

Girls

1. J. Croasdale.	Blackburn.	8.51.
2. J. King.	Blackburn.	9.02.
3. J. Battersby.	Blackburn.	9.33.
4. T. Kennard.	Blackburn.	9.38.
5. L. Ragsdale.	Lancaster.	9.57.
6. K. Pollard.	Lancaster.	10.07.
7. B. Prickett.	Lancaster.	10.12.
8. J. Barnett.	Lancaster.	10.19.
9. D. Chorley.	Kendal.	10.23.
10. J. Taylor.	Blackburn.	10.29.
11. S. Hetherington.	Burnley.	10.36.
12. A. Clanko.	Kendal.	10.44.
13. E. Gaskell.	Wigan.	10.55.
14. J. Francis.	Wigan.	10.59.
15. S. Lever.	Kendal.	11.19.
16. J. Singleton.	Barrow.	11.29.
17. D. O'Sullivan.	Kendal.	11.34.
18. S. Cowling.	Blackburn.	12.13.
19. B. Roberts.	Blackburn.	12.22.
20. J. Pilkington.	Burnley.	12.24.
21. J. Landen.	Burnley.	12.33.
22. J. Gullier.	Wigan.	12.38.
23. J. Harvey.	Southport.	12.49.
24. P. Shuttleworth.	Lancaster.	13.00.
25. A. Price.	Southport.	13.11.
26. J. Tyson.	Lancaster.	13.20.
27. C. Collinge.	Burnley.	13.45.
28. P. Nelson.	Blackburn.	-----

Teams:-

1. Blackburn.	1.2.3.4.	10.
2. Lancaster.	5.6.7.8.	26.
3. Kendal.	9.12.15.17.	53.
4. Wigan.	13.14.22.29.	78.
5. Burnley.	11.20.21.27.	79.

Seniors

1. J. Baker.	Blackburn.	8.50.
2. J. Stannfield.	Blackburn.	8.59.
3. S. Barnet.	Lancaster.	9.09.
4. J. Cottam.	Lancaster.	9.20.
5. D. Wallace.	Kendal.	9.23.
6. J. Taylor.	Lancaster.	9.29.
7. J. Oldham.	Kendal.	9.49.
8. C. Bingham.	Lancaster.	10.15.
9. D. Singleton.	Barrow.	10.29.
10. G. Pendleton.	Blackppol.	10.45.
11. A. Sampson.	Preston H.	10.46.
12. J. Sedgewick.	Preston H.	10.51.
13. L. Heyes.	Burnley.	10.54.
14. B. Orford.	Ch.	10.57.
15. P. Bristow.	Wigan.	11.01.
16. L. Wood.	Blackburn.	11.13.
17. W. Smith.	Burnley.	11.36.
18. J. Shorrocks.	Lancaster.	11.47.
19. C. Macken.	Southport.	12.16.
20. Y. Barrett.	Southport.	13.06.
21. C. Yates.	Southport.	13.08.
22. C. Hoy.	Wigan.	13.10.
23. J. Lines.	Lancaster.	13.35.
24. I. Hewitt.	Lancaster.	13.35.
25. B. Jack.	Southport.	14.03.
26. S. Nelson.	Blackburn.	14.07.

Teams:-

1. Lancaster.	3.4.6.8.	21.
2. Blackburn.	1.2.16.26.	45.
3. Southport.	11.20.21.25.	85.

Kendal
5/11/75

Cold teams

1. Kendal.	1. 2. 3. 4. 5. 6. 7. 8.	13. 16. 19. 23.	71.
2. Lancaster.		3. 9. 28. 31.	71.
3. Blackburn.		7. 17. 21. 27.	72.
4. Wigan.		14. 15. 26. 30.	85.
5. Southport.		11. 22. 25. 41.	99.
6. Clayton.		18. 24. 44. 62.	148.
7. Preston AC.		20. 47. 52. 71.	190.
8. Burnley.			

Inters.

