

Results of the 5th, Mid-Lancs League Race held at Preston  
on 10th, January, 1970

|     |                  |                                |        |
|-----|------------------|--------------------------------|--------|
| 1.  | C. Fay           | Blackburn Harriers.            | 28.52. |
| 2.  | M. Craven.       | Kendal A.A.C.                  | 29.02. |
| 3.  | A. Byrne.        | Blackpool & Fylde A.C.         | .09.   |
| 4.  | H. Walker.       | Blackburn Harriers.            | .15.   |
| 5.  | D. Cannon.       | Kendal A.A.C.                  | .25.   |
| 6.  | T. Parker.       | Blackpool & Fylde A.C.         | .38.   |
| 7.  | P. Livesey.      | Clayton - Le - Moors Harriers. | 30.05. |
| 8.  | A. Harmer.       | Lancaster & Morecambe A.C.     | .15.   |
| 9.  | P. Drinkwater.   | Blackpool & Fylde A.C.         | .21.   |
| 10. | I. Wilton-Jones. | Lancaster & Morecambe A.C.     | .30.   |
| 11. | P. Lynch.        | Blackburn Harriers.            | .41.   |
| 12. | D. Scott.        | Clayton - Le - Moors Harriers. | .47.   |
| 13. | J. Hogg.         | Barrow A.C.                    | .57.   |
| 14. | R. Davis.        | Blackburn Harriers.            | 31.04. |
| 15. | G. Woodburn.     | Blackburn Harriers.            | .12.   |
| 16. | A. Cleary.       | Blackpool & Fylde AC.          | .29.   |
| 17. | M. Brennan.      | Preston Harriers.              | .47.   |
| 18. | H. Aspinall.     | Rosendale A.C.                 | .56.   |
| 19. | M. Smith.        | Lancaster & Morecambe A.C.     | 32.06. |
| 20. | H. Turner.       | Rosendale A.C.                 | .07.   |
| 21. | R. Mulgrue.      | Lancaster & Morecambe A.C.     | .14.   |
| 22. | D. Concoys.      | Blackburn Harriers.            | .19.   |
| 23. | P. Sanderson.    | Rosendale A.C.                 | .26.   |
| 24. | T. Sawford.      | Lancaster & Morecambe A.C.     | .29.   |
| 25. | J. Woodhead.     | Lancaster & Morecambe AC.      | .32.   |
| 26. | R. Curwon.       | Preston Harriers.              | .35.   |
| 27. | F. McGuire.      | Blackpool & Fylde A.C.         | .36.   |
| 28. | J. Procter.      | Preston A.C.                   | .37.   |
| 29. | B. Shaw.         | Blackpool & Fylde A.C.         | .37.   |
| 30. | S. Hampson.      | Blackpool & Fylde A.C.         | .47.   |
| 31. | G. Tattersall.   | Preston A.C.                   | .49.   |
| 32. | R. Lawson.       | Clayton - Le - Moors Harriers. | .55.   |
| 33. | C. Gemson.       | Lancaster & Morecambe A.C.     | 33.00. |
| 34. | K. Metcalfe.     | Blackburn Harriers.            | .02.   |
| 35. | C. Atkinson.     | Blackburn Harriers.            | .09.   |
| 36. | N. Neilson.      | Blackpool & Fylde A.C.         | .27.   |
| 37. | J. Calvert.      | Blackburn Harriers.            | .33.   |
| 38. | T. Sheehan.      | Blackpool & Fylde A.C.         | .36.   |
| 39. | F. Watson.       | Lancaster & Morecambe A.C.     | .43.   |
| 40. | D. McNulty.      | Blackburn Harriers.            | 34.05. |
| 41. | R. Dewhurst.     | Clayton - Le - Moors Harriers. | .16.   |
| 42. | J. Osbourne.     | Blackburn Harriers.            | 35.12. |
| 43. | M. Morth.        | Clayton - Le - Moors Harriers. | .17.   |
| 44. | A. Patten.       | Clayton - Le - Moors Harriers. | .21.   |
| 45. | J. Haworth.      | Clayton - Le - Moors Harriers. | .23.   |

