



# Mid Lancs Track and Field League

## Litherland Sports Park - Litherland

### 3rd August 2019



#### Senior Men 100m Heat 1

1	Simon Woan	Preston Harriers	1045	11.5	7
2	Owen Southern	L'pool Pembroke Sefton	287	11.6	5
3	James Barlow	Kendal AC	876	11.6	7
4	Ciaran Scroggie	L'pool Pembroke Sefton	283	11.9	4
5	Daniel Shuttleworth	Kendal AC	895	12.0	5
6	Andrew Woodhouse	Blackpool Wyre Fylde AC	859	12.0	3

#### Senior Men 100m Heat 2

1	Callum Garvey	L'pool Pembroke Sefton	227	12.1	nc
2	Christopher Burgess	Southport Waterloo AC	373	12.2	4
3	Frank Shepherd	Lancaster Morecambe AC	569	12.3	2
4	John Wright	Chorley Athletic & Tri	485	12.6	3
5	Harrison Lion	Blackpool Wyre Fylde AC	796	13.0	1

#### Senior Men 200m Heat 1

1	Reece Lawrence	Burnley AC	444	23.9	7
2	Ciaran Scroggie	L'pool Pembroke Sefton	283	24.3	7
3	Christopher Burgess	Southport Waterloo AC	373	24.6	5
4	Graham Boreham	Southport Waterloo AC	372	24.7	4

#### Senior Men 200m Heat 2

1	Andrew Woodhouse	Blackpool Wyre Fylde AC	859	25.4	5
2	Steve Goodwill	Burnley AC	435	26.4	3
3	John Linaker	Burnley AC	446	27.0	nc
4	Harrison Lion	Blackpool Wyre Fylde AC	796	28.2	4

#### Senior Men 400m

1	Reece Lawrence	Burnley AC	444	52.4	7
2	Graham Boreham	Southport Waterloo AC	372	53.2	5
3	John Wright	Chorley Athletic & Tri	485	56.0	4
4	John Linaker	Burnley AC	446	57.9	3
5	Ryan Jones	Kirkby Milers	346	58.3	7
6	Gary Wilton	Kirkby Milers	359	70.0	5

#### Senior Men 800m

1	Andrew Dorrian	Hoad Hill Harriers	615	2:06.6	7
2	Luke Turner	Hoad Hill Harriers	629	2:10.0	5

#### Senior Men 1500m

1	Richard Burney	Guest	594	4:14.7	
2	Mark Wynne	L'pool Pembroke Sefton	198	4:14.9	7
3	James Corbishley	Hoad Hill Harriers	639	4:42.6	7
4	Steve Hallas	Preston Harriers	734	4:54.4	5
5	Steve Ward	Southport Waterloo AC	60	4:58.3	5
6	Jeffrey Chadwick	Hoad Hill Harriers	611	5:13.6	4

#### Senior Men 3000m

1	Ryan Jones	Kirkby Milers	346	9:47.9	7
2	Gary Wilton	Kirkby Milers	359	10:25.6	5
3	Keith Swift	Southport Waterloo AC	422	11:13.7	7

#### Senior Men 4x100m Relay

1	.	L'pool Pembroke Sefton	227	45.7	7
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#### Senior Men High Jump

1	Owen Southern	L'pool Pembroke Sefton	287	1.85	7
2	Harvey Noble	Preston Harriers	995	1.65	5

#### Senior Men Shot Putt

1	Dan Upton	Guest	1054	12.18	
2	Scott Gizon	Burnley AC	433	11.16	7
3	Anthony Kent	Blackburn H & AC	118	10.54	7
4	Lee Doyle	L'pool Pembroke Sefton	327	10.33	5
5	Gary Still	Preston Harriers	743	10.10	4
6	Brian Campbell	Preston Harriers	681	9.44	3
7	Jamie Thomson	Blackpool Wyre Fylde AC	874	9.20	2
8	Harvey Noble	Preston Harriers	995	9.02	nc
9	Simon Clare	Kirkby Milers	334	8.49	1
10	John Edwards	Burnley AC	431	7.16	5
11	Greg Oulton	Lytham St.Annes RR	52	5.81	4

#### Senior Men Discus Throw

1	Anthony Kent	Blackburn H & AC	118	37.31	7
2	Dan Upton	Guest	1054	35.30	
3	Scott Gizon	Burnley AC	433	31.81	7
4	Gary Still	Preston Harriers	743	27.36	5
5	David Brown	L'pool Pembroke Sefton	189	26.41	4
6	Lee Doyle	L'pool Pembroke Sefton	327	26.33	3
7	Steve Goodwill	Burnley AC	435	26.12	5
8	Simon Clare	Kirkby Milers	334	23.46	2
9	Jamie Thomson	Blackpool Wyre Fylde AC	874	23.46	1
10	John Edwards	Burnley AC	431	21.81	nc
11	Greg Oulton	Lytham St.Annes RR	52	14.55	4

#### Senior Men Javelin Throw

1	Harvey Noble	Preston Harriers	995	45.36	7
2	David Brown	L'pool Pembroke Sefton	189	33.76	5
3	Simon Clare	Kirkby Milers	334	29.27	4
4	Greg Oulton	Lytham St.Annes RR	52	13.78	7
5	Gary Wilton	Kirkby Milers	359	0.00	0

#### Senior Men Hammer Throw

1	Sam Gaskell	Blackburn H & AC	98	53.20	7
2	Anthony Kent	Blackburn H & AC	118	41.20	5
3	Dan Upton	Guest	1054	33.05	
4	John Edwards	Burnley AC	431	28.86	7
5	David Brown	L'pool Pembroke Sefton	189	28.13	4
6	Jamie Thomson	Blackpool Wyre Fylde AC	874	26.60	3
7	Scott Gizon	Burnley AC	433	25.76	5

