

Mid Lancs Track and Field League

Salt Ayre, Lancaster, 7th August 2010

Senior Men 100m Heat 1

1 Dan. Harrop	Kendal AC	653	11	7
2 Stephen. Sumner	Hyndburn AC	571	11.1	5
3 Sam. Yates	Guest	1505	11.4	
4 James. Simpson	Barrow & Furness AC	16	11.5	7
5 Arran. Mccarthy	Hyndburn AC	1467	11.5	4
6 Michael. Houghton	Horwich RMI H & AC	1423	11.7	1
7 Michael. Carr	Blackburn H & AC	74	12.4	
8 Andy. Stubbs	Blackpool Wyre Fylde AC	227	12.7	

Senior Men 800m

1 Jack. Scarr	Blackpool Wyre Fylde AC	236	02:00.2	7
2 Danny. Parkinson	Kendal AC	651	02:03.1	5
3 Dean. Miller	Barrow & Furness AC	1459	02:16.3	7
4 Mark. Willett	Lytham St.Annes RR	808	02:26.8	5
5 Graham. Webster	Lytham St.Annes RR	802	02:29.1	4
6 Lee. Jones	Burnley AC	411	02:30.1	3
7 Dave. Dunn	Lytham St.Annes RR	801	02:30.5	nc
8 Peter. Gleaves	Wesham Road Runners	1191	02:33.4	2
9 Martyn. Parry	Hyndburn AC	1440	02:37.9	4
10 Terry. Hellings	Lytham St.Annes RR	805	02:42.9	nc

Senior Men 100m Heat 2

1 Daniel. Cowgill	Hyndburn AC	576	11.5	nc
2 Graham. Parsons	Kendal AC	654	11.5	4
3 Claude. Peter-Thomas	Blackburn H & AC	120	11.6	2
4 Chris. Clark	Guest	1507	11.9	
5 Scott. Whittle	Bolton Utd Harriers	347	12	5
6 Gavin. Brandie	Lytham St.Annes RR	813	12.5	4
7 Craig. Wilson	Southport Waterloo AC	1154	12.6	
8 Ken. Gibson	Barrow & Furness AC	30	14.7	3

Senior Men 1500m

1 Gavin. Brandie	Lytham St.Annes RR	813	05:06.6	7
2 Dave. Dunn	Lytham St.Annes RR	801	05:14.8	5
3 Peter. Gleaves	Wesham Road Runners	1191	05:29.1	4

Senior Men 3000m

1 Luke. Betts	Chorley AC	445	09:45.8	
2 Adam. Sciacca	Chorley AC	450	09:54.5	
3 Michael. Hoyle	Kendal AC	680	09:59.1	
4 Kieran. Alderson	Kendal AC	657	10:04.1	
5 John. Chaplin	Blackburn H & AC	116	10:14.1	
6 Reece. Clark	Ribble Valley AC	1338	10:19.4	
7 Robert. Wong	Blackburn H & AC	66	10:20.7	
8 Kingsley. Judd	Preston Harriers	960	10:27.8	
9 Gary. Clark	Southport Waterloo AC	1107	10:54.0	
10 Graham. Webster	Lytham St.Annes RR	802	11:15.6	7
11 Dave. Dunn	Lytham St.Annes RR	801	11:15.6	-7
12 Calum. Davidson	Rosendale Harriers	1066	11:43.2	
13 Terry. Hellings	Lytham St.Annes RR	805	12:01.9	-7
14 Ryan. Bradshaw	Burnley AC	407	12:09.7	5
15 Dale. Grimshaw	Burnley AC	405	12:13.7	-5
16 Lee. Jones	Burnley AC	411	12:46.3	-5

Senior Men 200m Heat 1

1 Stephen. Sumner	Hyndburn AC	571	23.1	7
2 Sam. Yates	Guest	1505	23.2	
3 Daniel. Cowgill	Hyndburn AC	576	23.5	5
4 John. Wright	Chorley AC	442	23.8	7
5 Arran. Mccarthy	Hyndburn AC	1467	24.1	nc
6 James. Simpson	Barrow & Furness AC	16	24.6	5
7 John. Linaker	Burnley AC	416	25.1	4
8 Michael. Carr	Blackburn H & AC	74	26.4	3

Senior Men 4x100m Relay

1 .	Hyndburn AC	574	48.6	7
2 .	Blackburn H & AC	120	51.1	5
3 .	Blackburn H & AC	77	52.7	
4 .	Kendal AC	680	53.1	4
5 .	Burnley AC	405	54.9	

Senior Men 200m Heat 2

1 Chris. Clark	Guest	1507	25.3	
2 Dale. Grimshaw	Burnley AC	405	25.7	3
3 Craig. Wilson	Southport Waterloo AC	1154	26.2	4
4 Mark. Willett	Lytham St.Annes RR	808	26.5	2
5 Paul. Mcallister	Lytham St.Annes RR	811	28.5	1
6 Lee. Jones	Burnley AC	411	29.1	nc
7 Ken. Gibson	Barrow & Furness AC	30	30.6	

Senior Men 4x400m Relay

1 .	Kendal AC	680	04:05.9	
2 .	Burnley AC	416	04:30.0	7
3 .	Lytham St.Annes RR	802	04:37.0	5

Senior Men 400m Heat 1

1 Alex. Bale	Blackpool Wyre Fylde AC	184	52.2	7
2 Ashley. Kay	Rosendale Harriers	1082	54.3	7
3 Scott. Whittle	Bolton Utd Harriers	347	55.2	5
4 James. Simpson	Barrow & Furness AC	16	56.9	4
5 John. Linaker	Burnley AC	416	57.2	3
6 Michael. Carr	Blackburn H & AC	74	58.8	5

Senior Men 400m Heat 2

1 Dale. Grimshaw	Burnley AC	405	59	2
2 Gavin. Brandie	Lytham St.Annes RR	813	60	1
3 Mark. Willett	Lytham St.Annes RR	808	60.1	
4 Craig. Wilson	Southport Waterloo AC	1154	61.9	4
5 Dean. Miller	Barrow & Furness AC	1459	63.3	
6 Graham. Webster	Lytham St.Annes RR	802	68.3	nc

Senior Men Long Jump

1 James. Blackburn	Pendle AC	845	6.33	7
2 Claude. Peter-Thomas	Blackburn H & AC	120	6.32	7
3 Michael. Houghton	Horwich RMI H & AC	1423	5.35	5
4 Martyn. Parry	Hyndburn AC	1440	4.9	4
5 Paul. Mcallister	Lytham St.Annes RR	811	4.77	5
6 Terry. Hellings	Lytham St.Annes RR	805	3.93	4

