

Race Timetable

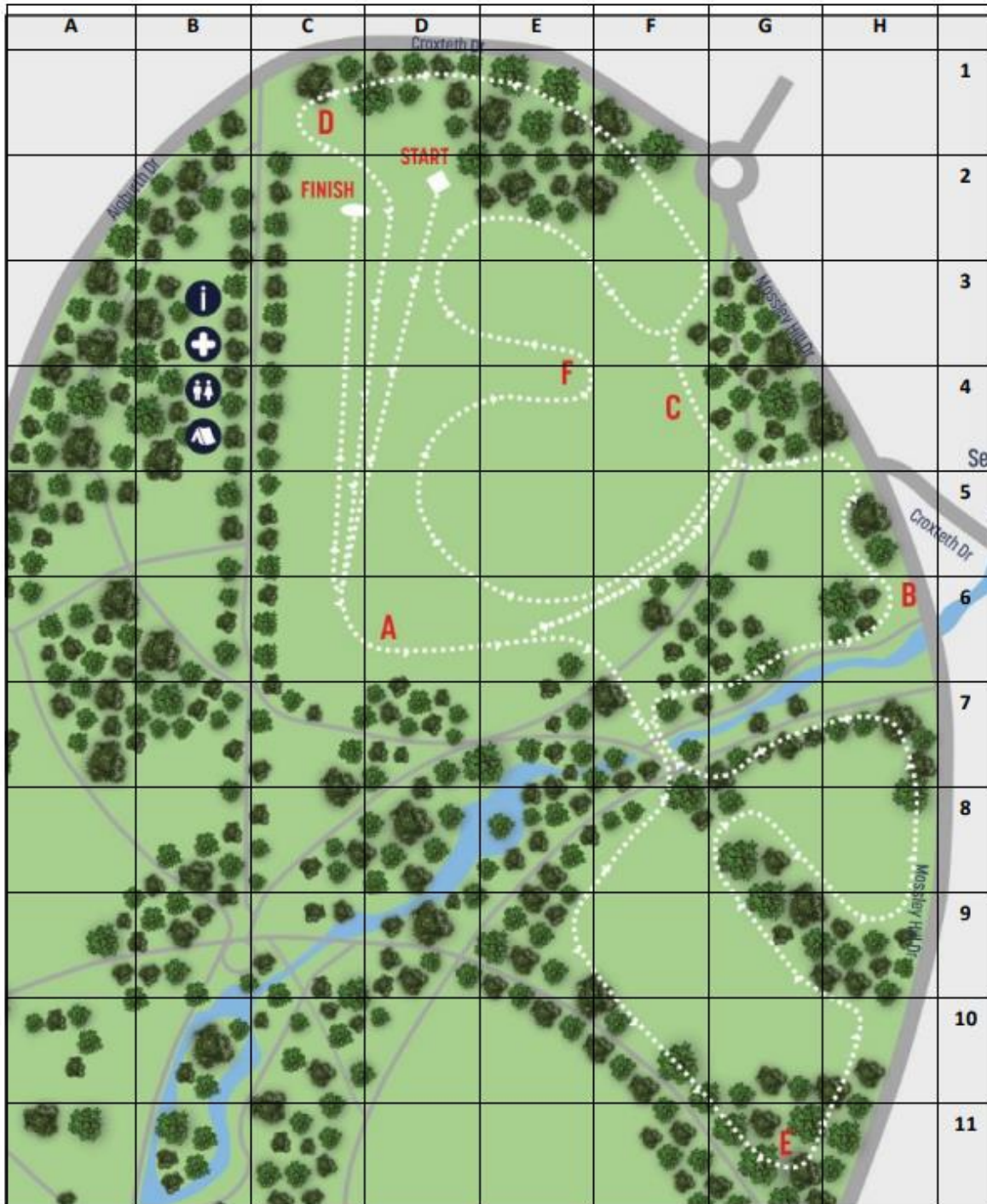
Race 1	10:30	European Men's Short Course Relay Trial	1.5 km
Race 2	10:35	European Women's Short Course Relay Trial	1.5 km
Race 3	10:45	Under 11 Boys (1 short lap plus start and finish straights)	2 km
Race 4	10:55	Under 11 Girls (1short lap plus start and finish straights)	2 km
Race 5	11:05	Under 13 Girls (1 long laps plus start and finish straights)	3 km
Race 6	11:20	Under 13 Boys (1 long laps plus start and finish straights)	3 km
Race 7	11:35	Under 15 Boys (1 long laps plus start and finish straights)	3 km
Race 8	11:50	Under 15 Girls (1 long laps plus start and finish straights)	3 km
Race 9	12:05	Under 17 Women and IAAF Junior Women (Under 20 on 31.12.2022) European Trial. (1 short lap and 1 long lap plus start and finish straights)	4.4 km
Race 10	12:25	Under 17 Men (2 long laps plus start and finish straights)	5.5 km
Race 11	12:45	IAAF Junior Men (Under 20 on 31.12.2022), European Trial (2 long laps with loop each lap, plus start and finish straights)	6.7 km
Race 12	13:05	Senior Women (incl U23 Women's European Trial) (1 short lap & 2 long laps with loop each lap, plus start and finish straights)	8.1 km
Race 13	14:05	Senior Men (incl U23 Men's European Trial) (3 long laps with loop each lap, plus start and finish straights)	9.8 km

COURSE LAPS

Short Lap - A>B>C>D
 Long Lap - A>E>B>C>D
 Short Lap with Loop - A>F>D
 Long Lap with Loop - A>E>B>F>D
 Relay Trial Loop - A>C>D

COURSE DETAILS

U11 Girls & Boys - 1 Short Lap, plus Start & Finish Straights
 U13 Girls & Boys - 1 Long Lap, plus Start & Finish Straights
 U15 Girls & Boys - 1 Long Lap, plus Start & Finish Straights
 U17/U20 Women - 1 Short Lap & 1 Long Lap, plus Start & Finish Straights
 U17 Men - 2 Long Laps, plus Start & Finish Straights
 U20 Men - 2 Long Laps with Loops, plus Start & Finish Straights
 Senior Women - 1 Short Lap & 2 Long Laps with Loops, plus Start & Finish Straights
 Senior Men - 3 Long Laps with Loops, plus Start & Finish Straights
 Senior Men & Women Relay Trial - 1 Relay Trial Loop, plus Start & Finish Straights



1
2
3
4
5
6
7
8
9
10
11

COURSE LAPS

- Short Lap - A>B>C>D
- Long Lap - A>E>B>C>D
- Short Lap with Loop - A>F>D
- Long Lap with Loop - A>E>B>F>D
- Relay Trial Loop - A>C>D

COURSE DETAILS

- U11 Girls & Boys - 1 Short Lap, plus Start & Finish Straights
- U13 Girls & Boys - 1 Long Lap, plus Start & Finish Straights
- U15 Girls & Boys - 1 Long Lap, plus Start & Finish Straights
- U17/U20 Women - 1 Short Lap & 1 Long Lap, plus Start & Finish Straights
- U17 Men - 2 Long Laps, plus Start & Finish Straights
- U20 Men - 2 Long Laps with Loops, plus Start & Finish Straights
- Senior Women - 1 Short Lap & 2 Long Laps with Loops, plus Start & Finish Straights
- Senior Men - 3 Long Laps with Loops, plus Start & Finish Straights
- Senior Men & Women Relay Trial - 1 Relay Trial Loop, plus Start & Finish Straights

