

Results of the second Mid-Lancs. Cross Country League
Races held at Kendal on Saturday 16th November 1974.

Seniors

1. D. Cannon.	Kendal	30.17.
2. R. Belk	Kendal	31.36.
3. C. Tidmarsh	Kendal	31.43.
4. H. Jarrett	Blackpool	32.33.
5. M. Brennan	Preston H.	32.56.
6. B. Gemson	Lancaster	33.01.
7. P. Raidy	Clayton	33.20.
8. A. Hudson	Blackpool	33.46.
9. P. Livesey	Clayton	33.51.
10. D. Tate	Preston H.	33.54.
*11. A. Kean	Lancaster	33.58.
12. D. Kelly	Barrow	34.22.
13. J. Hockey	Lancaster	34.23.
14. R. Curwen	Preston H.	34.39.
15. K. Eccles	Lancaster	34.44.
16. W. Ratcliffe	Kendal	34.51.
17. G. Lee	Wigan	35.02.
18. R. Shields	Lancaster	35.11.
19. P. Bland	Kendal	35.17.
20. D. Spencer	Barrow	35.27.
21. S. James	Southport	35.34.
22. F. Howson	Barrow	35.37.
23. D. Scott	Clayton	35.39.
24. K. Windle	Clayton	35.41.
25. A. Evans	Kendal	35.42.
26. H. Blenkinsop	Kendal	35.44.
27. M. Nicholson	Kendal	35.46.
28. D. Hargreaves	Clayton	35.49.
29. I. Whiteside	Preston H.	35.59.
30. J. Pouncy	Blackpool	36.03.
31. B. Gill	Barrow	36.04.
32. R. Hoyle	Preston H.	36.07.
33. A. Haralow	Clayton	36.11.
34. A. Potter	Barrow	36.35.
35. W. Crowe	Barrow	37.04.
36. P. Knott	Blackpool	37.09.
37. M. Gilbert	Preston H.	37.12.
38. A. Fawcett	Wigan	37.14.
39. G. Mason	Barrow	37.17.
40. R. Lawson	Clayton	37.22.
41. P. Wilkinson	Clayton	37.29.
42. Guest		37.39.
42. E. Richardson	Rossendale	38.07.
43. E. Roberts	Rossendale	38.08.

44.	A. Cubin	Barrow	38.09.
45.	Oak	Cheshire Reg.	38.22.
46.	J. Parkinson	Blackpool	38.31.
47.	P. Webster	Clayton	38.38.
48.	A. Heaton	Clayton	38.42.
49.	R. Hargreaves	Clayton	38.48.
50.	C. Waddington	Clayton	38.52.
51.	D. Moss	Wigan	38.58.
52.	J. Betney	Clayton	39.04.
53.	T. Sawford	Lancaster	39.06.
54.	L. Hyland	Southport	39.16.
55.	H. Manning	Clayton	39.18.
56.	C. Gemson	Lancaster	39.24.
57.	M. Barnes	Lancaster	39.34.
58.	F. Thompson	Clayton	39.40.
59.	Bates	Cheshire Reg.	39.57.
60.	H. Smith	Clayton	40.06.
61.	J. Crehan	Blackpool	40.10.
62.	L. Emm	Wigan	40.10.
63.	Hennegan	Cheshire Reg.	40.33.
64.	N. Harper	Barrow	41.18.
65.	D. Marco	Clayton	41.26.
66.	S. Parkinson	Lancaster	41.29.
67.	R. Turner	Southport	42.32.
68.	D. Anderson	Lancaster	42.37.
69.	Ball	Cheshire Reg.	42.41.
70.	Wilkinson	Cheshire Reg.	43.02.
71.	M. Hutchinson	Lancaster	43.03.
72.	A. Parkinson	Lancaster	43.17.
73.	G. Fairhurst	Wigan	43.40.
74.	P. Salter	Lancaster	43.53.
75.	J. Dodds	Kendal	43.55.
76.	Shortle	Cheshire Reg.	44.00.
77.	P. Gregory	Blackpool	44.16.
78.	D. Whittle	Lancaster	44.19.
79.	M. Armstrong	Kendal	44.24.
80.	A. Briggs	Clayton	44.29.
81.	E. Williams	Southport	44.30.
82.	N. Rogus	Clayton	44.35.
83.	G. Brass	Clayton	45.22.
84.	M. Brankin	Southport	45.44.
85.	N. Redmond	Southport	46.50.
86.	N. Stringfellow	Southport	47.18.
87.	F. Weavers	Southport	47.21.
88.	R. Baker	Lancaster	47.33.
89.	L. Dicken	Wigan	47.59.
90.	S. Downey	Blackpool	48.49.