Senior Men High Jump

1 James. Blackburn	Pendle AC	845	1.75	7
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Senior Men Triple Jump

1 James. Blackburn	Pendle AC	845	12.49	7
2 Michael. Houghton	Horwich RMI H & AC	1423	10.8	7
3 Martyn. Parry	Hyndburn AC	1440	8.62	5

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Senior Men Shot Putt

1 Duncan. Shaw	Blackpool Wyre Fylde AC	141	9.68	7
2 Russell. Race	Hyndburn AC	574	9.11	5
3 Zac. Child	Pendle AC	832	9.07	7
4 Paul. Mcallister	Lytham St.Annes RR	811	8.56	5
5 Michael. Porter	Preston Harriers	1012	7.93	4
6 David. Billington	Blackburn H & AC	79	7.39	3
7 Mike. Grime	Hyndburn AC	586	7.07	2
8 Peter. Gleaves	Wesham Road Runners	1191	5.75	4
9 Brad. Wood	Horwich RMI H & AC	564	5.37	1

Senior Men Discus Throw

1 Alan. Plumb	Burnley AC	401	31.35	7
2 Russell. Race	Hyndburn AC	574	27.66	7
3 Adam. Lesbirel	Preston Harriers	1007	23.14	5
4 Michael. Porter	Preston Harriers	1012	22.64	4
5 Chris. Senior	Blackpool Wyre Fylde AC	216	21.83	3
6 Mike. Grime	Hyndburn AC	586	20.02	2
7 Duncan. Shaw	Blackpool Wyre Fylde AC	141	18.63	1
8 David. Billington	Blackburn H & AC	79	18.42	
9 Brad. Wood	Horwich RMI H & AC	564	16.42	

Senior Men Javelin Throw

1 Stephen. Porter	Preston Harriers	1018	58.1	7
2 Adam. Lesbirel	Preston Harriers	1007	40.81	5
3 Claude. Peter-Thomas	Blackburn H & AC	120	39.58	4
4 Zac. Child	Pendle AC	832	32.28	7
5 Michael. Porter	Preston Harriers	1012	31.59	nc
6 John. Linaker	Burnley AC	416	31.48	5
7 Daniel. Cowgill	Hyndburn AC	576	31.14	3
8 Russell. Race	Hyndburn AC	574	28.93	2
9 David. Billington	Blackburn H & AC	79	22.56	1
10 Graham. Parsons	Kendal AC	654	21.93	
11 Dale. Grimshaw	Burnley AC	405	18.48	4

Senior Men Hammer Throw

1 Duncan. Shaw	Blackpool Wyre Fylde AC	141	35.54	7
2 Alan. Plumb	Burnley AC	401	33.21	7
3 Zac. Child	Pendle AC	832	27.82	5
4 Mike. Grime	Hyndburn AC	586	21.66	5
5 Chris. Senior	Blackpool Wyre Fylde AC	216	18.57	4
6 Jamie. Vickery	Blackburn H & AC	104	12.15	3

Under 17 Men 100m Heat 1

1 Andy. Burrell	Preston Harriers	979	11.4	7
2 Alex. Boyd	Barrow & Furness AC	27	11.4	7
3 James. Whitfield	Bolton Utd Harriers	298	11.6	5
4 Josh. Ingham	Preston Harriers	975	11.8	4

Under 17 Men 100m Heat 2

1 Oliver. Hopkins	Blackpool Wyre Fylde AC	154	11.6	5
2 Jack. Vickery	Blackburn H & AC	82	12.2	3
3 Chris. Snaith	Barrow & Furness AC	12	12.3	4
4 David. James	Preston Harriers	973	12.5	nc
5 Kyle. Caulfield	Hyndburn AC	644	13.7	2

Under 17 Men 200m Heat 1

1 Oliver. Hopkins	Blackpool Wyre Fylde AC	154	23.4	7
2 Josh. Ingham	Preston Harriers	975	23.5	5
3 Callum. Ryan	Blackburn H & AC	77	23.9	4
4 James. Whitfield	Bolton Utd Harriers	298	24	7
5 Bolu. Olufon	Chorley AC	464	25.2	5
6 Sam. Butters	Ribble Valley AC	1339	25.6	3

Under 17 Men 200m Heat 2

1 Chris. Snaith	Barrow & Furness AC	12	25.2	5
2 Ryan. Hodgson	Ribble Valley AC	1330	26	2
3 Ryan. Bradshaw	Burnley AC	407	26.2	1
4 Mitchell. Dutton	Pendle AC	1478	26.7	
5 James. Whitaker	Lancaster Morecambe AC	762	27.6	
6 Bobby. Capstick	Ribble Valley AC	1336	27.7	nc
7 Kyle. Caulfield	Hyndburn AC	644	29.2	3

Under 17 Men 400m Heat 1

1 Joe. Moores	Rossendale Harriers	1058	52.6	7
2 Josh. Ingham	Preston Harriers	975	53.8	7
3 Luke. Betts	Chorley AC	445	55	5
4 Ryan. Sciacca	Chorley AC	449	57	4
5 Sam. Butters	Ribble Valley AC	1339	58	2
6 Ryan. Hodgson	Ribble Valley AC	1330	59.4	

Under 17 Men 400m Heat 2

1 Hakan. Mccracken	Barrow & Furness AC	36	57.9	3
2 Aaron. Webster	Barrow & Furness AC	40	58.3	1
3 Bolu. Olufon	Chorley AC	464	59.1	nc
4 Mitchell. Dutton	Pendle AC	1478	59.9	
5 Tom. Hartley	Kendal AC	658	61.8	5
6 Ben. Ramsey	Chorley AC	447	62.3	nc
7 Kyle. Caulfield	Hyndburn AC	644	75.2	4

Under 17 Men 800m

1 Luke. Ingham	Kendal AC	655	02:01.7	7
2 Luke. Betts	Chorley AC	445	02:03.2	7
3 Robbie. Igham	Kendal AC	666	02:07.7	5
4 Hakan. Mccracken	Barrow & Furness AC	36	02:11.6	5
5 Michael. Hoyle	Kendal AC	680	02:13.2	nc
6 Mitchell. Dutton	Pendle AC	1478	02:15.3	4
7 Tom. Hartley	Kendal AC	658	02:18.1	nc
8 Ben. Ramsey	Chorley AC	447	02:20.3	3
9 Ryan. Bradshaw	Burnley AC	407	02:23.2	2
10 Graham. Boreham	Southport Waterloo AC	1104	02:32.8	4