#### Under 17 Men 100m

1	Joseph Kane	Southport Waterloo AC	395	11.6	7
2	Joe Clarke	Lancaster Morecambe AC	988	11.6	7
3	Harry Steele	L'pool Pembroke Sefton	289	11.7	5
4	James Nicholas	Blackpool Wyre Fylde AC	806	11.9	4
5	Luke Suarez	Southport Waterloo AC	411	12.1	5
6	Tom Murphy	Southport Waterloo AC	401	12.7	nc
7	Harry Snelson	Blackpool Wyre Fylde AC	839	15.9	3

#### Under 17 Men 200m Heat 1

1	Tyrese Frederick-James	Guest	74	23.2	
2	Joe Clarke	Lancaster Morecambe AC	988	23.6	7
3	Harry Steele	L'pool Pembroke Sefton	289	23.6	5
4	Osasu Agho-Peter	Burnley AC	427	23.9	7
5	James Nicholas	Blackpool Wyre Fylde AC	806	24.0	4
6	William Walmsley	Preston Harriers	966	24.2	3

#### Under 17 Men 200m Heat 2

1	Matthew Hughes	L'pool Pembroke Sefton	241	24.5	2
2	Liam Harrison	L'pool Pembroke Sefton	233	25.0	nc
3	Harry Snelson	Blackpool Wyre Fylde AC	839	34.3	1

#### Under 17 Men 400m

1	Mark Roberts	L'pool Pembroke Sefton	280	50.6	7
2	Osasu Agho-Peter	Burnley AC	427	52.2	7
3	Eniola Adedotun	Guest	73	52.4	
4	Ryan Heneghan	Guest	85	52.4	
5	Joshua Best	Preston Harriers	968	56.9	5
6	Charlie Deakin	Kirkby Milers	337	62.8	4



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#### Under 17 Men 800m

1	Lukas Eichmeyer	Lancaster Morecambe AC	533	2:02.7	7
2	Jake Dickinson	L'pool Pembroke Sefton	208	2:09.6	5
3	Se Loughlin	L'pool Pembroke Sefton	253	2:10.8	4

#### Under 17 Men 1500m

1	Max Swarbrick	Blackpool Wyre Fylde AC	867	4:37.2	7
2	Ethan Barbarewicz	Blackburn H & AC	62	4:51.8	5

#### Under 17 Men 4x100m Relay

1	.	Lancaster Morecambe AC	988	52.3	7
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#### Under 17 Men Long Jump

1	James Kerr	Preston Harriers	991	5.97	7
2	Scott Sinclair	Blackpool Wyre Fylde AC	835	5.84	5
3	Charlie Deakin	Kirkby Milers	337	4.19	4
4	Luke Suffolk	Preston Harriers	925	4.18	3
5	William Walmsley	Preston Harriers	966	0.00	nc

#### Under 17 Men Triple Jump

1	Scott Sinclair	Blackpool Wyre Fylde AC	835	13.13	7
2	Harry Steele	L'pool Pembroke Sefton	289	12.77	5
3	William Walmsley	Preston Harriers	966	11.95	4

#### Under 17 Men Shot Putt

1	Finley McKenna	L'pool Pembroke Sefton	325	9.48	7
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#### Under 17 Men Discus Throw

1	Finley McKenna	L'pool Pembroke Sefton	325	33.12	7
2	Matthew Heywood	Blackburn H & AC	109	27.09	5

#### Under 17 Men Javelin Throw

1	Joshua Best	Preston Harriers	968	23.12	7
2	Matthew Heywood	Blackburn H & AC	109	21.66	5
3	Luke Suffolk	Preston Harriers	925	19.67	4

#### Under 17 Men Hammer Throw

1	Matthew Heywood	Blackburn H & AC	109	50.17	7
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#### Under 15 Boys 100m

1	Charlie Auty	Blackpool Wyre Fylde AC	758	12.6	7
2	Isaacá Delaney	Preston Harriers	685	12.6	5
3	Mark Jozsa	Preston Harriers	698	13.0	4
4	Lucas Stephenson	Hyndburn AC	606	13.0	7
5	Luke Dawson	Carlisle Aspatria	647	13.6	5

#### Under 15 Boys 200m Heat 1

1	Ethan Edwards	L'pool Pembroke Sefton	213	25.4	7
2	Charlie Auty	Blackpool Wyre Fylde AC	758	25.8	5
3	Nathan Higham	Preston Harriers	993	26.4	4
4	Oscar Davidson	L'pool Pembroke Sefton	205	26.4	3

#### Under 15 Boys 200m Heat 2

1	Thomas Monks	Blackburn H & AC	951	27.3	2
2	Alexander Steele	L'pool Pembroke Sefton	288	29.4	nc
3	Peter Agho-Peter	Burnley AC	428	29.8	7
4	James Roberts	L'pool Pembroke Sefton	279	30.5	nc

#### Under 15 Boys 400m

1	Finaly Starkie	Guest	86	53.8	
2	Thomas Chadwick	Preston Harriers	589	56.2	7
3	Nathan Higham	Preston Harriers	993	59.3	5
4	Thomas Monks	Blackburn H & AC	951	61.5	4
5	Josh Redmond	Guest	546	61.9	

