	170.5
Blackpool Wyre Fylde AC	32	18	3	0	15	68
Lancaster Morecambe AC	0	0	16	0	15	31
L'pool Pembroke Sefton	33.5	42	37	45	15	172.5
Pendle AC	20	8	28.5	39	15	110.5
Preston Harriers	55.5	11	17	41	15	139.5
Southport Waterloo AC	4	48	17	47	15	131

Division 1 Female	U13	U15	U17	Senior	Officials	Total
Blackburn H & AC	50	64	44.5	10	15	183.5
Blackpool Wyre Fylde AC	3	30	24.5	19	15	91.5
Hyndburn AC	29	13	16	69	15	142
Leigh Harriers	0	0	0	0	0	0
L'pool Pembroke Sefton	29	34	10	17	15	105
Preston Harriers	47	49	71	7	15	189
Southport Waterloo AC	51	14	20	7	15	107

Division 2 Male	U13	U15	U17	Senior	Officials	Total
Barrow & Furness AC	0	7	12	0	0	19
Burnley AC	0	7	14	45.5	15	81.5
Chorley Athletic	0	5	7	46.5	15	73.5
Hyndburn AC	23	38	11	43	15	130
Kendal AC	41	28	0	0	0	69
Kirkby Milers	23	27	12	14	0	76
Leigh Harriers	0	0	0	0	0	0
Leven Valley AC	0	0	0	0	0	0
Lytham St.Annes RR	14	0	0	15	0	29

Division 2 Female	U13	U15	U17	Senior	Officials	Total
Barrow & Furness AC	28	7	0	7	0	42
Burnley AC	3	53	0	18	15.0	89
Chorley Athletic	58	51	7	0	15	131
Kendal AC	10	0	0	0	0	10
Kirkby Milers	18	45	16	0	0	79
Lancaster Morecambe AC	0	1	21	0	15	37
Leven Valley AC	9	0	0	0	0	9
Lytham St.Annes RR	7	15	0	0	0	22
Pendle AC	19	14	26	36	15	110