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Under 17 Men 1500m

1 Luke. Ingham	Kendal AC	655	04:19.9	7
2 Sam. Storey	Barrow & Furness AC	6	04:31.5	7
3 Robbie. Igham	Kendal AC	666	04:32.7	5
4 Robert. Warner	Blackburn H & AC	67	04:34.1	4
5 James. Whitaker	Lancaster Morecambe AC	762	04:55.3	5

Under 17 Men Long Jump

1 Alex. Boyd	Barrow & Furness AC	27	5.69	7
2 James. Whitfield	Bolton Utd Harriers	298	5.62	5
3 Chris. Snaith	Barrow & Furness AC	12	5.44	4

Under 17 Men High Jump

1 Adam. Snape	Blackpool Wyre Fylde AC	167	1.8	7
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Under 17 Men Triple Jump

1 Alex. Boyd	Barrow & Furness AC	27	10.75	7
2 Aaron. Webster	Barrow & Furness AC	40	10.28	5
3 Adam. Sciacca	Chorley AC	450	8.93	4

Under 17 Men Shot Putt

1 Kingsley. Judd	Preston Harriers	960	7.2	7
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Under 17 Men Discus Throw

1 Scott. Jones	Wigan H & AC	1247	32.05	7
2 Aaron. Webster	Barrow & Furness AC	40	30.33	5
3 Lee. Blundell	Chorley AC	1340	27.99	4
4 Jack. Vickery	Blackburn H & AC	82	27.73	7
5 Kingsley. Judd	Preston Harriers	960	16.26	5

Under 17 Men Javelin Throw

1 Lee. Blundell	Chorley AC	1340	37.65	7
2 Jonathan. Bailey	Hyndburn AC	1431	26.29	7

Under 17 Men Hammer Throw

1 Jack. Vickery	Blackburn H & AC	82	39.88	7
2 Graham. Boreham	Southport Waterloo AC	1104	13.41	5

Under 15 Boys 100m

1 Adam. Seddon	Bolton Utd Harriers	281	12.4	7
2 Greg. Stewart	Barrow & Furness AC	37	12.6	5
3 Luke. Farnworth	Preston Harriers	915	13	7
4 Sam. Cooper	Bolton Utd Harriers	299	13.3	4
5 Jack. Hails	Blackpool Wyre Fylde AC	181	13.9	5
6 Miles. Ibison	Lancaster Morecambe AC	751	15	3
7 Callum. Caulfield	Hyndburn AC	645	15.5	4

Under 15 Boys 200m Heat 1

1 Curtis. Mitchell	Preston Harriers	931	24.7	7
2 Joe. Bywater	Lancaster Morecambe AC	769	25.4	7
3 Owen. Williams	Southport Waterloo AC	1144	26.3	5
4 Zak. Hogg	Southport Waterloo AC	1119	26.7	3
5 Ashley. Hails	Blackpool Wyre Fylde AC	180	28.2	2

Under 15 Boys 200m Heat 2

1 Greg. Stewart	Barrow & Furness AC	37	26	5
2 Luke. Penswick	Preston Harriers	952	26.6	4
3 Furgus. Tallon	Chorley AC	446	26.8	4
4 Kieran. Barnes	Barrow & Furness AC	39	29	3
5 Miles. Ibison	Lancaster Morecambe AC	751	31.5	2

Under 15 Boys 400m

1 Luis. Blyth	Blackpool Wyre Fylde AC	198	58	7
2 Luke. Penswick	Preston Harriers	952	58.8	5
3 Sam. Nicholson	Barrow & Furness AC	7	59.7	7
4 James. Salisbury	Preston Harriers	917	63.2	4
5 Sam. Cooper	Bolton Utd Harriers	299	63.2	5
6 Jack. Hails	Blackpool Wyre Fylde AC	181	64.7	3
7 Oliver. Gardner	Kendal AC	675	68	2

Under 15 Boys 800m

1 Sam. Nicholson	Barrow & Furness AC	7	02:10.8	7
2 Sandy. Kelly	Preston Harriers	1017	02:11.8	7
3 Harry. Modley	Lancaster Morecambe AC	788	02:14.4	5
4 Joe. Bywater	Lancaster Morecambe AC	769	02:17.6	4
5 Joseph. Pearse	Blackburn H & AC	96	02:18.1	5
6 Furgus. Tallon	Chorley AC	446	02:21.9	3
7 Daniel. Neil	Preston Harriers	955	02:23.0	4
8 Rory. Judd	Preston Harriers	953	02:23.6	nc
9 Matthew. Dutton	Pendle AC	1477	02:24.3	2
10 Zak. Hogg	Southport Waterloo AC	1119	02:26.3	3
11 Ashley. Hails	Blackpool Wyre Fylde AC	180	02:28.7	2
12 Greg. Stewart	Barrow & Furness AC	37	02:34.5	1
13 Oliver. Gardner	Kendal AC	675	02:39.2	1
14 Kieran. Barnes	Barrow & Furness AC	39	02:51.9	nc

Under 15 Boys 1500m

1 Darius. Boardman	Pendle AC	867	04:43.0	7
2 Andrew. Kershaw	Southport Waterloo AC	1125	04:47.2	7
3 Patrick. Dever	Preston Harriers	954	04:48.7	5

Under 15 Boys Long Jump

1 Curtis. Mitchell	Preston Harriers	931	5.57	7
2 Luis. Blyth	Blackpool Wyre Fylde AC	198	5.4	5
3 Tom. Booth	Preston Harriers	914	4.95	4
4 Finn. Walker	Blackpool Wyre Fylde AC	202	4.94	3
5 Adam. Seddon	Bolton Utd Harriers	281	4.73	7
6 James. Salisbury	Preston Harriers	917	4.56	nc
7 Owen. Williams	Southport Waterloo AC	1144	4.56	2
8 Jack. Hails	Blackpool Wyre Fylde AC	181	4.26	nc
9 Ashley. Hails	Blackpool Wyre Fylde AC	180	4.25	nc
10 Sam. Cooper	Bolton Utd Harriers	299	4.07	5
11 Gary. Clark	Southport Waterloo AC	1107	3.97	1

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Under 15 Boys High Jump

1 Joseph. Pearse	Blackburn H & AC	96	1.65	7
2= Finn. Walker	Blackpool Wyre Fylde AC	202	1.6	5
2= Curtis. Mitchell	Preston Harriers	931	1.6	5
4 Tom. Booth	Preston Harriers	914	1.4	3