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|-----|----------------|---------------------------------|--------|
| 46. | I. Partington. | Rossendale A.C.                 | 35.59. |
| 47. | G. Todd.       | Preston A.C.                    | 36.05. |
| 48. | A. Fuller.     | Rossendale A.C.                 | .14.   |
| 49. | K. Heaton.     | Clayton - Le - Moors Harriers.  | .15.   |
| 50. | H. Smith.      | Clayton - Le - Moors. Harriers. | .20.   |
| 51. | M. Armstrong.  | Kendal AAC.                     | .21.   |
| 52. | A. Whittle.    | Preston Harriers.               | .24.   |
| 53. | T. Marsh.      | Blackpool & Fylde A.C.          | .27.   |
| 54. | M. Doughty.    | Preston Harriers.               | .45.   |
| 55. | K. Smith.      | Clayton - Le - Moors Harriers.  | .55.   |
| 56. | E. Brierley.   | Preston Harriers.               | .56.   |
| 57. | G. Brass.      | Clayton - Le - Moors. Harriers. | 37.04. |
| 58. | R. Kneill.     | Blackpool & Fylde A.C.          | .08.   |
| 59. | G. Wright.     | Rossendale A.C.                 | .19.   |
| 60. | M. Dean.       | Preston Harriers.               | .27.   |
| 61. | K. Brown.      | Clayton - Le - Moors. Harriers. | .56.   |
| 62. | P. Holden.     | Rossendale A.C.                 | .59.   |
| 63. | Rhodes.        | Blackpool & Fylde A.C.          | 38.    |
| 64. | F. Carradus.   | Kendal A.A.C.                   | 39.06. |
| 65. | R. Wilkins.    | Blackpool & Fylde A.C.          | .14.   |
| 66. | S. Bradshaw.   | Clayton - Le - Moors Harriers.  | 40.11. |
| 67. | B. Duckworth.  | Preston A.C.                    | .56.   |

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|-----|------------------------------|------|
| I.  | Blackburn Harriers.          | 67   |
| 2.  | Blackpool & Fylde A.C.       | 90.  |
| 3.  | Lancaster & Morecambe A.C.   | 107. |
| 4.  | Clayton-Le-Moors Harriers.   | 179. |
| 5.  | Rossendale A.C.              | 214. |
| 6.  | Blackburn Harriers. B.       | 256. |
| 7.  | Kendal A.A.C.                | 258. |
| 8.  | Preston Harriers.            | 265. |
| 9.  | Blackpool & Fylde A.C.B.     | 278. |
| 10. | Preston Athletic Club.       | 309. |
| 11. | Clayton-Le-Moors Harriers B. | 317. |

|                    |                                |         |
|--------------------|--------------------------------|---------|
| 1. C. Wappell.     | Kendal A.C.                    | 10.07.  |
| 2. S. Fletcher.    | Lancaster & Morecambe A.C.     | .14.    |
| 3. D. Harrison.    | Lancaster & Morecambe A.C.     | .15.    |
| 4. S. Thizackley.  | Barrow A.C.                    | .21.    |
| 5. D. Shepherd.    | Blackburn Harriers.            | .37.    |
| 6. N. Jones.       | Preston Harriers.              | .41.    |
| 7. D. Wood.        | Clayton-Le-Moors Harriers.     | .41.    |
| 8. A. Black.       | Rosendale A.C.                 | .43.    |
| 9. S. Gimson.      | Lancaster & Morecambe A.C.     | .44.    |
| 10. D. McCarthy.   | Preston A.C.                   | .54.    |
| 11. J. Brotherton. | Blackburn Harriers.            | .55.    |
| 12. D. Chesworth.  | Preston A.C.                   | .55.    |
| 13. J. McGuire.    | Clayton-Le-Moors Harriers.     | III.02. |
| 14. J. Raynor.     | Preston Harriers.              | .03.    |
| 15. J. Atherton.   | Clayton-Le-Moors Harriers.     | .04.    |
| 16. J. Kenny.      | Clayton-Le-Moors Harriers.     |         |
| 17. S. Batson.     | Rosendale A.C.                 |         |
| 18. N. White.      | Rosendale A.C.                 |         |
| 19. R. Coulson.    | Barrow A.C.                    | .12.    |
| 20. V. Unsworth.   | Lancaster & Morecambe A.C.     | .14.    |
| 21. D. Procter.    | Lancaster & Morecambe A.C.     | .16.    |
| 22. D. Tomkinson.  | Lancaster & Morecambe A.C.     | .17.    |
| 23. P. Burton.     | Barrow A.C.                    | .18.    |
| 24. P. Irwin.      | Rosendale A.C.                 | .22.    |
| 25. S. Wiseman.    | Clayton-Le-Moors Harriers.     | .27.    |
| 26. S. Smith.      | Lancaster & Morecambe A.C.     | .30.    |
| 27. J. Smith.      | Blackburn Harriers.            | .31.    |
| 28. J. Rawlinson.  | Rosendale A.C.                 | .31.    |
| 29. D. Ratcliffe.  | Rosendale A.C.                 | .36.    |
| 30. J. Stewart.    | Lancaster & Morecambe A.C.     | .42.    |
| 31. J. Bennett.    | Barrow A.C.                    | .47.    |
| 32. A. Stokes.     | Preston A.C.                   | .52.    |
| 33. S. Worsley.    | Preston A.C.                   | 12.05.  |
| 34. A. Stewart.    | Lancaster & Morecambe A.C.     | .18.    |
| 35. C. Kay.        | Lancaster & Morecambe A.C.     | .20.    |
| 36. R. Baker.      | Lancaster & Morecambe A.C.     | .38.    |
| 37. M. Stokes.     | Preston A.C.                   | 13.05.  |
| 38. A. Bush.       | Clayton - Le - Moors Harriers. | .19.    |
| 39. M. Nelson.     | Lancaster & Morecambe A.C.     | .23.    |
| 40. A. Watts.      | Rosendale A.C.                 | .34.    |
| 41. S. Andrews.    | Rosendale A.C.                 | .52.    |
| 42. B. Hurst.      | Lancaster & Morecambe A.C.     | .52.    |
| 43. M. Wodhouse.   | Lancaster & Morecambe A.C.     | 14.02.  |
| 44. P. Kelly.      | Clayton-Le-Moors Harriers.     | 15.32.  |
| 45. P. Haworth.    | Clayton-Le-Moors Harriers.     | .52.    |
| 46. D. Entwistle.  | Clayton-Le-Moors Harriers.     |         |