1. H. Gollop.	Wigan.	11. 38.
2. S. Bush.	Blackburn.	12. 04.
3. L. Bownass.	Lancaster.	12. 14.
4. V. Hodson.	Blackburn.	12. 18.
5. N. Williams.	Burnley.	12. 33.
6. S. Bird.	Kendal.	12. 33.
7. S. Finn.	Blackburn.	12. 47.
8. C. Shaw.	Blackburn.	13. 29.
9. H. Longstaff.	Burnley.	14. 05.
10. C. Gee.	Kendal.	14. 18.
11. L. Williams.	Burnley.	-

Teams:-

1. Blackburn.	2. 4. 7. 8.	21.
2. Burnley.	5. 9. 11. 12.	37.

Ladies.

1. K. Tyson.	Lakeland.	10. 45.
2. J. Gollop.	Wigan.	12. 06.
3. E. Deady.	Preston H.	14. 21.
4. K. Miller.	Wigan.	14. 21.

Boys/Youths.

1. B. Robinson.	Kendal.	15. 03.
2. A. Sharples.	Preston H.	15. 05.
3. R. Shorrocks.	Blackburn.	15. 27.
4. M. Irvine.	Upholland.	15. 35.
5. S. Rowland.	Lancaster.	15. 36.
6. K. Vose.	Blackpool.	15. 38.
7. L. Rowlinson.	Blackpool.	15. 52.
8. R. Gallagher.	Blackpool.	15. 58.
9. K. Gregory.	Blackpool.	16. 04.
10. M. Roberts.	Kendal.	16. 06.
11. D. Jackson.	Preston AC.	16. 09.
12. P. Hardman.	Blackburn.	16. 10.
13. J. Jones.	Kendal.	16. 12.
14. P. Knowles.	Clayton.	16. 18.
15. P. Mangan.	Kendal.	16. 21.
16. B. Coward.	Blackpool.	16. 24.
17. G. Chippendale.	Lancaster.	16. 26.
18. A. Stewart.	Lancaster.	16. 27.
19. J. Aspin.	Preston H.	16. 29.
20. P. Robinson.	Kendal.	16. 30.
21. P. Gregory.	Blackpool.	16. 37.
22. A. Taylor.	Kendal.	16. 46.
23. K. Palmer.	Barrow.	16. 50.
24. C. Shepherd.	Lancaster.	16. 59.
25.		17. 01.
26. D. Hall.	Blackburn.	17. 02.
27. C. Smith.	Barrow.	17. 03.
28. R. Brown.	Lancaster.	17. 03.
29. I. McGuire.	Kendal.	17. 11.
30. J. Hornby.	Lakeland.	17. 14.
31. B. McArthur.	Barrow.	17. 15.
32. R. Turner.	Blackburn.	17. 15.
33. R. Taylor.	Lancaster.	17. 17.
34. D. Cough.	Lancaster.	17. 19.
35. R. Ryder.	Southport.	17. 23.
36. K. Postlethwaite.	Lancaster.	17. 25.

Collier

1. J. Roberts.
2. M. Gregory.
3. B. Chorley.
4. C. Neilligan.
5. I. Feilding.
6. M. Taylor.
7. D. Cunningham.
8. F. Hughes.
9. A. Gilbert.
10. S. Taylor.
11. D. Parrott.
12. G. Nicholson.
13. S. Brown.
14. M. Leady.
15. D. Shaw.
16. A. Holt.
17. M. Cunningham.
18. I. Kenny.
19. R. Lacey.
20. A. Lamb.
21. S. Callaghan.
22. M. Newsham.
23. G. Lewis.
24. P. Kenny.
25. R. Western.
26. T. Richards.
27. P. England.
28. N. Timlinson.
29. A. Bingham.
30. D. Sinclair.
31. P. Ashton.
32. H. Bristow.
33. B. Warren.
34. N. Fletcher.
35. C. Tonlinson.
36. D. Shorrocks.
37. N. Wright.
38. A. Hall.
39. D. Shorrocks.
40. A. Postlethwaite.
41. K. Manning.
42. W. Cornthwaite.
43. P. Gilston.
44. J. Wealthy.
45. M. Whittaker.
46. D. Parry.
47. S. Raine.
48. M. Rung.
49. M. Hindow.
50. A. Patton.
51. I. Hill.
52. P. Ford.
- 53.
54. C. McCall.
55. K. England.
56. P. Thomas.
57. J. Chambers.
58. M. Fisher.
59. D. Ashcroft.
60. J. Price.
61. M. Edwards.
62. M. Pullman.
63. C. Gallagher.
64. A. Bentley.
65. A. Sellars.
66. P. Ashworth.
- 67.
68. P. Tuner.
69. B. Braham