Under 15 Boys Shot Putt

1 Ben. Whipp	Wigan H & AC	1266	11.4	7
2 Nick. Riding	Blackburn H & AC	121	11.3	7
3 Jake. Grundy	Bolton Utd Harriers	312	9.88	5
4 Robbie. Morris	Blackpool Wyre Fylde AC	219	7.39	5
5 Luke. Waddington	Rossendale Harriers	1099	5.95	4

Under 15 Boys Discus Throw

1 Jake. Grundy	Bolton Utd Harriers	312	33.86	7
2 Ben. Whipp	Wigan H & AC	1266	29.75	5
3 Nick. Riding	Blackburn H & AC	121	23.34	7
4 Liam. Rain	Ribble Valley AC	1335	18.77	4
5 Robbie. Morris	Blackpool Wyre Fylde AC	219	16.04	5
6 Rory. Judd	Preston Harriers	953	15.08	4
7 Daniel. Neil	Preston Harriers	955	11.56	3

Under 15 Boys Javelin Throw

1 Ben. Whipp	Wigan H & AC	1266	48.05	7
2 Joseph. Pearse	Blackburn H & AC	96	24.89	7
3 Robbie. Morris	Blackpool Wyre Fylde AC	219	24.6	5
4 Kieran. Barnes	Barrow & Furness AC	39	24.36	5
5 Finn. Walker	Blackpool Wyre Fylde AC	202	23.28	4
6 Nick. Riding	Blackburn H & AC	121	17.63	3
7 Tom. Booth	Preston Harriers	914	17.51	2

Under 15 Boys Hammer Throw

1 Jake. Grundy	Bolton Utd Harriers	312	25.14	7
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Under 13 Boys 100m Heat 1

1 Oliver. Tomlinson	Blackpool Wyre Fylde AC	158	14.4	7
2 Thomas. Matthews	Blackpool Wyre Fylde AC	239	14.5	5
3 Ethan. Darr	Preston Harriers	1009	14.5	4
4 Dominic. Lavelle	Blackpool Wyre Fylde AC	199	14.6	nc
5 Jordan. Darr	Preston Harriers	1010	14.7	3
6 Ellis. Farnworth	Preston Harriers	996	14.9	nc
7 George. Tosteuin	Lancaster Morecambe AC	1415	16	4

Under 13 Boys 100m Heat 2

1 Harris. Weston	Rossendale Harriers	1055	13.8	7
2 Connor. Richardson	Rossendale Harriers	1068	13.8	5
3 Kieran. Chell	Blackpool Wyre Fylde AC	189	14.9	nc
4 Louis. Walker	Blackpool Wyre Fylde AC	237	15	nc
5 Lewis. Taylor	Preston Harriers	905	15.4	nc

Under 13 Boys 200m Heat 1

1 Oliver. Tomlinson	Blackpool Wyre Fylde AC	158	30	7
2 Thomas. Matthews	Blackpool Wyre Fylde AC	239	30.6	nc
3 Nathan. Townsend	Horwich RMI H & AC	554	32.2	2
4 Lewis. Taylor	Preston Harriers	905	34	
5 Killian. Hamill	Blackburn H & AC	57	35.6	

Under 13 Boys 200m Heat 2

1 Ethan. Darr	Preston Harriers	1009	30.1	5
2 Kieran. Chell	Blackpool Wyre Fylde AC	189	30.5	4
3 Ben. Hedley	Hyndburn AC	625	32	3
4 William. Moynihan	Hyndburn AC	626	33	1

Under 13 Boys 800m

1 Liam. Wilkinson	Blackburn H & AC	111	02:31.1	7
2 Connor. Richardson	Rossendale Harriers	1068	02:32.3	7
3 James. Curtis	Barrow & Furness AC	34	02:33.4	5
4 Harris. Weston	Rossendale Harriers	1055	02:33.9	4
5 Nathan. Townsend	Horwich RMI H & AC	554	02:35.1	5
6 Cole. Blaikie	Guest	1508	02:42.8	
7 Jordan. Darr	Preston Harriers	1010	02:45.7	4
8 George. Tosteuin	Lancaster Morecambe AC	1415	02:55.4	3
9 Connor. Barnes	Barrow & Furness AC	38	02:57.1	2
10 Killian. Hamill	Blackburn H & AC	57	02:57.8	3
11 Connor. Borthwick	Wigan H & AC	1219	03:04.0	1
12 Kieran. Chell	Blackpool Wyre Fylde AC	189	03:07.1	2

Under 13 Boys 1500m

1 Jonathan. Powis	Horwich RMI H & AC	538	05:36.5	7
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Under 13 Boys 4x100m Relay

1 .	Blackpool Wyre Fylde AC	158	59.9	7
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Under 13 Boys Long Jump

1 James. Lane	Preston Harriers	901	4.36	7
2 Dominic. Lavelle	Blackpool Wyre Fylde AC	199	4.28	5
3 Oliver. Tomlinson	Blackpool Wyre Fylde AC	158	4.23	4
4 James. Curtis	Barrow & Furness AC	34	4.19	7
5 Ben. Hedley	Hyndburn AC	625	3.98	3
6 Thomas. Matthews	Blackpool Wyre Fylde AC	239	3.97	nc
7 Jordan. Darr	Preston Harriers	1010	3.9	2
8 Nathan. Townsend	Horwich RMI H & AC	554	3.87	1
9 Ellis. Farnworth	Preston Harriers	996	3.87	nc
10 Ethan. Darr	Preston Harriers	1009	3.8	nc
11 Jamie. Shirtcliffe	Hyndburn AC	627	3.52	
12 Connor. Barnes	Barrow & Furness AC	38	3.46	5
13 George. Tosteuin	Lancaster Morecambe AC	1415	3.35	4
14 Alex. Wilson	Ribble Valley AC	1325	3.05	3

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Under 13 Boys High Jump

1 Connor. Borthwick	Wigan H & AC	1219	1.35	7
2= Dominic. Lavelle	Blackpool Wyre Fylde AC	199	1.3	6
2= Ellis. Farnworth	Preston Harriers	996	1.3	6
4 James. Lane	Preston Harriers	901	1.3	4

Under 13 Boys Shot Putt

1 Matthew. Lawson	Southport Waterloo AC	1127	7.84	7
2 Nathan. Billington	Blackburn H & AC	78	6.56	5
3 Louis. Walker	Blackpool Wyre Fylde AC	237	5.76	4
4 James. Curtis	Barrow & Furness AC	34	5.64	7
5 William. Moynihan	Hyndburn AC	626	5.6	3
6 Jamie. Shirtcliffe	Hyndburn AC	627	5.46	2

Under 13 Boys Discus Throw

1 Nathan. Billington	Blackburn H & AC	78	17.91	7
2 Matthew. Lawson	Southport Waterloo AC	1127	15.05	5
3 William. Moynihan	Hyndburn AC	626	12.73	4