91. P. Dixon	Lancaster	48.59.
92. B. Duckworth	Preston A. C.	57.34.

Teams:-

1. Kendal	1.2.3.16.19.25.	66.
2. Lancaster	6.11.13.15.18.53.	116.
3. Clayton	7.9.23.24.28.33.124	124.
4. Preston H.	5.10.14.29.32.37.	127.
5. Barrow	12.20.22.31.34.35.	154.
6. Blackpool	4.8.30.36.46.61.	185.
7. Wigan	17.38.51.62.73.89.	330.
8. Cheshire Reg.	45.59.63.69.70.76.	382.
9. Southport	21.54.67.81.84.85.	392.

Boys/Youths

1. T. Bush	Clayton	Y	15.43.
2. K. Capper	Lancaster		15.50.
3. S. Rowlands	Lancaster	Y	15.53.
4. P. Pearson	Clayton	Y	16.06.
5. K. Ainsworth	Blackpool	Y	16.17.
6. G. Neild	Blackpool	Y	16.19.
7. P. Walker	Clayton	Y	16.26.
8. K. Vose	Blackpool	Y	16.33.
9. A. Stewart	Lancaster		16.36.
10. P. Knowles	Clayton	Y	16.45.
11. P. Willacy	Barrow	Y	16.48.
12. R. Shorrocks	Blackburn		16.49.
13. M. Aspinall	Rossendale		16.54.
14. J. Stott	Kendal		16.55.
15. P. Gregory	Blackpool		16.59.
16. A. Taylor	Kendal		17.04.
17. K. Irvine	Wigan	Y	17.20.
18. I. Rothwell	Barrow	Y	17.24.
19. P. Livesey	Rossendale		17.25.
20. I. Fletcher	Rossendale		17.37.
21. M. Gregory	Blackpool		17.39.
22. P. Robinson	Kendal		17.41.
23. P. Bainbridge	Kendal		17.49.
24. P. Hughes	Lancaster		17.52.
25. M. Gaskell	Wigan	Y	17.56.
26. K. Palmen	Barrow		17.57.
27. P. Mangan	Kendal		17.59.
28. P. Hardman	Blackburn		18.02.
29. I. Rawlinson	Blackpool		18.03.
30. I. Pogson	Southport		18.24.
31. P. Forrest	Barrow	Y	18.30.

32.	N. Aldren	Lancaster		18.39.
33.	T. Gatty	Rosendale		18.41.
34.	D. Crabtree	Lancaster		18.43.
35.	K. Gaskell	Southport		18.45.
36.	M. Ward	Barrow		18.46.
37.	P. Richardson	Clayton	Y	18.47.
38.	A. Clarke	Lancaster		18.47.
39.	T. Taylor	Lancaster		18.50.
40.	P. Jardine	Barrow		18.56.
41.	S. Cunningham	Wigan		19.03.
42.	D. Hall	Blackburn		19.08.
43.	A. Dixon	Lancaster		19.15.
44.	Z. Aldridge	Southport		19.20.
45.	M. Wrathall	Blackburn	Y	19.23.
46.	M. Spence	Kendal		19.25.
47.	M. Woods	Barrow		19.26.
48.	T. Richards	Aouthport		19.48.
49.	P. Eastwood	Blackpool		19.49.
50.	R. Hutton	Preston A. C.		19.49.
51.	P. Kennedy	Clayton		19.50.
52.	G. Martland	Southport		20.06.
53.	A. Ryder	Southport		20.17.
54.	K. Postlethwaite	Lancaster		20.20.
55.	B. Burford	Barrow		20.24.
56.	M. Ashton	Wigan	Y	20.25.
57.	M. Spence	Kendal		20.26.
58.	M. Armstrong	Kendal		20.38.
59.	J. Tomlinson	Preston A. C.		20.47.
60.	T. Worsley	Preston A. C.		20.52.
61.	A. Baines	Wigan	Y	20.53.
62.	J. Dorrett	Southport		20.53.
63.	A. Brown	Lancaster		21.04.
64.	K. Smith	Wigan	Y	21.06.
65.	A. Mancy-Jones	Barrow		21.36.
66.	K. Partington	Wigan		21.42.
67.	J. White	Preston A. C.		21.55.
68.	P. Rady	Blackpool		23.58.
69.	M. Edwards	Southport		23.59.
70.	G. McSloy	Southport		24.00.

Teams:-

1.	Clayton	1.4.7.10.	22.
2.	Blackpool	5.6.8.15.	34.
3.	Lancaster	2.3.9.24.	38.
4.	Kendal	14.16.22.23.	75.
5.	Rosendale	13.19.20.33.	85.
6.	Barrow	11.18.26.31.	86.
7.	Blackburn	12.28.42.45.	127.
8.			