Kendal.
Blackpool.
Kendal.
Blackpool.
Blackburn.
Kendal.
Wigan.
Barrow.
Blackburn.
Kendal.
Clayton.
Kendal.
Lancaster.
Southport.
Southport.
Lancaster.
Wigan.
Preston AC.
Lancaster.
Burnley.
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Clayton.
Lancaster.
Preston AC.
Clayton.
Southport.
Wigan.
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Lancaster.
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Preston H.
Southport.
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Preston H.
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13.58.
14.06.
14.09.
14.17.
14.19.
14.56.
14.59.
15.57.
16.36

Boys/Youths.

1. B. Robinson.
2. A. Sharples.
3. R. Shorrocks.
4. M. Irvine.
5. S. Rowland.
6. K. Vose.
7. I. Rawlinson.
8. P. Gallagher.
9. M. Gregory.
10. M. Roberts.
11. D. Jackson.
12. P. Hardman.
13. J. Jones.
14. P. Knowles.
15. P. Mangan.
16. B. Coward.
17. C. Chippendale.
18. A. Stewart.
19. J. Aspen.
20. P. Robinson.
21. P. Gregory.
22. A. Taylor.
23. K. Palmer.
24. C. Shepherd.
- 25.
26. D. Hall.
27. C. Smith.
28. I. Evans.
29. J. McGuire.
30. J. Hornby.
31. D. McArthur.
32. L. Turner.
33. T. Taylor.
34. D. Rough.
35. J. Ryder.
36. K. Postlethwaite.
37. M. Slobman.
38. N. Aldren.
39. M. Smith.

Kendal.	15.03.
Preston H.	15.05.
Blackburn.	15.27.
Upholland.	15.35.
Lancaster.	15.36.
Blackpool.	15.38.
Blackpool.	15.52.
Blackpool.	15.58.
Blackpool.	16.04.
Kendal.	16.06.
Preston AC.	16.09.
Blackburn.	16.10.
Kendal.	16.12.
Clayton.	16.18.
Kendal.	16.21.
Blackpool.	16.24.
Lancaster.	16.26.
Lancaster.	16.27.
Preston H.	16.29.
Kendal.	16.30.
Blackpool.	16.37.
Kendal.	16.46.
Barrow.	16.50.
Lancaster.	16.59.
	17.01.
Blackburn.	17.02.
Barrow.	17.03.
Lancaster.	17.03.
Kendal.	17.11.
Lakeland.	17.14.
Barrow.	17.15.
Blackburn.	17.15.
Lancaster.	17.17.
Lancaster.	17.19.
Southport.	17.23.
Lancaster.	17.25.
Blackburn.	17.27.
Lancaster.	17.28.
Blackburn.	17.30.

40. I. Doubleday.
 41. N. Spence.
 42. A. Brown.
 43. G. Marland.
 44. P. Hopes.
 45. P. Harrison.
 46. M. Spence.
 47. D. Fielding.
 48. C. Kenny.
 49. N. Addison.
 50. D. Crabtree.
 51. A. Verden.
 52. K. Aldridge.
 53. A. Pogson.
 54. A. Dixon.
 55. A. Smith.
 56. S. Foster.
 57. D. Murphy.
 58. P. Carroll.
 59. P. Baines.
 60. G. Martin.
 61. P. Lamb.
 62. H. Rath.
 63. C. Tomlinson.
 64. S. Doland.
 65. D. Sandle.
 67. C. Ragsdale.
 68. D. Finney.
 69. D. Melling.
 70. P. Callaghan.
 71. M. Latham.
 72. A. Todd.
 73. T. Worsley.
 74. G. Powley.
 75. P. Gerrard.
 76. D. Noall.
 77. J. White.
 78. P. Anderton.
 79. D. Robinson.
 80. G. Fisher.