Under 13 Boys Javelin Throw

1 Jamie. Shirtcliffe	Hyndburn AC	627	24.9	7
2 Nathan. Billington	Blackburn H & AC	78	20.93	5
3 Ben. Hedley	Hyndburn AC	625	20.85	4
4 Louis. Walker	Blackpool Wyre Fylde AC	237	20.41	3
5 Connor. Barnes	Barrow & Furness AC	38	18.57	7
6 Lewis. Taylor	Preston Harriers	905	16.21	2
7 Alex. Wilson	Ribble Valley AC	1325	12.41	5

Senior Women 200m

1 Rebecca. O'Keefe	Bolton Utd Harriers	316	27.7	7
2 Hannah. Watson	Preston Harriers	969	29.1	5
3 Katie. Berry	Preston Harriers	1003	29.2	4
4 Michelle. Spencer	Southport Waterloo AC	1157	30.2	7
5 Faye. Holden	Pendle AC	834	32.4	3
6 Kathy. Winrow	Kendal AC	681	33	5

Senior Women 400m

1 Jessica. Flower	Barrow & Furness AC	41	64.1	7
2 Hannah. Watson	Preston Harriers	969	67.4	5
3 Rebecca. O'Keefe	Bolton Utd Harriers	316	68.1	4
4 Kathy. Winrow	Kendal AC	681	74.3	7

Senior Women 800m

1 Jessica. Flower	Barrow & Furness AC	41	02:30.6	7
2 Rebecca. Shorrock	Blackburn H & AC	99	02:36.2	7
3 Joanna. Goorney	Wesham Road Runners	1193	02:37.1	5
4 Michelle. Spencer	Southport Waterloo AC	1157	02:41.1	4
5 Kathy. Winrow	Kendal AC	681	02:46.7	3
6 Faye. Holden	Pendle AC	834	03:00.0	5

Senior Women 1500m

1 Ellie. Willson	Barrow & Furness AC	18	05:13.1	7
2 Joanna. Goorney	Wesham Road Runners	1193	05:23.1	7

Senior Women 3000m

1 Bianca. Pederson	Blackpool Wyre Fylde AC	238	10:47.8
2 Joanna. Goorney	Wesham Road Runners	1193	11:15.7

Senior Women Long Jump

1 Hayley. Peacock	Horwich RMI H & AC	534	3.4	7
2 Liz. Boon	Lytham St.Annes RR	812	2.97	7

Senior Women High Jump

1 Rachel. Culshaw	Wigan H & AC	1265	1.55	7
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Senior Women Shot Putt

1 Imogen. Walters	Pendle AC	1466	8.54	7
2 Liz. Boon	Lytham St.Annes RR	812	6.68	7
3 Sue. Grime	Hyndburn AC	587	6.59	5
4 Hayley. Peacock	Horwich RMI H & AC	534	6.17	4
5 Karen. Vaughan	Burnley AC	406	5.4	5

Senior Women Discus Throw

1 Michelle. Spencer	Southport Waterloo AC	1157	20.19	7
2 Imogen. Walters	Pendle AC	1466	18.44	7
3 Karen. Vaughan	Burnley AC	406	13.19	5

Senior Women Javelin Throw

1 Rebecca. Shorrock	Blackburn H & AC	99	16.49	7
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Senior Women 100m

1 Rebecca. O'Keefe	Bolton Utd Harriers	316	12.9	7
2 Katie. Eckersley	Bolton Utd Harriers	295	13.3	5
3 Rebecca. Kemp	Blackburn H & AC	122	13.7	7
4 Katie. Berry	Preston Harriers	1003	14.1	4
5 Hannah. Watson	Preston Harriers	969	14.2	3
6 Hayley. Peacock	Horwich RMI H & AC	534	15.7	2

Senior Women Hammer Throw

1 Imogen. Walters	Pendle AC	1466	22.76	7
2 Vicky. Huyton	Blackpool Wyre Fylde AC	149	18.37	5
3 Karen. Vaughan	Burnley AC	406	17.92	7
4 Sue. Grime	Hyndburn AC	587	15.66	4
5 Rebecca. Shorrock	Blackburn H & AC	99	13.02	5

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Under 17 Women 100m Heat 1

1	Sophie. Riley	Blackpool Wyre Fylde AC	185	12.2	7
2	Natalie. Sailor	Blackburn H & AC	115	12.8	7
3	Brittany. Shaw	Blackpool Wyre Fylde AC	242	13.2	5
4	Beckie. Garnett	Kendal AC	660	13.7	5
5	Chloe. Clarkson	Bolton Utd Harriers	329	14	4

Under 17 Women Discus Throw

1	Chloe. Needham	Blackpool Wyre Fylde AC	144	28.81	7
2	Katie. Wood	Blackpool Wyre Fylde AC	137	27.21	5
3	Eve. Parkinson	Hyndburn AC	607	20	4
4	Heidi. Hamshire	Hyndburn AC	605	15.02	3
5	Amy. Bristow	Ribble Valley AC	1311	12.2	7
6	Rachel. Calow	Ribble Valley AC	1332	10.73	5

Under 17 Women 100m Heat 2

1	Louise. Harrison	Blackpool Wyre Fylde AC	177	13.5	nc
2	Natasha. Johnson	Blackpool Wyre Fylde AC	142	13.9	nc
3	Loryn. Mccrudden	Blackpool Wyre Fylde AC	241	14.4	nc
4	Allysia. Hine	Kendal AC	661	14.9	4

Under 17 Women Javelin Throw

1	Alicia. Johnson	Blackpool Wyre Fylde AC	143	22.12	7
2	Ashley. Smith	Preston Harriers	981	22.07	5
3	Eve. Parkinson	Hyndburn AC	607	20.91	4
4	Beckie. Garnett	Kendal AC	660	20.57	7
5	Allysia. Hine	Kendal AC	661	15.68	5
6	Heidi. Hamshire	Hyndburn AC	605	12.78	3

Under 17 Women 200m Heat 1

1	Sophie. Riley	Blackpool Wyre Fylde AC	185	25.2	7
2	Michaela. Brindle	Wigan H & AC	1246	25.4	7
3	Alicia. Johnson	Blackpool Wyre Fylde AC	143	26.1	5
4	Natalie. Sailor	Blackburn H & AC	115	26.6	5
5	Helena. Leathley	Pendle AC	836	27.4	4