#### Under 15 Boys 800m

1	Oscar Davidson	L'pool Pembroke Sefton	205	2:13.6	7
2	Josh Redmond	Guest	546	2:14.6	
3	Oliver Webster	Guest	588	2:18.8	
4	Iwan Williams	Guest	541	2:20.8	
5	Isaac Butler	Blackburn H & AC	81	2:24.0	5
6	David Holman	Blackburn H & AC	113	2:24.6	4
7	Ben Taylor	Guest	544	2:29.2	
8	Matthew Hawkins	L'pool Pembroke Sefton	328	2:33.8	3
9	Luke Jones	Blackpool Wyre Fylde AC	786	2:35.5	2

#### Under 15 Boys 1500m

1	Michael Henderson	L'pool Pembroke Sefton	234	4:39.0	7
2	Justin Corbishley	Hoad Hill Harriers	638	4:39.1	7
3	Liam Mccay	Guest	83	4:41.3	
4	Alex Keely	Guest	440	4:41.8	
5	Jensoná Warren	Preston Harriers	722	4:51.5	5
6	Gideon Lucas	L'pool Pembroke Sefton	255	4:58.6	4
7	George Denye	Preston Harriers	929	5:05.9	3

#### Under 15 Boys Long Jump

1	Joel Elphick	Blackpool Wyre Fylde AC	775	5.28	7
2	Luke Dawson	Carlisle Aspatria	647	4.70	7
3	George Mackenzie	Blackpool Wyre Fylde AC	800	4.58	5
4	Mark Jozsa	Preston Harriers	698	4.57	4
5	Luke Jones	Blackpool Wyre Fylde AC	786	4.12	nc
6	William Staveley	Lancaster Morecambe AC	574	3.98	3

#### Under 15 Boys High Jump

1	Joel Elphick	Blackpool Wyre Fylde AC	775	1.70	7
2=	George Mackenzie	Blackpool Wyre Fylde AC	800	1.55	5
2=	Seb Holt	Blackpool Wyre Fylde AC	780	1.55	nc
4	Lucas Smith	Southport Waterloo AC	426	1.55	7
5=	Alexander Steele	L'pool Pembroke Sefton	288	1.50	3.5
5=	Michael Henderson	L'pool Pembroke Sefton	234	1.50	3.5

#### Under 15 Boys Shot Putt

1	Isaacá Delaney	Preston Harriers	685	12.64	7
2	Luke Dawson	Carlisle Aspatria	647	10.29	7
3	Oscar Davidson	L'pool Pembroke Sefton	205	7.89	5

#### Under 15 Boys Discus Throw

1	Isaacá Delaney	Preston Harriers	685	32.33	7
2	Toby Nicholson	Lancaster Morecambe AC	551	17.16	5

#### Under 15 Boys Javelin Throw

1	Cameron Unsworth	Guest	1046	40.76	
2	Luke Jones	Blackpool Wyre Fylde AC	786	17.95	7
3	Toby Nicholson	Lancaster Morecambe AC	551	15.30	5

#### Under 15 Boys Hammer Throw

1	Cameron Scott-Allan	Guest	1042	43.86	
2	Cameron Unsworth	Guest	1046	35.72	
3	Toby Nicholson	Lancaster Morecambe AC	551	21.23	7
4	Benjamin Giles	Lancaster Morecambe AC	535	10.04	5

#### Under 13 Boys 100m Heat 1

1	Alasdair Jackman	Lancaster Morecambe AC	984	13.5	7
2	Travis Harfield	Chorley Athletic & Tri	486	13.6	7
3	Nathan Naylor	L'pool Pembroke Sefton	264	14.3	5
4	Jayden Rainbow	Guest	1053	14.3	
5	Benjamin Livesey	Blackburn H & AC	121	14.3	4
6	Anton Gildea	Preston Harriers	973	14.3	3
7	Connor Norman	Blackpool Wyre Fylde AC	808	14.5	1.5

#### Under 13 Boys 100m Heat 2

1	Ethan Tinsley	L'pool Pembroke Sefton	300	14.5	1.5
2	Logan Campbell	Preston Harriers	728	14.8	
3	Alfie MCGowan	Guest	999	15.1	
4	Reuben Consadine	Lancaster Morecambe AC	980	15.2	
5	Matthew Carroll	L'pool Pembroke Sefton	194	15.3	
6	Harry Sambrook	Blackburn H & AC	139	15.5	
7	Rowan Allison	Preston Harriers	672	15.6	nc



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#### Under 13 Boys 200m Heat 1

1	Benjamin Livesey	Blackburn H & AC	121	28.4	5
2	Luke Ward	Southport Waterloo AC	416	29.5	7
3	Jayden Rainbow	Guest	1053	29.8	
4	Connor Norman	Blackpool Wyre Fylde AC	808	29.9	3
5	Matthew Carroll	L'pool Pembroke Sefton	194	30.4	2
6	Oliver Gill	Blackburn H & AC	101	31.5	nc

#### Under 13 Boys Javelin Throw

1	Travis Harfield	Chorley Athletic & Tri	486	40.89	7
2	Logan Campbell	Preston Harriers	728	24.50	7
3	Connor Norman	Blackpool Wyre Fylde AC	808	20.39	5
4	Toby Mansfield	Blackburn H & AC	172	20.34	4
5	Nathan Giles	Lancaster Morecambe AC	538	19.60	3
6	Anton Gildea	Preston Harriers	973	11.82	2

#### Under 13 Boys 200m Heat 2

1	Alasdair Jackman	Lancaster Morecambe AC	984	27.8	7
2	Anton Gildea	Preston Harriers	973	29.8	4
3	Alfie Mcgowan	Guest	999	30.8	
4	Harry Sambrook	Blackburn H & AC	139	30.9	1
5	Bobby Burney	Guest	582	31.6	
6	Charlie Steele	L'pool Pembroke Sefton	313	36.2	