Lancaster.	17.33.
Kendal.	17.44.
Lancaster.	17.46.
Southport.	17.50.
Preston AC.	17.53.
Wigan.	17.56.
Kendal.	18.03.
Blackburn.	18.04.
Clayton.	18.09.
Clayton.	18.11.
Lancaster.	18.16.
Lancaster.	18.18.
Southport.	18.19.
Southport.	18.21.
Lancaster.	18.28.
Lakeland.	18.28.
Wigan.	18.37.
Blackpool.	18.56.
Preston AC.	18.59.
Upholland.	19.03.
Preston AC.	19.08.
Blackburn.	19.12.
Southport.	19.13.
Blackburn.	19.18.
Southport.	19.19.
Preston H.	19.22.
Lancaster.	19.29.
Wigan.	19.30.
Wigan.	19.37.
Wigan.	19.44.
Preston H.	19.57.
Lancaster	19.57.
Preston AC.	20.12.
Preston AC.	20.34.
Wigan.	20.53.
Burnley.	21.00.
Preston AC.	21.53.
Blackburn.	22.46.
Southport.	23.50.
Burnley.	-

Teams:-

1. Blackpool.
2. Kendal.
3. Lancaster.
4. Blackburn.
5. Preston H.
6. Barrow.
7. Preston AC.
8. Southport.
9. Clayton.
10. Wigan.

6.7.8.16.
1.10.13.15.
5.17.18.24.
3.12.26.32.
2.19.65.71.
23.27.31.81.
11.44.58.60.
35.43.52.53.
14.48.49.81.
45.56.68.69.

37.
39.
64.
73.
157.
162.
173.
183.
192.
228.

Seniors.

1. H. Walker.
2. J. Calvert.
3. F. McGuire.
4. R. Belk.
5. M. Bateman.
6. E. Epston.
7. G. Woodburn.
8. G. Kenyon.
9. D. Kelly.
10. C. Stainton.
11. R. Davis.
12. D. Spencer.
13. C. Jarvis.
14. S. Breckell.
15. K. Garrett.
16. V. Duff.
17. P. Raidy.
18. P. Leviston.
19. A. Hudson.

Blackburn.
Blackburn.
Blackpool.
Kendal.
Blackburn.
Blackburn.
Blackburn.
Wigan.
Barrow.
Blackpool.
Blackburn.
Barrow.
Southport.
Blackburn.
Blackburn.
Blackburn.
Clayton.
Barrow.
Blackpool.

25.58.
25.58.
26.14.
26.21.
26.42.
27.02.
27.08.
27.15.
27.28.
27.38.
27.42.
27.53.
27.49.
27.59.
28.01.
28.08.
28.12.
28.17.
28.22.

85.
72.
71.
70.
68.
67.

14.15.26.30.
17.21.27.
3.9.28.31.
13.16.19.23.
1.3.6.10.