Under 17 Women Hammer Throw

1	Katie. Wood	Blackpool Wyre Fylde AC	137	28.36	7
2	Beth. Taylor	Preston Harriers	921	14.17	5

Under 17 Women 200m Heat 2

1	Brittany. Shaw	Blackpool Wyre Fylde AC	242	27.5	nc
2	Louise. Harrison	Blackpool Wyre Fylde AC	177	28.1	nc
3	Christina. Bell	Lancaster Morecambe AC	770	28.3	4
4	Lorna. Miller	Bolton Utd Harriers	284	28.4	3
5	Chloe. Clarkson	Bolton Utd Harriers	329	29.2	2

Under 17 Women 300m

1	Alicia. Johnson	Blackpool Wyre Fylde AC	143	42.7	7
2	Christina. Bell	Lancaster Morecambe AC	770	44.3	7
3	Amy. Bristow	Ribble Valley AC	1311	44.7	5
4	Lorna. Miller	Bolton Utd Harriers	284	45.8	5
5	Olivia. Miller	Barrow & Furness AC	13	46.4	4

Under 15 Girls 100m Heat 1

1	Maxiene. Meju	Lancaster Morecambe AC	781	12.8	7
2	Demi-Lee. Scott	Bolton Utd Harriers	288	13.3	7
3	Katy. Ingham	Preston Harriers	959	13.7	4
4	Lauren. Westwell	Blackburn H & AC	112	13.8	4
5	Laura. Taylor	Horwich RMI H & AC	1424	13.9	2
6	Hazel. Marsh	Kendal AC	683	14.2	3
7	Rachel. Plant	Blackpool Wyre Fylde AC	176	14.2	
8	Lucy. Lennon	Ribble Valley AC	1337	14.8	2

Under 17 Women 800m

1	Olivia. Miller	Barrow & Furness AC	13	02:27.4	7
2	Abbie. Thistlethwaite	Ribble Valley AC	1317	02:32.4	7
3	Darah. Darbyshire	Blackburn H & AC	94	02:34.8	5
4	Helena. Leathley	Pendle AC	836	02:43.1	5
5	Nicole. Taylor Lyons	Rosendale Harriers	1070	02:46.8	4

Under 15 Girls 100m Heat 2

1	Tara. Johnson	Blackpool Wyre Fylde AC	240	13.6	5
2	Chloe. Fleming	Blackburn H & AC	110	13.7	5
3	Gabrielle. Whittle	Horwich RMI H & AC	561	13.8	3
4	Olivia. Wallis	Bolton Utd Harriers	321	14.1	1
5	Zoe. Lynch	Lancaster Morecambe AC	773	14.9	1
6	Nakitta. Taylor	Kendal AC	679	15.6	
7	Chloe. Law	Rosendale Harriers	1076	15.9	
8	Alexandra. Quarmby	Blackpool Wyre Fylde AC	194	16.1	nc

Under 17 Women 1500m

1	Rachel. Calow	Ribble Valley AC	1332	06:25.9	7
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Under 17 Women Long Jump

1	Chloe. Clarkson	Bolton Utd Harriers	329	4.26	7
2	Beckie. Garnett	Kendal AC	660	4.02	7
3	Ashley. Smith	Preston Harriers	981	4.01	5
4	Rebecca. Watson	Blackburn H & AC	119	3.72	5
5	Darah. Darbyshire	Blackburn H & AC	94	3.59	4
6	Amy. Bristow	Ribble Valley AC	1311	3.4	3
7	Allysia. Hine	Kendal AC	661	3.2	2

Under 15 Girls 200m Heat 1

1	Maxiene. Meju	Lancaster Morecambe AC	781	25.8	7
2	Freya. Sadler	Barrow & Furness AC	9	26.8	7
3	Jessica. Hodson	Kendal AC	662	27.2	5
4	Demi-Lee. Scott	Bolton Utd Harriers	288	27.6	5
5	Lauren. Westwell	Blackburn H & AC	112	28.1	4
6	Tara. Johnson	Blackpool Wyre Fylde AC	240	28.8	3

Under 17 Women High Jump

1	Jodie. Farnworth	Chorley AC	451	1.6	7
2	Helena. Leathley	Pendle AC	836	1.45	7
3	Ashley. Smith	Preston Harriers	981	1.45	5

Under 15 Girls 200m Heat 2

1	Chloe. Fleming	Blackburn H & AC	110	28.6	3
2	Bethany. Wallis	Bolton Utd Harriers	320	28.7	4
3	Olivia. Wallis	Bolton Utd Harriers	321	29	nc
4	Sharice. Blaike	Kendal AC	672	29.2	2
5	Megan. Gray	Blackpool Wyre Fylde AC	232	29.3	2
6	Lucy. Parry	Burnley AC	413	30.9	1
7	Hannah. Williams	Hyndburn AC	617	31	1

Under 17 Women Shot Putt

1	Michaela. Brindle	Wigan H & AC	1246	9.37	7
2	Katie. Wood	Blackpool Wyre Fylde AC	137	9.07	7
3	Eve. Parkinson	Hyndburn AC	607	7.8	5
4	Heidi. Hamshire	Hyndburn AC	605	6.7	4

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Under 15 Girls 300m Heat 1

1	Sally. Wareing	Southport Waterloo AC	1143	43.3	7
2	Kate. Lawler	Blackpool Wyre Fylde AC	157	45.4	7
3	Ella. Roberts	Preston Harriers	935	47	5
4	Lucy. Lennon	Ribble Valley AC	1337	48.3	5
5	Megan. Gray	Blackpool Wyre Fylde AC	232	48.6	3
6	Georgia. Hines	Kendal AC	682	48.9	4

Under 15 Girls Shot Putt

1	Jessica. Brookwell	Wigan H & AC	1213	8.39	7
2	Zoe. Lynch	Lancaster Morecambe AC	773	7.54	5
3	Jessica. Hodson	Kendal AC	662	7.36	4
4	Hannah. Williams	Hyndburn AC	617	7.27	7
5	Laura. Nerenburg	Ribble Valley AC	1329	6.26	3
6	Gabrielle. Whittle	Horwich RMI H & AC	561	6.24	5
7	Alex. Thistlethwaite	Ribble Valley AC	1318	6.18	2
8	Beth. Taylor	Preston Harriers	921	6.12	4
9	Laura. Taylor	Horwich RMI H & AC	1424	5.98	3
10	Melissa. Curtis	Barrow & Furness AC	33	5.78	2
11	Sharice. Blaike	Kendal AC	672	5.73	1
12	Nakitta. Taylor	Kendal AC	679	5.22	nc