#### Senior Women 100m

1	Eve Grant	Guest	534	13.0	
2	Rachel Carr	Carlisle Aspatria	645	13.4	7
3	Emily Warren	Blackburn H & AC	155	13.5	7
4	Lucy Le-Marinel	L'pool Pembroke Sefton	250	14.1	5
5	Chloe Norman	Blackpool Wyre Fylde AC	807	14.4	4
6	Wendy Laing	Guest	557	14.7	

#### Under 13 Boys 800m

1	Lewis Townley	Preston Harriers	944	2:27.0	7
2	Ethan Chadwick	Preston Harriers	683	2:29.0	5
3	Jack Thomas Winstanley	Preston Harriers	724	2:30.5	nc
4	Bobby Burney	Guest	582	2:30.7	
5	James Evans	Guest	1050	2:31.0	
6	Ben Stratton	Blackburn H & AC	899	2:36.7	4
7	Nathan Naylor	L'pool Pembroke Sefton	264	2:37.1	3
8	Ethan Tinsley	L'pool Pembroke Sefton	300	2:37.9	2
9	Riley Malone	Guest	1051	2:38.4	
10	Leighton Hewitt	Preston Harriers	693	2:42.8	nc
11	Harry Sambrook	Blackburn H & AC	139	2:43.2	1
12	Tom Chisholm	Kirkby Milers	365	2:43.3	
13	Oliver Thomson	Lytham St.Annes RR	47	2:43.6	7
14	Isaac Dickinson	L'pool Pembroke Sefton	207	2:44.0	nc
15	Matthew Carroll	L'pool Pembroke Sefton	194	2:45.0	nc
16	Rowan Allison	Preston Harriers	672	3:03.9	nc
17	Benjamin Giles	Lancaster Morecambe AC	535	3:05.5	

#### Senior Women 200m

1	Holly Suffolk	Preston Harriers	924	28.0	7
2	Emily Warren	Blackburn H & AC	155	28.3	5
3	Rachel Carr	Carlisle Aspatria	645	28.7	7
4	Chloe Norman	Blackpool Wyre Fylde AC	807	29.7	4

#### Senior Women 400m

1	Nicola Moynihan	Guest	87	64.3	
2	Holly Suffolk	Preston Harriers	924	70.2	7

#### Senior Women 800m

1	Nicola Moynihan	Guest	87	2:29.1	
2	Laura Livesey	Chorley Athletic & Tri	913	2:33.0	7

#### Senior Women 1500m

1	Laura Livesey	Chorley Athletic & Tri	913	5:21.3	7
2	Heather Travis	Hoad Hill Harriers	628	5:57.7	7

#### Senior Women Long Jump

1	Wendy Laing	Guest	557	4.35	
2	Rachel Holt	Burnley AC	443	3.97	7
3	Charlotte Daley	Preston Harriers	1044	0.00	0

#### Senior Women High Jump

1	Deborah Dasse	L'pool Pembroke Sefton	204	1.50	7
2	Wendy Laing	Guest	557	1.45	

#### Under 13 Boys 1500m

1	Luke Carrington	Guest	689	4:52.4	
2	Daniel Smith	Blackburn H & AC	143	4:58.4	7
3	Max Webster	Guest	593	4:59.3	
4	Sam Smalley	Preston Harriers	714	5:06.3	5
5	Luke Ward	Southport Waterloo AC	416	5:11.3	7
6	William Moorhouse	Preston Harriers	705	5:21.3	4

#### Under 13 Boys Long Jump

1	Jayden Rainbow	Guest	1053	4.10	
2	Luke Ward	Southport Waterloo AC	416	4.06	7
3	Alfie Mcgowan	Guest	999	3.99	
4	Benjamin Livesey	Blackburn H & AC	121	3.98	7
5	Daniel Smith	Blackburn H & AC	143	3.97	5
6	Reuben Consadine	Lancaster Morecambe AC	980	3.91	4
7	Alasdair Jackman	Lancaster Morecambe AC	984	3.78	3
8	Adam Byrne	Southport Waterloo AC	375	3.78	5
9	Oliver Gill	Blackburn H & AC	101	3.64	nc
10	Logan Campbell	Preston Harriers	728	3.51	2
11	Oliver Thomson	Lytham St.Annes RR	47	3.36	4

#### Senior Women Shot Putt

1	Anna Peers	Blackburn H & AC	132	10.52	7
2	Susan Ball	Blackpool Wyre Fylde AC	760	7.63	5
3	Nicola Swift	L'pool Pembroke Sefton	298	6.60	4
4	Helen Goodwill	Burnley AC	434	6.13	3
5	Rachel Holt	Burnley AC	443	5.46	2

#### Senior Women Discus Throw

1	Anna Peers	Blackburn H & AC	132	36.11	7
2	Rebekah Hopper	Guest	1052	22.19	
3	Helen Goodwill	Burnley AC	434	21.72	5
4	Nicola Swift	L'pool Pembroke Sefton	298	16.95	4
5	Emily Taberner	Blackburn H & AC	146	0.00	0

#### Under 13 Boys High Jump

1	Travis Harfield	Chorley Athletic & Tri	486	1.45	7
2	Adam Byrne	Southport Waterloo AC	375	1.35	5
3	Daniel Smith	Blackburn H & AC	143	1.35	7
4	Oliver Gill	Blackburn H & AC	101	1.30	5
5	Reuben Consadine	Lancaster Morecambe AC	980	1.25	4