5. Southport.
4. Wigan.
3. Blackburn.
2. Lancaster.
1. Kendal.

20. A. Bush.	Clayton.	28.30.
21. P. Walkington.	Blackburn.	28.34.
22. G. Pearson.	Clayton.	28.37.
23. C. Pooley.	Lancaster.	28.39.
24. S. James	Southport.	28.42.
25. H. Jarrett.	Blackpool.	28.44.
26. L. Hutchinson.	Blackburn.	28.46.
27. G. Smith.	Southport.	29.02.
28. C. Waddington.	Clayton.	29.04.
29. K. Eccles.	Lancaster.	29.07.
30. R. Curwen.	Preston H.	29.08.
31. J. North.	Clayton.	29.12.
32. C. Wood.	Blackburn.	29.15.
33. F. Howson.	Barrow.	29.15.
34. K. Smith.	Blackburn.	29.24.
35. N. Jones.	Blackburn.	29.26.
36. D. Eccles.	Lancaster.	29.27.
37. T. Harrilow.	Clayton.	29.29.
38. M. Brennan.	Preston H.	29.30.
39. G. Mason.	Barrow.	29.30.
40. J. Pouncey.	Blackpool.	29.30.
41. K. Windle.	Clayton.	29.36.
42. A. Rawcliffe.	Blackburn.	29.41.
43. T. Robertshaw.	Clayton.	29.44.
44. J. Etchells.	Barrow.	29.46.
45. P. Knott.	Blackpool.	29.53.
46. R. Halhead.	Clayton.	29.56.
47. H. Blenkinsopp.	Kendal.	30.15.
48. D. Scott.	Clayton.	30.17.
49. R. Hoyle.	Preston H.	30.17.
50. T. Catton.	Clayton.	20.23.
51. P. Wilkinson.	Clayton.	30.28.
52. T. Edmonton.	Blackburn.	30.34.
53. R. Heys.	Blackburn.	30.43.
54. J. Betney.	Clayton.	30.51.
55. C. Wood.	Barrow.	30.52.
56. J. Osbourne.	Blackburn.	31.09.
57. B. Grive.	Blackburn.	31.11.
58. P. Bathgate.	Kendal.	31.15.
59. P. Garrity.	Wigan.	31.17.
60. C. Atkinson.	Blackburn.	31.20.
61. D. Rawlings.	Barrow.	31.26.
62. D. Bullock.	Clayton.	31.28.
63. A. Cubin	Barrow.	31.31.
64. R. Lawson.	Clayton.	31.34.
65. N. Redmond.	Southport.	31.36.
66. A. Fawcett.	Wigan.	31.40.
67. J. Howarth.	Clayton.	31.43.
68. M. Hutchinson.	Lancaster.	31.44.
69. T. Sawford.	Lancaster.	31.45.
70. D. Stainton.	Kendal.	31.46.
71. C. Tomson.	Lancaster.	31.47.
72. R. Casey.	Barrow.	31.47.
73. J. Brennan.	Blackpool.	31.48.
74. J. Pilkington.	Blackpool.	31.50.
75. W. Grindley.	Clayton.	32.08.
76. J. Procter.	Preston AC.	32.11.
77. H. Manning.	Clayton.	32.12.
78. Mills.	Clayton.	32.17.
79. H. Smith.	Clayton.	32.19.
80. N. Neilson.	Blackpool.	32.22.
81. G. Brass.	Clayton.	32.32.
82. D. Blund.	Kendal.	32.36.
83.	Clayton	32.57.
84. W. Benson.	Barrow.	33.00.
85. M. O'Niel.	Wigan.	33.03.

86. M. Green.
87. D. Hargreaves.
88. D. Large.
89. D. Elliott.
90. I. Whiteside.

Clayton.
Clayton.
Barrow.
Barrow.
Preston H.

33.10.
33.41.
33.47.
33.56.
34.02.

91. F. Warrington.
92. S. Clements.
93. E. Hill.
94. M. Hartley.
95. D. Anderson.
96. Denham.
97. G. Fairhurst.
98. D. McGann.
99. F. Carradus.
100. E. Hamer.
101. B. Batey.
102. J. Newsham.
103. G. McGloughlan.
104. D. Whittle.
105. T. Rees.
106. P. Dixon.
107. R. Baker.
108. B. Duckworth.

Clayton.
Blackburn.
Clayton.
Lancaster.
Lancaster.
Lancaster.
Wigan.
Wigan.
Kendal.
Blackpool.
Blackburn.
Preston H.
Preston H.
Lancaster.
Wigan.
Lancaster.
Lancaster.
Preston AC.

34.11.
34.26.
34.39.
34.42.
34.44.
34.45.
34.55.
35.05.
35.17.
35.45.
35.50.
36.25.
36.30.
36.41.
37.55.
38.31.
42.52.
43.59.

Teams:-

1. Blackburn.
2. Blackpool.
3. Clayton.
4. Barrow.
5. Lancaster.
6. Southport.
7. Kendal.
8. Preston H.
9. Wigan.

1.2.5.6.7.11.
3.10.19.25.40.45.
17.20.22.28.31.37.
9.13.18.33.39.44.
23.29.36.68.69.71.
12.24.27.65.109.109.
4.47.58.70.82.99.
30.38.49.90.102.103.
8.59.66.85.97.98.

32.
142.
155.
156.
296.
346.
360.
412.
413.