8. Wigan.	17.25.41.56.	137.
9. Southport.	30.35.44.48.	157.
10. Preston AC.	50.59.60.67.	236.

Colts.

1. D. Lewis.	Rossendale.	11.26.
2. P. Dixon.	Rossendale.	11.26.
3. R. Swindenbank.	Kendal.	12.05.
4. N. Spence.	Kendal.	12.13.
5. A. Verden.	Lancaster.	12.23.
6. B. Cunningham.	Wigan.	12.26.
7. M. Taylor.	Kendal.	12.27.
8. D. Jackson.	Preston AC.	12.30.
9. M. Gregory.	Blackpool.	12.31.
10. D. Hough.	Lancaster.	12.37.
11. B. Chorley.	Kendal.	12.49.
12. G. Mayor.	Blackpool.	12.50.
13. D. Williams.	Lancaster.	12.56.
14. B. Armstrong.	Kendal.	13.02.
15. N. Cunningham.	Wigan.	13.06.
16. W. Dixon.	Rossendale.	13.11.
17. D. Turner.	Kendal.	13.13.
18. S. Taylor.	Kendal.	13.15.
19. D. Matthews.	Blackpool.	13.23.
20. M. Calvert.	Kendal.	13.25.
21. P. Woodhouse.	Clayton.	13.35.
22. A. Gilbert.	Blackburn.	13.40.
23. S. Lewis.	Rossendale.	13.41.
24. D. Flanagan.	Clayton.	13.49.
25. C. Nicholson.	Kendal.	13.49.
26. A. Salter.	Clayton.	14.05.
27. G. Taylor.	Lancaster.	14.11.
28. S. Brown.	Lancaster.	14.12.
29. S. Wardell.	Clayton.	14.16.
30. W. Ingizsi.	Lancaster.	14.18.
31. S. Callaghan.	Wigan.	14.19.
32. R. Southern ¹ ₂	Blackpool.	14.21.
33. A. Holben.	Clayton.	14.21.
34. A. Bingham.	Lancaster.	14.31.
35. M. Jones.	Clayton.	14.34.
36. K. Hansen.	Clayton.	14.35.
37. M. Cornthwaite.	Kendal.	14.35.
38. P. Callaghan.	Wigan.	14.45.
39. S. Robinson.	Kendal.	14.46.
40. G. Donegan.	Burnley.	14.46.
41. G. Powley.	Preston AC.	14.56.
42. S. Ratcliffe.	Kendal.	15.00.
43. P. Lonsdale.	Clayton.	15.01.

44. A. Evers.	Rossendale.	15.05.
45. D. Shorrocks.	Burnley.	15.08.
46. P. Ashton.	Blackburn.	15.15.
47. S. Warner.	Kendal.	15.19.
48. K. Manning.	Clayton.	15.19.
49. E. Sullivan.	Burnley.	15.30.
50. D. Pickup.	Clayton.	15.31.
51. S. Greenwood.	Clayton.	15.46.
52. R. Western.	Clayton.	15.46.
53. J. Holland.	Clayton.	15.50.
54. P. Preston.	Burnley.	15.51.
55. R. Hightingale.	Preston AC.	15.59.
56. M. Brennan.	Preston AC.	16.01.
57. D. Clegg.	Burnley.	16.04.
58. P. Trimmer.	Burnley.	16.15.
59. A. Mason.	Clayton.	16.19.
60. N. Whitaker.	Clayton.	16.29.
61. G. Fisher.	Burnley.	16.44.
62. P. Leatherbarrow.	Burnley.	16.56.
63. P. Brass.	Clayton.	16.57.
64. P. O'Neill.	Burnley.	17.07.
65. J. Garnett.	Lancaster.	17.10.
66. M. Morgan.	Clayton.	17.30.
67. A. Shepherd.	Clayton.	17.34.
68. P. Croadale.	Clayton.	17.43.
69. M. Mashiter.	Clayton.	17.52.
70. W. Dallas.	Burnley.	17.52.
71. J. Roston.	Burnley.	18.33.
72. I. Hill.	Clayton.	18.38.
73. M. Stevenson.	Clayton.	18.45.
74. T. Gilbert.	Blackburn.	20.34.

Teams:-

1. Kendal.	3.4.7.11.	25.
2. Rossendale.	1.2.16.23.	42.
3. Lancaster.	5.10.13.27.	55.
4. Blackpool.	9.12.19.32.	72.
5. Wigan.	6.15.31.38.	90.
6. Clayton.	21.24.26.29.	100.
7. Preston AC.	8.41.55.56.	160.
8. Burnley.	40.49.54.57.	200.
9. Blackburn.	22.46.74.75.	217.