# Team Race Results Boys.

|                               |     |
|-------------------------------|-----|
| 1. Lancaster & Morecambe A.C. | 34, |
| 2. Clayton-Le-Moors Harriers. | 51. |
| 3. Rossendale A.C.            | 67. |
| 4. Barrow A.C.                | 77. |
| 5. Preston A.C.               | 87. |

## Ladies

|                  |                     |        |
|------------------|---------------------|--------|
| 1. K. Holden     | Preston Harriers    | II.49. |
| 2. E. Holden.    | Preston Harriers    | 12.20. |
| 3. E.E. Connors. | Preston Harriers.   | .21.   |
| 4. H. Matthews.  | Blackburn Harriers. | .34.   |
| 5. S. Thompson.  | Blackburn Harriers. | .38.   |
| 6. E. Pearson    |                     | 13.04. |
| 7. L. Fergusson  | Rossendale A.C.     | .36.   |
| 8. C. Holt.      | Rossendale A.C.     | .50.   |
| 9. J. Cockor.    | Blackburn Harriers. | .52.   |
| 10. L. Parkinson |                     | 14.24. |
| 11. M. Nuttall.  | Rossendale A.C.     | 16.07. |
| 12. R. Bennett.  | Rossendale A.C.     | .47.   |

|                     |     |
|---------------------|-----|
| Preston Harriers.   | 6   |
| Blackburn Harriers. | 18. |
| Rossendale A.C.     | 26. |

## Girls.

|                |                            |        |
|----------------|----------------------------|--------|
| 1. Horam       | Rossendale A.C.            | (.51.  |
| 2. Sanderson.  | Lancaster & Morecambe A.C. | 10.08. |
| 3. Dowbiggin.  | Lancaster & Morecambe A.C. | .09.   |
| 4. Duerdin.    | Rossendale A.C.            | .19.   |
| 5. Helme.      | Lancaster & Morecambe A.C. | .20.   |
| 6. Murray.     | Lancaster & Morecambe A.C. | .47.   |
| 7. Rolfe.      | Blackburn Harriers.        | .48.   |
| 8. Bowler.     | Rossendale A.C.            | .51.   |
| 9. May.        | Blackburn Harriers.        | .51.   |
| 10. Simpson.   | Lancaster & Morecambe A.C. | II.21. |
| 11. Momenamin. | Lancaster & Morecambe A.C. | .27.   |
| 12. Hamor.     | Rossendale A.C.            | .30.   |
| 13. O'Hara.    | Blackburn Harriers.        | .35.   |
| 14. Donne      | Rossendale A.C.            | .38.   |
| 15. C. Nolan.  | Rossendale A.C.            | .46.   |

|     |           |                            |        |
|-----|-----------|----------------------------|--------|
| 16. | Hocking.  | Preston Harriers.          | 11.49. |
| 17. | Lajko.    | Rossondale A.C.            | 12.10. |
| 18. | Thompson. | Rossondale A.C.            | 13.    |
| 19. | Baker.    | Lancaster & Morecambe A.C. | 17.    |
| 20. | Hudson.   | Lancaster & Morecambe A.C. | 18.    |
| 21. | Robinson. | Rossondale A.C.            | 38.    |
| 22. | Pickup    | Rossondale A.C.            | 41.    |
| 23. | Dick.     | Rossondale A.C.            | 43.    |
| 24. |           |                            |        |
| 25. | Grimshaw. | Rossondale A.C.            | 14.26. |
| 26. | Henigon.  | Rossondale A.C.            | 16.06. |
| 27. | Holden.   | Rossondale A.C.            | 16.08. |

|    |                            |     |
|----|----------------------------|-----|
| 1. | Lancaster & Morecambe A.C. | 10. |
| 2. | Rossondale A.C.            | 13. |
| 3. | Blackburn Harriers.        | 29. |