Under 15 Girls 300m Heat 2

1	Brogan. Stewart	Barrow & Furness AC	35	48.5	4
2	Erin. Donagh	Southport Waterloo AC	1112	49.2	3
3	Sarah. Bell	Lancaster Morecambe AC	771	50.5	2
4	Alexandra. Quarmby	Blackpool Wyre Fylde AC	194	54.5	nc

Under 15 Girls 800m

1	Megan. Davies	Rosendale Harriers	1057	02:31.0	7
2	Brogan. Stewart	Barrow & Furness AC	35	02:31.6	7
3	Jessica. Brookwell	Wigan H & AC	1213	02:32.7	5
4	Kirsty. Fraser	Lytham St.Annes RR	825	02:33.7	4
5	Alice. Tidswell	Lancaster Morecambe AC	1390	02:38.7	3
6	Erin. Donagh	Southport Waterloo AC	1112	02:39.2	2
7	Sai. Kalasiram	Guest	1501	02:40.4	
8	Molly. Betmead	Blackpool Wyre Fylde AC	225	02:41.3	5
9	Hannah. Williams	Hyndburn AC	617	02:42.0	4
10	Melissa. Curtis	Barrow & Furness AC	33	02:45.1	3
11	Lucy. Parry	Burnley AC	413	02:52.4	1
12	Laura. Nerenburg	Ribble Valley AC	1329	02:54.1	
13	Chloe. Law	Rosendale Harriers	1076	02:54.6	
14	Alex. Walker	Lancaster Morecambe AC	1416	02:58.5	

Under 15 Girls Discus Throw

1	Beth. Taylor	Preston Harriers	921	24.38	7
2	Zoe. Lynch	Lancaster Morecambe AC	773	19.02	7
3	Marnie. Shirtcliffe	Hyndburn AC	618	15.03	5

Under 15 Girls Javelin Throw

1	Marnie. Shirtcliffe	Hyndburn AC	618	21.99	7
2	Chloe. Law	Rosendale Harriers	1076	17.5	7
3	Alice. Tidswell	Lancaster Morecambe AC	1390	14.39	5

Under 15 Girls 1500m

1	Jodie. Ferguson	Blackpool Wyre Fylde AC	210	05:08.3	7
2	Danielle. Thompson	Wigan H & AC	1214	05:29.1	7
3	Natalie. Thompson	Wigan H & AC	1215	05:37.7	5

Under 15 Girls 4x100m Relay

1	.	Blackburn H & AC	110	55.5	7
2	.	Preston Harriers	959	56.3	7
3	.	Bolton Utd Harriers	288	57	5
4	.	Lancaster Morecambe AC	781	58	5
5	.	Kendal AC	662	61	4

Under 13 Girls 100m Heat 1

1	Sophie. Warden	Preston Harriers	911	14	5
2	Jordan. Dixon	Blackpool Wyre Fylde AC	171	14	4
3	Gabby. Byrom	Barrow & Furness AC	4	14.2	3
4	Emma. Wilson	Southport Waterloo AC	1164	14.5	7
5	Lucy. Ibison	Lancaster Morecambe AC	752	15	4
6	Ellie. Robinson	Wigan H & AC	1223	15.8	1
7	Lucinda. Mulligan	Hyndburn AC	635	16.2	

Under 15 Girls Long Jump

1	Katy. Ingham	Preston Harriers	959	4.38	7
2	Marnie. Shirtcliffe	Hyndburn AC	618	4.28	5
3	Laura. Taylor	Horwich RMI H & AC	1424	4.18	4
4	Shannon. Huddlestone	Blackburn H & AC	118	3.53	7
5	Melissa. Curtis	Barrow & Furness AC	33	3.49	3
6	Sarah. Bell	Lancaster Morecambe AC	771	3.27	5
7	Erin. Donagh	Southport Waterloo AC	1112	3.19	4

Under 13 Girls 100m Heat 2

1	Shauna. Higson	Bolton Utd Harriers	346	13.9	7
2	Fiona. Hockey	Blackpool Wyre Fylde AC	179	14.6	2
3	Ella. Potter	Blackpool Wyre Fylde AC	243	14.7	nc
4	Chloe. Hicks	Lancaster Morecambe AC	755	15	4
5	Becky. Ingham	Preston Harriers	938	15.4	nc
6	Bethany. Atkinson	Horwich RMI H & AC	484	15.7	
7	Jessica. Nelson	Rosendale Harriers	1051	15.8	1

Under 15 Girls High Jump

1	Maxiene. Meju	Lancaster Morecambe AC	781	1.5	7
2	Alex. Hastie	Blackpool Wyre Fylde AC	155	1.45	7
3	Ella. Roberts	Preston Harriers	935	1.4	5
4	Rachel. Plant	Blackpool Wyre Fylde AC	176	1.35	4
5	Brogan. Stewart	Barrow & Furness AC	35	1.3	3
6=	Kate. Lawler	Blackpool Wyre Fylde AC	157	1.3	nc
6=	Alice. Tidswell	Lancaster Morecambe AC	1390	1.3	5
8=	Lucy. Lennon	Ribble Valley AC	1337	1.25	4
8=	Jessica. Brookwell	Wigan H & AC	1213	1.25	4
10	Alex. Walker	Lancaster Morecambe AC	1416	1.15	nc

Under 13 Girls 100m Heat 3

1	Nadia. Patel	Preston Harriers	910	14.8	1
2	Molly. Newton-O'Brien	Lancaster Morecambe AC	796	15	4
3	Lucy. Hunter	Southport Waterloo AC	1122	15.2	2
4	Ellie. Gibson	Blackpool Wyre Fylde AC	145	15.4	nc
5	Saffron. Barnes-Fullal	Hyndburn AC	1436	15.7	
6	Abigail. Routledge	Lancaster Morecambe AC	754	16.6	
7	Lauren. Quarmby	Blackpool Wyre Fylde AC	195	17.6	nc

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Under 13 Girls 200m Heat 1

1	Jordon. Dixon	Blackpool Wyre Fylde AC	171	28.7	7
2	Shauna. Higson	Bolton Utd Harriers	346	29.3	4
3	Gabby. Byrom	Barrow & Furness AC	4	29.4	3
4	Emma. Wilson	Southport Waterloo AC	1164	31.6	3
5	Lucy. Ibison	Lancaster Morecambe AC	752	31.7	2
6	Kelsey. Rutherford	Ribble Valley AC	1333	33.1	

Under 13 Girls 200m Heat 2

1	Jess. O'Neill	Blackpool Wyre Fylde AC	156	29	5
2	Beth. Blackwell	Preston Harriers	940	29.8	1
3	Emma. Taylor	Wigan H & AC	1229	30	7
4	Elizebeth. Greenwood	Blackburn H & AC	97	31.2	5
5	Chloe. Hicks	Lancaster Morecambe AC	755	32	1
6	Liberty. Turner	Ribble Valley AC	1331	34	nc