Junior Ladies.

1. S. Barnett.	Lancaster.	5.11.
2. L. Thomas.	Wigan.	5.26.
3. L. Downass.	Lancaster.	5.30.
4. S. Bush.	Blackburn.	5.43.
5. S. Finn.	Blackburn.	6.03.
6. N. Dixon.	Blackburn.	6.05.
7. D. Cowlles.	Wigan.	6.08.
8. L. Williams.	Burnley.	6.29.
9. K. McGurrian.	Wigan.	6.43.
10. H. Longstaff.	Burnley.	6.47.
11. L. Hawitt.	Lancaster.	7.11.

Teams:-

1. Blackburn.	4.5.6.12.	27.
2. Lancaster.	1.3.11.12.	27.

Girls.

1. S. Warner.	Kendal.	5.24.
2. J. Croasdale.	Blackburn.	5.26.
3. C. Bingham.	Lancaster.	5.53.
4. H. Lonsdale.	Lancaster.	6.06.
5. E. Taylor.	Burnley.	6.12.
6. P. Doherty.	Lancaster.	6.13.
7. H. Gaskell.	Wigan.	6.25.
8. W. Smith.	Blackburn.	6.26.
9. J. McCurrin.	Wigan.	6.26.
10. J. Barnett.	Lancaster.	6.30.
11. J. Faulkner.	Kendal.	6.38.
12. S. Faulkner.	Kendal.	6.41.
13. D. Chorley.	Kendal.	6.46.
14. C. Pendleton.	Blackpool.	6.48.
15. J. Shorrocks.	Lancaster.	6.57.
16. A. Palmer.	Burnley.	6.58.
17. L. Stanton.	Burnley.	7.00.
18. J. King.	Blackburn.	7.01.
19. A. Fish.	Blackburn.	7.06.
20. K. Wilman.	Lancaster.	7.08.
21. J. Lines.	Lancaster.	7.13.
22. S. McMahon.	Burnley.	7.21.
23. N. Jones.	Wigan.	7.34.
24. K. Green.	Burnley.	7.40.
25. J. Ramsdale.	Wigan.	7.44.
26. J. Green.	Burnley.	7.52.
27. J. Pike.	Wigan.	7.55.
28. J. Callaghan.	Wigan.	7.57.
29. C. Blain.	Wigan.	8.09.
30. E. Wilkinson.	Burnley.	8.30.

31. A. James.	Southport.	8.31.
32. D. Houldsworth.	Burnley.	8.34.
33. S. Dewhurst.	Burnley.	8.35.
34. B. Carter.	Burnley.	8.39.
35. C. Fleming.	Burnley.	8.44.
36. J. H. H. H. H. H.	Burnley.	8.45.
37. S. Howlett.	Southport.	8.47.
38. J. Fletcher.	Burnley.	8.50.
39. J. Hill.	Burnley.	9.01.
40. A. Long.	Burnley.	9.31.
41. A. Kilshaw.	Burnley.	10.00.
42. P. Snape.	Burnley.	10.01.

Teams:-

1. Lancaster.	3.4.6.10.	23.
2. Kendal.	1.11.12.13.	37.
3. Blackburn.	2.8.18.19.	47.
4. Burnley.	5.16.17.22.	60.
5. Wigan.	7.9.23.25.	64.

Inters,

1. S. Studhole.	Lancaster.	14.00.
2. H. Gollop.	Wigan.	14.15.
3. C. Shaw.	Blackburn.	15.06.
4. J. Gollop.	Wigan.	15.36.
5. N. Williams.	Burnley.	16.16.
6. K. Fisher.	Burnley.	16.49.
7. K. Palmer.	Burnley.	16.29.
8. N. Hurtley.	Lancaster.	17.35.
9. C. Baker.	Lancaster.	18.19.

Teams:-

1. Burnley.	5.6.7.10.	28.
2. Lancaster.	1.8.9.10.	28.

Ladies.

1. H. Mathews.	Blackburn.	13.20.
2. K. Walker.	Burnley.	14.23.
3. K. Holden.	Blackburn.	14.39.
4. A. Burtshaw.	Blackburn.	16.40.

Team:-

1. Blackburn.	1.3.4.5.	13.
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Note:-

Inter League Mid-Lancs v Red Rose League.

At Witton Park. Blackburn. 7th December. 1974.

Colts 2.15 pm. Boys & Youths 2.35 pm. Senior 3.00. pm.

All who wish to run may do so.