#### Senior Women Javelin Throw

1	Anna Peers	Blackburn H & AC	132	36.96	7
2	Rebekah Hopper	Guest	1052	31.11	
3	Lydia Stanfield	Burnley AC	452	26.81	5
4	Charlotte Daley	Preston Harriers	1044	23.35	4
5	Rachel Holt	Burnley AC	443	10.56	3

#### Under 13 Boys Shot Putt

1	Thomas Kelsall	Preston Harriers	922	6.07	7
2	Toby Mansfield	Blackburn H & AC	172	5.81	5
3	Nathan Giles	Lancaster Morecambe AC	538	5.67	4

#### Senior Women Hammer Throw

1	Charlotte Stuchbury	Guest	1049	42.46	
2	Emily Taberner	Blackburn H & AC	146	32.02	7
3	Susan Ball	Blackpool Wyre Fylde AC	760	26.29	5
4	Helen Goodwill	Burnley AC	434	21.77	4
5	Nicola Swift	L'pool Pembroke Sefton	298	14.32	3

#### Under 13 Boys Discus Throw

1	Adam Byrne	Southport Waterloo AC	375	18.94	7
2	Benjamin Giles	Lancaster Morecambe AC	535	15.67	7
3	Toby Mansfield	Blackburn H & AC	172	14.96	5



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#### Under 17 Women 100m Heat 1

1	Kayleigh Watson	Carlisle Aspatria	656	12.8	7
2	Mary-Jane Broomhead	Blackpool Wyre Fylde AC	768	12.8	7
3	Abigail Bamber	Southport Waterloo AC	367	13.0	5
4	Lucy Fyffe	Chorley Athletic & Tri	472	13.1	4
5	Nekkisha Wilson	Blackpool Wyre Fylde AC	858	13.3	3
6	Lois Carroll	Preston Harriers	732	13.3	2
7	Imogen Reader	Blackpool Wyre Fylde AC	821	13.3	nc
8	Imogen Mansfield	Blackburn H & AC	123	13.3	1

#### Under 17 Women 100m Heat 2

1	Kianna Proctor	Preston Harriers	961	13.5	
2	Natalia Luczak	Blackpool Wyre Fylde AC	798	14.1	nc
3	Lisa Barlow	Kendal AC	877	14.1	5
4	Megan Lewis	Blackpool Wyre Fylde AC	861	14.3	nc
5	Abigail Gregson	Preston Harriers	964	14.6	nc
6	Liberty Thompson	Blackburn H & AC	153	15.0	
7	Chloe Parsons	Blackpool Wyre Fylde AC	815	15.6	nc

#### Under 17 Women 200m Heat 1

1	Abigail Bamber	Southport Waterloo AC	367	26.8	7
2	Alissa Darbyshire	Preston Harriers	1043	26.9	5
3	Mary-Jane Broomhead	Blackpool Wyre Fylde AC	768	27.2	4
4	Kayleigh Watson	Carlisle Aspatria	656	27.8	7
5	Imogen Reader	Blackpool Wyre Fylde AC	821	28.1	3
6	Lucy Fyffe	Chorley Athletic & Tri	472	28.2	2

#### Under 17 Women 200m Heat 2

1	Nekkisha Wilson	Blackpool Wyre Fylde AC	858	28.1	nc
2	Abigail Gregson	Preston Harriers	964	28.5	1
3	Maddison Riley	Blackpool Wyre Fylde AC	825	30.8	nc
4	Emily Reid	Chorley Athletic & Tri	491	36.1	

#### Under 17 Women 300m

1	Kianna Proctor	Preston Harriers	961	42.3	7
2	Megan Lewis	Blackpool Wyre Fylde AC	861	46.9	5
3	Megan Mahoney	Preston Harriers	740	48.6	4
4	Grace Kelly	Preston Harriers	933	51.2	nc

#### Under 17 Women 800m

1	Jenny Williamson	L'pool Pembroke Sefton	309	2:35.6	7
2	Freya Wissett	L'pool Pembroke Sefton	310	2:45.6	5

#### Under 17 Women 1500m

1	Beth Reid	Chorley Athletic & Tri	490	5:20.4	7
2	Phoebe Lucas	L'pool Pembroke Sefton	256	5:38.7	5
3	Faye Hannaway	L'pool Pembroke Sefton	232	5:50.8	4
4	Scarlett Allison	Preston Harriers	674	6:08.4	3

#### Under 17 Women 3000m

1	Libby Huxley	Preston Harriers	972	11:09.2	7
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#### Under 17 Women Long Jump

1	Imogen Mansfield	Blackburn H & AC	123	4.84	7
2	Natalia Luczak	Blackpool Wyre Fylde AC	798	4.81	5
3	Lois Carroll	Preston Harriers	732	4.62	4
4	Kayleigh Watson	Carlisle Aspatria	656	4.43	7
5	Liberty Thompson	Blackburn H & AC	153	4.01	3
6	Kacie Calvert	Blackpool Wyre Fylde AC	769	3.95	2
7	Kasey Corns	Burnley AC	430	3.58	1

#### Under 17 Women High Jump

1	Lucy Fyffe	Chorley Athletic & Tri	472	1.50	7
2	Liberty Thompson	Blackburn H & AC	153	1.40	5

#### Under 17 Women Triple Jump

1	Georgia Norman	Blackpool Wyre Fylde AC	809	9.56	7
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#### Under 17 Women Shot Putt

1	Jessica Groves	L'pool Pembroke Sefton	230	9.83	7
2	Chloe Parsons	Blackpool Wyre Fylde AC	815	7.85	5
3	Bethany Swift	L'pool Pembroke Sefton	296	5.74	4