Under 13 Girls 200m Heat 3

1	Abby. Hemsall	Barrow & Furness AC	32	29.7	2
2	Abigail. Robinson	Ribble Valley AC	1334	31.4	4
3	Ella. Potter	Blackpool Wyre Fylde AC	243	31.4	nc
4	Ellie. Gibson	Blackpool Wyre Fylde AC	145	32.5	nc
5	Millie. Coreless	Lancaster Morecambe AC	792	34.1	nc
6	Shannon. Perry	Lancaster Morecambe AC	798	38.2	nc

Under 13 Girls 800m Heat 1

1	Elizebeth. Greenwood	Blackburn H & AC	97	02:31.1	7
2	Anna. Rowe	Guest	1502	02:32.5	
3	Beth. Blackwell	Preston Harriers	940	02:33.6	7
4	Amelia. Betmead	Blackpool Wyre Fylde AC	224	02:37.6	5
5	Fiona. Hockey	Blackpool Wyre Fylde AC	179	02:44.2	4
6	Abby. Hemsall	Barrow & Furness AC	32	02:44.9	3
7	Molly. Newton-O'Brien	Lancaster Morecambe AC	796	02:47.0	5
8	Lucy. Ibison	Lancaster Morecambe AC	752	02:47.7	4
9	Maxine. Smith	Preston Harriers	943	02:49.1	2
10	Liberty. Turner	Ribble Valley AC	1331	02:56.4	
11	Eleanor. Soloman	Rosendale Harriers	1052	02:56.7	
12	Shannon. Perry	Lancaster Morecambe AC	798	03:21.2	nc

Under 13 Girls 800m Heat 2

1	Jess. O'Neill	Blackpool Wyre Fylde AC	156	02:47.5	nc
2	Morgan. Angland	Blackburn H & AC	113	02:51.3	3
3	Mollie. Scarr	Blackpool Wyre Fylde AC	208	02:53.6	nc
4	Lucy. Hunter	Southport Waterloo AC	1122	02:54.6	2
5	Abigail. Robinson	Ribble Valley AC	1334	02:55.2	1
6	Holly. Johnstone	Preston Harriers	939	02:55.5	nc
7	Emily. Rowe	Guest	1503	02:59.9	
8	Olivia. Brooks	Blackburn H & AC	56	03:01.3	nc
9	Robyn. Taylor	Bolton Utd Harriers	332	03:01.8	1
10	Charlotte. Waddington	Rosendale Harriers	1061	03:02.4	
11	Jessica. Nelson	Rosendale Harriers	1051	03:03.8	nc
12	Kelsey. Rutherford	Ribble Valley AC	1333	03:12.4	nc

Under 13 Girls 1500m

1	Ruth. Whipp	Wigan H & AC	1267	05:45.6	7
2	Bethany. Atkinson	Horwich RMI H & AC	484	05:57.0	7
3	Katie. Oakley	Bolton Utd Harriers	327	06:05.5	5

Under 13 Girls 4x100m Relay

1	.	Preston Harriers	940	62.5	7
2	.	Blackburn H & AC	97	62.8	7
3	.	Lancaster Morecambe AC	796	66.7	5

Under 13 Girls Long Jump

1	Gabby. Byrom	Barrow & Furness AC	4	4.2	7
2	Anna. Rowe	Guest	1502	4.11	
3	Jordon. Dixon	Blackpool Wyre Fylde AC	171	4.06	5
4	Jess. O'Neill	Blackpool Wyre Fylde AC	156	4.02	4
5	Nadia. Patel	Preston Harriers	910	3.92	3
6	Chloe. Hicks	Lancaster Morecambe AC	755	3.83	7
7	Emma. Taylor	Wigan H & AC	1229	3.82	5
8	Millie. Coreless	Lancaster Morecambe AC	792	3.69	4
9	Becky. Ingham	Preston Harriers	938	3.6	2
10	Molly. Newton-O'Brien	Lancaster Morecambe AC	796	3.55	nc
11	Abby. Hemsall	Barrow & Furness AC	32	3.5	1
12	Ellie. Robinson	Wigan H & AC	1223	3.5	3
13	Maxine. Smith	Preston Harriers	943	3.46	nc
14	Saffron. Barnes-Fullal	Hyndburn AC	1436	3.24	
15	Robyn. Taylor	Bolton Utd Harriers	332	3.16	
16	Katie. Oakley	Bolton Utd Harriers	327	2.97	
17	Shannon. Perry	Lancaster Morecambe AC	798	2.68	nc

Under 13 Girls High Jump

1=	Nadia. Patel	Preston Harriers	910	1.3	7
1=	Emily. Borthwick	Wigan H & AC	1222	1.3	7
3	Fiona. Hockey	Blackpool Wyre Fylde AC	179	1.3	5
4	Ruth. Whipp	Wigan H & AC	1267	1.2	5
5	Emma. Taylor	Wigan H & AC	1229	1.15	nc
6	Liberty. Turner	Ribble Valley AC	1331	1.1	4
7	Kelsey. Rutherford	Ribble Valley AC	1333	1.05	3

Under 13 Girls Shot Putt

1	Lucinda. Mulligan	Hyndburn AC	635	7.17	7
2	Sophie. Warden	Preston Harriers	911	6.97	5
3	Polly. Pearse	Blackburn H & AC	100	6.27	7
4	Emily. Borthwick	Wigan H & AC	1222	6.17	5
5	Olivia. Brooks	Blackburn H & AC	56	4.63	4
6	Saffron. Barnes-Fullal	Hyndburn AC	1436	3.97	4
7	Morgan. Angland	Blackburn H & AC	113	3.71	nc
8	Elizebeth. Greenwood	Blackburn H & AC	97	3.69	nc

Under 13 Girls Discus Throw

1	Becky. Ingham	Preston Harriers	938	15.56	7
2	Maxine. Smith	Preston Harriers	943	13.72	5
3	Polly. Pearse	Blackburn H & AC	100	11.3	7

Under 13 Girls Javelin Throw

1	Lucinda. Mulligan	Hyndburn AC	635	22.88	7
2	Ruth. Whipp	Wigan H & AC	1267	19.7	7
3	Lucy. Hunter	Southport Waterloo AC	1122	14.04	5
4	Polly. Pearse	Blackburn H & AC	100	13.99	4
5	Katie. Oakley	Bolton Utd Harriers	327	11.14	5