#### Under 17 Women Discus Throw

1	Kacie Calvert	Blackpool Wyre Fylde AC	769	20.53	7
2	Beth Reid	Chorley Athletic & Tri	490	13.42	5
3	Bethany Swift	L'pool Pembroke Sefton	296	13.09	4
4	Emily Reid	Chorley Athletic & Tri	491	8.14	3

#### Under 17 Women Javelin Throw

1	Megan Howarth	Southport Waterloo AC	389	35.31	7
2	Kacie Calvert	Blackpool Wyre Fylde AC	769	25.87	5
3	Caitlyn Finch	Burnley AC	432	22.05	4
4	Bethany Swift	L'pool Pembroke Sefton	296	15.89	3
5	Kasey Corns	Burnley AC	430	14.85	2
6	Jessica Groves	L'pool Pembroke Sefton	230	13.17	1

#### Under 17 Women Hammer Throw

1	Jessica Groves	L'pool Pembroke Sefton	230	39.55	7
2	Charlotte Jones	Blackpool Wyre Fylde AC	868	34.00	5

#### Under 15 Girls 100m Heat 1

1	Lucy Poole	Chorley Athletic & Tri	478	13.1	7
2	Olivia Morgan	L'pool Pembroke Sefton	263	13.8	5
3	Iona Cossens	Blackpool Wyre Fylde AC	771	14.0	4
4	Daisie-Mae Keane	Blackpool Wyre Fylde AC	788	14.5	nc
5	Rachel Murphy	Southport Waterloo AC	560	14.5	1
6	Rubyá Allison	Preston Harriers	673	15.3	

#### Under 15 Girls 100m Heat 2

1	Matilda Crawshaw	Hyndburn AC	580	13.4	7
2	Jessica Keenan	Southport Waterloo AC	423	14.1	3
3	Gabriella Bell	Blackpool Wyre Fylde AC	764	14.3	2
4	Olivia Owen	L'pool Pembroke Sefton	271	14.7	
5	Katie Irving	Carlisle Aspatria	648	14.8	5
6	Aimee Clare	Kirkby Milers	333	15.2	4
7	Talia Ball	Blackpool Wyre Fylde AC	761	15.8	nc

#### Under 15 Girls 200m Heat 1

1	Lucy Poole	Chorley Athletic & Tri	478	26.8	7
2	Olivia Morgan	L'pool Pembroke Sefton	263	28.3	5
3	Abigail Iredale	Guest	590	28.4	
4	Iona Cossens	Blackpool Wyre Fylde AC	771	28.9	4
5	Kate Cookson	Blackburn H & AC	88	29.8	3

#### Under 15 Girls 200m Heat 2

1	Daisie-Mae Keane	Blackpool Wyre Fylde AC	788	30.2	2
2	Jessica Keenan	Southport Waterloo AC	423	30.2	1
3	Gabriella Bell	Blackpool Wyre Fylde AC	764	30.6	nc
4	Katelyn Swift	L'pool Pembroke Sefton	297	31.1	
5	Keira Booth	Blackburn H & AC	71	32.1	

#### Under 15 Girls 300m

1	Martha Rayner	Preston Harriers	710	44.8	7
2	Abigail Iredale	Guest	590	44.8	
3	Charlotte Mahoney	Preston Harriers	739	44.9	5
4	Isabelle Burke	Guest	65	45.6	
5	Millie Walton	Hyndburn AC	595	45.9	7
6	Annaá Thompson	Preston Harriers	717	46.3	nc

#### Under 15 Girls 800m

1	Ebony Blackwell	Guest	577	2:22.3	
2	Anna Crossley	Guest	1048	2:27.9	
3	Charlotte Mahoney	Preston Harriers	739	2:32.9	7
4	Abigail Stratton	Blackburn H & AC	898	2:36.6	5
5	Millie Walton	Hyndburn AC	595	2:38.6	7
6	Jessica Lane	Preston Harriers	745	2:38.7	4
7	Kate Cookson	Blackburn H & AC	88	2:39.7	3
8	Lara Ingram-Weston	Chorley Athletic & Tri	492	2:40.8	2
9	Keira Booth	Blackburn H & AC	71	2:41.6	nc
10	Caroline Woodworth	Blackburn H & AC	162	2:44.0	nc
11	Aimee Worthington	Lancaster Morecambe AC	563	2:46.0	5
12	Emily Williamson	L'pool Pembroke Sefton	307	2:54.5	1



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**Under 15 Girls 1500m**

1	Keira Haxton	Blackburn H & AC	108	5:15.9	7
2	Betty Kershaw	Blackpool Wyre Fylde AC	790	5:25.5	5
3	Lara Ingram-Weston	Chorley Athletic & Tri	492	5:43.9	4
4	Rachel Curzon	L'pool Pembroke Sefton	202	7:05.8	3

**Under 15 Girls 4x100m Relay**

1	.	Hyndburn AC	580	57.3	
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**Under 15 Girls Long Jump**

1	Matilda Crawshaw	Hyndburn AC	580	4.46	7
2	Rachel Murphy	Southport Waterloo AC	560	4.30	7
3	Iona Cossens	Blackpool Wyre Fylde AC	771	4.11	5
4	Katie Irving	Carlisle Aspatria	648	4.04	5
5	Aimee Clare	Kirkby Milers	333	4.03	4
6	Jessica Keenan	Southport Waterloo AC	423	3.90	4
7	Evie Little	Carlisle Aspatria	663	3.79	3
8	Keira Booth	Blackburn H & AC	71	3.55	3
9	Lucie Broomby	Carlisle Aspatria	643	3.51	nc

**Under 15 Girls High Jump**

1	Millie O'Hanlon	L'pool Pembroke Sefton	269	1.50	7
2	Katie Irving	Carlisle Aspatria	648	1.45	7
3=	Abigail Parker	L'pool Pembroke Sefton	317	1.35	5
3=	Rebecca Fisher	Lytham St.Annes RR	41	1.35	5
5	Matilda Crawshaw	Hyndburn AC	580	1.30	4
6	Rubyá Allison	Preston Harriers	673	1.15	4

**Under 15 Girls Shot Putt**

1	Roisin O'Connor	L'pool Pembroke Sefton	329	7.92	7
2	Isabella Buraimo	Preston Harriers	678	7.89	5
3	Caroline Woodworth	Blackburn H & AC	162	7.11	4
4	Grace Bontoft	Blackburn H & AC	68	7.09	3
5	Lucie Broomby	Carlisle Aspatria	643	7.01	7
6	Kate Cookson	Blackburn H & AC	88	6.89	nc
7	Evie Little	Carlisle Aspatria	663	6.78	5
8	Chloe Molyneux	Chorley Athletic & Tri	476	6.75	2
9	Rebecca Fisher	Lytham St.Annes RR	41	6.37	4
10	Talia Ball	Blackpool Wyre Fylde AC	761	6.24	1

**Under 15 Girls Discus Throw**

1	Nicole Saunders	Blackburn H & AC	141	30.30	7
2	Rebecca Fisher	Lytham St.Annes RR	41	22.12	7
3	Katelyn Swift	L'pool Pembroke Sefton	297	19.42	5
4	Chloe Molyneux	Chorley Athletic & Tri	476	18.75	4
5	Isabella Buraimo	Preston Harriers	678	18.17	3
6	Evie Little	Carlisle Aspatria	663	17.11	5
7	Grace Bontoft	Blackburn H & AC	68	15.43	2

**Under 15 Girls Javelin Throw**

1	Nicole Saunders	Blackburn H & AC	141	26.71	7
2	Roisin O'Connor	L'pool Pembroke Sefton	329	25.81	5
3	Isabella Buraimo	Preston Harriers	678	22.22	4
4	Chloe Molyneux	Chorley Athletic & Tri	476	21.88	3
5	Caroline Woodworth	Blackburn H & AC	162	21.74	2
6	Magdelene Eastwood	L'pool Pembroke Sefton	211	17.51	1
7	Aimee Clare	Kirkby Milers	333	15.18	7

**Under 15 Girls Hammer Throw**

1	Emma Harrison	Preston Harriers	744	39.29	7
2	Nicole Saunders	Blackburn H & AC	141	35.29	5
3	Grace Bontoft	Blackburn H & AC	68	30.87	4
4	Talia Ball	Blackpool Wyre Fylde AC	761	23.70	3
5	Katelyn Swift	L'pool Pembroke Sefton	297	20.56	2
6	Magdelene Eastwood	L'pool Pembroke Sefton	211	18.83	1

**Under 13 Girls 100m Heat 1**

1	Freya Stokes	Carlisle Aspatria	651	14.0	7
2	Evie Jayne Kett	Preston Harriers	945	14.1	7
3	Elizabeth Briggs	Hyndburn AC	601	14.3	5
4	Amy English	L'pool Pembroke Sefton	215	14.4	4
5	Keira Tomes	Blackpool Wyre Fylde AC	849	14.6	3
6	Nancy Crawshaw	Hyndburn AC	597	14.7	4

**Under 13 Girls 100m Heat 2**

1	Evie Kitchen	Preston Harriers	726	14.3	5
2	Lucy Rishton	Blackburn H & AC	952	15.3	2
3	Layla Wholey	Blackpool Wyre Fylde AC	856	15.7	1
4	Clemmie Tierney	Lytham St.Annes RR	49	15.8	3
5	Georgia Hurst	L'pool Pembroke Sefton	242	16.2	
6	Meadow Swain	L'pool Pembroke Sefton	295	16.9	nc

**Under 13 Girls 200m Heat 1**

1	Katie Thwaytes	Guest	536	29.7	
2	Evie Kitchen	Preston Harriers	726	30.2	7
3	Aimee Broomby	Carlisle Aspatria	642	31.0	4.5
4	Hannah Keenan	Southport Waterloo AC	424	31.5	5
5	Elizabeth Buraimo	Preston Harriers	927	32.7	3

**Under 13 Girls 200m Heat 2**

1	Elizabeth Briggs	Hyndburn AC	601	30.0	7
2	Freya Stokes	Carlisle Aspatria	651	31.0	4.5
3	Amy English	L'pool Pembroke Sefton	215	31.8	4
4	Clemmie Tierney	Lytham St.Annes RR	49	33.8	3

**Under 13 Girls 800m**

1	Poppi Niamh Watson	Preston Harriers	723	2:34.7	7
2	Katie Thwaytes	Guest	536	2:35.0	
3	Megan Reynolds	Preston Harriers	919	2:43.4	5
4	Faith Gillibrand	Blackburn H & AC	166	2:43.5	4
5	Imogen Robinson	Blackburn H & AC	138	2:46.1	3
6	Georgia Hurst	L'pool Pembroke Sefton	242	2:57.3	2
7	Hannah Williamson	L'pool Pembroke Sefton	308	3:02.8	1

**Under 13 Girls 1500m**

1	Iris Davidson	L'pool Pembroke Sefton	318	5:36.2	7
2	Sarah Yates	L'pool Pembroke Sefton	315	5:37.7	5
3	Erika Corns	Burnley AC	429	5:56.4	4

**Under 13 Girls Long Jump**

1	Evie Jayne Kett	Preston Harriers	945	4.14	7
2	Keira Tomes	Blackpool Wyre Fylde AC	849	4.07	5
3	Lucy Rishton	Blackburn H & AC	952	4.04	4
4	Freya Stokes	Carlisle Aspatria	651	3.96	7
5	Erika Corns	Burnley AC	429	3.76	3
6	Nancy Crawshaw	Hyndburn AC	597	3.70	5
7	Elizabeth Briggs	Hyndburn AC	601	3.68	4
8	Clemmie Tierney	Lytham St.Annes RR	49	3.68	3
9	Layla Wholey	Blackpool Wyre Fylde AC	856	3.66	2
10	Evie Kitchen	Preston Harriers	726	3.63	1
11	Elizabeth Buraimo	Preston Harriers	927	3.62	nc
12	Imogen Robinson	Blackburn H & AC	138	3.15	

**Under 13 Girls High Jump**

1	Lauren Byrne	Southport Waterloo AC	377	1.45	7
2	Evie Jayne Kett	Preston Harriers	945	1.35	5
3	Aimee Broomby	Carlisle Aspatria	642	1.30	7
4=	Charlotte Fisher	Lytham St.Annes RR	40	1.25	5
4=	Amy English	L'pool Pembroke Sefton	215	1.25	4
6	Elizabeth Buraimo	Preston Harriers	927	1.20	3
7	Imogen Robinson	Blackburn H & AC	138	1.15	2
8	Iris Davidson	L'pool Pembroke Sefton	318	1.15	1
9	Eve Hannaway	L'pool Pembroke Sefton	231	1.15	nc
10	Layla Wholey	Blackpool Wyre Fylde AC	856	1.05	

**Under 13 Girls Shot Putt**

1	Lauren Byrne	Southport Waterloo AC	377	7.37	7
2	Madison Bontoft	Blackburn H & AC	69	6.11	5
3	Charlotte Hughes	Southport Waterloo AC	391	6.02	4
4	Holly Hudson	Southport Waterloo AC	1047	6.01	nc
5	Amelia Southam	Burnley AC	451	5.88	3
6	Ella Johnson	Preston Harriers	943	5.26	2
7	Charlotte Fisher	Lytham St.Annes RR	40	4.87	7
8	Erika Corns	Burnley AC	429	4.83	1



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**Under 13 Girls Discus Throw**

1	Lauren Byrne	Southport Waterloo AC	377	15.31	7
2	Kady Thompson	Blackburn H & AC	152	12.84	5
3	Charlotte Hughes	Southport Waterloo AC	391	12.72	4
4	Charlotte Fisher	Lytham St.Annes RR	40	12.28	7
5	Holly Hudson	Southport Waterloo AC	1047	11.65	nc
6	Ella Johnson	Preston Harriers	943	11.63	3

**Under 13 Girls Javelin Throw**

1	Kady Thompson	Blackburn H & AC	152	18.28	7
2	Aimee Broomby	Carlisle Aspatria	642	18.08	7
3	Madison Bontoft	Blackburn H & AC	69	15.40	5
4	Amelia Southam	Burnley AC	451	14.33	4
5	Charlotte Hughes	Southport Waterloo AC	391	13.10	3
6	Ella Johnson	Preston Harriers	943	10.71	2
7	Holly Hudson	Southport Waterloo AC	1047	0.00	0
8	Nancy Crawshaw	Hyndburn AC	597	0.00	0





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**Points Summary**

<b>Women Division 1</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>Senior</b>	<b>Officials</b>	<b>Total</b>
Preston Harriers	57	46	33	18	15	169
Blackburn H & AC	37	55	16	40	15	163
L'pool Pembroke Sefton	28	47	47	23	15	160
Blackpool Wyre Fylde AC	11	26	58	18	15	128
Southport Waterloo AC	37	16	19	0	15	87
Chorley Athletic & Tri	0	29	28	14	15	86
Burnley AC	15	0	7	29	15	66

<b>Women Division 2</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>Senior</b>	<b>Officials</b>	<b>Total</b>
Carlisle Aspatria	37	37	21	14	15	124
Hyndburn AC	25	32	0	0	15	72
Lytham St.Annes RR	28	16	0	0	15	59
Kirkby Milers	0	15	0	0	15	30
Hoad Hill Harriers	0	0	0	7	15	22
Kendal AC	0	0	5	0	15	20
Lancaster Morecambe AC	0	5	0	0	15	20
Leven Valley AC	0	0	0	0	15	15
Barrow & Furness AC	0	0	0	0	0	0
Pendle AC	0	0	0	0	0	0

<b>Men Division 1</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>Senior</b>	<b>Officials</b>	<b>Total</b>
Preston Harriers	46	51	33	36	15	181
L'pool Pembroke Sefton	13.5	43	47	58	15	176.5
Blackburn H & AC	60	15	22	26	15	138
Blackpool Wyre Fylde AC	9.5	45	31	19	15	119.5
Lancaster Morecambe AC	39	25	28	2	15	109
Kirkby Milers	0	0	8	31	15	54
Barrow & Furness AC	0	0	0	0	0	0

<b>Men Division 2</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>Senior</b>	<b>Officials</b>	<b>Total</b>
Southport Waterloo AC	38	7	12	30	15	102
Burnley AC	0	7	14	56	15	92
Hoad Hill Harriers	0	7	0	23	15	45
Chorley Athletic & Tri	21	0	0	7	15	43
Lytham St.Annes RR	11	0	0	15	15	41
Carlisle Aspatria	0	19	0	0	15	34
Kendal AC	0	0	0	12	15	27
Hyndburn AC	0	7	0	0	15	22
Leven Valley AC	0	0	0	0	15	15
Pendle AC	0	0	0	0	0	0